

Mexican Minutes

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (480) 830-9251 E-Mail (Cweiss11@cox.net)
CD: Hard Workin' Man Track 3 **Artist:** Brooks & Dunn **Available:** iTunes or Amazon.com
Rhythm: Rumba **RAL Phase IV + 2 [Op Hip Twist, Stop & Go Hockeystick]**
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Rumba unless noted. **Time @ 45 RPM: 3:40 Adjust for comfort** **Difficulty Level – Average**
Sequence: Intro-A-B-Int-A-B-B-End **Released: Sept 1, 2012**

Meas

INTRODUCTION

1 - - 5 BFLY WALL WAIT 1; ALEMANA;; LARIAT;;

1 BFLY Fcng WALL Wait 1 Meas;;

2 – 5 [Alemana] Fwd L, rec R, sd L leading W to trn RF, -; Bk R, rec L, cl R leading W to pass on rt sd, - (Bk R, rec L, sd R comm RF swivel, -; cont RF trn under joined lead hnds fwd L, cont RF trn fwd R, sd L to M's rt sd, -);
[Lariat] Rk sd L, rec R, cl L, - (Commence to circle M clockwise with joined ld hnds fwd R, fwd L, fwd R, -); -; Rk sd R, rec L, cl R, - (Continue clockwise circle fwd L, fwd R, fwd & sd L trng to fc ptr, -); to BFLY/WALL;

PART A

1 - - 4 ½ BASIC; CRAB WKS;; SPOT TRN;

1 – 4 [1/2 Basic] Rk fwd L, rec R, sd & bk L, -; **[Crab Wks]** In BFLY with upper body fcng ptr XRIF, sd L, XRIF, -; Sd L, XRIF, sd L, -; **[Spot Trn]** XRIF commence ½ trn on crossing ft, rec L complete trn to fc ptr, step sd R, -;

5 - - 8 THRU TO AIDA; SWITCH; CRAB WK END; NEW YORKER;

5 – 6 [Aida] Thru L trng LF, sd R cont LF trn, bk L, - to “V” bk to bk; **[Switch]** Trng RF to fc ptr sd R checking bringing joined hands thru, rec L, XRIF trng RF to fc ptr, -;

7 – 8 [Crab Wk End] In BFLY with upper body fcng ptr Sd L, XRIF, sd L, -; **[New Yorker]** Swiveling on lft ft commence LF trn & stp thru R with straight leg trng to a sd by sd position, rec L to fc ptr, sd R to BFLY, -;

9 - - 12 OP HIP TWIST; FAN; STOP & GO HOCKEYSTICK;;

9 – 10 [Op Hip Twist] Ck fwd L, rec R, cl L to R, - (Rk bk R, rec L, fwd R swivel ¼ RF on Rt, -); **[Fan]** Bk R, rec L, sd R, - (Fwd L comm trng ½ LF step sd & bk R completing trn, bk L leaving Rt extended fwd w/no weight, -);

11 – 12 [Stop & Go Hockeystick] Ck fwd L, rec R raising lft arm to lead W to a LF underarm trn, cl L to R, -; ck fwd R w/lft sd stretch shaping to ptr placing R hnd on W's lft shldr blade to ck her movement, rec L raising lft arm to lead W to a RF underarm trn, cl R, - (Cl R, fwd L, fwd R trng 1/2 LF under joined hnds to end at M's rt sd, -; ck bk L [M catches W with rt hnd on W's lft shldr blade at end of stp to ck her movement], rec R, fwd L trng 1/2 RF under joined hnds to end fcng M in Fan Pos, -);

13 – 16 HOCKEY STICK;; SHLDR TO SHLDR 2X;;

13 – 14 [Hockey Stick] Fwd L, rec R, Cl L, - (Cl R, fwd L, fwd R, -); bk R, rec L, fwd R ending BFLY/DRW, - (fwd L, fwd R trng lft to fc ptr, bk L on a diagonal, -);

15 - 16 [Shldr to Shldr] From Bfly Pos fwd L to Bfly SCAR, rec R to fc, sd L, - (Bk R to Bfly SCAR, rec L to fc, sd R, -); **[Shldr to Shldr]** From Bfly Pos fwd R to Bfly BJO, rec L to fc, sd R, - (Bk L to Bfly BJO, rec R to fc, sd L, -); to Hndshk Pos fcng WALL;

PART B

1 - - 4 TRADE PCS 2X;; OP BRK; SPOT TRN TO LFT HND STAR;

1 – 2 [Trade Places] R hands joined rk apt L, rec R trng ¼ RF to fc RLOD releasing R hnds, cont trng RF to fc ptr & COH stepping sd & bk L twd WALL (W rk apt R, rec L trng ¼ LF to fc RLOD, cont trng to fc ptr & WALL stepping sd & bk R to join L hnds), -; With L hnds joined rk apt R, rec L trng ¼ LF to fc RLOD releasing L hnds cont trng to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD releasing L hnds, cont trng to fc ptr & COH stepping sd & bk L) to join Ld hnds, -;

3 - 4 [Op Brk] Rk apt strongly on L to LOP Fcng Pos while extending free arm up with palm out, rec on R lowering free arm, sd L, -; **[Spot Trn]** XRIF commence ½ trn on crossing ft, rec L complete trn to fc ptr, step sd R w/RF trn to fc RLOD join lft hnds in a star pos, -;

5 - - 8 UMBRELLA TRN ½ TO CP;; SD, DRAW, CL 2X;;

5 – 6 [Umbrella Trn 1/2] In lft hnd star position fwd L, rec R, bk L, -; bk R, rec L trn LF 1/4 to fc ptr, sd R, (Bk R, rec L, fwd R, -; fwd L trng 1/2 RF under joined lft hnds, rec R continue trn to fc ptr, sd L, -); to BFLY/WALL;

7 – 8 [Sd, Draw, Cl 2X] Sd L, draw R to L, cl R, -; Sd L, draw R to L, cl R, -;

9 - - 12 CROSS BODY BFLY;; THRU TO AIDA; SWITCH RK;

9 – 10 [Cross Body] Fwd L, rec R trng LF, [ft trnd about ¼ trn body trnd 1/8 trn] sd L. - (Bk R, rec L, fwd R twd M staying on rt sd ending in an L-shaped pos;); Bk R beh L cont LF trn, rec L, sd R, - (fwd L commencing to trn lft, fwd R trng ½ LF, sd & bk L, -;) to BFLY;

11 – 12 [Aida] Twd LOD thru L trng LF, sd R cont LF trn, bk L, - to “V” bk to bk; [Switch Rk] Trng RF to fc ptr sd R checking bringing joined hands thru, rec L, sd R, - to BFLY/COH;

13 – 16 MOD CHASE W/REV UNDERARM TRN;; CUCARACHA 2X;;

13 – 14 [Mod Chase w/Underarm Trn] Keeping ld hnds joined fwd L trng 1/2 RF, rec R, fwd L, - (W bk R, rec L to M’s lft sd, fwd R, -); Rk bk R, rec L to BFY/WALL sd R, - (W fwd L, fwd R trng 1/2 LF under joined ld hnds to BFLY/WALL, sd L, -);

15 – 16 [Cucarachas] Rk sd & slightly bk L, rec R, cl L, -; Rk sd & slightly bk R, rec L, cl R, -; [1st time to BFLY, 2nd Time to Hndshk, 3rd Time to CP/WALL]

16.5 QK SD, CL,

16.5 [Qk Sd, Cl] Sd L, cl R,

INT

1 - - 4 ALEMANA;; LARIAT;;

1 – 2 [Alemana] Repeat Meas 2 & 3, Intro;;

3 – 4 [Lariat] Repeat Meas 4 & 5, Intro;;

REPEAT PART A

REPEAT PART B

REPEAT PART B

END

1 - - 4 CROSS BODY;; THRU TO AIDA; SWITCH RK

1 – 2 [Cross Body] Repeat 9 & 10, Part B;;

3 – 4 [Thru to Aida] Repeat Meas 11, Part B
[Switch Rk] Repeat Meas 12, Part B

5 - - 7 CUCARACHA 2X;; DIP, TWIST, ETC;

5 – 6 [Cucarachas 2X] Repeat Meas 15 & 16, Part B;;

7 [Dip, twist, etc] Bk L take full weight with the knee relaxed or slightly bent with slight body twist keeping R leg extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor, cont LF twist [Leg crawl & kiss optional];.

Head Cues

Mexican Minutes

(Phase IV + 2 - Rumba)

(Op Hip Twist, Stop & Go Hockeystick)

(Weiss)

Intro BFLY Wall Wait 1; Alemana;; Lariat;;

A ½ Basic; Crab Wks;; Spot Trn;
Thru to Aida; Switch X; Crab Wk End; New Yorker;
Op Hip Twist; Fan; Stop & Go Hockeystick;;
Hockeystick;; Shldr to Shldr 2X to Hndshk;;

B Rk & Trade Ples 2X;; Op Brk; Spot Trn to Lft Hnd Star;
Umbrella Trn ½ to CP/Wall;; Slow Sd, Draw, Cl 2X;;
X Body to BFLY COH;; Thru to Aida; Switch Rk to BFLY COH;
Chase w/Rev Underarm Trn BFLY Wall;; Cucaracha 2X;;
Qk Sd, Cl;

Int Alemana;; Lariat;;

A ½ Basic; Crab Wks;; Spot Trn;
Thru to Aida; Switch X; Crab Wk End; New Yorker;
Op Hip Twist; Fan; Stop & Go Hockeystick;;
Hockeystick;; Shldr to Shldr 2X to Hndshk;;

B Rk & Trade Ples 2X;; Op Brk; Spot Trn to Lft Hnd Star;
Umbrella Trn ½ to CP/Wall;; Slow Sd, Draw, Cl 2X;;
X Body to BFLY COH;; Thru to Aida; Switch Rk to BFLY COH;
Chase w/Underarm Trn BFLY Wall;; Cucaracha 2X to Hndshk;;
Qk Sd, Cl;

B Rk & Trade Ples 2X;; Op Brk; Spot Trn to Lft Hnd Star;
Umbrella Trn ½ to CP/Wall;; Slow Sd, Draw, Cl 2X;;
X Body to BFLY COH;; Thru to Aida; Switch Rk to BFLY COH;
Chase w/Underarm Trn BFLY Wall;; Cucaracha 2X to CP;;
Qk Sd, Cl;

End X Body to BFLY COH;; Thru to Aida; Switch Rk to CP COH;
Cucaracha 2X;; Dip & Twist Etc;