

# MI VIDA CONTIGO

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Music : "Mi Vida Contigo" CD:Very Latin Vol.1/WRD CD1 track 21 time 3:28  
Rhythm : Cha Cha ph IV



Speed : Slow to suit Date: March 2016 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)  
Sequence : Intro - A - B - A - B - C - B - Ending

## Meas INTRO

1~ 4 Fcing partner & Wall right hands joined lead foot free for both  
Wait pickup notes & 2 meas;; OP Break to Underarm Chg Sd;  
Wheel Cha(W Spin Ending);

- 1- 2 Bfly/Wall lead foot free for both wait 2 meas;;
- 3 (OP Break to Underarm Chg Sd) Rk apt L, rec R commence RF trn raide joined right hands, cont RF trn sd L lead W LF trn under joined right hands/cl R, sd & bk L(W rk apt R, rec L commence LF trn, sd R cont LF trn under joined right hands/cl L, sd & bk R) fcing partner & COH;
- 4 (Wheel Cha W Spin Ending) Fwd R commence wheel RF, cont wheel fwd L, R/L,R(W fwd L commence wheel RF, cont wheel fwd R, spin RF L/R,L) Bfly/Wall;

## Meas PART A

1~ 8 Basic;; New Yorker w/Hop; Spot Trn; Fence Line; Thru to Aida;  
Switch Cross; Crab Walk Ending;

- 1- 2 (Basic) Blend Bfly fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
- 3 (New Yorker w/Hop) LOP/LOD ck thru L/hop on L, rec R fc partner, sd L/cl R, sd L;
- 4 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L, sd R/cl L, sd R;
- 5 (Fence Line) Blend Bfly ck XLIF, rec R, sd L/cl R, sd L;
- 6 (Aida) Thru R commence RF trn, sd L cont RF trn fc RLOD, bk R/XLIF of R, bk R;
- 7 (Switch Cross) Swivel LF on R sd L blend Bfly, rec R, XLIF/sd R, XLIF;
- 8 (Crab Walk Ending) Sd R, XLIF, sd R/cl L, sd R;

9~18 1/2 Basic; Fan; Hockey Stick;; Alemana;; Break Bk to OP;  
Fc & Cha Cha Pt; no hands Shoulder to Shoulder Twice;;

- 9 (1/2 Basic) Fwd L, rec R, sd L/cl R, sd L;
- 10 (Fan) Bk R, rec L, in place R/cl L, sd R(W Fwd L, fwd R 1/4 LF trn fc RLOD bk L/XRIF, bk L);
- 11-12 (Hockey Stick) Fwd L, rec R, in place L/R, L(W cl R, fwd L, fwd R/XLIB, R); Bk R slightly RF trn, rec L fc RDW, fwd R/XLIB, fwd R(W fwd L, fwd R trning LF to fc partner, bk L/XRIF, bk L) LOP-FC/RDW;
- 13-14 (Alemana) Fwd L, rec R, sd L/cl R, sd L;  
Bk R, rec L, cl R/in place L,R(W XLIF of R commence RF trn under lead hand, fwd R cont RF trn fc COH, sd L/cl R, sd L)
- 15 (Break Bkto OP ) Swivel LF on R bk L, rec R, fwd L/XRIB of L, fwd L;
- 12&- 16 (Fc & Cha Cha Pt) Fwd R 1/4 RF trn fc partner, sd L/cl R, pt sd L,-;
- 17-18 (no hands Shoulder to Shoulder Twice) Blend Scar XLIF of R right hands straight up, rec R fc partner, sd L/cl R, sd L; Blend Bjo XRIF of L left hands straight up, rec L fc partner, sd R/cl L, sd R;

## Meas PART B

1~ 8 Chase w/Full Trn;; (handshake) Cross Body w/Rev Twirl;;  
Shadow New Yorker; Underarm Trn; Time Step Twice;;

- 1- 2 (Chase w/Full Trn) Fwd L 1/2 RF trn, rec R 1/2 RF trn fc Wall, bk L/XRIF, bk L(W bk R, rec L, fwd R/XLIB, fwd R);  
Bk R, rec L, fwd R/XLIB, fwd R(W fwd L 1/2 RF trn, rec R cont 1/2 RF trn fc COH, bk L/XRIF, bk L);

- 3- 4 (Cross Body w/Rev Twirl) Right hands joined fwd L, rec R 1/4 LF trn fc LOD, sd L/cl R, sd L(W bk R, rec L, fwd R/XLIB of R, fwd R); Bk R commence LF trn, rec L fc COH commence lead W LF twirl under right hands, sd R/cl L, sd R(W fwd L commence LF trn, fwd R cont LF trn fc Wall, sd & fwd L cont LF trn under joined right hands/cont LF trn R, L fc Wall);
- 5 (Shadow New Yorker) Handshake swivel RF on R ck thru L, rec R fc partner, sd L/cl R, sd L;
- 6 (Underarm Trn) Bk R, rec L, in place R/L, R(W XLIF of R commence RF trn under right hands, cont RF trn rec R fc Wall, sd L/cl R, sd L;
- 7- 8 (Time Step Twice) Release hands XLIB of R extend arms to sd, rec R, sd L/cl R, sd L; XRIB of L extend arms to sd, rec L, sd R/cl L, sd R;

**9~16 Chase w/Full Trn;; (handshake) Cross Body w/Rev Twirl;;  
Shadow New Yorker; Underarm Trn; Time Step Twice;;**

9-16 Repeat meas 1-8 of Part B start man fc COH;;;;;;;

Meas

**PART C**

**1~ 8 Chase Peek-A-Boo;;; M's Underarm Trn; M's Lariat;; (Bfly) Fence Line;**

- 1- 4 (Chase Peek-A-Boo) Fwd L 1/2 RF trn, rec R fc COH, fwd L/XRIB, fwd L(W bk R, rec L, fwd R/XLIB, fwd R); Sd R, rec L, cl R/stp in place L, R; Sd L, rec R, cl L/stp in place R, L; Fwd R 1/2 LF trn, rec L fc Wall, fwd R/XLIB, fwd R(W fwd L, rec R, bk L/XRIF, bk L);
- 5 (M's Underarm Trn) Joined trail hands XLIF of R commence RF trn under trail hands, cont RF trn rec R, sd L/cl R, sd L W's right sd(W XRIB of L, rec L, stp in place R/L, R);
- 6- 7 (M's Lariat) Circle around woman CW with joined trail hands fwd R, fwd L, fwd R/cl L, fwd R(W sd L, rec R, in place L/R, L); Cont circle around woman CW with joined trail hands fwd L, fwd R, fwd L/cl R, fwd L end fc partner(W sd R, rec L, in place R/L, R);
- 8 (Fence Line) Blend Bfly XRIF of L, rec L, sd R/cl L, sd R;

**9~16 New Yorker; Underarm Trn; Lariat(W Overtrn Tandem);;  
Peek-A-Boo;; Finish Chase;;**

- 9 (New Yorker) LOP/LOD ck thru L, rec R fc partner, sd L/cl R, sd L;
- 10 (Underarm Trn) Bk R, rec L, in place R/L, R(W XLIF of R commence RF trn under right hands, cont RF trn rec R fc Wall, sd L/cl R, sd L;
- 11-12 (Lariat W Overtrn Tandem) Sd L, rec R, in place L/R, L(W circle around man CW with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R); Sd R, rec L, in place R/L, R(W cont circle around man CW with joined lead hands fwd L, fwd R, fwd L/cl R, fwd L RF trn end fc Wall) Tandem/Wall;
- 13-14 (Peek-A-Boo) Sd L, rec R, in place L/R, L; Sd R, rec L, in place R/L, R;
- 15-16 (Finish Chase) Fwd L, rec R, bk L/XRIF, bk L(W fwd R commence LF trn, cont trn fc COH rec L, fwd R/XLIB, fwd R); Bk R, rec L, fwd R/XLIB, fwd R(W fwd L, rec R, bk L/XRIF, bk L);

Meas

**ENDING**

**1~ 2 New Yorker; Rumba Aida;**

- 1 (New Yorker) LOP/LOD ck thru L, rec R fc partner, sd L/cl R, sd L;
- 123- 2 (Rumba Aida) Thru R commence RF trn, sd L cont RF trn fc RLOD, bk R trail arm up extend sd & bk, -;