

MOONDANCE

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Record:STAR112 "MOON DANCE" by ROSS,MITCHELL, filp of "SEE THE DAY" Speed:43rpm TIME:3:23 (45rpm)

Rhythm:TS Phase:III (diff) Footwork:Opposite,directions for M. Seq.: INTRO-A-B-A-B-C-B-END

Intro

1-4 WAIT 2 MEAS;; APT PT; PKUP TCH to CP LOD;

1-4 in OPF WALL wait 2 meas;; apt L-,pt R,-; small fwd R (W pkup L)-,tch L,- to CP LOD;

PART A

1-4 2 FWD TS;; 2 PROG SCIS;;

1-4 in CP LOD fwd L,cl R,fwd L,-; fwd R,cl L,fwd R,-; sd L,cl R,XLIF,- to SCAR LOD; sd R,cl L,XRIF,- to BJO LOD;

5-8 FISHTAIL; WK & FC; 2 TRNG TS;;

5-8 XLIB,sd R,fwd L,kl R; fwd L,-,fwd R to fc PTR,-; sd L,cl R,sd & bk L trng 1/2 RF,-; sd R,cl L,fwd R trng 1/2 RF fc WALL,-;

9-12 TRAV BOX w/TWRL & MANUV;;;

9-12 sd L,cl R,fwd L,- to Rev SCP RLOD; fwd R,-,fwd L(W twrl LF fwd R,-,fwd L)- to CP WALL; sd R,cl L,bk R,- to SCP LOD; fwd L,-,fwd R trng 1/4 RF,- end in CP RLOD;

13-16 2 BK TS;; PVT 2 to SCP; WK 2;

13-16 bk L,cl R,bk L,-; bk R,cl L,bk R,-; bk L trng 1/2 RF,-, fwd R trng 1/4 RF,- end in SCP LOD; fwd L,-,fwd R,-;

PART B

1-4 CIRC CHS;;;;

1-4 in SCP LOD circular patten CCW twd COH fwd L,cl R,fwd L,-; fwd R,cl L,fwd R,-; contg to curve twd WALL fwd L,cl R,fwd L,-; fwd R,cl L,fwd R,- to BFY WALL;

5-8 SD TS TCH; REV ROLL 3 tch; BK AWY 3 KICK; TOG 3 TCH to BFY;

5-8 sd L,cl R,sd L,tch R; roll RF (W LF) sd & fwd R,fwd & sd L, sd R,tch L; bk L,bk R,bk L,kick R; fwd R,fwd L,fwd R,tch L to BFY;

9-12 FC TO FC; BK TO BK; VIN APT 3 KICK; STP KICK twice;

9-12 sd L,cl R,sd L trng 1/2 LF(W RF) to BK TO BK,-; sd R,cl L,sd R trng 1/4 RF(W LF) to OP LOD,-; vin apt sd L,XRIB,sd L,kick R; stp in plc R,kick L,stp in plc L,kick R;

13-16 VIN TOG TCH; AWY KICK FC TCH; STP KICK twice; WK&PKUP(2nd,3rd WK 2);

13-14 tog R,XLIB,sd R,tch L to BFY WALL; awy L,kick R,fc R,tch L to BFY WALL;

15-16 stp in plc L,kick R,stp in plc R,kick L; fwd L,-,fwd R (W pkup L) to CP LOD (2nd fwd L,-,fwd R,- to SCP 3rd to BFLY)

PART C

1-4 2 FWD TS; SLOW RK THE BOAT twice;;

1-4 in SCP LOD fwd L,cl R,fwd L,-; fwd R,cl L,fwd R,-; fwd L,-, cl R with rocking motion and relaxed knees,-; repeat meas 3 of PART C;

5-8 4 PT STEPS;; HTCH 4; WK & FC;

5-8 pt fwd L with outside edge of front,small fwd L,pt fwd R with outside edge of front,small fwd R,pt fwd R; repeat meas 5 of PART C; fwd L,cl R,bk L,cl R; fwd L,-,fwd R,- to CP WALL;;

9-12 L TRNG BOX;;;;

9-12 sd L,cl R,fwd L trng 1/4 LF,-; sd R,cl L,bk R trng 1/4 LF,-; sd L,cl R,fwd L trng 1/4 LF,-; sd R,cl L,bk R trng 1/4 LF fc WALL,- end in SCP LOD;

13-16 SLOW RK THE BOAT twice;; 4 PT STP;;

13-16 repeat meas 3-6 of PART C;;;;

END

1 APT PT;

1 in BFLYWALL apt L-,pt R,-;