More Daylight

Waltz 4 + 2

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Plus figures: Outside Spin, Turning Lock

Intro A B C Interlude Cm B A (1-4)) Ending



Created ----- 2012-06-03
CD: Strictly Ballroom – Ross
Mitchell "Nocturne"
(if not found contact
choreographer)
Speed ----- as CD

Measure Cue		Timing	Man	Woman	Position after cue, rel. man	
Intro						
Start ir	n Wrapped position LOD), lead foot				
1-2	W ait 2;;	; ;	-, -, -; -, -, -;	-, -, -; -, -, -;	Wrapped LOD	
3	Lady Roll Out to Open;	123;	[gently pull the lady to roll out with joined trail hands] side L, close R, side L to Open;	[with joined trail hands roll rf R, L, R to Open;	-	
4	Lady Roll In to Pickup;	123;	[gently pull the lady to roll back in with joined trail hands] step in place R, L, R to Closed DLC;	[under joined trail arms roll If ½ L, R, L to Closed;	Open DLC	
A						
	n Closed DLC, lead foot					
1-2	2 Left Turns;;	123; 123;	fwd L commence If turn 3/8, side R and turn, close L;	back R commence If tur 3/8, side L and turn, clo R;		
			back R commence If turn 3/8, side L and turn, close R;	fwd L commence If turn 3/8, side R and turn, clo L;	n DLW;	
3	Fwd Waltz;	123;	fwd L, fwd and side R, close L;	back R, back and side I close R;	., Closed DLW	
4	Maneuver;	123;	fwd R commence lf turn 3/8, side L and turn, close R;	back L commence If tur 3/8, side R and turn, clo L;		
5	S pin Turn;	123;	back L and pivot ½ rf, fwd R turn rf 1/8 and rise turn and extend L leg back and side, rec side and back L;	fwd R and pivot ½ rf, back L and continue pivoting rf 1/8 and bring R to brush, fwd R in reverse direction;	Closed DLW g	
6	Box Finish;	123;	back R and turn 2/8 lf, side L, close R;	fwd L and turn 2/8 lf, si R, close L;	de Closed DLC	
7	Open Telemark;	123;	fwd L start lf body turn, side R across lady and turn 4/8, side L and turn 2/8 to Semi DLW;	back R start If body turn close L for heel turn 2/8 to Semi, side and fwd R	DLW	
8	Thru Semi Chasse;	12&3;	thru R and turn rf to face, side L/close R, side L to Semi;	thru L and turn If to fac side R/ close L, side R t Semi;		

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9-10	In & Out Runs;;	123; 123;	fwd R and turn 3/8 rf to Closed, side and back L across lady and line, back R to Banjo RLOD; back L in CBM turning 3/8 rf to Closed, side and fwd R between lady's feet, fwd L to Semi;	fwd L to Closed, fwd R between man's feet, fwd L to Banjo on the inside; fwd R outside partner and turn 3/8 rf to Closed, side and back L across man and line turning 3/8 rf, fwd R to Semi;	C-Banjo RLOD; Semi DLW;
11	Open Natural;	123;	thru R commence rf turn 3/8, side L across lady, back R to Banjo RLOD;	thru L, fwd R between man's feet, fwd L to Banjo;	Banjo RLOD
12	B ack Passing Change;	123;	passing steps in C-Banjo back L, R, L;	passing steps in C-Banjo fwd R, L, R;	C-Banjo RLOD
13	Hover Corte;	123;	back R turning body lf, back and side L with Hover Action turning lf 3/8, rec back R;	fwd L turning body lf, fwd and side R with Hover Action turning lf 3/8, rec fwd L in Banjo;	Banjo DLW
14	Back Whisk;	123;	back L, back and side R to Closed and rise, cross LiB to full rise on ball to Semi;	fwd R, fwd and side L to Closed and rise, turn rf to open and cross RiB to full rise on ball;	Semi DLW
15	Thru Semi Chasse;	12&3;	thru R and turn rf to face, side L/ close R, side L to Semi;	thru L and turn If to face, side R/ close L, side R to Semi;	Semi DLW
16	Chair & Slip;	123;	thru R lunge, rec back L to Closed, back R sliding close to left foot and turn lf 2/8;	thru L lunge, rec back R toe to heel and heel spin If 4/8 [thighs locked] left leg extended to Closed, fwd L and turn If 2/8;	Closed DLC
			В		
Start in	Closed DLC, lead foot	free:			
1-2	Repeat A 1 - 2				Closed DLW
3	Hover Telemark;	123;	fwd L, fwd and side R and Hover Action turn rf 2/8 and open to Semi DLW, fwd L;	back R, back and side L and Hover Action and turn rf 6/8 to Semi, fwd R;	Semi DLW
4	Open Natural;	123;	thru R commence rf turn 3/8, side L across LOD, back R to Banjo RLOD;	thru L, fwd R outside partner to C-Banjo, fwd L;	Banjo RLOD
5	Outside Spin Reverse Wall;	123;	small step back L and turn rf 3/8, fwd R heel toe and turn rf 3/8, rec side and back L to Closed and turn rf 2/8;	fwd R outside partner heel toe and spin rf 2/8, close L and pivot on both toes rf 5/8, fwd R between partners feet and turn 1/8;	Closed DRW
6	Back Chasse to Banjo;	12&3;	back R and turn If to face, side L/close R, turn rf and fwd L to Banjo DLW;	fwd L and turn lf to face, side R/ close L, turn lf and back R to Banjo;	Banjo DLW
7	Fwd Fwd/Lock Fwd;	12&3;	fwd R, fwd L/ lock RiB, fwd L;	back L, back R/ lock LiF, back R;	Banjo DLW

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8	Closed Wing;	1 <u>23;</u> (123;)	fwd R, draw L and turn upper body lf, touch L to Sidecar;	back L, side and back R in front of man checking and turning body lf, fwd L outside man on his left side to Sidecar;	Sidecar DLC
			С		
Start i	n Sidecar DLC, lead foot	free:			
1	Closed Telemark;	123;	fwd L [from Sidecar outside partner] start If body turn, side R across lady and turn 6/8, side and fwd L completing turn to Banjo DLW;	back R start If body turn, close L for heel turn 4/8, side and back R turning to Banjo;	Banjo DLW
2	Maneuver;	123;	fwd R outside partner and turn rf 3/8, side L to Closed, close R;	back L and turn rf 3/8, side R to Closed, close L;	Closed RLOD
3	Over S pin Turn Reverse Wall;	123;	back L and pivot ½ rf, fwd R turn rf 2/8 3/8 and rise turn and extend L leg back and side, rec side and back L;	fwd R and pivot ½ rf, back L and continue pivoting rf 3/8 and bring R to brush, fwd R toward DLC;	Closed DRW
4	Turning Lock to Semi;	1&23;	trail shoulder leading back R backing DLC/ cross LiF turning body lf, with strong trail sway back R [momentarily in Closed Sidecar] and turn lf 2/8, fwd L to Semi;	trail shoulder leading fwd L down DLC/ cross RiB turning body lf, with strong trail sway fwd L [momentarily in Closed Sidecar] and turn body lf, fwd R to semi;	Semi DLW
5	Wing;	1 <u>23;</u> (123;)	fwd R checking turning body lf, draw L, touch L to Sidecar turning upper body lf;	fwd L in front of man turning lf, fwd R around man continue turning, fwd L to Sidecar checking;	Sidecar DLC
6	T urn Left & Right Chasse;	12&3;	fwd L and turn lf 1/8, side R/ close L, turn lf 1/8 and back R to Banjo;	back R and turn If 1/8, side L/ close R, turn If 1/8 and fwd L to Banjo;	Banjo RLOD
7	Outside Change to Semi;	123;	back L in C-Banjo, back R to Closed turning body If, turn If 3/8 and fwd L to Semi;	fwd R outside partner, fwd L to Closed, fwd and side R to Semi;	Semi DLW
8	Thru Face Close;	123;	thru R, turn rf 2/4 to face partner and side L, close R;	thru L, turn If 2/4 to face partner and side R, close L;	Closed Wall
Interlude					
Start in Closed DLC, lead foot free:					
1	W altz Away;	123;	[with inside hands joined] fwd L turning away from partner, side and fwd R to slight back-to-back, close L;	[with inside hands joined] fwd R turning away from partner, side and fwd L to slight back-to-back, close R;	Open LOD
2	Lady Wrap face Line;	123;	wrapping lady small fwd L, small fwd and side R, close L;	side and small fwd L towards partner and start If turn, continue turning small fwd R, close L to LOD in wrapped position;	Wrapped LOD

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3	B oth Fwd Waltz;	123;	fwd R, fwd and side L, close R;	fwd L, fwd and side R, close L;	Semi LOD
4	Lady Roll to Pickup;	123;	[gently pull the lady to roll left with joined trail hands] step in place R, L, R to Closed DLC;	[with joined trail arms] roll If ½ L, R, L to Closed;	Closed DLC
5-8	Diamond Turn; ;; ;	123; 123; 123; 123;	fwd L and turn If 2/8, side R, back L to C-Banjo; back R and turn If 2/8, side L, fwd R; fwd L and turn If 2/8, side R, back L; back R and turn If 2/8, side L, fwd R;	back R and turn If 2/8, side L, fwd R to C-Banjo; fwd L and turn If 2/8, side R, back L; back R and turn If 2/8, side L, fwd R; fwd L and turn If 2/8, side R, back L;	C-Banjo DLC
			Cm		
	in Sidecar DLC, lead foot	free:			
1-7	Repeat C 1 - 7	400		6 17 10 16 16	GI I
8	Pickup in 3;	123;	fwd R to Closed, side L, close R;	fwd L and turn lf 4/8 to Closed, side R, close L;	Closed LOD
			Repeat B A(1-3)		
			Ending		
Start	in Closed RLOD, lead foo	ot free:			
1	Open Natural;	123;	thru R commence rf turn 3/8, side L across LOD, back R to Banjo RLOD;	thru L, fwd R outside partner to C-Banjo, fwd L;	Banjo RLOD
2	Open Impetus;	123;	back L and turn body rf, bring R beside and L heel turn 4/8 close R and rise, side and fwd L to Semi LOD;	fwd R outside man's feet and pivot 4/8 rf, side L around man and continue pivoting and bring R to brush, side and fwd R to Semi;	Semi LOD
3	Thru Face Close;	123;	thru R, turn rf 2/4 to face partner and side L, close R;	thru L, turn lf 2/4 to face partner and side R, close L;	Closed Wall
4	W altz Away;	123;	[with inside hands joined] fwd L turning away from partner, side and fwd R to slight back-to-back, close L;	[with inside hands joined] fwd R turning away from partner, side and fwd L to slight back-to-back, close R;	Open LOD
5	Lady Wrap face Line;	123;	wrapping lady small fwd L, small fwd and side R, close L;	side and small fwd L towards partner and start If turn, continue turning small fwd R, close L to LOD in wrapped position;	Wrapped LOD
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Described according to Roundalab phase III 2007, phase IV 2003 and phase V 2003.

This dance is created for training various Spin and Outside Spin Turns, and Wings.