

# Mulan's Rumba (Mi Reflejo)

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**Music:** "Mi Reflejo" by Patricia Gamero

**Release Date:** June 2010

**Album:** Cálor Latino / Track #11 / CD available from DanceVision.com

**Rhythm:** Rumba

**Phase:** III

**Tempo:** Speed music 6% to approximately 48 rpm

**Music Modification:** For tempo only / no other modifications

**Sequence:** Intro AB Int A(mod) BCD BC Int End

**Footwork:** Opposite for Woman (unless noted)

## INTRO (4 Measures)

- 1-4 **BFLY FC WALL--WAIT; WAIT; APT PT; TOG BFLY;**  
1-2 (Wait; Wait) Bfly position fcg ptr & wall--lead feet free--wait 2 measures;;  
3-4 (Apt Pt; Tog Bfly) Apt L, pt R, -; Tog R to Bfly, tch L, -;

## PART A (13 Measures)

- 1-4 **BASIC;; NY; FNC LN;**  
1-2 (Basic) Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;  
3 (NY) With L step thru RLOD with straight leg to sd by sd position, rec R to fc ptr, sd L to Bfly, -;  
4 (Fnc Ln) In Bfly cross lunge thru R with bent knee looking LOD, rec L to fc ptr, sd R, -;  
5-7 **SHLDR TO SHLDR; CRAB WK 1/2; SD CLO 2X;**  
5 (Shldr to Shldr) Fwd L to Bfly Sdcr, rec R to fc, sd L, -;  
6 (Crab Wk 1/2) XRIF of L, sd L, XRIF of L, -;  
7 (Sd Clo 2X) Sd L, clo R, sd L, clo R;  
8-11 **DOOR; TO RLOD SD WKS;; CUCARACHA;**  
8 (Door) Rk sd L, rec R, XLIF of R, -;  
9-10 (To RLOD Sd Wks) Sd R, clo L, sd R, -; Clo L, sd R, clo L, -;  
11 (Cucaracha) Sd R, rec L, clo R, -;  
12-13 **TO LOD SD WKS;;**  
12-13 (To LOD Sd Wks) Sd L, clo R, sd L, -; Clo R, sd L, clo R, -;

## PART B (8 Measures)

- 1-4 **OP BRK; THRU SERPIENTE;; RUMBA RK 3;**  
1 (Op Brk) Rk apt strongly on L to LOP while extending free arm to side, rec R bringing free arm in, sd L, -;  
2-3 (Thru Serpiente) Thru R, sd L, behind R, fan L counter-clockwise; Behind L, sd R, thru L, fan R counter-clockwise;  
4 (Rumba Rk 3) Step thru to OP LOD R, rec L, fwd R, -;  
5-8 **SLIDING DOOR 2X;; CIRCLE AWY & TOG LOW BFLY;;**  
5-6 (Sliding Door 2X) Rk apt L, rec R releasing hnds, XLIF chging sds beh the lady still fcing LOD temporarily joining hnds, -;  
Rk apt R, rec L releasing hnds, XRIF chging sds beh the lady still fcing LOD joining inside hnds temporarily, -;  
(Rk apt R, rec L releasing hnds, XRIF chging sds in front of the man still fcing LOD, -;  
Rk apt L, rec R releasing hnds, XLIF chging sds in front of the man, -);  
7-8 (Circle Awy & Tog Low Bfly) Trning LF in circle fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R to Low Bfly, -;

## INTERLUDE (1 Measure)

- 1 **SLO HIP RK 2;**  
1 (Slo Hip Rk 2) Rk sd L rolling hip sd and bk, rk sd R rolling hip sd and bk;

## PART A (modified) (10 Measures)

- 1-4 **BASIC;; NY; FNC LN;**  
1-2 (Basic) Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;  
3 (NY) With L step thru RLOD with straight leg to sd by sd position, rec R to fc ptr, sd L to Bfly, -;  
4 (Fnc Ln) In bfly cross lunge thru R with bent knee looking LOD, rec L to fc ptr, sd R, -;
- 5-7 **SHLDR TO SHLDR; CRAB WK 1/2; DOOR 1X;**  
5 (Shldr to Shldr) Fwd L to Bfly Sdcr, rec R to fc, sd L, -;  
6 (Crab Wk 1/2) XRIF of L, sd L, XRIF of L, -;  
7 (Door) Rk sd L, rec R, XLIF of R, -;
- 8-10 **TO RLOD SD WKS;; CUCARACHA 1X;**  
8-9 (To RLOD Sd Wks) Sd R, clo L, sd R, -; Clo L, sd R, clo L, -;  
10 (Cucaracha) Sd R, rec L, clo R, -;

## Repeat PART B (8 Measures)

## PART C (8 Measures)

- 1-4 **CHASE;;;;**  
1-4 (Chase) Fwd L commence RF trn 1/2, rec fwd R, fwd L, -; Fwd R commence LF trn 1/2, rec fwd L, fwd R, -;  
Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -;  
(Bk R with no trn, rec L, fwd R, -; Fwd L commence RF trn 1/2, rec fwd R, fwd L, -;  
Fwd R commence LF trn 1/2, rec fwd L, fwd R, -; Fwd L with no trn, rec R, bk L, -;)
- 5-8 **1/2 BASIC; UA TRN; SHLDR TO SHLDR; THRU FC CLO BFLY;**  
5 (1/2 Basic) Fwd L, rec R, sd L, -;  
6 (UA Trn) Raising joined lead hnds trn body slightly RF and XRIB, rec L squaring body to fc ptr, sd R, -;  
(XLIF under joined lead hnd commence 1/2 RF trn, rec R complete RF trn to fc ptr, sd L, -;)  
7 (Shldr to Shldr) Fwd L to Bfly Sdcr, rec R to fc, sd L, -;  
(Thru Fc Clo Bfly) Thru R between ptr with reaching step twd LOD, sd L to fc ptr, clo R Bfly, -;

## PART D (7 Measures)

- 1-3 **1/2 BASIC; WHIP TO FC COH; FNC LN;**  
1 (1/2 Basic) Fwd L, rec R, sd L, -;  
2 (Whip Fc COH) Bk R commence 1/4 LF trn, continue trn 1/4 rec fwd L to fc ctr, sd R, -;  
(Fwd L outside man on his L sd, fwd R commence LF trn 1/2, sd L, -;)  
3 (Fnc Ln) In bfly cross lunge thru L with bent knee looking RLOD, rec R to fc ptr, sd L, -;
- 4-5 **TO RLOD CRAB WKS;;**  
4-5 (To RLOD Crab Wks) XRIF of L, sd L, XRIF of L, -; Sd L, XRIF of L, sd L, -;
- 6-7 **WHIP TO FC THE WALL LOW BFLY; SLO HIP RK 2;**  
6 (Whip Fc Wall Low Bfly) Bk R commence 1/4 LF trn, continue trn 1/4 rec fwd L to fc wall, sd R blending to Low Bfly, -;  
(Fwd L outside man on his L sd, fwd R commence LF trn 1/2, sd L, -;)  
7 (Slo Hip Rk 2) Rk sd L rolling hip sd and bk, -; Rk sd R rolling hip sd and bk, -;

## Repeat PART B (8 Measures)

## Repeat PART C (8 Measures)

## Repeat INTERLUDE (1 Measure)

## END (7 Measures)

- 1-4 **CHASE PEEK-A-BOO to CPW;;;;**  
1-4 (Chase Peek-A-Boo) Fwd L trning sharply 1/2 RF to Tandem [man's in front], rec R, fwd L, -;  
Sd R looking over L shldr, rec L, clo R, -; Sd L looking over R shldr, rec R, clo L, -;  
Fwd R trning sharply 1/2 LF, rec L fwd R blending to CPW, -;
- 5-7 **TO LOD SD WKS;; CORTE & HOLD;**  
5-6 (To LOD Sd Wks) Sd L, clo R, sd L, -; Clo R, sd L, clo R, -;  
7 (Corte & Hold) Step bk & sd on L softening L knee to lower w/ R leg extended straight to side.