

"MUNCA CITA"

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MUSIC: "Munca Cita" Ballroom Emotions, Casa Musica, Track #5.

PHASE & RHYTHM: Phase VI Tango [Contact Choreographer for Availability]

SEQUENCE: INTRO, A, B, INTER, C, C MOD, INTER, A MOD, B (1-4), END

INTRO

1-2 (DW) CP WAIT PU NOTES & 2 BEATS (4 NOTES) __, __, **CORTE**, __; __, **REC**, __, __;
1 __S [CORTE] Wait pu notes & 2 beats of music (4 notes) CP DW lead ft free __, __ Bk L lowering into lt knee slight lf body trn, __
(W __, __, fwd R lowering into rt knee slight lf body trn, __);
2 _S_ [REC] __, rec fwd R staying low CP DW, __, __ (W __, rec bk L CP fc RC staying low, __, __);

PART A

1-4 WK 2; TELE TO SD CL; CONTRA CK; REC TO SAME FT LUNGE LINE;
1 SS [WK 2] CP DW curving lf fwd L, __, fwd R, __ CP DC (W curving lf bk R, __, bk L CP fc RW, __);
2 QQS [TELE TO SD CL] Fwd L, fwd R lf trn, sd L, cl R CP WALL (W bk R, heel cl L lf trn, sd R, cl L CP fc COH);
3 S_ [CONTRA CK] Lower on R ck fwd L strong contra, __, __, __ (W lower on L ck bk R strong contra, __, __, __);
4 SS(S&S) [REC TO SAME FT LUNGE LINE] Rec bk R, __, lower& extend L sd, __ (W rec fwd L, __/swvl rf cl R, lower & pt L fwd LOD, __);

5-8 TRNG 5 STP WHISK & PROM TAP;; BK OP PROM CKING & LINK TO SCP;;
5 &QQQSS&S [TRNG 5 STP WHISK & PROM TAP] Fwd & sd L LOD partial wt/fwd L full wt lf trn, sd R, bk L LOD ptr outsd BJO, small sd R
(W fwd L LOD/fwd & sd R lf trn, sd L, fwd R LOD outsd ptr BJO, small sd L);
6 Hook Lib SCP/LOD, __, fwd R/tap L fwd SCP RLOD, __ (W hook Rib, __, fwd L/tap R fwd SCP RLOD, __);
7 SQQS&S [BK OP PROM CKING & LINK SCP] SCP fwd L RLOD, __, fwd R, fwd & sd L rf trn (W SCP fwd R RLOD, __, fwd L, fwd R);
8 Ck bk R strong contra, __, qk fwd L rf trn/cl R tap L fwd SCP LOD, __
(W ck fwd L strong contra, __, bk R qk rf trn/cl R tap R fwd SCP LOD, __);

9-12 DBL CL PROM W/ CL SWVL;; WK 2; OP REV W/ LADY'S FT FLICK;
9 SQQQSS [DBL CL PROM W/ CL SWVL] SCP LOD fwd L, __, fwd R swvl rf fc ptr, cl L swvl lf SCP
(W SCP fwd R, __, fwd L swvl lf fc ptr, cl R swvl rf SCP);
10 Fwd R, sd L, cl R CP/DW, __ (W fwd L, sd R, cl L CP fc RC, __);
11 SS [WK 2] CP DW curving lf fwd L, __, fwd R, __ CP DC (W curving lf bk R, __, bk L CP fc RW, __);
12 QQS [OP REV W/ LADY'S FT FLICK] CP fwd L, fwd & sd R lf trn, bk L ptr outsd BJO LOD, __
(W bk R, bk & sd L, fwd R flick L fwd outsd ptr BJO fc RLOD, __);

13-16 CL FIN; 5 STP;; CL PROM;;
13 QQS [CL FIN] Bk R CP, lf trn sd L, cl R CP DW, __ (W fwd L CP, lf trn sd R, cl L CP fc RC, __);
14 QQS&S [5 STP] Fwd L, sd & bk R RLOD, bk L ptr outsd BJO, __
15 SQQS Small sd R/tap L fwd SCP LOD, __, (W small sd L/ tap R fwd SCP LOD, __,) [CL PROM] Fwd L, __ (W fwd R, __);
16 Fwd R, sd L, cl R CP DW, __ (W fwd L, sd R, cl L CP fc RC, __);

PART B

1-4 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;; THRU TO SYNC CHASSE TO CP;
1 S_Q [CHALLENGE LINE & SLIP] Sd L head lt strong rf body rotation, __, __, slip bk R lf trn CP DC
(W sd R head rt strong body extension, __, __, slip fwd L lf trn CP fc RW);
2 QQ&QQSS [VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL] Fwd L, fwd R/lf trn lk Lif CP RLOD, bk R, lf trn sd L
(W bk R, lf trn sd L/cl R CP fc LOD, fwd L, sd R);
3 Ck fwd R outsd ptr bent knee BJO DW, __, rec bk L rf body trn SCP leave R extended LOD, __
(W ck bk L ptr outsd hook R leg beh M's rt knee, __, rec fwd R swvl rf SCP LOD, __);
4 QQ&QQ [THRU TO SYNC CHASSE] Fwd R lf trn CP, sd L/cl R, sd L, cl R CP DW (W fwd L lf trn CP, sd R/cl L, sd R, cl L CP fc RC);

5-8 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;; CL PROM END;
8 QQS [CL PROM END] Fwd R, sd L, cl R CP DW, __ (W fwd L, sd R, cl L CP fc RC, __);

"MUNCA CITA" Cont.

INTERLUDE

- 1-4** **WK 2; LINK TO NAT TWIST TRN & HEAD FLICK;;;**
1 [WK 2] CP DW curving lf fwd L, __, fwd R, __ CP DC (W curving lf bk R, __, bk L CP fc RW, __);
2 QQSQQQSQQ [LINK TO NAT TWIST TRN & HEAD FLICK] Fwd L LOD strong contra, qk rf trn cl R SCP DW, fwd L, __
(W bk R strong contra, qk rf trn cl L SCP DW, fwd R, __);
3 Fwd R, rf trn sd L fc RLOD, hook Rib, unwind rf (W fwd L, fwd R, fwd L outsd ptr, fwd R around ptr);
4 Cont unwind rf transfer wt to R, tap L fwd SCP LOD, __, rotate hips& head rf, rotate hips & head lf SCP/LOD
(W fwd L cont around ptr, rf trn tap R fwd SCP LOD, __, rotate head lf, rotate head rf SCP LOD);

PART C

- 1-4** **4 STALKING WKS;;;;**
1 S__S__S__S__ [STALKING WKS] SCP LOD fwd L, __, __, __ (W SCP fwd R, __, __, __);
2 Fwd R rf body trn lowing into rt lunge line, __, __, __ (W fwd L lowing into rt lunge line, __, __, __);
3 Fwd L, __, __, __ (W fwd R, __, __, __);
4 Fwd R rf body trn lowing into rt lunge line, __, __, __ (W fwd L lowing into rt lunge line, __, __, __);

- 5-8** **PROM SWVLS;; PROM RKS 2T;;**
5 SQQSQSQ [PROM SWVLS] SCP LOD fwd L, __, fwd R swvl rf fc ptr, cl L swvl lf SCP (W SCP fwd R, __, fwd L swvl lf fc ptr, cl R swvl rf);
6 SCP pt L fwd LOD, __, fwd R swvl rf fc ptr, cl L swvl lf SCP (W SCP pt R fwd LOD, __, fwd L swvl lf fc ptr, cl R swvl rf SCP);
7 QQSQQS [PROM RKS] SCP LOD fwd R, rk bk L, rk fwd R SCP, __ (W SCP fwd L, rk bk R, rk fwd L SCP, __);
8 Fwd L, rk bk R, rk fwd L SCP, __ (W fwd R, rk bk L, rk fwd R SCP, __);

- 9-12** **DOBLE CRUZ;; PROM RKS 2T;;**
9 QQSQQS [DOBLE CRUZ] SCP LOD fwd R, rf body trn fwd L, ck fwd R BJO outsd ptr rf body trn, __
(W SCP fwd L, lf trn sd R, bk L BJO ptr outsd, ronde R cw FALLAWY POS);
10 Bk L, lf body trn bk R, ck bk L BJO ptr outsd rf body trn, __ SCP LOD (W bk R, lf trn sd L, fwd R BJO outsd ptr, ronde L cw SCP);
11 QQSQQS [PROM RKS] SCP LOD fwd R, rk bk L, rk fwd R SCP, __ (W SCP fwd L, rk bk R, rk fwd L SCP, __);
12 Fwd L, rk bk R, rk fwd L SCP, __ (W fwd R, rk bk L, rk fwd R SCP, __);

- 13-16** **BK OP PROM END; BK RKS TO CHALLENGE LINE; BK & CHALLENGE LINE;**
SLIP & PROM TAP;
13 QQS [BK OP PROM END] SCP LOD fwd R, fwd & sd L rf trn rt sd stretch head lt, bk R strong contra, __
(W SCP fwd L, fwd R head rt, fwd L strong contra head lt, __);
14 QQS [BK RKS TO CHALLENGE LINE] CP RLOD bk L, fwd R, bk & sd L body stretch no swy, __ (W fwd R, bk L, fwd R head lt, __);
15 SS [BK & CHALLENGE LINE] CP bk R, __, bk & sd L rt sd stretch head lt, __ (W fwd L head lt, __, fwd R head rt, __);
16 QQ&S [SLIP & PROM TAP] Bk R lf trn fc WALL, sd L, cl R/tap L fwd SCP LOD, __
(W fwd L lf trn fc COH, sd R, cl L/tap R fwd SCP LOD, __);

PART C MOD

- 1-4** **4 STALKING WKS;;;;**
5-8 **PROM SWVLS;; PROM RKS 2T;;**
9-12 **DOBLE CRUZ;; PROM RKS 2T;;**
13-16 **BK OP PROM END; BK RKS TO CHALLENGE LINE; BK & CHALLENGE LINE;**
SLIP & SYNC CHASSE CP;
16 QQ&QQ [SLIP & SYNC CHASSE CP] Slip lf bk L, sd R/cl L, sd R, cl L CP DW (W slip lf fwd R, sd L/cl R, sd L, cl R CP fc RC);

INTERLUDE

- 1-4** **WK 2; LINK TO NAT TWIST TRN & HEAD FLICK;;;**

PART A MOD

- 1-4** **PROM LINK; TELE TO SD CL; CONTRA CK; REC TO SAME FT LUNGE LINE;**
1 SS [PROM LINK] SCP LOD fwd L, __, fwd R lf body trn CP DC, __ (W SCP fwd R LOD, __, fwd L lf trn CP fc RW, __);
5-8 **TRNG 5 STP WHISK & PROM TAP;; BK OP PROM CKING & LINK TO SCP;;**
9-12 **DBL CL PROM W/ CL SWVL;; WK 2; OP REV W/ LADY'S FT FLICK;**
13-16 **CL FIN; 5 STP;; CL PROM;;**

"MUNCA CITA" Cont.

PART B (1-4)

1-4 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;;
THRU TO SYNC CHASSE TO CP;

END

1-4 LINK TO CHASE;; SYNC BK LK & BK PREP; HOLD & QK SAME FT LUNGE;

1 QQSQQQQ [LINK TO CHASE] CP fwd L strong contra, qk rf trn cl R SCP DW, fwd L, ___ (W bk R strong contra, qk rf trn cl L SCP, fwd R, ___);
2 Fwd R, fwd L rf trn, ck fwd R BJO outsd ptr RW, bk L LOD BJO ptr outsd
(W fwd L, fwd & sd R, bk L RLOD BJO ptr outsd, fwd R LOD BJO outsd ptr);
3 Q&QQ_ [SYNC BL LK & BK PREP] BJO RLOD bk R LOD/lk Lif, bk R, bk L BJO ptr outsd rf body trn fc COH
(Q&QQQ) (W BJO fwd L LOD/lk Rib, fwd L, fwd R BJO outsd ptr, trn rf cl L fc RW);
4 __Q_ [HOLD & QK SAME FT LUNGE] Hold lowing on L rt sd stretch look lt, __, lunge fwd & sd R with L extended to RLOD look rt, __
(W hold lowing on L look rt, __, lunge bk R with L extended RLOD look lt, __);

INTRO

1-2 (DW) CP WAIT PU NOTES & 2 BEATS (4 NOTES) __, __, CORTE, __; __, REC, __, __;

PART A

1-4 WK 2; TELE TO SD CL; CONTRA CK; REC TO SAME FT LUNGE LINE;
5-8 TRNG 5 STP WHISK & PROM TAP;; BK OP PROM CKING & LINK TO SCP;;
9-12 DBL CL PROM W/ CL SWVL;; WK 2; OP REV W/ LADY'S FT FLICK;
13-16 CL FIN; 5 STP;; CL PROM;;

PART B

1-4 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;;
THRU TO SYNC CHASSE TO CP;
5-8 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;;
CL PROM END;

INTERLUDE

1-4 WK 2; LINK TO NAT TWIST TRN & HEAD FLICK;;;

PART C

1-4 4 STALKING WKS;;;
5-8 PROM SWVL;; PROM RKS 2T;;
9-12 DOBLE CRUZ;; PROM RKS 2T;;
13-16 BK OP PROM END; BK RKS TO CHALLENGE LINE; BK & CHALLENGE LINE;
SLIP & PROM TAP;

PART C MOD

1-4 4 STALKING WKS;;;
5-8 PROM SWVL;; PROM RKS 2T;;
9-12 DOBLE CRUZ;; PROM RKS 2T;;
13-16 BK OP PROM END; BK RKS TO CHALLENGE LINE; BK & CHALLENGE LINE;
SLIP & SYNC CHASSE CP;

INTERLUDE

1-4 WK 2; LINK TO NAT TWIST TRN & HEAD FLICK;;;

PART A MOD

1-4 PROM LINK; TELE TO SD CL; CONTRA CK; REC TO SAME FT LUNGE LINE;
5-8 TRNG 5 STP WHISK & PROM TAP;; BK OP PROM CKING & LINK TO SCP;;
9-12 DBL CL PROM W/ CL SWVL;; WK 2; OP REV W/ LADY'S FT FLICK;
13-16 CL FIN; 5 STP;; CL PROM;;

PART B (1-4)

1-4 CHALLENGE LINE & SLIP; VIEN TRN TO OP FIN W/ GAUNCHO & OUTSD SWVL;;
THRU TO SYNC CHASSE TO CP;

END

1-4 LINK TO CHASE;; SYNC BK LK & BK PREP; HOLD & QK SAME FT LUNGE;