

MUPPET'S RAINBOW CONNECTION

walzdancer@cox.net

Choreography: **Ray & Virginia Walz** -1511 S. Santa Belia - Green Valley, AZ 85614 (520) 648-7381

Music: "Favorite Tunes of The Muppets" by The Montreal Children's Workshop

Track 8 "Rainbow Connection" Available: Amazon.com

Footwork: Opposite (Or as noted)

Release Date: July, 2009

RAL Phase II + 2(Spin Turn/ Impetus) Waltz

3:15 Slow for comfort

Sequence: Intro - A - B - Interlude #1 - A - B - Interlude #2 - A - B - Ending

-INTRO-

1-6 [BFLY/WALL] WAIT SIX MEASURES;;; ;;; [MEASURES 3 & 6 HAVE NO MUSIC!!!!]

In BFLY/WALL wait six measures;;; ;;;

7-10 VINE 6;; APT POINT; TOG TCH [BFLY];

Side L, XRIB (XLIB), side L; XRIF (XLIF), side L, close R; Bk L (W bk R),-, point R twd partner,-; tog R,-, tch L to R,-,[BFLY/WALL];

-A-

1-4 WALTZ AWAY [OP]; LADY WRAP; FWD WALTZ; LADY ROLL ACROSS TO [LOP/LOD];

Release lead hands side and fwd L turning left, side & forward R to, close L to [OP/LOD]; small fwd R, L, R (Roll left face L, R, L) to [WRAPPED/LOD]; small fwd L, R, L (fwd R, L, R); in place R, L, R (roll across left face in front of man) to [LOP/LOD];

5-8 THRU TWINKLE; THRU SIDE CLOSE; TWIRL VINE; THRU SD CLOSE [BFLY/COH];;

Thru LOD L, turning left face side R, continue turn close L; Thru RLOD R, side L, close R to [BFLY/COH]; Side L, XRIB, side L (Twirl right face under lead hands fwd R, side L, fwd R); thru R, side L, close R to [BFLY/COH];

9-12 WALTZ AWAY; LADY WRAP; FWD WALTZ; LADY ROLL ACROSS TO [LOP/RLOD];

Toward RLOD Repeat measures 1 thru 4 of Part A;;;;

13-16 THRU TWINKLE; THRU SIDE CLOSE; TWIRL VINE; THRU SD CLOSE [CP/WALL];

Repeat measures 5 thru 8 of Part A ending in [CP/WALL];;;;;

-B-

1-4 LEFT TURNING BOX;;;;

Fwd L starting to turn left, side R completing ¼ left face turn, close L; back R starting to turn left, side L completing ¼ left face turn, close R; Fwd L starting to turn left, side R completing ¼ left face turn, close L; back R starting to turn left, side L completing ¼ left face turn, close R to [CP/WALL];

5-8 DIP BACK & HOLD; MANUV; SPIN TURN; BACK ½ BOX [SCAR];

Bk L taking full weight with the knee relaxed or slightly bent and right leg remains extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor,-,-; recover fwd R between partners feet turning right face, side L, close R to [CP/RLOD]; Commence right face upper body turn back L pivoting 1/2 right face to face LOD, fwd R between woman's feet continue turn leaving left leg extended back and side, complete turn recover side and back L; (Commence right face upper body turn forward R between man's feet heel to toe pivoting 1/2 right face, back left continue turn brush R to L, side and fwd R); Back R, side L, turning slightly right face close R (fwd L, side R turning slightly right face close L) to [SCAR/DLW];

9-12 PROG TWINKLES 3X;;; FWD SD CLOSE [CP/WALL];

XLIF, side R turning left, close L to [BJO/DLC]; XRIF, side L turning right, close R [SCAR/DLW]; XLIF, side R turning left, close L to [BJO/DLC]; Fwd R, side L, close R to [CP/WALL];

13-15 TWISTY VINE 6;; ONE CANTER;

Side L, XRIB, side L; XRIF, side L, XRIB; Side L, draw R to L, close R;

-INTERLUDE #1-

1-3 CANTER; SOLO TURN 6;;

Side L, draw R to L, close R; Turning left fwd L (fwd R), side R continue turn, bk L to face RLOD; bk R continue turning left, side L, close R to [BFLY/WALL];

REPEAT -A-

REPEAT -B-

-INTERLUDE #2-

1-4 TWISTY VINE 3; MANUV; IMPETUS [SCP]; THRU FACE CLOSE [BFLY];

Side L, XRIB, side L [BJO]; fwd R turning right, side L, close R to [CP/RLOD]; Begin right face upper body turn back L, close R [heel turn] continue right face turn complete turn forward L (begin right face upper body turn fwd R between man's feet heel to toe pivoting 1/2 right face, side and fwd L continue right face turn around man brush right to left, complete turn fwd R) [SCP/DLC]; thru R (thru L), side L, close R to [BFLY/WALL];

5-8 BALANCE LEFT; REV TWIRL; TWINKLE; THRU FACE CLOSE [BFLY];

Side L with slight rise, XRIB, recover L; Toward RLOD fwd R, L, R (twirl left face under lead hands L, R, L) to [LOP/RLOD]; Thru RLOD L, turning left face side R, continue turn close L; Thru LOD R, side L, close R to [BFLY/WALL];

REPEAT -A-

REPEAT -B-

-ENDING-

1-4 TWISTY VINE 3; MANUV; IMPETUS [SCP]; THRU FC CLOSE [CP/WALL];

Side L, XRIB, side L [BJO]; fwd R turning right, side L, close R to [CP/RLOD]; Begin right face upper body turn back L, close R [heel turn] continue right face turn complete turn forward L (begin right face upper body turn fwd R between man's feet heel to toe pivoting 1/2 right face, side and fwd L continue right face turn around man brush right to left, complete turn fwd R) [SCP/DLC]; thru R (thru L), side L, close R to [CP/WALL];

5-6 ONE CANTER; SLOW DIP BK & HOLD;

{Music retards} Side L, draw R to L, close R; Bk L taking full weight with the knee relaxed or slightly bent and right leg remains extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor,-,-;