

# My All

John & Karen Herr, 4535 Red Rock Dr, Larkspur, CO 80118  
Email: [jherr14@q.com](mailto:jherr14@q.com), [kherr00@mac.com](mailto:kherr00@mac.com) (303) 681-3147  
Music: Album Latin Jam 3 - On Fire, Andy Fortuna  
Available on iTunes

Rhy/Ph: Rumba V+2 Speed: no change  
Seq: Intro A B C B C End Released: Oct 15, 2014

## Intro

- 1-4 WAIT 2 [OPN FCG WALL W/ HNDSHK LEAD FEET FREE];; TRADE PLACES 2X;;  
1-2 wait 2 meas;;  
3-3 [trd plcs 1] hndshk apt L, rec R chgg sds beh W to fc ptr & COH,  
bk L join L hnds,  
(W apt R, rec L chgg sds to fc ptrnr & WALL, bk R, -);  
4-4 [trd plcs 2] Lft hndshk apt R, rec L chgg sds beh W to fc ptr & WALL,  
bk R join R hnds, -  
(W apt L, rec R chgg sds to fc ptrnr & COH, bk L, -);

## Part A

- 1-4 1/2 CIRCULAR X BODY [VARSUV RVS];; HIP TWST TO FAN [FC RVS];;  
1-2 [circ x bdy] hndshk fwd L, rec R trng 1/4 to fc LOD, sd COH L, -  
(W bk R, rec L, fwd R,-);  
bk R, rec L trng LF leading W aX frnt of M trng W LF to end VARSUV  
RVS, cl R,-  
(W fwd L, fwd R Xg in frnt of M pvtg 1 and 1/2 on R to fc RVS, sm fwd  
L to VARSUV RVS,-);  
3-4 [twst to fan] fwd L, rec R, cls L,-  
(W fwd R, rec L, fwd & sd R w/ strong pvt on R tofc COH,-);  
bk R, cls L, sd R,-  
(W fwd L trng LF, sd R, bk L to fan pos fcg RVS,-);  
5-7 START HKY STK [TO TANDEM]; SWEETHEART; SWEETHEART/LDY TRNS TO FC;  
5-5 [strt hky stk] fwd L, rec R, cl L,- (W cl R, fwd L, fwd R trn LF to  
TANDEM in frnt of M,-);  
6-6 [swthrt] fwd R chkg looking at W, rec L, sd R,-  
(W bk L chkg looking at M, rec R, sd L Xg in frnt of M,-);  
7-7 [swthrt W trns] fwd L chkg looking at W, rec R, sd L,-  
(W bk R chkg looking at M, fwd L, fwd R trng RF to fc M,-);  
8-12 WHIP TO FC WALL; OPEN HIP TWST TO FAN;; STOP & GO HKY STICK;;  
8-8 [whip] bk R trng LF, fwd and sd L, sd R,-  
(W thru L outsd M, fwd R trng LF 1/4, sd L,-);  
9-10 [opn twst fan] fwd L, rec R, cl L leading W to qk RF swvl,-  
(W bk R, rec fwd L twd M, fwd R/swvl RF 1/4,-);  
bk R, cls L, sd & fwd R, -  
(W fwd L, trng LF 1/2 sd and bk R, bk L,-);  
11-12 [stp n go] fwd L, rec R, cl L catching W with R hnd, -  
(W cl R, fwd L, fwd R trng LF 1/2 under jnd hnds, -);  
XRIFL, rec L, cl R,-  
(W rk bk L, rec R, fwd L trng RF undr lead hnds bk to fan pos, -);

- 13-16 **LDY TO CURL; AIDA; FWD RK 3 SWVLING TO FC; THRU FC CLS;**  
 13-13 [curl] from fan pos fwd L, rec R trng W LF ld hnds high, cl L,-  
 (W cls R, fwd L trng LF undr lead hnds, cls R to fc LOD,-);  
 14-14 [aida] release lead hnds fwd R (W fwd L) trng to fc ptr, sd L cont  
 RF trn, bk R to V pos ld hnds jnd,-;  
 15-15 [bk bas] fwd L, rec R, fwd L w/ swvl to fc prtnr,-;  
 16-16 [thru fc cls] thru R, fwd L trng to fc prtnr, cls R,-;

## **Part B**

- 1-4 **ALEMANA OVRTRND TO SKTRS;; START ADV SLD DOOR;**  
**LDY TRNS OUT TO FCG FAN [FC LN];**  
 1-2 [alemana] fwd L, rec R, cl L,-; bk R, rec L, sd R,-  
 (W fwd LIFR trng RF, cont trn fwd R to fc M, cont trn sd  
 L to SKTRS, -);  
 3-3 [adv sld dr] fwd L w/body trn to R, rec R to fc Wall, cl L,-  
 (W bk R w/body trn to R, rec L, fwd R trng LF);  
 4-4 [fcg fan] bk R, rec L, fwd R to fc W,-  
 (W fwd L, trng LF fwd R, cont trn bk L to fc M,-);  
 5-8 **START X BODY; TUMMY CHK FWD & BK;; FIN X BODY [FC RVS];**  
 5-5 [x bdy] CP fwd L, rec R, trng LF 1/4 sd L,-  
 (W bk R, rec L, fwd R to 'L' pos,-);  
 6-6 [tum chk 1] lunge R catching W's hip w/ L hnd, rec L, cls R,-  
 (W fwd L, rec bk R, cls L,-);  
 7-7 [tum chk 2] lunge L catching W's hip w/ R hnd, rec R, cls L,-  
 (W bk R, rec fwd L, cls R,-);  
 8-8 [fin x bdy] bk R, rec L trng LF 1/4, sd R,-  
 (W fwd L trng LF, fin 1/4 trn sd R, sd L,-);  
 9-12 **1/2 BAS TO; FULL NAT TOP [FC WALL];;;**  
 9-9 [1/2 bas] fwd L, trng 1/8 RF rec R, sd L,-;  
 10-12 [nat top] trng RF XRIBL, sd L, XRIBL,-; cont trn sd L, XRIBL,  
 cont trn sd L,-; XRIBL, sd L, cl R,-;

## **Part C**

- 1-4 **OPN BRK TO BJO; TORNILLO WHEEL 6;; CUCA [TO HNDSHK];**  
 1-1 [opn brk] rk apt L w/ trl hnd up, rec R, fwd L to BJO,-;  
 2-3 [tornillo] wkg RF arnd W fwd R,L,R,-  
 (W raise L ft to R knee while M trns W RF);  
 cont fwd L,R,L completing 1 full trn,-;  
 4-4 [cuca] sd R w/ partial wgt, rec L, sip R & jnd R hnds, -;  
 5-8 **SHADOW NYKR; X BODY; SHADOW NYKR; X BODY [FC WALL];**  
 5-5 [nykr] hndshk strong XLIFR straight leg to L OPN left hnds  
 extended, rec R to fc, sd L,-;  
 6-6 [x bdy] bk R trng LF making way for the W, fwd and sd L, sd R,-  
 (W fwd L in frnt of M, fwd R trng LF 1/2, sd L, -);  
 7-8 repeats meas 5 & 6 end fcg WALL;;

**[FULL] CIRCULAR X BODY;;;;**

- 9-12 [full circ x bdy] repeat meas 1-2 of Part A;;  
fwd L, rec R releasing L-L hnds, using R-R hnds trng W RF bk L,-  
(W fwd R pvtg RF on R 1/2 to fc LOD, sm sd L pvtg RF on L 1/4 to fc  
wall, fwd R,-);  
bk R, sd L trng LF leading W fwd in frnt of M, trng LF 1/4 in plc R  
trng W LF one full trn to VARSUV both fcg wall,-  
(W fwd L to wall, fwd R pvtg RF 1/2, sm fwd L pvtg RF 1/2 to fc wall in  
VARSUV,-);
- 13-16 **HIP TWST TO AIDA;; SWITCH RK; SPT TRN;**
- 13-13 [hip twst] fwd L, rec R, cls L trng W RF to fc Ln,-  
(W fwd R, rec L, sd & fwd R w/ qk RF swvl fc Ln,-);
- 14-14 [aida] thru R, sd & bk L, bk R to Aida position,-;
- 15-15 [swtch rk] trn LF to fc ptrn on R bk & sd L, rec R, rec L,-;
- 16-16 [spt trn] strong XRIFL trng LF, cont trn rec L to fc ptr, sd R,-;

**End**

- 1-6 **PROM SWAY; CHG OF SWAY; RISE & CLS; CUDDLE 2X;; PROM SWAY & OVERSWAY;**
- 1-1 [prom sway] sd L to tight SCP stretching the right side w/ fwd &  
upward poise to LOD,-,-,-;
- 2-2 [chg sway] w/o wgt chg slowly chg R sd stretch to L sd stretch to  
look to RVS,-,-,-;
- 3-3 [rise & cls] w/o chg of wgt rise on L,-, settle down,cls R;
- 4-5 [cuddles] lead W to open out sd L, rec R, cl L,-  
(W trng 1/2 RF bk R, rec L, fwd R to fc M,-);  
CP lead W to open out sd R, rec L, cl R,-  
(W trng 1/2 LF bk L, rec R, fwd L to fc M,-);
- 6-6 [prom sway & ovrsway] sd L to tight SCP stretching the right side  
w/ fwd & upward poise to LOD then rotate LF w/ Lft sd stretch,-,-,-;