

MY BLUE HEAVEN

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Music & Rhythm: CD: *Only You* by Harry Connick Jr, track #4 "My Blue Heaven," available as single download on Amazon.com (3:15) Amer Rumba (SQQ) Phase VI
Footwork: Opposite unless indicated (W's footwork in parentheses)
Timing: SQQ unless noted
Sequence: Intro A B C Inter-1 B C(1-9) Inter-2 C(10-16) End

INTRODUCTION

- 1-8** Wait in OP Facing Position R-to-R Handshake fcg WALL;; Side Inplace Basic; Hand-to-Hand w/Face Loop 2x;; Hand-to-Hand; Spiral & Aida; Switch Rock;
- 1-2 Wait 2 meas in OP fcg pos hndshk L arms ext to sd fcg WALL;
- 3 **[Side Inplace Basic]** Sd L, -, clo R, inplace L;
- 4-5 **[Hand-to-Hand w/Face Loop 2x]** Sd R raise jnd R hnds, -, XLIB of R trng ¼ LF placing jnd hnds over W's head & rel R hndhold, replace wgt to R take L-to-L hndhold; Sd L trng ¼ RF raise jnd L hnds, -, XRIB of L trng ¼ RF placing jnd hnds over W's head & rel L hndhold, replace wgt to L;
- 6 **[Hand-to-Hand]** Sd R trng ¼ LF regain M's R to W's L hndhold, -, XLIB of R trng ¼ LF end OP-LOD, replace wgt to R;
- 7 **[Spiral & Aida]** Sd L trng ¼ RF jng M's L & W's R hnds raise lead hnds comm to lead W into a LF spiral trn (W spiral trns LF on ball of R ft w/L leg loosely crossed), -, Bk R trng ¼ RF (W fwd L comm to trn LF), Bk L (W sd & slightly bk R trng 3/8 LF);
- 8 **[Switch Rock]** Bk R (Bk L trng 1/8 LF) end in L-OP bkg LOD, -, sd L switching to fc trng ¼ LF, Replace wgt to R end in OP fcg WALL;

PART A

- 1-8** W's Underarm Turn to R; Lariat 3; Wheel 6 Into;; Natural Top; Opening Outs R & L;; Open Break & Spiral to BFLY;
- 1 **[W's UAT to R]** Sd L fcg WALL in OP, -, Bk R trng bdy slightly RF raising lead hnds (W fwd & acrs L trng RF under jnd lead hnds), Replace wgt to L (W fwd R cont a RF trn under jnd hnds);
- 2-3 **[Lariat 3 & Wheel 6]** Clo R to L fcg WALL raising L hnd leading W to trn strongly RF w/a slight R sway & RF bdy trn (W fwd L to end fcg COH on M's R sd), -, (Cucuracha) Sd L circ L hnd CW over M's head (W fwd R comm to wlk bhd M's bk), Replace wgt to R w/a slight LF bdy trn (W fwd L to cont to wlk bhd M's bk); Clo L to R fcg WALL (W fwd R to M's L sd), -, Bk R (W fwd L comm to wlk IF of M), Bk L comm to trn LF under jnd hnds (W fwd R to cont to wlk IF of M);
- 4 **[Cont Wheel Into]** Bk R (W fwd L cont to wlk IF of M), -, Bk L (W fwd R cont w/kg), Bk R blend to CP/COH (W fwd L twds M blend to CP/WALL);
- 5 **[Natural Top]** Sd L trng ¼ RF to fc LOD in CP (W XRIF of L), -, XRIB of L trng RF (W sd L), Sd L fcg WALL (W XRIF of L);

- 6-7 **[Opening Out R & L]** Clo R to L finish Nat Top (W sd L), -, (Opening Out R) Sd L trng bdy slightly RF rel M's L & W's R hnds (W bk R trn ¼ RF to end at a 90 degree angle to M), Replace wgt to R trng bdy slightly LF (W replace wgt to L); Clo L to R regain hold w/M's L hnd beh W's bk (W comm fwd R end sd to fc M in mod cuddle), -, (Opening Out L) Sd R trng bdy slightly LF & rel R hnd(W bk L trn ¼ LF to end at a 90 degree angle to M), Replace wgt to L trng bdy slightly RF (W replace wgt to R);
- 8 **[Open Break & Spiral to BFLY]** Clo R to L regain hold w/M's R hnd beh W's bk (W comm fwd L end sd to fc M in mod cuddle), -, (Open Break) Bk L trng ¼ RF to fc RLOD in OP, Replace wgt to R comm to trn RF raising jnd hnds (W replace wgt to L);
- 9-12 Crabwalk 3; Unwind; Crabwalk 3; Unwind;**
- 9 **[Crabwalk 3]** (Spiral) Sd L comp ¼ RF trn to fc COH in BFLY spiraling W under jnd hands (W fwd R trng 3/4 LF to spiral to fc M in BFLY), -, (Crabwalk) Sd R in BFLY fcg COH, XLIF of R;
- 10 **[Unwind]** Sd R, -, XLIF of R (W fwd R comm to wlk arnd M), Unwind RF on both ft (W fwd L cont RF trn arnd M);
- 11 **[Crabwalk 3]** Cont to unwind trng ½ RF to fc WALL w/wgt still on L end in BFLY/WALL (W fwd R w/a slight ronde w/L ft comp the ½ RF trn to fc COH), -, (Crabwalk) XRIF of L, Sd L in BFLY/WALL;
- 12 **[Unwind]** XRIF of L (W fwd L comm to wlk arnd M), -, Unwind LF on both ft (W fwd R cont Lf trn arnd M), Cont to unwind trng ¼ LF to fc LOD w/wgt still on R blending to CP/LOD (W fwd L w/a slight ronde w/R ft comp ¼ LF trn to bk LOD);

PART B

- 1-8 Turning Box w/W's Underarm Turn & M's Underarm;;; Progressive Walk in L-OP; Swivel to Fenceline: Rev Underarm Turn to Wrap/LOD; Progressive Walks in Wrap; Unwrap to BFLY;**
- 1-3 **[Trng Box w/W's UAT & M's UAT]** Fwd L, -, Sd R, Clo L to R; Bk R comm to trn LF raising jnd hnds (W fwd L prep to wlk under raised hnds), -, Sd L comp ¼ LF trn to fc COH leading W under jnd hnds rel M's R from W's bk (W fwd R comm RF trn), Clo R to L circl jnd hnds CCW leading W under jnd hnds (W fwd L cont RF trn in circ under jnd hnds); Chk fwd L cont leading W in circ arnd M, -, Replace wgt bk to R cont leading W in circ arnd M; Replace wgt fwd to L cont leading W in circ arnd M;
- 4 **[Progressive Walks in L-OP]** Sd R trng ¼ LF under jnd raised hnds endi in L-OP/RLOD, -, (Progressive Walks) Fwd L, Fwd R;
- 5 **[Swivel to Fenceline]** Fwd L swiveling 3/8 LF to BFLY/SCP fcg DLW, -, (Fenceline)Lowering into L knee fwd & acrs R w/R knee flexed ext arms outward w/LF sway, Replace wgt to L to fc WALL in BFLY;
- 6 **[Rev UAT to Wrap/LOD]** Sd R trng 1/8 RF raising M's L & W's R hnds,-, (Rev UAT) Chkg fwd & acrs L leading W into a LF curl under raised hnd (W fwd & strong acrs R prep to trn LF), Replace wgt to R cont leading W to wrap (W curls LF on the R loosely XLIF of R end w/wgt on L);
- 7 **[Progressive Walks in Wrap]** Sd L trng 3/8 LF to fc LOD lowering the raised hnds & maintain hold w/both hnds to end in wrap fcg LOD (W fwd R in wrap), -,Fwd R, Fwd L;
- 8 **[Unwrap to BFLY/WALL]** Fwd R raising M's L & W's R arm comm a W's RF trn, -, Sd L fcg WALL leading W under raised hnds (W fwd R trng strongly RF under jnd hnds), Clo R to L comp the W's trn & lower jnd hnds to BFLY/WALL (W sd L cont RF trn to comp ¼ RF trn to fc M in BFLY);
- 9-16 W's Underarm to Hammerlock; Hammerlock Wheel; Unwrap the Hammerlock; New Yorker; Hip Rock 3; Spot Turn; Ronde & Vine 2; Thru Side Close;**
- 9 **[W's UAT to Hammerlock]** Sd L fcg WALL raising M's L & W's R arm comm W's RF trn (W sd R comm a strong RF trn), -,XRIB of L cont trng W under hnds while maintain hold w/both hnds (W fwd L cont RF trn), Sd L comp W's trn under hnds end in hammerlock fc WALL (W sd R comp 1 full trn RF under jnd raised hnds end in a hammerlock pos);

- 10 **[Hammerlock Wheel]** Fwd R in hammerlock pos comm RF trn, -, Fwd L cont RF trn, Fwd R comp ½ RF trn fcg COH in hammerlock;
- 11 **[Unwrap the Hammerlock]** Fwd L trng ¼ RF to fc LOD bring raised hnds thru betw the ptrs to comm W's LF unwrap trn (W fwd R trng LF comm to unwrap from hammerlock), -, Sd R trng ¼ to fc WALL cont leading W to trn LF (W sd L cont LF trn), Clo L to R fcg WALL lowering hnds end in BFLY/WALL (W sd R comp 1 full trn LF under jnd hnds end BFLY/COH);
- 12 **[New Yorker]** Sd R, -, (New Yorker) Chkg fwd & acrs L trng ¼ RF in L-OP/RL0D, Replace wgt to R;
- 13 **[Hip Rock 3]** Sd L trng ¼ LF to BFLY/WALL, -, (Hip Rock 3) Inplace rk on R, Inplace rk on L;
- 14 **[Spot Turn]** Inplace rk on R, -, (Spot Turn) Fwd & acrs L trn ¼ RF to fc L-OP/RL0D, Fwd R brushing to L rel hnds trng ½ RF to fc LOD;
- 15 **[Ronde & Vine 2]** Sd L ronde R CCW trng ¼ RF to fc WALL in BFLY, -, XRIB of L, Sd L;
- 16 **[Thru Face Close]** Fwd & acrs R in BFLY/SCP, -, Sd L, Clo R to L;

PART C

1-8 W's Underarm Turn to R; Adv Sliding Door Variation 2x;;; Turkish Towel;;;

- 1 **[W's UAT to R]** Sd L fcg WALL in OP, -, Bk R trng bdy slightly RF raising lead hnds (W fwd & acrs L trng RF under jnd lead hnds), Replace wgt to L (W fwd R cont a RF trn under jnd hnds);
- 2-5 **[Adv Sliding Door Variation 2x]** Clo R to L fcg WALL chg to R -o-R hndshk w/R hnds high (W fwd L to M's R sd fcg COH), -, (Sliding Door) Fwd L keeping R hnds high leading W to trn ½ RF (W bk R having trn ½ RF on the L to fc WALL), Replace wgt to R; XLIB of R (W fwd R trng ¼ LF to fc LOD), -, Sd R bdy trn LF (W bk L trng ½ RF on R under R hnds), Replace wgt to L bdy trn RF (W replace wgt to R); XRIF of L (W sd L trng ¼ RF to fc COH), -, Fwd L keeping R hnds high leading W to trn ½ RF (W bk R having trn ½ RF on L to fc WALL), Replace wgt to R; XLIB of R (W fwd R trng ¼ LF to fc LOD), sd R bdy trn LF (W bk L trng ½ RF on R under the R hnds), Replace wgt to L bdy trn RF (W replace wgt to R);
- 6-8 **[Turkish Towel]** Sd R trng ¼ LF to fc LOD w/W beh M's bk regaing hold w L-to-L all hnds held low (W sd L trng ½ RF end beh M's bk), -, (Turkish Towel) XLIB of R trng bdy LF to fc W (W XRIF of L trng bdy RF to fc M), Replace wgt to R trng RF (W replace wgt to L); Sd L fcg LOD, -, XRIB of L trng RF to fc W (W XLIF of R trng bdy LF to fc M), Replace wgt to L trng LF (W replace wgt to R); Sd R fcg LOD, -, XLIB of R trng to fc W (W XRIF of L trng bdy RF to fc M), Replace wgt to R trng RF (W replace wgt to L);

9-16 Underturned Whip; Shadow New Yorker to WALLr; W's Underarm Turn to R; Ballerina Wheel 6;; Mod Opening Out; W Spiral Exit; Fwd Rock 3;

- 9 **[Whip]** Sd L to fc LOD R-to-R hndhold w/W beh M on his R sd, -, (Whip) Bk R leading W fwd (W fwd L comm LF trn), Replace wgt to L leading W acrs IF of M down LOD (W fwd R cont LF trn IF of M);
- 10 **[Shdw New Yorker to WALL]** Sd R trng ¼ LF to fc LOD R-to-R hndhold (W sd L having trnd ¼ LF to end fcg RL0D, -, (Shdw New Yorker) Chkg fwd & acrs L trng ¼ RF in R-to-R hndhold fcg WALL, Replace wgt to R;
- 11 **[W's UAT to R]** Sd L fcg LOD in R-to-R hndhold, -, Bk R raising R hnds (W fwd & acrs L trng RF under jnd lead hnds), Replace wgt to L (W fwd R cont a RF trn under jnd hnds);
- 12-13 **[Ballerina Wheel 6]** Fwd R w/W to M's R sd & slightly IF fcg same direction LOD (W fwd L to M's R sd trng ½ RF having R hnds high & L hnds low R leg slightly bent at the knee & placed slightly off the floor IF of W), -, Fwd L circ RF (W rise slightly to ball of L), Fwd R cont circ (W remains on ball of L); Fwd L cont circ (W remains on ball of L), -, Fwd R cont circ (W remains on ball of L), Fwd L cont circ to fc LOD (W remains on ball of L);
- 14 **[Mod Opening Out]** Fwd R comp the Ballerina Wheel to end fcg LOD (W remains on ball of L), -, (Opening Out) Fwd L chkg (W lowers R leg & chks R bk), Replace wgt to R;

- 15 **[W Spiral Exit]** Clo L to R leading W to spiral LF trn (W fwd R in CBMP spiraling 1 trn LF to fc LOD, -, Bk R (W fwd L), Replace wgt to L (W fwd R end bk to fc M bkg LOD);
- 16 **[Fwd Rock 3]** Fwd R, -, Rk fwd L, Rk bk R end in CP/LOD;

INTERLUDE-1

1-6 ½ Box; Snap Underarm Turn; Reverse Underarm to L-OP; Open Circular Walks to CP;;;

- 1 **[1/2 Box]** Fwd L fc LOD in CP, -, Sd R, Clo L to R;
- 2 **[Snap UAT]** Bk R, -, Sd L raising jnd hnds leading W to a qk trn RF (W sd & fwd R strongly trng RF under jnd hnds), Replace wgt to R lowering jnd hnds & rel R hnd from W's bk (W bk L in slight sitline having trnd ¾ RF);
- 3 **[Reverse UAT to L-OP/RLOD]** XLIF of R leading W to chk bk on her R (W bk R chkg fcg WALL), -, Replace wgt to R raising jnd hnds (W fwd L comm LF trn), Sd & bk L trng RF cont W's trn under jnd hnds (W sd R trng ¼ LF)
- 4 **[Op Circ Walks to CP]** Sd R comp ½ trn RF to fc RLOD in L-OP (W sd L trng ½ LF), -, Bk L in L-OP wheel RF (W fwd R in L-OP wheel RF), Bk R; Bk L, -, Bk R, Bk L; Bk R to fc LOD, -, Clo L to R (W fwd R blending to fc M), Inplace R (W fwd L to CP/RLOD);

REPEAT PART B

REPEAT PART C (1-9)

INTERLUDE-2

1-3 New Yorker; 2 Slow Swivels; Quick Swivels;

- 1 **[New Yorker]** Repeat meas 10 of Part C end w/R hndshake fcg LOD;
- 2 **[2 Slow Swivels SS]** Sd R (W swivel 1/4 LF on R fwd L), -, Sd L (W swivels 3/8 RF on L fwd R), -;
- 3 **[Quick Swivels]** Sd R (W swivel 1/4 LF on R fwd L), -, Sd L (W swivels 3/8 RF on L fwd R), Sd R (W swivel 1/4 LF on R fwd L);

REPEAT PART C (10-16)

ENDING

1-8 ½ Box; Cross Body Lead; Shoulder-to-Shoulder; Twisty Vine 3 Chk'g; Slow Curl to Wrap; Progressive Walk 3; Hook & Unwind; Cuddle Oversway;

- 1 **[1/2 Box]** Fwd L fc LOD in CP, -, Sd R, Clo L to R;
- 2 **[Cross Body Lead]** Bk R trng LF (W fwd L), -, Sd L comp ¼ LF to fc COH in loose CP (W fwd R pass IF of M), Clo R to L (W fwd L);
- 3 **[Shoulder-to-Shoulder]** Fcg COH sd L to BJO trng 1/8 LF (W fwd R trn 3/8 LF), -, Fwd R chkg in BJO, Replace wgt to L;
- 4 **[Twisty Vine 3 Chk'g]** Sd R trng ¼ RF to SCAR, -, Fwd L in SCAR, Sd & bk R trng ¼ LF to BJO chk'g;
- 5 **[Slow Curl to Wrap SS]** Bk L raising jnd hnds(W fwd R in BJO), -, Pos held leading W to curl LF to fc RLOD (W trns ½ LF spiraling on R end to fc RLOD in wrap pos),-;
- 6 **[Progressive Walks 3]** Fwd R in Wrap/RLOD, -, Fwd L, Fwd R;
- 7 **[Hook & Unwind]** Fwd L, -, Fwd & acrs R hooking (W fwd L arnd the M), M unwinds (W fwd R unwinding M);
- 8 **[Cuddle Oversway]** M comp his unwind to fc WALL (W fwd L unwinding M), -, Sd L putting both hnds arnd W's bk (W fwd R to fc M rel hold w/hnds & raising hnds above head), Position held sway R;