

MY HEART BELONGS TO ONLY YOU

Music: Bobby Vinton
Cd: The Best of Bobby Vinton
www.amazon.com.au/Best-Bobby-Vinton/dp/B0002ABT76
Track # 6 Time 2:42 Slow down w/ -5% to Time 2:51
Available from choreographer

Rhythm: **Slow Two Step Phase : V+U(Cont Trav R Turns+Forearm Spin+ Patty Cake)**

Footwork: **Opposite except where (Noted)**

Release Date: Mars 22
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
E-mail: jos.dierickx@telenet.be
Sequence: **INTRO ABC BB(1-13) END**



INTRO

01-04 LOOSE CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} Loose CP Wall ld ft free wt 4 meas ; ; ; ;

05-08 STROLLING VINE w/ HESITATION & INSIDE ROLL ; ; STROLLING VINE w/ HESITATION & OUTSIDE ROLL ; ;

{Strolling Vine w/ Hesitation & Insd Roll} [SS&; SQQ] Sd L, -, XRib, swiv 1/8 LF on R (W sd R, -, XLif, swiv 1/8 LF on L) ;

XLif trng LF raisg ld hnds, -, fwd R, XLif to fc COH (W fwd R across LOD trng LF, -, roll LF under ld hnds L, R to fc ptr) ;

{Strolling Vine w/ Hesitation & Outsd Roll} [SS&; SQQ] Sd R, -, XLib, swiv 1/8 RF on L (W sd L, -, XRif, swiv 1/8 RF on R) ;

Sd & fwd R trng RF raisg ld hnds, -, fwd L, XRif to fc WALL (W fwd L across LOD trng RF, -, roll RF under ld hnds R, L to fc ptr) ;

PART A

01-04 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FORWARD FACE CLOSE ;

{Continuous Traveling Right Trns} Foldg RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end in BJO M fcg DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot 1/2 RF, fwd R cont RF pivot (W bk L trng RF to square w/ ptr, -, fwd R pivot 1/2 RF, bk L cont RF pivot) to end app CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end in BJO M fcg DLW ; {Fwd Fc Cl} Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (W bk L LOD, -, trng RF sd R, cl L) to Low Bfly WALL ;

05-08 LUNGE BASIC w/ ARMS TWICE ; ; UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE PARTNER ;

{Lunge Basic w/ Arms x 2} Sd L lower into knee & xtndg ld arm to sd, -, rec R, XLif (W XRif) ; Sd R lower into knee & xtndg trl arm to sd, -, rec L, XRif (W XLif) to BFLY WALL ; {Underarm Trn to Stacked Hnds} Sd L, -, XRib lead ptr under dbl hnd hold, rec fwd L stacked lft over rt hnds fc Wall (W fwd R, -, fwd L RF trn under dbl hd hold, fwd R to stacked hnds lft over rt fc COH) ; {OP Break to Fc Ptr} Sd R, -, apt L, rec R to rt sd of W ;

09-12 CHANGE SIDES/W UNDERARM ; HORSESHOE TURN ; ; BASIC ENDING to Pickg Up ;

{Change Sides/W Underarm} Fwd L to Wall chg sds trng RF lead W trn under stacked hds, -, sd R, XLif (W fwd R to COH chg sds LF trn under stacked hnds, -, sd L, XRif fc Wall) to BFLY COH ; {Horseshoe Trn} Relg trl hnds Sd & fwd R to L-OP LOD, -, cont trn thru L to V pos LOD, XRib (W XLib) to V pos & raise ld hnds ; Circ LF 1/2 to fc ptr & WALL fwd L, -, R, L (W circ tightly RF 1/2 undr jnd hnds fwd R, -, L, R to fc ptr & COH) to BFLY WALL ; {Basic Ending to Pickg Up} Sd R, -, XLib, rec R (W sd L, -, XRib, fwd L trng LF to fold ifo M) to low BFLY WALL & Pickg Up ;

13-16 4 TRAVELING CROSS CHASSE to WALL ; ; ; ;

{Traveling Cross Chasse x 4 to WALL} Trng sltly LF fwd L to DLC, -, w/ rt shldr ld sd & fwd R twd DLW, cl L ; Trng RF fwd R twd DLW, -, w/ lft shldr ld sd & fwd L twd DLC, cl R ; Repeat meas 13 Part A ; Trng RF fwd R twd DLW, -, contg to trn RF sd & fwd L twd WALL, cl R to BFLY WALL ;

PART B

01-04 UNDERARM TURN ; OP BREAK to rt Hndshk ; TRADE PLACES TWICE ; ;

{Underarm Trn} In BFLY Sd L raise ld hnds palm to palm, - XRib, rec L (W sd R comm RF trn under ld hnds, -, XLif cont trn to fc RLOD, rec R to fc) ; {OP Break to rt hndshk} Sd R, -, rk bk L, rec R (W sd L, -, rk bk R, rec L) to rt hndshk WALL ;

{Trade Places x 2} Fwd L trng RF 1/2 passg on R of W chg to lft hndshk, -, bk R, rec L (W fwd R trng RF 1/2 passg on R of M chg to lft hndshk, -, bk L, rec R) ; Fwd R trng LF 1/2 passg on L of W chg to rt hndshk, - bk L, rec R (W fwd L trng LF 1/2 passg on L of M chg to rt hndshk, -, bk R, rec L) to rt Hndshk WALL ;

05-08 SHADOW BREAK 3 TIMES ; ; ; REVERSE UNDERARM TURN ;

{Shadow Break x 3} [In rt hndshk] Sd L, -, trn ¼ RF rk bk R to RLOD, rec fwd L (W sd R, -, trn ¼ LF rk bk L, rec fwd R); Trn ¼ LF to fc ptr sd R, -, trn ¼ LF rk bk L, rec fwd R (W trn ¼ RF to fc ptr sd L, -, trn ¼ RF rk bk R, rec fwd L comm LF trn); Repeat meas 5 Part B to BFLY WALL; {Reverse Underarm Trn} Relg trl hnds sd R raisg jnd ld hnds palm-to palm, -, XLif, rec R (W sd L comm LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn) to BFLY WALL;

09-12 FOREARM SPIN to rt Hndshk ; HALF MOON ; M UNDERARM TURN ;

{Forearm Spin to rt Hndshk} Fwd L catchg her R forearm w/ palm of rt hnd push against her arm leadg her RF spin, -, fwd R trng LF, rec L to fc ptr & Coh (W fwd R comm RF spin 1 ½, -, L cont spin RF, R cont spin RF to fc ptr & Wall) to rt hndshk COH; {Half Moon} [in rt Hndshk] Sd R, -, XLif W XRif) to fc LOD in MOD SHAD, rec R to fc; Sd L, -, slip bk R trng LF, sd & fwd L (W sd R, -, fwd L trng LF, fwd & sd R contg LF trn to fc M) to BFLY WALL; {M Underarm Trn} Sd R comm RF trn under jnd trl hnds, -, XLif cont RF trn ½, rec R compg full trn (W sd L raisg jnd trl hnds palm-to-palm, -, XRif, rec L) to BFLY WALL;

13-16 LEFT TRN/W INSIDE ROLL ; BASIC ENDING to Manvrg ; RIGHT TURN/W OUTSIDE ROLL ; BASIC ENDING ;

{Left Trn /W Insd Roll} [Relsg trl hnds] Fwd L com LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to Bfly COH; {Basic End to Manvrg} Repeat meas 12 Part A to BFLY COH & manvrg; {Right Trn/W Outsds Roll} Sd & bk L Xg ifo W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY WALL; {Basic End} Repeat meas 12 Part A to Pickg Up [2^{de} Time: to BFLY WALL];

PART C

01-04 TRIPLE TRAVELER ; ; ; BASIC ENDING/W WRAP to RLOD ;

{Triple Traveler} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOP LOD; Fwd R spiral LF undr jnd hnds, -, fwd L, R (W fwd L, -, fwd R, L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R comm roll RF under jnd ld hnds, -, bk L cont roll, fwd R comp roll to fc ptr); {Basic Ending/ W Wrap to RLOD} [keepg both hnds jnd] Sd R, -, ld W to trn under ld hnds press L ft in bk of R, rec R to fc RLOD (W sd L, -, fwd & across R trng LF under jnd ld hnds, cont LF trn sd & fwd L to fc LOD) end in Wrap Pos fcg RLOD;

05-08 SWEETHEART RUN TWICE to FACE PARTNER & COH ; ; ; PATTY CAKE TWICE to Pickg Up to RLOD ; ;

{Sweetheart Run x 2 to Fc} Still Wrapped pos RLOD Fwd L, -, R, L; Fwd R, -, L, fwd & sd R trng LF (W RF) to BFLY COH; {Patty Cake x 2 to Pickg Up RLOD} [jng lft palms] Sd L, -, trng ¼ RF rk bk R xtnd trl arm to sd, rec L trng ¼ LF to fcg ptr (W [jng lft palms] sd R, -, trng RF rk fwd L xtnd ld arm to sd, rec R trng ¼ LF) to BFLY COH; [jng rt palms] Sd R jng rt palms, -, trng LF rk bk L, rec R to fc (W sd L jng rt palms, -, trng LF fc rk fwd R, rec L to fc) to BFLY COH & Pickg Up to RLOD;

09-12 TRIPLE TRAVELER ; ; ; OP BASIC ENDING ;

{Triple Traveler} to RLOD Repeat meas 1,2,3 Part C; ; ; {OP Basic End} Sd R trng to ½ OP LOD, -, XLif (W XRif), rec R startg to fold ifo W;

13-16 THE SQUARE ; ; ; ;

{The Square} Like a switch M fwd L Xg ifo W & swvl RF ¾ fc COH, -, fwd R, fwd L (W sm fwd R & trn LF ¼ fc COH, -, fwd L, fwd R); M sm fwd R trn LF ¼ fc RLOD, -, fwd L, fwd R (W fwd L Xg ifo M & swvl RF ¾ fc RLOD, -, fwd R, fwd L); M fwd L Xg ifo W & swvl RF ¾ fc WALL, -, fwd R, fwd L (W sm fwd R & trn LF ¼ fc WALL, -, fwd L, fwd R); M sm fwd R & trn LF ¼ fc LOD, -, fwd L, fwd R (W fwd L Xg ifo M & swvl RF ¾ fc LOD, -, fwd R, fwd L) trn to ½ OP LOD;

ENDING

01-04 SIDE & CHECK to SCAR /W DEVELOPE ; HOLD 1 MEASURE ; BACK to FACE & VINE 2 ; WHIP to WALL ;

{Sd & Check to SCAR/W Develope} [SS] Sd R, -, XLif trng RF to DRW, - (W sd L, -, XRif trng to DLC, bring L ft up R leg to insd of R knee, extend L ft fwd); {Hold} 1 meas; {Bk to Fc & Vine 2} Bk R swiv to fc ptr, -, sd L, XRif (W XLif); {Whip to Wall} Fwd L swiv to fc, -, bk R trn LF ¼, rec L cont LF trn (W fwd R swiv to F c& pt L to sd, fwd L comm LF trn, cont LF trn bk R) to BFLY WALL;

05-07 FENCE LINE w/ ARMSWEEP ; AIDA PREPARATION ; AIDA LINE & EXTEND ARMS ;

{Fence Line w/ Armsweep} Sd R body rise, -, XLif (W XRif) bent knee ld arm circle CW (W CCW) ifo body, rec bk R to BFLY WALL; {Aida Preparation} Sd & fwd L trng LF to ½ OP LOD, -, thru R, trng RF sd L fc ptr; {Aida Line & Extend Arms} [S] Contg to trn RF & contg arm circle bk R in Aida Line w/ bdy rise & trl arms xtnd Up & Out;