

MY HEART CRIES FOR YOU

Music: Anita Bryant
www.amazon.com/ Cd Kisses Sweeter Than Wine
Track # 2 Time 2:49
Slow Down w/ -7% Available from choreographer

Rhythm: Waltz Phase: III+1U (Interrupted Box)

Footwork: Opposite except where (Noted)

Release Date: Dec 16

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Sequence: INTRO AB AB AA END



INTRO

01-02 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} BFLY POS WALL ld ft free wt 2 meas ; ;

PART A

01-04 WALTZ AWAY ; CALIFORNIA TWIRL ; BACK UP WALTZ ; SIDE to FACE & DRAW ;

{Waltz Away} [Relsng lead hands] Sd & Fwd L trng LF to LOD, R, L ; {California Twirl} Raisg jnd trail hds fwd R, L, R curvg RF if of W (*W curvg LF undr Jnd hds*) to OP RLOD ; {Back Up Waltz } Bk L, R, L ; {Sd to Fc & Draw} [SS] Sd R trng to fc, draw L to BFLY COH, - ;

05-08 TWISTY BALANCE L & R ; ; TWISTY VINE SIX in BFLY ; ;

{Twisty Balance L & R} Sd L, XRib (*W XLif*) trng 1/8 RF, rec L to WALL ; Sd R, XLib (*W XRif*) trng 1/8 LF, rec R to BFLY COH ; {Twisty Vine 6 in BFLY} In BFLY Sd L, XRib (*W XLif*) trng 1/8 RF to SCAR DRW, sd L to fc ; XRif (*W XLib*) trng to BJO DLW, sd L to fc, cl R ;

09-12 TO RLOD WALTZ AWAY ; CALIFORNIA TWIRL ; BACK UP WALTZ ; SIDE to FACE & DRAW ;

{To RLOD Waltz Away} [Repeat meas 1 Part A to OP RLOD ; {California Twirl} Repeat meas 2 Part A to OP LOD ; {Back Up Waltz} Repeat meas 3 Part A ; {Sd to Fc & Draw} Repeat meas 4 Part A to BFLY WALL ;

13-16 INTERRUPTED BFLY BOX ; ; ; ;

{Interrupted BFLY Box} [In BFLY] Fwd L, sd R, cl L ; Raisg jnd ld hnds bk R, sd L, cl R (*W undr raised arms circ RF 1/2 L, R, L*) ; Fwd L, sd R, cl L (*W cont circg R, L, R*) to BFLY WALL ; Bk R, sd L, cl R to BFLY WALL ;

PART B

01-04 TWIRL VINE ; PICK UP SIDE CLOSE ; 2 LEFT TURNS ; ;

{Twirl Vine} Sd L, XRib, sd L (*W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R*) to SCP LOD ; {Pick Up Sd Cl} Sm fwd R, sm sd L, cl R (*W fwd L trng LF, fwd & sd R contg LF trn in front of M, cl L*) to CP DLC ; {2 Left Turns} Fwd L stg LF trn, sd R contg LF trn, cl L ; Contg LF trn bk R, sd L contg LF trn, cl R to CP WALL ;

05-08 HOVER ; THRU HOVER to BJO ; BACK HOVER to SCP ; PICK UP to SCAR ;

{Hover} Fwd L, fwd & sd R (*W bk & sd L & brush R*), rec L to SCP LOD ; {Thru Hover to BJO} Thru R, fwd L risg, rec R (*W thru L, fwd & sd R trng LF risg & brushg L, contg LF trn fwd L*) to BJO LOD ; {Bk Hover to SCP} Bk L, sd & bk R risg, rec L (*W fwd R, sd & fwd L w/ slight rise, rec R*) to SCP LOD ; {Pick Up to SCAR} Repeat meas 2 Part B to SCAR DLW ;

09-12 3 PROGRESSIVE TWINKLES ; ; ; FORWARD FACE CLOSE ;

{3 Prog Twinkle to BJO} XLif & slightly fwd, sd R & slightly fwd, cl L blending to BJO (*W XRib & slightly bk, sd L & slightly bk, cl R blending to BJO*) ; {Prog Twinkle to SCAR} XRif & slightly fwd, sd L & slightly fwd, cl R blending to SCAR (*W XLib & slightly bk, sd R & slightly bk, cl L blending to SCAR*) ; {Prog Twinkle to BJO} Repeat meas 9 Part B ; {Fwd Fc Cl} XRif & slightly fwd, sd L & slightly fwd trng RF to fcg WALL, cl R ;

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13-16 WHISK ; MANEUVER ; OVERSPIN TURN ; BOX FINISH to DLW ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft, XLib (*W XRib*) cont to full rise to ball of ft to SCP DLW ;

{Maneuver} Fwd R trng RF, sd L in front of W, cl R (*W fwd L, fwd R, cl L*) to CP RLOD ; **{Over Spin Turn}** Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (*W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R*) to CP DRW ; **{Box Finish to DLW}** Bk R, sd & bk L trng 1/4 LF, cl R to BFLY DLW ;

ENDING

01-06 WALTZ AWAY & TOGETHER ; ; [On the word " TO" DIP BACK & [On the word " MY"] RECOVER ;

TWISTY VINE SIX ; ; DIP BACK & HOLD ;

{Waltz Away & Together} Repeat meas 1 Part A ; Fwd R, fwd & sd L, cl R to CP WALL ; **{ Dip Bk & Rec}** [On the word "TO"] [SS] Bk L w/ flexed knee, -, [On the word "MY"] rec R to CP WALL ; **{Twisty Vine 6}** In CP Sd L, XLib (*W XLif*) trng 1/8 RF to SCAR DRW, sd L to fc ; XRif (*W XLib*) trng to BJO DLW, sd L to fc, cl R ; **{Dip Bk & Hold}** [S] Bk L w/ flexed knee, -, -;