

MY LADY IN RED

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MUSIC: “Lady In Red” by Chris de Burgh avail A & M Record, or download
from iTunes, Rhapsody, and other sites. CD “Into The Light”
FOOTWORK: opposite unless indicated.
SPEED: adjust for comfort. (increased by 8% on CD or download, increase to
48 rpm on record)
RHYTHM: BOLERO RAL PHASE V + 1 [[Turkish towel](#)]
SEQUENCE: INTRO A B INTER A B INTER A(1-8) END Corrected 10/09

INTRO

- 1-6 WAIT;; HIP RKS; RONDE TO SYNCO INSIDE U/A TRN; NYR; X BDY;
1-2 CP WALL lead ft free wait;;
3 [HIP RKS); Rk sd L,-, rk sd R, rk sd L,-;
4 [RONDE TO SYNCO INSIDE U/A TRN] sd R ronde L ft CCW ,-, sd
& bk L/sd R leading W to trn LF under jnd lead hnds, XLIF (W sd L
ronde R ft CW,-, sd & bk R/sd L trng LF under jnd lead hnds, cont LF
trn sd R) end fcg ptr WALL;
5 [NYR] Lead hnds jnd sd R,-, fwd L with straight leg Xing LIF of R
(RIF of L) twd RLOD with sl bdy trn, rec R to fc ptr;
6 [X BDY] sd & bk L trng LF lead W to XIF of M,-, bk R w/slipping
action cont LF trn, fwd L to fc ptr COH jn R/R hnds (W sd & fwd R,-,
fwd L XIF of M trng LF, small sd R) end fcg ptr COH jn R/R hnds;

PART A

- 1-4 HALF MOON;; START HALF MOON; U/A TRN TO TURKISH
TOWEL BOTH FC LOD;
1-2 [HALF MOON] With R/R hnds jnd sd R comm RF trn,-, cont RF trn
slip fwd L, rec bk R to fc ptr (W sd L comm LF trn ,-, cont LF trn slip
fwd R, rec bk L trng to fc ptr); cont R/R hnd hold sd & fwd L trng 1/4
LF,-, slip bk R leading W to XIF of M, fwd L cont trn 1/4 to fc ptr
COH(W sd & fwd R trng 1/4 RF,-, slip fwd L IF of M trng LF 1/2, bk
R cont LF trn to fc ptr WALL);
3 [START HALF MOON] With R/R hnds jnd REPEAT MEAS 1 of
PART A facing COH & end fcg WALL keep handshake;
4 [U/A TRN TO TURKISH TOWEL BOTH FC LOD] sd L,-, XRIB of L
lead W trn RF under jnd R hnds, rec L trng 1/4 LF to fc LOD (W sd
R,-, XLIF of R comm RF trn under jnd R hnds, fwd R cont RF trn
to fc LOD bhd M) join both hnds in low varsuv W bhd M both fcg
LOD;
5-8 FINISH TURKISH TOWEL;; M TRN TO FC (HIP RKS); HIP LIFT;
5 Sd R,-, bk L, rec R (W sd L,-, fwd R, rec L);
6 Sd L,-, bk R, rec L (W sd R,-, fwd L, rec R);
7 [M TRN TO FC (HIP RKS)] release hnd hold fwd R trng LF 1/2, -,
rec fwd L, cl R (W rk sd L,-, rk sd R, rk sd L);
8 [HIP LIFT] sd L draw R to L,-, with ball of R ft touching floor
straighten R knee, bend R knee;

PART A (CONT)

- 9-12 OP BRK TO; FULL NATURAL TOP;;;
9 [OP BRK] With lead hnds jnd sd & fwd R with bdy rise,-, bk L lowering, fwd R blending to CP;
10-12 [FULL NATL TOP] In CP fcg RLOD comm RF trn sd & bk L,-, XRIB of L, sd L; cont RF trn XRIB of L,-, sd L, XRIB of L; cont RF trn sd L,-, XRIB of L, sd L (W fwd R stepping betw M's ft,-, sd L, XRIF of L; sd L,-, XRIF of L, sd L; XRIF of L,-, sd L, cl R) end fcg ptr COH;

PART B

- 1-4 NYR; RIFF TRN; U/A TRN; PREPARE AIDA;
1 [NYR] Fcg COH REPEAT MEAS 5 INTRO;
2 [RIFF TRN] sd L raising lead hnds to lead the W to spin RF undr jnd hnds, cl R to L, sd L keep lead hnds up, cl R to L (W sd & fwd R comm RF spin one full trn undr jnd hnds, cl L to R completing spin, fwd R comm RF spin one full trn undr jnd hnds, cl L to R completing second spin) end fcg ptr COH;
3 [U/A TRN] lead hnds jnd sd L,-, bk R lead W to trn RF undr jnd lead hnds, rec L (W sd & fwd R,-, fwd L trng 1/2 RF undr jnd lead hnds, cont RF trn rec fwd L to fc ptr);
4 [PREPARE AIDA] sd R,-, thru L, sd R comm LF trn;
5-8 AIDA LINE & SWITCH LUNGE; SPOT TRN; HORSESHOE TRN;;
5 [AIDA LINE & SWITCH LUNGE] bk L to "V" bk to bk pos,-, sd R trng to fc ptr COH with lunging action,-;
6 [SPOT TRN] rec sd L,-, XRIF of L trng 1/2 LF, cont LF trn fwd L to fc ptr COH jn lead hnds;
7 [HORSESHOE TRN] sd & fwd R w/R sd stretch to "V" pos,-, thru L twd LOD w/cking action, rec R raising lead hnds;
8 Fwd L comm LF trn,-, fwd R start circle wlk L, fwd R cont trng L to fc ptr WALL (W fwd R,-, fwd L for tight RF trn undr jnd hnds, cont RF trn to fc ptr);
9-14 OP BRK; CKD R PASS; NYR; U/A TRN; CUDDLE TWICE;;
9 [OP BRK] REPEAT MEAS 9 PART A;
10 [CK'D R PASS] sd & fwd L raise jnd lead hnds comm RF trn plc R hnd on W's R hip,-, cont RF trn sd & fwd R circling bhd W, sd & fwd L cont arnd W to fc ptr WALL (W fwd R on M's R sd shaping to ptr,-, fwd L under jnd lead hnds Xing LIF of R with checking action, bk R) end fcg ptr WALL;
11 [NYR] REPEAT MEAS 5 INTRO;
12 [U/A TRN] REPEAT MEAS 3 PART B fcg WALL blend to CP;
13-14 [CUDDLES] release lead hnds in plc R leading W to open out,-, sd L, rec R (W w/L arm on M's R shldr sd L,- bk R swivel 1/4 LF on L ft, rec fwd L trng 1/4 RF to fc ptr); Lead hnd arnd W's upper bk cl L leading W to open out,-, sd R, rec L (W w/R arm on M's L shldr sd R,-, bk L swiveling 1/4 RF on R ft, rec fwd R trng 1/4 LF to fc ptr);

INTERLUDE

- 1-4_ 2 SLO HIP RKS; RONDE TO SYNCO INSIDE U/A TRN; NYR; X BDY;
- 1 [2 SLO HIP RKS] Fcg ptr WALL CP rk sd R,-, rk sd L,-;
 - 2 [RONDE TO SYNCO INSIDE U/A TRN] REPEAT MEAS 4 INTRO;
 - 3 [NYR] REPEAT MEAS 5 INTRO;
 - 4 [CROSS BDY] REPEAT MEAS 6 INTRO;
- REPEAT PART A
REPEAT PART B
REPEAT INTERLUDE
REPEAT PART A (1-8)
END
- 1-4 REV U/A TRN; X BDY FC WALL; PREPARE AIDA; AIDA LINE & SWITCH TO FC W/CARESS;
- 1 [REV U/A TRN] fcg ptr RLOD sd R,-, XLIF of R leading W trn LF under lead hnds, rec R (W sd L,-, fwd R trng 1/2 LF undr jnd lead hnds, fwd L cont LF trn to fc ptr);
 - 2 [X BDY FC WALL] fcg ptr RLOD sd & bk L trng LF lead W to XIF of M,-, bk R w/slipping action cont LF trn, fwd L to fc ptr WALL (W sd & fwd R,-, fwd L XIF of M trng LF, sm sd R to fc ptr COH);
 - 3 [PREPARE AIDA] REPEAT MEAS 4 PART B twd RLOD;
 - 4 [AIDA LINE & SWITCH TO FC W/CARESS bk L to "V" bk/bk pos,-, sd R trng to fc ptr, look at ptr (W caress M's fc);