

MY SHADOW AND ME

DANCE BY NANCY & DEWAYNE BALDWIN

APR- OCT 604 MAPLE ST P. O. BOX 516 SWEETSER, IN 46987 765-384-7270

NOV- MAR 1048 N ALAMO RD # 348 ALAMO, TX 78516 956-781-5459

E-MAIL weg4u@aol.com

AVAILABLE THRU PALOMINO RECORDS

RECORD BLUE STAR 2388

ARTIST HOUSTON STARS

FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45

RHYTHM TWO STEP PH II+1 (FISHTAIL)

DATE 5-05

SEQUENCE A B A B (1-14) END

INTRO

1-4 :: APT PT; TOG SCP;

Wait; Wait; Apt L,-, point R twd ptr,-; Fwd R,-, tch L SCP,-;

PART A

1-4 2 FWD TWO STEPS;; HITCH 6;;

SCP Fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R,-; Fwd L, cl R, bk L,-;
Bk R, cl L, fwd R,-;

5-8 CIRCLE AWAY 2 TWO STEPS;; STRUT TOG 4;;

Fwd L trn, cl R, fwd L,-; Fwd R, cl L, fwd R,-; Fwd L trn FC/PTR,
fwd R, fwd L, fwd R;

9-12 LTRN BOX;;;;

CP/WL Sd L, cl R, fwd L trn,-; Sd R, cl L, bk R trn,-; Sd L, cl R, fwd L trn,-;
Sd R, cl L, bk R trn,-;

13-16 SCIS SCAR; SCIS BJO; FISHTAIL; WLK 2;

Sd L, cl R, XLIF SCAR,-; Sd R, cl L, XRIF BJO,-; XLIB, sd R, fwd L,
lk R; Fwd L,-, fwd R,-;

PART B

1-4 VINE 3; WRAP; UNWRAP; CHN SIDES;

BFLY Sd L, XRIB, sd L,-; Sd R, XLIB, sd R,-; Stp L,R,L,-; Fwd R trn,
cl L, fwd R FC/COH,-;

5-8 CIRCLE AWAY & TOG;; LIMP 4; WLK 2;

Fwd L trn, cl R, fwd L,-; Fwd R trn, cl L, fwd R BFLY,-; Sd L, XRIB,
sd L, XRIB; Fwd L,-, fwd R,-;

9-12 VINE 3; WRAP; UNWRAP; CHN SIDES;

REPEAT 1-4 PART B CP/WL;;;;

13-16 BOX;; SCOOT 4; WLK 2;

Sd L, cl R, fwd L,-; Sd R, cl L, bk R,-; SCP Fwd L, cl R, fwd L, cl R;
Fwd L,-, fwd R,-;

END

1-2 TWL/VINE 2; STEP APT;

Sd L,-, XRIB,-; Apt L, point R twd ptr;

