



InSync Dancers

My Confession

Choreographer: Peter & Chama Gomez Berthoud, CO 80513 **Date:** 12/01/2009 v.1
Web Site: <http://www.InSyncBallroom.org> **E-mail:** Peter@InSyncBallroom.org
Record/CD: "Closer" **Track:** 2 **Artist:** Josh Groban **Time:** 4:56 **Speed:** 45
Footwork: Opposite unless noted (Woman's footwork in parenthesis)
Rhythm: Rumba Roundalab Phase 5+1 (Circular Hip Twist)
Sequence: Prelude – AB – AB – Interlude – B – Bridge – D – Ending

Meas

1-8 **WAIT;; M WLK 4;; CUCA 4X;;;**

- 1-2 Wait 2 meas. 6 feet apt M fcg wall looking at W & W looking down & R;;
 3-8 Fwd L, -, fwd R, -; Fwd L, -, fwd R, -; **[Cuca 4x]** Caress W's face & stp sd L on inside edge of foot, rec R, cl L, -; Cont caresses & stp sd R, rec L, cl R, -; Repeat meas. 1 & 2;;

Prelude

Part A

1-8 **BASIC;; REV UARM TRN; UARM TRN; CHASE TRN; CUCA 2X; M CHASE TRN;**

- 1-2 **[Basic]** Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;
 3 **[Rev Uarm Trn]** Cross L in frt of R, rec R, sd L (Cross R in frt L under lead hnds comm. LF trn ½, rec L cont trn, sd R), -;
 4 **[Uarm Trn]** Under jnd lead hnds trn slightly RF bk R, rec L trn to fc ptr, sd R (Cross L in frt of R under lead hnds comm. RF trn ½, rec R cont trn fc ptr, sd L), -;
 5 **[Chase Trn]** Fwd L comm. LF trn ½, rec R complete trn, fwd L (Bk R, rec L, fwd R), -;
 6-7 **[Cuca 2x]** Rk sd R, rec L, cl R, -; Rk L, rec R, cl L, -;
 8 **[Chase Trn]** Fwd R comm. LF trn ½, rec L complete trn, fwd R (Fwd L, rec R, bk L), -;

9-16 **OP HIP TWST to; FAN; ALEMANA from FAN;; X BODY into LUNGE BRK;;; SYNC HIP RKS;**

- 9 **[Op Hip Twst]** Chk fwd L, rec R, cl L (Bk R, rec L, fwd R twd M and swivel ¼ RF on R & tch L to R), -;
 10 **[Fan]** Bk R, rec L, cl R (Fwd L, trng LF stp sd & bk R, trng ¼ bk L), -;
 11-12 **[Alemana from Fan]** Fwd L, rec R, cl L (Cl R, fwd L, fwd R comm. RF swivel to fc ptr), -; Bk R, rec L, sd R (Cont trn fwd L outside ptr trn ½ RF, fwd R trn RF to fc ptr), -;
 13-15 **[X Body into Lunge Brk]** Fwd L, rec R, sd & bk L (Bk R, rec L, fwd R), -; Bk R cont trn, sm fwd L, sd & fwd R (Fwd L, fwd R trn ½ LF, sd & bk L), -; Comm RF upper bdy trn lower on R, ext L sd & bk, rise on R to lead W to CP (Bk R with contra chk action, -, rec L to CP), -;
 16 **[Sync Hip Rks – SQ&Q]** Rk L, -, rk R/rk L, rk R;

Part B

1-8 **HLF BAS to; FULL NAT TOP w/INSD TRN;;; CUDDLES 2X;; CLSD HIP TWST to; FAN;**

- 1 **[Hlf Bas to]** Fwd L, rec R, comm. sd L w/ RF trn, -;
 2-4 **[Full Nat Top w/ Insd Trn]** Cont RF trn XIB R, sd L, XIB R (Cont. RF trn sd L, XIF R, sd L), -; Sd L, XIB R, sd L to CP (XIF R commence LF inside trn, cont. trn sd L, XIF R to CP), -; XIB R, sd L, cl R to CP/WALL (Cont. RF trn sd L, XIF R, sd L to CP/COH), -;
 5-6 **[Cuddles 2x]** Sd L with RF upper bdy trn to lead W to open out, rec R with R arm tension to lead W to ret to fc, cl L (Swiveling up to ½ RF bk R with free arm out to sd open up to ½, rec L, trng LF fwd & sd R to CP with R arm on M L shldr), -; Repeat meas. 21 with trail foot;
 7 **[Clsd Hip Twst]** With slight L sd lead & R sd stretch to open W out rk sd & slightly fwd L, rec R with R sd lead to lead ldy to CP, cl L (With slight L sd stretch trn RF up to ½ bk R, rec L trng LF up to ½, sd R sm stp and swivel ¼ RF on R & touch L to R), -;
 8 **[Fan]** Bk R, rec L, cl R (Fwd L, trng LF stp sd & bk R, trng ¼ bk L), -;



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Part B cont.

9-16 HKYSTK w/ SPIRAL;; RUN 3; FWD RKS; FWD BAS to BFLY; BK BAS into LUNGE BRK;; SYNC HIP RKS;

- 9-10 **[Hkystk w/ Spiral]** Fwd L, rec R, cl L (Cl R, fwd L, fwd R), -; Bk R, rec L bring lead hnds dwn to W's R side, fwd R (Fwd L, fwd R spiral LF to fc RLOD/WALL bring lead hnds dwn to R side, fwd L), -;
- 11 **[Run 3]** Fwd L, fwd R, fwd L to RLOD/WALL (Fwd R, fwd L, fwd R to RLOD/WALL), -;
- 12 **[Fwd Rks]** Fwd R, rec L, fwd R to RLOD/WALL extend R hnd to catch W L hnd (Fwd L, rec R, fwd L to RLOD/WALL), -;
- 13 **[Fwd Bas to BFLY]** Fwd L, rec R, bk L (Fwd R trn LF ½, fwd L, fwd R), -;
- 14-15 **[Bk Bas into Lunge Brk]** Bk R, rec L, sd & fwd R, -; Comm RF upper bdy trn lower on R, ext L sd & bk, rise on R to CP (Bk R with contra chk action, -, rec L to CP), -;
- 16 **[Sync Hip Rks – SQ&Q]** Rk L, rk R/rk L, rk R;

Interlude

1-8 ALEMANA to TNDM – M TRANS; CUCA; CRAB WLKS;; FNCLINE; BK DEV; HKYSTK ENDG-M TRANS;

- 1-2 **[Alemana to Tndm – M Trans]** Fwd L, rec R, sd L leading lady to trn RF (Bk R, rec L, sd R), -; Bk R, rec L, tch R to L (Fwd L trn ½, rec R cont RF trn fc wall, cl L), -;
- 3-5 **[Cuca]** Sd R, rec L, cl R; **[Crab Walks]** progressing RLOD XIF L, sd R, XIF L, -; Sd R, XIF L, sd R, -;
- 6 **[Fncline]** X lunge L, rec R, sd L;
- 7 **[Bk Dev]** Bk R, pt L to floor, -, (Bk R, draw L ft along inside R leg, extend L ft fwd), -;
- 8 **[Hkystk Endg QQS – M Trans S-S-]** Fwd L, -, fwd R (fwd L, fwd R trn ½ LF, bk L), -;

Bridge

1-5 X BODY;; HIP RK 2 into; LUNGE BRK; SYNC HIP RKS;

- 1-2 **[X Body]** Fwd L, rec R, sd & bk L (Bk R, rec L, fwd R), -; Bk R cont trn, sm fwd L, sd & fwd R (Fwd L, fwd R trn ½ LF, sd & bk R), -;
- 3 **[Hip Rk 2 into]** Rk L, -, rec R, -;
- 4 **[Lunge Brk]** Sd & fwd R, w/ RF upper bdy trn lower on R & ext L sd & bk, rise on R to CP (Sd & bk L, bk R with contra chk action, rec L to CP), -;
- 5 **[Sync Hip Rks – SQ&Q]** Rk L, rk R/rk L, rk R;

Part D

1-8 ALEMANA to BFLY;; ALT BAS;; AIDA; SWITCH CROSS; CUCA; SPOT TRN;

- 1-2 **[Alemana to BFLY]** Fwd L, rec R, sd L leading lady to trn RF (Bk R, rec L, sd R), -; Bk R, rec L, sd R (Fwd L, cont RF trn fwd R to fc ptr, sd L), -;
- 3-4 **[Alt Bas]** Cl L, step in plc R, sd L, -; Cl R, step in plc L, sd R, -;
- 5 **[Aida]** Comm RF trn stp thru L trn LF ¼, sd R trn LF ¼, bk L, -;
- 6 **[Switch Cross]** Trng RF to fc ptr sd R chkg & bring join hnds thru, sd L, cross R, -;
- 7 **[Cuca]** Stp sd L on inside edge of foot, rec R, cl L, -;
- 8 **[Spot Trn]** Trn LF ¼ fwd R trn LF ½ to fc RLOD, rec L trn ¼ LF to fc ptr, sd R, -;



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Part D cont.

9-16 CIRC HIP TWST;;; LDY to FAN; HKYSTK into LUNGE BRK;;; SYNC HIP RKS:

- 9-11 **[Circ Hip Twist]** With slight L sd lead & R sd stretch to open W out rk sd & slightly fwd L, rec R with R sd lead to lead ldy to CP, cl L (With slight L sd stretch trn RF up to ½ bk R, rec L trng LF up to ½, sd R sm stp and swivel ¼ RF on R & touch L to R), -; Sd & bk R trn LF ¼ lead W to swvl RF, cl L to R trng & bkg LF lead W to swvl LF, sd & bk R trng LF lead W to swvl RF (swvl ½ RF fwd L, swvl ½ LF sd R, swvl ½ RF fwd L), -; Cl L to R trng LF lead W to swvl LF, sd & bk R trng LF lead W to swivel RF, cl L lead W to swivel LF (swvl ½ LF sd R, swvl ½ RF fwd L, swvl ½ LF sd R to fc), -;
- 12 **[Ldy to Fan]** Bk R, sml sd L to fc wall, cl R (Trn ¼ RF fwd L, fwd R trn ½ LF to fc RLOD, bk L), -;
- 13-15 **[Hkystk to Lunge Brk]** Fwd L, rec R, cl L (Cl R, fwd L, fwd R), -; Bk R, rec L, fwd R (Fwd L, fwd R spiral LF to fc RLOD/WALL, fwd L), -; Comm RF upper bdy trn lower on R, ext L sd & bk, rise on R to CP (Bk R with contra chk action, -, rec L to CP), -;
- 16 **[Sync Hip Rks – SQ&Q]** Rk L, rk R/rk L, rk R;

Ending

1-4 FLIRT;;; SWEETHEART; SWITCH;

- 1-2 **[Flirt]** Fwd L/rec R, sd L (Bk R, fwd L, fwd R trn LF to varsouvienne), -; Bk R, rec L, sd R (Bk L, rec R, sd L moving to left in front of M to left varsouvienne), -;
- 3 **[Sweetheart]** Ck fwd L with R side lead with contra chk action, rec R, sd L release R hnds, -;
- 4 **[Switch]** Strong stp R movement to look at ptr and gently place R hnd on W's L cheek, hold, - (Trng LF to fc ptr sd L chkg & bring join hnds thru, hold, -;