

NO LLORES MAS CORAZON

Music: DancePlus.com Casa Musica Vol 33 Cd Luna Do Brazil – Selena
Track # 17 Time 3:43 Available from Choreographer
Rhythm: Rumba **Phase:** IV+2 (Adv Hokey Stick + Cont Nat Top)
Footwork: Opposite , except where (Noted)
Release Date: Dec 2013
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Sequence:: INTRO AA B BRIDGE AB BRIDGE END



INTRO

01-04 CP WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; CUDDLE TWICE ; ;

{Wait} CP WALL Id ft free wait 2 meas ; ; {Cuddle x 2} Sd L, rec R, cl L placing L hnd on W's R shldr blade (W trng ½ RF bk R with R arm out to sd, rec L, fwd R trng ½ LF plcg R hnd on M's L shldr), -; Sd R, rec L, cl R placing R hnd on W's L shldr blade (W trng ½ LF bk L with L arm out to sd, rec R, fwd L trng ½ RF plcg L hnd on M's R shldr), -;

PART A

01-04 OP HIP TWIST to FCG FAN LOD ; ; OP HIP TWIST to FCG FAN COH ; ;

[Op Hip Twist to Fc Fan LOD] Fwd L, rec R, cl L lead W to swivel 1/4 RF (W bk R, rec L, fwd R/trn ¼ RF), -; Bk R, rec L trng LF to prtn, cl R (W fwd L, fwd R trng ½ LF, bk L leaving R extended fwd no weight,-) end FAN POS M fcg LOD ; [Op Hip Twist to Fc Fan COH] Repeat Meas 1 & 2 Part A ; - to FAN POS M fcg COH ;

05-06 ADVANCED HOKEY STICK / LADY SPIRAL ; ;

{Advanced Hockey Stick} [S,q,q/q,q,q,q] Fwd L, rec R trng ¼ RF, sd L (W bk R, rec L, fwd R, spiraling 7/8 LF), -; Bk R raisg Id hnds to form window, rec L trng RF 1/4, fwd R (W fwd L, fwd R & spiral 1/2 LF, bk L) to BFLY WALL, -;

07-10 NEW YORKER ; THRU SERPIENTE ; ; WHIP to COH ;

{New Yorker} Thru L & ¼ trng RF, [extending jnd arms in front] rec R & ¼ trng LF to fc, sd L (W Thru R & ¼ trng LF, rec L & trng ¼ RF to fc, sd R) ; {Thru Serpiente} Thru R, sd L, XRib, flair L CCW bhnd no wgt ; XLib, sd R, XLif, flair L CCW no wgt to BFLY WALL ; {Whip to COH} Bk R, rec L trn LF 1/2, sd R (W fwd L, fwd R trng LF 1/2, sd L) to COH & R-HNDSHK, -;

11-14 START CROSS BODY ; INTERRUPT w/ 2 SWIVELS ; FINISH CROSS BODY ; FENCE LINE in 4 ;

[2^{de} & 3^{the} TIME: R-HNDSHK]

{Start Cross Body} Fwd L, rec R trng LF 1/4 , sd L (W bk R, rec L, fwd R) to "L" shaped loose CP pos M fcg RLOD & W fcg WALL, - ; {Interrupt w/ 2 Swivels} [SS] Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (W fwd L swvl LF 1/2, -, fwd R swvl RF 1/2, -) still in "L" pos, -; {Finish Cross Body} Bk R, rec L trn LF 1/4, sd R (W fwd L, fwd R trng LF 1/2, sd L) to BFLY WALL, -; {Fence Line in 4} In BFLY thruout XLif (W XRif) bendg L knee, rec R to fc ptr, sd L, cl R to BFLY WALL ; [2^{de} & 3^{the} TIME: R-HNDSHK]

PART B

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W WITH INSIDE UNDER ARM TURN ; W OUT to FC PTR & COH ;

{Trade Places x 2} Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L) joining R hnds, -; {Trade Places/W Insd UA trn} Rk apt L, rec R comm to pass R shldrs while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH), -; {W Out to Fc} Trng bdy RF to fc COH stp fwd twd COH R,L,R closing up (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) joining Id hnds to CP COH, -;

05-08 AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; SPOT TURN & R-HNDSHK ;

{Aida to LOD} Xg ld hnds ovr trl hnds thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos fcg RLOD, -;
{Switch Rock} Sd & bk R trng RF to fc ptr, rk sd L, rec R to LOP-FCG COH, -; **{Reverse Underarm Trn}** Raisg jnd
ld hnds XLif, rec R, sd L (*W XRif trng LF ½ undr jnd ld hnds, rec L contg LF trn to fc ptr, sd R*) to BFLY COH, -;
{Spot Trn} XRif (*W XLif*) trng ½ LF, rec L cont trn to fc ptr, sd R to R-Hndshk COH, -;

09-12 TRADE PLACES TWICE ; ; TRADE PLACES/W WITH INSIDE UNDER ARM TURN ; W OUT to R-Hndshk WALL ;

{Trade Places x 2} Repeat meas 1,2 Part B ; ; **{Trade Places/W w/ insd Ua trn}** Repeat meas 3 Part B ; **{W
Out to R-Hndshk WALL}** Repeat meas 4 Part B to R-Hndshk WALL ;

13-16 FLIRT to VARSOUVIENNE ; ; SWEETHEART/ W TRN to FC PTR ; CUCARACHA to the RIGHT ;

{Flirt} R-Hndshk WALL fwd L, rec R, sd L leading W to trn LF,- (*W bk R, fwd L, fwd R trng ½ LF*) to VARS WALL ;
Bk R, rec L, sd R leading W to slide in front,- (*W bk L, rec R, sd L*) end in L-VARS WALL ; **{Sweetheart/W Trn to
Fc Ptr}** Fwd L, rec R, sd L (*W bk R, rec L, sd & fwd R swiveling RF ½ to fc ptr*) to BFLY WALL, -; **{Cucaracha
Right}** Sd R, rec L, cl R to CP WALL, -;

BRIDGE

01-04 1/2 BASIC to CONTINUOUS NATURAL TOP ; ; ; ;

{Basic 1/2 } Fwd L, rec R, sd & fwd L trng RF (*W bk R, rec L, fwd R trng RF*) to CP RLOD, -; **{Cont Nat Top}** XRib,
sd L trng RF, XRib (*W sd L, XRif, sd L*), -; Contg RF trn Sd L leadg W to spiral LF under lead hands, XRib, sd L (*W
fwd R spiral LF, sd L, XRif*) to CP, -; XRib, sd L trng RF lead W to spiral LF under lead hands, sd R (*W sd L, fwd R
spiral LF, sd L*) to CP WALL, -;

ENDING

01-04 CUDDLE TWICE ; ; ½ BASIC/ W WRAP in 4 ; SLOWLY to a SAME FOOT RIGHT LUNGE to CUDDLE ;

{Cuddle x 2} Repeat meas 3,4 Intro ; ; **{1/2 Basic /W Wrap in 4}** [S,q,q/qqqq] Fwd L, rec R, cl L (*W bk R, fwd L
trng ½ LF LF under ld hnds, sd R, cl L*) to WRAP POS WALL ; **{Slowly to a Same Ft R Lunge to Cuddle}** [For
Both] Lunge sd R with knee bend look LOD, w/Arm Sweep, to Cuddle & Hold ;

when it kills you, then you dance
when it hurts you, then you dance
when it burns you, then you dance
when you die, you still dance