

NOW IS THE HOUR

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Music ; Phil Coulter CD The Magic Of Track 5

Footwork; Opposite unless noted { W's in brackets }

Rhythm Waltz Phase 4+1(change of sway) Speed as on CD

Sequence Intro A B A B END

INTRODUCTION

1 - 4 WAIT ;; APART POINT ; PICKUP TOUCH TO CP LOD;

1-4 Open fcg ptrn diag line & wall, Wait ;; Apt L, point R (W bk R) ; Fwd R tch L (W fwd L trng LF in front of M) to CP LOD ;

PART A

1 - 4 DIAMOND TURN;;;:

1 -2 Fwd L start LF trn, sd R cont LF trn bk L CBJO DRC ; bk R cont LF trn sd L fwd R DRW;

3 -4 Still in BJO Fwd L trn LF to DLW sd R bk L ; Bk R cont LF trn, sd L fwd R to CP LOD ;

5 - 8 OPEN TELEMARK ; HOVER FALLAWAY ; SLIP PIVOT TO BJO ; MANEUVER :

5 -6 Fwd L, trn LF sd & fwd R fwd L to SCP(W bk R, bk L w/heel trn ,sd & fwd R) ; Fwd R,Fwd L w/rise, rec R ;

7 -8 Bk L, bk R trng LF, fwd L to BJO (Bk R , trng LF fwd L, bk R) ; Fwd R trng RF to fc RLOD, sd L, cl R,(W bk L trng RF, sd R, cl L) ;

9 -12 SPIN TURN ; BOX FINISH ; TWO LEFT TURNS (CP/WALL):::

9-10 in cl pos fcg RLOD bk L pvt 1/2 RF to fc LOD. fwd R twd LOD cont RF trn rising to ball of R ft, recover sd & bk L ;

Bk R trng LF, sd L, cl R to CP/ DLC

11-12 Fwd L, trn 1/4 LF , stp sd R cont LF trn, cl R ; Bk R trng LF, sd L cont LFtrn, cl R to CP fcg Wall ;

13 -16 WHISK ; FWD HOVER TO BJO ; BACK HOVER TO SEMI ; THRU FACE CLOSE

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13-14 Fwd L, Fwd & sd R w/rise , XLIB, (W XRIB); Fwd R, fwd L w/rise, rec R (W bkL, sd & bk rise BJO, rec L)

15-16 bk L, sd & bk R w/rise, rec L (W fwd R, sd & fwd L w/rise to semi, rec R); thru R, fc L, cl R ;

PART B

1 - 4 WHISK ; WING S/CAR; OPEN TELEMARK ; HOVER FALLAWAY ;

1 -2 Fwd L, Fwd & sd R w/rise , XLIB, (W XRIB); Fwd R, draw L twd R, tch L to R trng upper body LF w/L sd stretch,

(W Fwd L begin XIF of M trng slightly LF, fwd R around M cont slight LF trn, fwd L around M cont trn, fwd r) S/CAR ;

3 -4 Fwd L, trn LF sd & fwd R fwd L to SCP(W bk R, bk L w/heel trn ,sd & fwd R) ; Fwd R,Fwd L w/rise, rec R ;

5 - 8 SLIP PIVOT TO BJO ; CROSS PIVOT S/CAR ; TWINKLE TO BJO ; FWD & POINT ;

5-6 Bk L, bk R trng LF, fwd L to BJO (Bk R , trng LF fwd L, bk R) ; fwd R in front of W begin RF trn, sd L cont trn ,

fwd R s/car, (W bk L small stp comm RF trn, fwd R between M feet pivot 1/2 R fc, side & bk L s/car)

;

7 -8 fwd L, sd R trng LF, cl L BJO ; fwd R, point L RLOD, (W bk R point L) ;

9 -12 OPEN IMPETUS ; IN & OUT RUNS ;; MANEUVER ;

9 bk L trng RF , cl R heel turn cont RF trn , fwd L semi CP, (W fwd R trng RF outside M feet pivot RF 1/2, sd & fwd L

cont RFtrn around M brush R to L , fwd R) ;

10 -11 fwd R start RF trn, sd & bk wall & LOD L to CP, bk R to CBP, (W fwd L, fwd R between M feet, fwd L CBP) ;

bk L trng RF, sd & fwd R between W feet cont RF trn , fwd L to semi,
(W fwd R start trng RF, fwd & sd L cont trn, fwd R semi);

12 Fwd R trng RF to fc RLOD, sd L, cl R,(W bk L trng RF, sd R, cl L) ;

13-16 OVERSPIN TURN ; BOX FINISH ; HOVER TO SEMI ; SLOW SIDE LOCK ;

13- comm RFupper body trn bk L pivoting 1/2 RF, fwd R between W feet cont trng RF, sd & bk L fcg wall,

(W comm RF upper body trn fwd R between M feet pivoting 1/2 RF, bk L toe cont RF trn brush R to L ,sd & fwd R);

14 Bk R trng LF, sd L, cl R to CP/ WALL ;

15-16 Fwd L, sd & fwd R w/slight rise, rec L in semi CP ; thru R, sd & fwd L to CP, XRIB of L trng slightly LF,

(W thru L comm LF trn, sd & bk R cont LF fc trn to CP, XLIF of R)

REPEAT A, B

ENDING

1 - 4 TWO LEFT TURNS ;; WHISK ; FWD HOVER TO BJO ;

1- 2 Fwd L, trn 1/4 LF , stp sd R cont LF trn, cl R ; Bk R trng LF, sd L cont LFtrn, cl R to CP fcg Wall ;

3 -4 Fwd L, Fwd & sd R w/rise , XLIB, (W XRIB); Fwd R, fwd L w/rise, rec R (W bkL, sd & bk rise BJO, rec L)

5 - 7 BACK HOVER TO SEMI ; THRU TO A PROMENADE SWAY ; CHANGE OF SWAY ;

5 bk L, sd & bk R w/rise, rec L (W fwd R, sd & fwd L w/rise to semi, rec R);

6 - 7 thru R, sd & fwd L trng to SCP stretch left side body upwards to look over joined lead hands relax left knee,

(W thru L, sd & fwd R trng to SCP stretch right side body slightly upward to look over joined lead hands relax R knee);

without any weight change, stretch right side body RF, look reverse ;