

NOW IS THE HOUR

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Music: Po Atarau (Now Is The Hour) by the New Zealand Singers
From the CD album Songs Of New Zealand
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase II

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B A B Ending

..... INTRODUCTION (2 Measures)

IN CP LOD W/ LEAD FEET FREE WAIT 2 MEAS;;

[1 & 2] In clsd pos fcng LOD with lead feet free wait 2 measures;;

..... PART A (16 Measures)

2 FWD WALTZES;; 2 LEFT TURNS FC WALL;; LEFT TURNING BOX BLND BFLY;;;
LACE ACROSS; FWD WALTZ; LACE BACK; FWD WALTZ BFLY WALL; STEP SWING;
SPIN MANUV; 2 QTR RIGHT TURNS CP LOD;;

[1 & 2] In clsd pos LOD fwd L, fwd & slightly sd R, cl R; Fwd R, fwd & slightly sd L, cl R; [3 & 4] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning up to 1/4 lf to end fcng wall, cl R; [5 - 8] Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; Repeat measure 5 & 6 to end bfly pos fcng wall;; [9] With M's left and W's right hnds joined and passing bhnd W moving diag across line of progression ending in left open pos fcng line of progression fwd L, fwd R, cl L; [10] Fwd R, fwd L, cl R; [11] With M's right and W's left hnds joined and passing bhnd W moving diag across line of progression ending in open pos fcng line of progression fwd L, fwd R, cl L; [12] Fwd R, fwd L, fwd R turning 1/4 rf to fc ptrn & wall in bfly pos; [13] Toward LOD step fwd L, swing R fwd with no change of weight, -; [14] Fwd R commence rf upper body turn, continue rf turn to fc ptrn sd L, cl R; (W commence lf spin in place L, R, L to end fcng LOD & ptrn;) [15 & 16] Bk L commence up to 1/8 rf turn, continue turn sd R toward line of progression turning up to 1/8 rf, cl L; Fwd R commence up to 1/8 rf turn, continue turn sd L diag across line of progression turning up to 1/8 rf ending clsd pos LOD, cl R;

..... PART B (16 Measures)

PROGRESSIVE BOX;; 2 LEFT TURNS FC WALL;; DIP & HOLD; MANUV; 2 QTR
RIGHT TURNS CP LOD;; 1 LEFT TURN FC RLOD; BACKUP WALTZ; 2 RIGHT TURNS
BFLY WALL;; BALANCE L & R;; TWIRL VINE 3; PKUP SD CL;

[1 & 2] In clsd pos LOD fwd L, sd R, cl L; Fwd R, sd L, cl R; [3 & 4] Same as measure 3 & 4 of Part A;; [5] Dip bk L, hold, hold; [6] Fwd R commence rf upper body turn, continue rf turn to fc ptrn sd L, cl R; [7 & 8] Same as measure 15 & 16 of Part A;; [9] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; [10] Bk R, bk L, cl R; [11 & 12] Bk L commence up to 1/4 rf turn, continue turn sd R toward line of progression turning up to 1/4 rf, cl L; Fwd R commence up to 1/4 rf turn, continue turn sd L diag across line of progression turning up to 1/4 rf to end bfly pos fcng ptrn & wall, cl R; [13 & 14] Step sd L, XRIB, recover L step in place; Step sd R, XLIB, recover R step in place; [15] With M's left and W's right hnds joined sd L, XRIB, sd L; (W sd & fwd R turning 1/2 rf under joined hnds, sd & bk L turning 1/2 rf, sd R;) [16] Toward LOD fwd R picking up W clsd pos LOD, sd L, cl R;

..... ENDING (8 Measures)

2 LEFT TURNS FC WALL;; BOX BLND BFLY;; (AS MUSIC BEGINS TO SLOW) TWIRL
VINE 3; THRU FC CL BFLY; SLOW SD DRAW CLOSE; SLOWLY STEP APART &
POINT;

[1 & 2] Same as measure 3 & 4 of Part A;; [3 & 4] In clsd pos fcng wall fwd L, sd R, cl L; Bk R, sd L blnd bfly pos, cl R; [5] Same as measure 15 of Part B; [6] Toward LOD thru R, sd L turning to fc ptrn bfly pos, cl R; [7] Sd L, draw R to left, cl R; [8] Step apart L, point R toward ptrn, -;