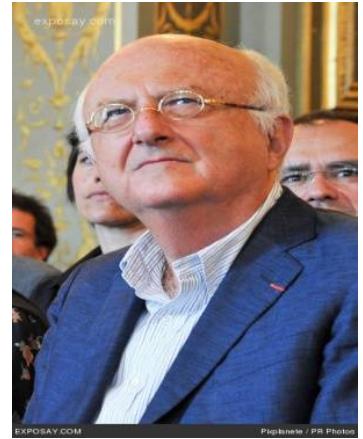


NADIA' S THEME

Music : Vladimir Cosma
www.cduniverse.com/Very Best of Vladimir Cosma Soundtrack CD
Cd # 2 Track # 1 Time 2:42
Available from Choreographer

Rhythm : Bolero Phase : IV + 2 (Half Moon + Horseshoe Turn)
Footwork : Opposite except where (Noted)
Release Date : March 2016
Choreo : Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email : jos.dierickx@telenet.be

SEQUENCE : **INTRO ABC AB END**



INTRO

01-02 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} BFLY POS WALL ld ft free wt 2 meas ; ;

03-05 DOUBLE HANDHOLD OPENING OUT TWICE to LOW BFLY ; ; HIP ROCKS & r-hndshk ;

{DBL Handhold Opening Out x 2} Sd & fwd L with body rise comm body rotation LF, -, lower on L foot cont ¼ LF trn twd LOD & extending free R foot to sd & bk, rise & rotate RF to BFLY WALL no weight chg (*W sd & bk R with body rise comm LF body rotation to match ptr, -, XLib lowering, rec R to fc ptr in BFLY*) ; Cl R, -, lower on R trng RF ¼ twd RLOD & extend free L foot to sd & bk, rise & rotate LF on R no weight chg to (*W sd & bk L with rise comm RF body rotation to match ptr, -, XRib lowering, rec L*) jn both hnds low to LOW BFLY ; {Hip Rks & r-hndshk} Sd L, -, rec R rollg R hip, rec L rollg L hip & r-hndshk fcg WALL ;

PART A

01-04 HALF MOON TWICE ; ; ;

{Half Moon x 2} Sd R trng to slight V RLOD, -, thru L RLOD xtndg lead arm to sd, rec R L trng to fc ptr (*W sd L, -, thru R w/ strong bdy trn almost w/ bk to ptr xtndg trail arm to sd, rec L*) ; Sd & bk L, -, slp bk R trng LF, fwd & sd L (*W sd & fwd R, -, trng LF fwd L xg in frnt of M, sd & bk R*) to BFLY fcg COH ; Repeat meas 1,2 Part A to BFLY fcg WALL ; ;

05-10 BACK BREAK to 1/2 OPEN ; OP IN & OUT RUNS ; ; FENCE LINE w/ ARM ; SPOT TURN TWICE ; ;

{Bk Break to ½ OP} Sd R, -, XLib to SCP, fwd R to ½ OP LOD ; {OP In & Out Runs} Sd & fwd L body rise, -, fwd R in front woman comm RF trn, sd L cont RF trn fc ½ LOP LOD xtndg trail arm to sd (*W sd & fwd R body rise, -, fwd L,R xtndg trail arm to sd*) ; Sd & fwd R body rise, -, fwd L,R xtndg lead arm to sd (*W sd & fwd L body rise, -, fwd R in front man comm RF trn, sd L cont RF trn fc ½ OP LOD xtndg lead arm to sd*) ; {Fence Line w/ Arm} Fwd & Sd L to fcg ptr w/body rise, -, XRif bent knee right arm circle CCW in front of body, rec bk L ; {Spot Trn x 2} Sd R, -, XLif trng RF, fwd & sd R contg trn to BFLY WALL ; Sd & fwd L to slight V pos LOD, -, relg hnds & trng LF XRif, rec L to BFLY WALL ;

PART B

01-04 HORSESHOE TURN ; ; AIDA PREP ; AIDA LINE & ROCK TWO ;

{Horseshoe Turn} Sd & fwd R to V pos RLOD, -, cont trn thru L RLOD, rec R to V pos & raise ld hnds ; Circ LF to fc prt & COH fwd L, -, R, L (*W circ RF ½ undr jnd hnds fwd R, -, L, R to fc prt & WALL*) ; {Aida Prep} Sd R trng to slight V pos LOD, -, thru L, trng LF sd R release lead hnds to COH ; {Aida Line & Rk 2} Trng LF XLib to V BK-TO-BK RLOD free hnds up & out, -, chg wgt to R w/ soft knee foldg free arm at elbow, replc wgt on L xtndg free arm ;

05-08 SWIVEL INTO A HIP LIFT ; AIDA PREP ; AIDA LINE SWITCH & CLOSE ; CROSS BODY ;

{Swivel Into a Hip Lift} Rec R & swivel RF to CP COH bringing L ft next to R w/ relaxed knee & toe on floor, -, pushg on L toe lift L hip, lowr L hip relaxing knee ; {Aida Prep} Sd & fwd L rise to slight OP "V" shape, -, thru R flex knee comm trn RF, sd L to fc prt ; {Aida Line Switch & Cl} Cont trn RF XRib to Aida Line Pos fc LOD, -, bk & sd L trng LF (*W RF*) to fcg prt, cl R cp COH ; {Cross Body} Sd & bk L, -, slp bk R trng LF, fwd & sd L cont LF trn (*W sd & fwd R, -, trng LF fwd L xg in frnt of M, sd & bk R*) to BFLY WALL ;

09-10 REVERSE UNDER ARM TURN to LOW BFLY; SLOW HIP ROCK TWO :

{Reverse Undrarm Turn to Low BFLY} Sd R rise, -, XLif flex knee raise lead hds, bk R jn trl hnds (*W sd L rise, -, XRif flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr*) to jn both hnds low to LOW BFLY WALL ; **{Slow Hip Rock 2}** [S,S] Sd L rollg L hip, -, rec R rollg R hip, -;

PART C

01-04 LEFT PASS ; NEW YORKER ; SIDE THRU SERPIENTE ; ;

{L Pass} Sd & Fwd L to SCAR shape body twd ptr trn W RF, -, rec bk R comm LF trn, sd & fwd L trn LF (*W sd & fwd R trn RF back to M but shape to man, -, sd & fwd L trn LF, bk R cont trn fc ptr & WALL*) ; **{New Yker}** Sd & fwd R LOD rise, -, slght trn RF (*W LF*) ck thru L soft knee, rec R trn to BFLY COH ; **{Sd Thru Serpiente}** Trng LF to SCP fcg RLOD sd L, -, thru R, sd L ; XRib, Flare L CCW (*W CW*), XLib, sd R to BFLY COH ;

05-08 SWIVEL INTO a FENCE LINE w/ ARMS ; OPEN BREAK ; TURNING BASIC ; LUNGE BREAK ;

{Swivel Into a Fence Line w/Arms} Thru L twd LOD swiveling LF, -, lunge thru R with ld hnds jnd sweep trail hnds out, up & dwn betwn ptrs, rec L to COH ; **{Open Break}** Sd & fwd R with body rise to LOP fcg free arms extended to sd, -, bk L lowering, fwd R to CP COH ; **{Turng Bas}** Trng RF sd & fwd L DW (*W's head to R*), -, slp bk R w/ strong LF trn (*W fwd L betwn M's ft head bk to L*), sd & fwd L to CP WALL ; **{Lunge Break}** Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L, -, bk R w/ sitting action, rec L*) to fcg WALL ;

09-12 RIGHT PASS ; NEW YORKER ; SIDE THRU SERPIENTE ; ;

{R Pass} Fwd & sd L comm RF trn raisg ld hnds to create window, -, XRib contg RF trn, fwd L (*W fwd R, -, fwd L comm LF trn, bk R cont LF trn undr jnd ld hnds to fc ptr*) to LOP-FCG COH ; **{New Yker}** Sd & fwd R LOD rise, -, slght trn RF (*W LF*) ck thru L soft knee, rec R trn to BFLY ; **{Sd Thru Serpiente}** Repeat meas 3,4 Part C ; ;

13-16 SWIVEL INTO a FENCE LINE w/ ARM ; OPEN BREAK ; TURNING BASIC to LOW BFLY ; SLOW HIP ROCK 2 ;

[1st TIME r-hndshk]

{Swivel Into a Fence Line w/ Arm} Repeat meas 5 Part C ; **{Open Break}** Repeat meas 6 Part C ; **{Turng Basic}** Repeat meas 7 Part C to Low BFLY ; **{Slow Hip Rock 2 & r-hndshk}** [S,S] Repeat meas 10 Part B ; **[1st TIME: r-Hndshk]**

REPEAT PARTS A & B

ENDING

01-03 AIDA PREP ; AIDA LINE ; SWITCH & HOLD ;

{Aida Prep} Repeat meas 6 Part B ; **{Aida Line }** Trng RF XRib to V BK-TO-BK RLOD free hnds up & out,-, -, -; **{Switch & Hold}** Bk & sd L trng RF (*W LF*) to fc prtn trail arm extended to sd , Hold ;