

Needle In A Haystack

Choreographers
E-mail / Website
CD
Artist/Source
Release / Speed
Footwork / Difficulty
Rhythm/Level
Sequence:

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Pieces Of My Life Track 11 - Needle In A Haystack
Mitchell John Download: Itunes.com or Amazon.com
Released: March 11 2012 Speed Slowed 3%
Opposite unless noted Degree Of Difficulty - Average
Two-Step Phase II
INTRO A B BRI-1 C BRI-2 A B BRI-1 C END

INTRO

{LOF WALL} WAIT 4 MEAS ;;;; DBL TWL ; ; APART PT ; OP TCH ; {OP LOD}

1-8 LOF M fcg WALL wait 4 meas;;; [DBL TWIRL] Fwd L ,-, fwd R ,-, Fwd L ,-, fwd R twd LOD (W trn RF under lead hnds two full trns R ,-, L ,-, R ,-, L) end fcg ptr ,-, [APART PT] Apart L ,-, pt R twd ptr ,-, Tog R ,-, tch L to OP LOD ,-,

PART A

{OP LOD 2 FWD 2 STEPS ; ; HITCH DBL ; ; SLIDING DOOR ; ; SLIDING DOOR ; ; {OP LOD}

1-16 [2FWD 2 STEPS] OP LOD fwd L , cls R , fwd L ,-, Fwd R , cls L , fwd R ,-,
[HITCH DBL] In OP LOD Fwd L , cls R , bk L ,-, Bk R , cls L , fwd R ,-, [SLIDING DOOR] In OP LOD Rk aprt sd L from ptr ,-, rec R ,-, XLIF , sd R , XLIF chng sds twd WALL (W XRIF , sd L , XRIF chng sds in front of M twd COH) ,-,
[SLIDING DOOR] In OP LOD Rk aprt sd R from ptr ,-, rec L ,-, XRIF , sd L , XRIF chng sds twd COH (W XLIF , sd R , XLIF chng sds in front of M twd WALL) end in OP LOD ,-,

{OP LOD} CIR AWAY 2 TWO STEPS ; ; STRUT TOG IN 4 TO CP ; ; LEFT TRNG BOX ; ; ; ; {BFLY WALL}

[CIR AWAY] Release ptr & circle away LF (W RF) fwd L , cl R , fwd L ,-, Fwd R , cl L , fwd R end 6 ft aprt fcg RLOD ,-,
[STRUT TOG] Fcg RLOD both cont to circle LF (W RF) twd ptr strutting action fwd L ,-, fwd R ,-,
Fwd L ,-, fwd R to CP WALL ,-, [LEFT TRNG BOX] In CP WALL sd L , cls R , fwd L trng LF 1/4 fc LOD ,-,
Sd R , cls L , bk R trng LF 1/4 fc COH ,-, Sd L , cls R , fwd L trng LF 1/4 fc RLOD ,-,
Sd R , cls L , bk R trng LF blending to BFLY WALL ,-,

PART B

{BFLY WALL} FC TO FC ; BK TO BK ; BASKETBALL TRN TO CP ; ; TRAVELING BOX /w TWIRL ; ; ; ; {SCP LOD}

1-8 [FC TO FC] Sd L , cls R , sd L trn 1/2 LF (W RF) to bk to bk pos ,-, [BK TO BK] Sd R , cls L , sd R trn 1/2 RF (W LF) to BFLY WALL ,-, [BASKETBALL TRN] In BFLY Lunge sd L ,-, rec R trn RF (W LF) to LOP RLOD ,-,
Lunge L RLOD ,-, rec R trn RF (W LF) to CP WALL ,-,
[TRVLG BOX w/ TWL] CP WALL sd L , cl R , fwd L ,-, Trng to RSCP RLOD fwd R ,-, fwd L (W twirl LF under M's L & W's R hands L ,-, R) ,-, Blend CP WALL sd R , cl L , bk R ,-, Trng to SCP LOD fwd L ,-, fwd R ,-,

PART C

{BFLY WALL} VN 3 & TCH ; WRAP 3 & TCH ; UNWRAP 3 & TCH ; CHNG SIDES 3 & TCH ; {BFLY COH}

1-16 [VN 3 & TCH] In BFLY WALL sd L LOD, XRIB , sd L , tch R ; [WRAP 3 & TCH] Sd R RLOD , XLIB , sd R trn LF to fc LOD, tch L (W wrap trng LF L , R , L to fc LOD tch R) keep hnds jnd raise M's L & W's R hnds over W's head M's R & W's L hnds jnd at waist level ; [UNWRAP 3 & TCH] Release M's L & W's R hnds in plc L , R , L , tch R unwrap W to arms length to end fcg LOD (W unwrap trn RF R , L , R , tch L end fcg COH); [CHNG SD'S] Under M's R & W's L jnd hnds roll RF R , L , R , tch L to BFLY COH (W roll LF to BFLY WALL);

{BFLY COH} TRAVELING DOOR ; ; TRAVELING DOOR ; ; VN 3 & TCH ; WRAP 3 & TCH ; (WRAP POS FCG LOD)

[TRAVELING DOOR]In BFLY COH Rk sd L ,-, rec R ,-, XLIF , sd R , XLIF(W XRIF , sd L , XRIF),-;
[TRAVELING DOOR] Rk sd R ,-, rec L ,-, XRIF , sd L , XRIF (W XLIF , sd L , XLIF),-;
[VN 3 & TCH] In BFLY COH sd L RLOD, XRIB , sd L , tch R ; [WRAP 3 & TCH] Sd R LOD, XLIB , sd R trn LF to fc RLOD, tch L (W wrap trng LF L , R , L trn RF to fc RLOD tch R) keep hnds jnd M's L & W's R hnds over W's head & M's R & W's L hnds jnd at waist level ;

UNWRAP 3 & TCH ; CHNG SIDES 3 & TCH ; TRAVELING DOOR ; ; TRAVELING DOOR ; ; {BFLY WALL}

[UNWRAP 3 & TCH] Release M's L & W's R hnds in plc L , R , L , tch R unwrap W to arms length to end fcg RLOD (W unwrap trn RF R , L , R , tch L to end fcg WALL); [CHNG SD'S] Under M's R & W's L jnd hnds roll RF R , L , R , tch L to BFLY WALL (W roll LF to BFLY COH) [TRAVELING DOORS] In BFLY repeat action of Part C meas 5-8 ;;;

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BRIDGE1

{SCP LOD} SD DRAW CLS ; {BFLY WALL}

1 [SD DRAW CLS] In SCP LOD blend to BFLY sd L ,-, draw R cls R end in BFLY WALL ,-;

BRIDGE2

{BFLY WALL} SD DRAW CLS ; WLK 2 TO OP ; {OP LOD}

1-2 [SD DRAW CLS] In BFLY WALL sd L ,-, draw R cls R to end BFLY WALL ,-;

[WLK 2 TO OP] Blending to OP LOD fwd L ,-, fwd R ,-;

END

{BFLY WALL} VN 3 & TCH ; WRAP 3 & TCH ; UNWRAP 3 & TCH ; CHNG SIDES 3 & TCH ; {BFLY COH}

1-15 Repeat action of Part C meas 1-4 to end in BFLY COH ;;;

{BFLY COH} TRAVELING DOOR ;; TRAVELING DOOR TO OP ;; 2 FWD 2 STEPS ;; {OP RLOD}

Repeat action of Part C meas 5-8 end in OP RLOD ;;; [2 FWD 2 STEPS] In OP RLOD repeat action of Part A meas 1-2 ;;

{OP RLOD} LACE ACROSS 2-STEP ; TWO STEP TO FC ; DBL TWL ;; APART PT ; {OP FCG WALL}

[LACE ACROSS] Join lead hnds fwd L , cls R , fwd L (W fwd R , cls L , fwd R XIF of M and jnd lead hnds) end in LOF RLOD ,-; [2 STP TO FC] Fwd R , cls L , fwd R trng LF 1/4 to end fcg ptr in LOF WALL ,-;

[DBL TWIRL] In LOF Fwd L ,-, fwd R ,-, Fwd L ,-, fwd R twd LOD (W trn RF under lead hnds two full trns R ,-, L ,-, R ,-, L) end fcg ptr ,-; [APART PT] Apart L ,-, pt R twd ptr ,-;

NEEDLE IN A HAYSTACK (PH 2 two-step) speed slowed 3 %

Seq: Intro A B Bri-1 C Bri-2 A B Bri-1 C End.

(lop-fcg) WAIT 4;;;; DBL TWL;; APRT PT; OP-TCH;

"A"

2 FWD 2'S;;
HITCH DBL;;
SLIDING DOOR 2X;;;;
CIR AWAY 2-2's;;
STRUT TOG IN 4;; (cls)
LEFT TRNG BOX;;;; (B-bfly)

"B"

FC TO FC;
BK TO BK;
B-BALL TRN;; (cls)
TRVLG BOX w/TWL;;;;
(BRI-1)

"BRI-1"

SD DRAW CLS;
(C-bfly)

"BRI-2"

SD DRAW CLS;
WLK 2 TO OP; (A)

"C"

VN TCH;
VN WRAP;
UN-RAP;
CHNG SD'S;
TRVLG DOOR 2X;;;;
VN TCH;
VN WRAP;
UN-RAP;
CHNG SD'S;
TRVLG DOOR 2X;;;;
(BRI-2) (END)

"END"

VN TCH;
VN WRAP;
UN-RAP;
CHNG SD'S;
TRVLG DOOR 2X;;;; (op)
2 FWD 2'S;;
LACE ACROS;
2 STP to FC;
DBL TWL;;
APRT PT;