

Neutron Dance

June 2007
Version 1.01

Choreographer: Mark & Shelley Hilburn, 6125 Edgewater Terrace, Sebring, FL 33876
Phone: (863) 655-2774 / email: mehilburn@earthlink.net
Music: "Neutron Dance" by the Pointer Sisters, Contact choreographer as music is slowed and shortened
Rhythm: Quick Step Phase V + 1 Footwork: Opposite or as noted
Sequence: Intro - A - B - Br - A - B - C - Inter - Br - A - C - Inter - D - End

INTRO

MEAS

1-4

WAIT ;; RAISE ARMS TO BFLY ;;

- 1-2 Wait in Op position facing Wall ;;
3-4 Slowly raise arms to BFLY Wall ;;

5-8

TRAVELING SAND STEPS (SLOW) ;;;;

- SS SS 5-6 Swvl RF on R tch L toe to instep of R ft,-, swvl LF on R ft sd L,-; Swvl RF on L ft tch R heel to floor toe pointed to DRW,-, swvl LF on L ft XRIF,-;
SS SS 7-8 Repeat measures 1 thru 4 above.

9-12

TWISTY VINE (SLOW) ;;;;

- SS SS 9-10 Sd L,-, XRIB of L,-; Sd L,-, XRIF of L,-; *blend to a loos CP over these measures.
SS SS 11-12 Sd L,-, XRIB of L,-; Sd L,-, XRIF of L,- to BJO DLW;

13-16

STROLLING VINE ;;;;

- SS QQS 13-14 {Strolling Vine} Sd L, -, turning RF on L XRIB to SCAR fc DRW,-; Turning LF sd L, cl R to L, sd L completing LF turn to CP COH,-;
SS QQS 15-16 Sd R,-, turning LF on R XLIB to BJO fc DRC,-; Turning RF sd R, cl L to R, sd & fwd R completing RF turn to CP DLC,-;

PART A

1-4

FORWARD TO QUARTER TURN AND PROGRESSIVE CHASSE ;;;;

- SS QQS 1-2 Fwd L, -, fwd R turning RF 1/8 to fc WALL, -; Continuing RF rotation Sd L, cl R to L, sd L to fc DRW, -;
SQQ SS 3-4 Bk R beginning LF rotation, -, sd L, cl R to L; Sd & fwd L, -, fwd R outside of partner to BJO DLW, -;

5-8

TIPSY TURNS ;; FWD,,CHK,, FISHTAIL ;

- QQS QQS 5-6 {Tippy Turns} Fwd & sd L turning RF w/L sway, cl R to L, cont RF trn correcting sway bk L to fc DRC, -;
Cont RF trn sd R w/R sway, cl L to R, cont RF trn correcting sway fwd R to CP DLC, -;
SS 7 {Fwd,,Chk} Fwd L,-, fwd R to BJO with checking action,-;
QQQQ 8 {Fishtail} XLIB of R, sd R, fwd L, lock RIB of L;

9-12

TWO LEFT TURNS ;; SLOW HOVER TO BJO AND FWD to ;;

- SQQ SQQ 9-10 {Two Left Turns} Fwd L comm LF trn, -, fwd & sd R cont LF trn, cl L to R to CP RLOD; Bk R comm LF trn, -, bk & sd L, cl R to L to CP DLW;
SS SS 11-12 {Slow Hover to BJO and Fwd} Fwd L, -, fwd & sd R, rotate slight RF; Fwd L to CBJO/DLW, -, fwd R, -;

13-16

RUNNING FORWARD LOCKS ;; MANUVER ; IMPETUS TO SEMI ;

- QQQQ QQS 13-14 {Running Forward Locks} Fwd L, lock RIB of L, fwd L, fwd R; Fwd L, lock RIB of L, fwd L in CONTRA BJO DLW, -;
SQQ 15 {Manuver} Fwd R outsd ptr comm RF trn, -, fwd & sd L cont RF trn, cl R to L completing RF trn to end CP RLOD;
SQQ 16 {Impetus to Semi} Bk L trng RF, -, cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L to SCP DLC (W fwd R outsd ptr trn RF,-,sd & fwd L trn RF brush R to L, trn RF sd & fwd R to SCP);

PART B

- 1-4** **THRU,,TCH,; ROLL 3 ; FRONT VINE 4 ;:**
 SS SQQ 1-2 {Thru,,Tch,; Roll 3;} Thru R loosening from SCP, -,swiveling RF on R foot to face partner tch L toe to instep of R foot, -; Sd & fwd L commencing LF rotation, -, fwd & sd R continuing LF rotation, small bk & sd L completing rotation to face partner and WALL ;
- SSSS 3-4 {Front Vine 4 ;;} XRIF of L, -, sd L, -; XRIB of L, -,sd L, -;
- 5-8** **THRU,,TCH,; ROLL 3 ; FRONT VINE 4 ;:**
 SS SQQ 5-6 {Thru,,Tch,; Roll 3;} Repeat measures 1-2 of part B
 SSSS 7-8 {Front Vine 4 ;;} Repeat measures 3-4 of Part B blending to loose CP
 * Second time through ends in SCP

BRIDGE

- 1-4** **POINT CLOSE 3 TIMES ;;; POINT TCH ;**
 SS 1 Pt R toe toward RLOD swaying toward pointed toe, -, close R to L correcting sway, -;
 SS 2 Pt L toe toward LOD swaying toward pointed toe, -, close L to R correcting sway, -;
 SS 3 Pt R toe toward RLOD swaying toward pointed toe, -, close R to L correcting sway, -;
 SS 4 Pt L toe toward LOD swaying toward pointed toe, -, tch L to R correcting sway, -;

PART C

- 1-4** **WING ; TURN LEFT,, RIGHT CHASSE,;SLOW OUTSIDE SPIN to BJO,;:**
 S (SQQ) 1 {Wing} Thru R,-,tch L to R, (thru L commencing LF turn,-, continue LF turn fwd R toward COH, continue LF turn fwd L outside ptr) to SDCAR DLC ;
- SQQS 2-4 {Turn Left,,Right Chasse,;,,} Fwd L turning 1/8 LF,-, sd R, cl R to L; Sd and back R turning 1/8 LF to BJO DRC,-,
 SSS {,,SLOW OUTSIDE SPIN,;;} with strong RF rotation small bk L with toe in turning 1/4 RF,-; Fwd R to LOD heel to toe continuing RF turn,-, bk R to BJO DRW,- (fwd R around man,-; Clo L to R for toe spin,-, fwd R outside of ptr,-);
- 5-8** **V-6 ;: HAIRPIN ; RUNNING FINISH ;**
 QQS SQQ 5-6 {V-6} Bk R, lk LIF R, bk R,-; Bk L,-, bk R turning LF, sd and fwd L to BJO DLW;
 SQQ 7 {Hairpin} Fwd R commencing RF Turn,-, fwd L continuing RF turn with strong left side stretch, fwd R swiveling into tight CBMP facing almost DRC;
 SQQ 8 {Running Finish} Bk L commencing RF turn,-, sd and fwd R toward LOD continuing RF turn, fwd L to CBMP DLW;

INTERLUDE

- 1-4** **FWD TO DOUBLE LOCK AND CHECK ;: STEP, FLICK 3 TIMES AND RECOVER ;:**
 SQQ QQS 1-2 {Fwd to Double Lock and Check} Fwd R,-, fwd L, lock RIB L; Fwd L, lock RIB L, fwd L with checking action;-;
- S&S& S&S 3-4 {Step, Flick 3 Times and Rec} Bk R flicking L heel in front of R,-, fwd L flicking R heel behind L,-; Bk R flicking L heel in front of R,-, rec L,-;
- 5-8** **FWD TO DOUBLE LOCK AND CHECK ;: STEP, FLICK 3 TIMES AND RECOVER ;:**
 Repeat measures 1 thru 4 above.

PART D**1-4 MANUVER ; BK., SD, FWD CHECK ; BACK TO HOVER CORTE ; BACK HOVER SEMI ;**

- SQQ 1 {**Manuver**} Fwd R outsd ptr comm RF trn, -, fwd & sd L cont RF trn, cl R to L completing RF trn to end CP DRW;
- SQQ 2 {**Back, Side, Fwd Check**} Bk L,-, sd R, fwd L to SDCAR with checking action;
- SQQ 3 {**Hover Corte**} Bk R commencing LF turn,-, sd & fwd L with hover action, rec R to BJO DLW;
- SQQ 4 {**Bk Hover Semi**} Bk L,-, sd & bk R leading W to turn to SCP, rec L to SCP DLW;

5-8 2 SLOW SWIVELS ;; SWIVEL PICKUP ; LADY SHIMMY ;

- S S 5-6 {**2 Slow Swivels**} Fwd R leading W to swivel LF on L foot (fwd L swiveling LF 1/2 on L foot) to CBMP ; Bk L leading W to swivel RF on R foot (fwd R swiveling RF 1/2 on R foot) ;
- S 7 {**Swivel Pickup**} Fwd R leading W to swivel LF on L foot ,-, tch L to CP DLW,;
- (QQQQ) 8 {**Lady Shimmy**} Man has no weight change (Swivel hips RF taking weight onto R foot, swivel hips LF taking weight onto L foot, swivel hips RF taking weight onto R foot, swivel hips LF taking weight onto L foot) ;

End**1-4 4 PROGRESSIVE TWINKLES ;;;;**

- SQQ SQQ 1-2 {**4 Progressive Twinkles**} Fwd L turning LF 1/4 to fc DLC,, sd R, cl L; Fwd R turning RF 1/4 to fc DLW,, sd L, cl R;
- 3-4 Repeat measures 1 and 2 above; End in CP DLW;

5-7 QUICK AROUND THE WORLD ; CONTRA CHECK with SHIMMY ;;

- 5 {**Quick Around the World**} Lead W to roll head and shoulders quickly in a small clockwise circle ;
- S 6-7 {**Contra Check with Shimmy**} Check fwd L in CBMP slightly flexing knee with strong R side lead,-,-; Ladies shimmy shoulders as music fades out on words 'Neutron Dance';