

# NIAGARA

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Record : "Niagara" CD: RIMINI OPEN VOL.13(Ball of Fire)/PRANDI track 4  
Rhythm : Waltz ph V+1 (Fallaway Ronde & Slip) time: 3'17"  
Speed : As on CD Date : November 2016 Ver.1.0  
Footwork : Opposite, directions for man(lady as noted)  
Sequence : Intro - A - B - C - Inter - A - B - C - Ending



## Meas

### INTRO

#### **1~ 4 SCP/LOD trail foot free for both Wait; Thru Prom Sway; Chg Oversway; Fallaway Ronde & Slip(CP/DC);**

- 1 SCP/LOD trail foot free for both Wait 1 meas;  
12- 2 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand,-;  
— 3 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of  
body, cont sway & look W(W look L);  
4 (Fallaway Ronde & Slip) Rec R ronde L CCW(W CW), XLIB and rise commence LF trn,  
slip R bk cont LF trn on ball of R end to CP/DC;

## Meas

### PART A

#### **1~ 8 OP Telemark; Chair & Slip; Double Rev Spin(CP/DW); Chg of Direction(CP/RDC); Contra Ck & Switch; Curved Feather; Bk Passing Chg; Box Finish(CP/DW);**

- 1 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to  
end SCP/DW(W bk R commence LF trn bring L beside R with no weight, cont LF trn  
on R heel and change weight to L, sd & fwd R);  
2 (Chair & Slip) Thru R relax right knee, rec L commence LF trn, slip R bk cont LF trn  
on ball of R(W thru L relax left knee, rec R, swivel LF on R fwd L)end CP/DC;  
12- 3 (Dbl Rev Spin) Fwd L commence LF trn, cont trn sd R, spin LF on ball of R bring L  
(12&3) foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel  
trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R);  
4 (Chg of Direction) Fwd L, fwd R right shoulder lead and LF trn, cont LF trn draw L to  
R and brush CP/RDC;  
5 (Contra Ck & Switch) Commence upper body LF trn flexing knees with strong R side  
lead ck fwd L, rec R commence strong RF trn leaving left foot almost in place, cont  
strong RF trn rec L soft knees CP/DW;  
6 (Curved Feather) Fwd R commence RF trn, left sd stretch cont RF trn sd & fwd L, cont  
RF trn fwd R fc RDW;  
7 (Bk Passing Chg) Bk L, right shoulder lead bk R right sd stretch, bk L contra Bjo;  
8 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DW;

#### **9~16 Hover Telemark; OP Nat; Outsd Swivel; Whiplash; Outsd Chg to Bjo; Manuv; Spin Trn; Box Finish(CP/DC);**

- 9 (Hover Telemark) Fwd L, fwd R lead W RF trn, sd & fwd L to SCP/DW;  
10 (OP Nat) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R contra Bjo;  
1— 11 (Outsd Swivel) Bk L in CBMP lead W RF swivel, XRIF of L no weight(W fwd R in CBMP, swivel  
RF on ball of R) SCP/RL0D, -;  
1— 12 (Whiplash) Thru R, lead W pickup turning body LF, cont body trn(W thru L, swivel LF on  
L fc partner and pt sd R, cont body trn) Bjo/RDW;  
13 (Outsd Chg to Bjo) Bk L, bk R trning LF, sd & fwd L(W fwd R, fwd L trning LF, sd & bk  
R) to Bjo/DW;  
14 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RL0D;  
15 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn  
fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont  
RF trn brush R to L, sd & fwd R);  
16 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DC;

Meas

PART B

**1~ 8 OP Rev Trn; Hover Corte; Outsd Spin; Manuv; OP Impetus; Weave 6 to Bjo;; Manuv;**

- 1 (OP Rev Trn) Fwd L commence LF trn, sd R & bk cont LF trn, right side stretch bk L twd LOD in contra bjo;
- 2 (Hover Corte) Bk R commence LF trn, sd L cont LF trn and body stretch, cont LF trn Bjo/DW rec bk R twd RDC;
- 3 (Outsd Spin) Prepare to lead W outsd partner commence body trn to right with right sd lead bk L small stp 3/8 RF trn, fwd R heel to toe cont 3/8 RF trn, cont 1/4 RF trn sd & bk L to end CP/DW(W commence body trn to right with left sd lead fwd R outsd partner heel to toe, cl L to R on toe 5/8 RF trn between 1 and 2, cont 3/8 RF trn fwd R between M's feet);
- 4 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RL0D;
- 5 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/DC fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);
- 6- 7 (Weave 6) Fwd R, fwd L commence LF trn to CP, cont LF trn sd & bk R fc RDC; Bk L twd DC contra Bjo, bk R cont LF trn CP, cont LF trn sd & fwd L contra Bjo/DW; (W fwd L, LF trn sd R to CP, commence trn sd & fwd L; fwd R contra Bjo, fwd L twd DC cont LF trn to CP, sd & bk R contra Bjo;)
- 8 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RL0D;

**9~16 Spin Trn Overtrn; Q Lk Slow Lk; Bk to Slow Hinge;; Rec Hover Trans SCP; In & Out Runs;; Pickup Sd Cl(CP/DC);**

- 9 (Spin Trn Overtrn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc RDW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R);
- 1&23 10 (Q Lk Slow Lk) Bk R with right sd lead and right sd stretch/XLIF of R, bk R, XLIF of R;
- 11-12 (Bk to Slow Hinge) Bk R commence LF trn, cont LF trn sd L fc DW, hold left sd stretch leading W XLIB of R; Relaxing L knee and veering R knee to sway R extend left arm,-,-;
- 12- (123- ) (W fwd L commence LF trn, cont LF trn sd R swivel LF on R, XLIB of R; Relaxing L knee head to L,-,-);
- 23 13 (Rec Hover Trans SCP) Hold lead W rec, rec R, sd & fwd L twd LOD(W rec R, sd & fwd L commence RF trn, cont RF trn sd & fwd R) SCP/LOD;
- (123) 14-15 (In & Out Runs) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R(W fwd L, fwd R between M's foot, fwd L)contra Bjo/RL0D; Bk L commence RF trn, fwd R between W's foot, fwd L(W fwd R commence RF trn, cont RF trn sd L fc RDC, cont RF trn sd & fwd R)SCP/LOD;
- 16 (Pickup Sd Cl) Thru R lead W pickup, sd L, cl R to L(W thru L commence LF trn, cont LF trn sd R, cl L to R) CP/DC;

Meas

PART C

**1~ 8 1 L Trn; Bk Trn Chasse Bjo; Nat Hover Cross; Sync Ending(CP/DC); OP Telemark; Thru Prom Sway; Chg Oversway; Fallaway Ronde & Slip(CP/DC);**

- 1 (1 L Trn) Fwd L commence LF trn, sd R cont LF trn, cl L to R fc RL0D;
- 12&3 2 (Bk Trn Chasse Bjo) Bk R commence LF trn, cont LF trn sd L/cl R, sd & fwd L Bjo/DW;
- 3 (Nat Hover Cross) Fwd R commence RF trn,-, sd L cont RF trn, cont trn sd R fc DC(W bk L commence RF trn,-, cl R to L heel trn with right sd stretch, cont RF trn sd L) Scar/DC;
- 12&3 4 (Sync Ending) XLIF of R outsd partner, rec R/sd & fwd L, fwd R outsd partner Bjo/DC;
- 5 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/LOD(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
- 12- 6 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand,-;
- 7 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of body, cont sway & look W(W look L);
- 8 (Fallaway Ronde & Slip) Rec R ronde L CCW(W CW), XLIB and rise commence LF trn, slip R bk cont LF trn on ball of R end to CP/DC;

Meas

INTERLUDE

1~ 4 Diamond Trn;;;(CP/DC);

- 1- 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC;  
Bk R cont LF trn, sd L cont LF trn, fwd R ck action to Bjo/RDW; Fwd L commence LF  
trn, sd R cont LF trn, bk L to Bjo/DW; Bk R, sd L, fwd R to Bjo/DC;

Meas

ENDING

1~ 3 OP Telemark; Thru to Slow OP Hinge;;

- 1 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end  
SCP/LOD(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R  
heel and change weight to L, sd & fwd R);
- 12- 2- 3 (Thru to Slow OP Hinge) Thru R, sd & fwd L, Hold left sd stretch leading W XLIB of R(W  
(123) thru L, sd & fwd R, swivel LF on R XLIB of R right hand on M's left shoulder);  
— Relaxing L knee and veering R knee to sway R extend left arm(W relaxing L knee head to  
L extend left arm, -);