

# NIENTE CAPITO

**Music:** Chat'Lain Jacques  
www.ballroomdancemusic/DoYouWannaDance  
Track # 11 Time 2:20  
Available from choreographer

**Rhythm:** Cha Cha Cha Phase: V+1(Advanced Hockey Stick) + Several U

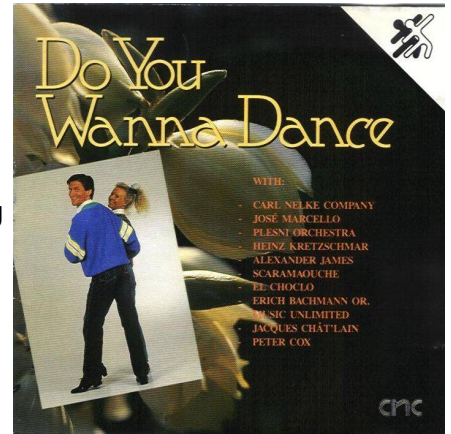
**Footwork:** Opposite except where (Noted)

**Release Date:** May 2016

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** **INTRO AB A(1-8) C B A(1-8) END**



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ALEMANA ; ;

{Wait} BFLY POS WALL Id ft free wt 2 meas ; ; {Alemana} Fwd L, rec R, sd L/cl R, sd L ; Raising jnd hnds bk R, rec L, sd R/cl L, sd R (W trng RF undr jnd hnds fwd L, brush R fwd R cont full trn, fwd L/cl R, sd L) to BFLY ;

## PART A

### 01-04 START CROSS BODY Into TUMMY CHECK & BACK ; ; ; FINISH CROSS BODY ;

{Start Cross body to Tummy Ck & Bk} Fwd L, rec R trng ¼ LF to RLOD, sd L/cl R, sd L (W bk R, rec L, fwd R/ XLib, fwd R), - ; [Stop the W w/ lead hand] Lunge sd R, rec L, ipl R/L, R (W [extend both arms fwd] fwd L, rec R, bk L/lk Rif, bk L), - ; Lunge sd L, rec R, sd L/cl R, sd L (W bk R, rec L, fwd R/lk Lib, fwd R) & R-Hndshk, - ; {Finish Cross body to COH} Bk R, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R (W fwd L comm LF trn, fwd & sd R cont LF trn to WALL, sd & bk L/cl R, sd L) to BFLY COH, - ;

### 05-08 NEW YORKER TWICE ; ; ADVANCED HOCKEY STICK ; ;

{New Yorker x 2} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R ; {Advanced Hockey Stick} Fwd L, rec R trng 1/4 RF, ipl sd L/cl R, sd L (W cl R, rec L, fwd R/lk Lib, fwd R) ; Bk R raisg Id hnds to form window, rec L trng RF 1/4, fwd & sd R/cl L, sd R (W fwd L, fwd R & spiral 1/2 LF, sd & bk L/cl R, sd L) to BFLY WALL ;

### 09-12 START CHASE INTERRUPT w/ TRAVELING DOORS ; ; ; FINISH CHASE & r-hndshk ;

{Start Chase} Fwd L trng ½ Rf, rec R, fwd L/lk Rib, fwd L (W bk R, rec L, fwd R/lk L ib, fwd R) ; {Traveling Doors} Rk sd R, rec L, XRif (W XLif)/sd L, XRif (W XLif) ; Rk sd L, rec R, XLif (W XRif)/sd R, XLif (W XRif) ; {Finish Chase & r-hndshk} Fwd R turng ½ LF to fc ptr, rec L, fwd R/lk Lib, fwd R (W fwd L, rec R, bk L/lk Rif, bk L) to r-hndshk WALL ;

### 13-16 HALF MOON TWICE ; ; ; ;

{Half Moon x 2} [r-hndshk] Swvl on R cross L thru to LOP RLOD (W swvl on L cross R thru) w/ R hnds jnd in front of bdiess & L hnds xtnd to sd at shldr level, rec R to fc, sd L/cl R, sd L, - ; Bk R leading W across body, rec L trng LF to fc COH, sd R/cl L, sd R (W fwd L comm LF trn xg in frt of M, fwd R cont LF trn to fc ptr, sd L/cl R, sd L) to r-hndshk COH, - ; Repeat meas 13,14 Part A to BFLY WALL ; ;

## PART B

### 01-04 CHASE w/ FULL TURNS M & W ; ; ; HAND to HAND TWICE ; ;

{Chase w/ Full Turns M & W} Fwd L turn ½ RF, rec R cont turn ½ RF, bk L/lk Rif, bk L (W bk R, rec L, fwd R/lk Lib, fwd R), - ; Bk R, rec L, fwd R/lk Lib, fwd R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, bk L/lk Rif, bk L), - ; {Hand to Hand x 2} XLib (W XRib) trng to OP, rec R to BFLY, sd L/cl R, sd L ; XRib (W XLib) trng to LOP, rec L to BFLY, sd R/cl L, sd R ;

### 05-08 OP BREAK ; WHIP to LOP LOD ; CROSS CHECK & SLIDING DOOR ; SPOT TURN to BFLY WALL ;

{Open Break} Rk apt L with relax knee trail hnds extended up, rec R trail hnds down and jnd, sd L/cl R, sd L end Low BFLY WALL ; {Whip to LOP LOD} Rk bk R trng 1/4 LF, rec fwd L trng LF to OP LOD, fwd R/lk Lib, fwd R (W fwd L outside of M's left sd w/ ¼ trn LF, sd R trng 1/2 LF to OP LOD, fwd L/lk Rib, fwd L) to LOP LOD ; {Cross Ck & Sliding Door} Ck XLif (W Ck XRif), rec R, sd L/cl R, sd L [M pass behind the W] to OP LOD ; {Spot Turn to Fc} XRif (W XLif) trng 1/2 LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to CP WALL ;

## PART C

### 01-04 ALEMANA INTO a LARIAT/M SWIVEL to FACE ; ; ; DOOR ;

**{Alemana Into a Lariat 3/M Swivel to Fc Ptr}** Fwd L, rec R, sd L/cl R, sd L ; Raisg jnd Id hnds XRib, rec L, sd R/cl L, sd R (W trng RF undr jnd hnds fwd L & swvl RF, fwd R & swvl RF, fwd L/ik Rib, fwd L to M's right sd) ; Sd L w/ partial wgt, rec R, turn ½ LF to fcg ptr sip L/R, L (W circg RF arnd M fwd R, L, fwd R/ik Lib, R trng to fc ptr) to BFLY COH ; **{Door}** Rk sd R, rec L, XRif (W XLif)/sd L, XRif (W XLif) to BFLY COH ;

### 05-08 TWIRL VINE 2 & CHA ; FENCE LINE ; SHOULDER to SHOULDER TWICE ; ;

**{Twirl Vine 2 & Cha}** To rlod Raise lead hnds & release trail hnds sd L, XRib, sd L/cl R, sd L (W fwd R begin RF twirl, cont twirl fwd L to BFLY, sd R/cl L, sd R) ; **{Fence Line}** XRif (W XLif) w/ bent knee, rec L, sd R/cl L, sd R ; **{Shoulder to Shoulder x 2}** Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R to BFLY COH ;

### 09-12 OP HIP TWIST to FCG FAN RLOD ; ; OP HIP TWIST to FCG FAN WALL ; ;

**{OP Hip Twist to Fcg FAN RLOD}** Chk fwd L, rec R, small bk L/cl R, bk L pushing arm forward gently to turn W (W rk bk R, rec L, fwd R/ik Lib, fwd R swivel ¼ RF on right) ; Chk bk R, rec L turng ¼ LF to fc ptr, fwd R/ik Lib, fwd R (W fwd L, fwd R swvlg ½ LF, bk L/ik Rif, bk L) to FCG FAN POS RLOD ; Repeat meas 9-10 Part C to FCG FAN POS WALL ; ;

### 13-16 OP BREAK ; THREE ALTERNATING UNDERARM TURNS W-M-W ; ; ; ;

**{OP Break}** Repeat meas 5 Part B ; **{3 Alternating Underarm Turns W-M-W}** Raisg jnd Id hnds XRib, rec L to fc ptr, sd R/cl L, sd R (W XLif trng RF undr jnd hnds, rec R contg RF trn, sd L/cl R, sd L) ; [chng to trail hnds] XLif trng RF undr jnd trail hnds, rec R contg RF trn, sd L/cl R, sd L (W Raisg jnd trail hnds XRib, rec L to fc ptr, sd R/cl L, sd R) ; [chng to lead hnds] Repeat meas 14 Part C to mom BFLY WALL ;

## ENDING

### 01-04 ALEMANA INTO a LARIAT/M SWIVEL to FACE ; ; ; STEP SIDE WAIT CLOSE & EMBRACE ;

**{Alemana Into a Lariat 3/M Swivel to Fc Ptr}** Repeat meas 1,2 & 3 Part C ; ; ; **{Step Sd Wait & Cl to a Cuddle Pos}** [Q & Q] Sd R, wait, cl L & Embrace to CP COH ;