Night And Day

Choreograraghers: **Randy & Marie Preskitt, 5603 Sound Ave. Everett, WA, 98203 (425)348-6030**
Music: **Rod Stewart (CD - Stardust-The Great American Songbook, Vol 3) at Amazon.com**
E-Mail   **RKPreskitt@comcast.net or mariepreskitt@hotmail.com**
Footwork: **Opposite except where noted**
Rhythm/Phase   **Foxtrot Phase IV**
Sequence: **A(Mod)-A-B-C-B-End**   **Release 1.3 March 2015**

PART A (Mod)

1 - 4		**WAIT ; FEATHER FINISH ; FWD SLOW RT LUNGE ; SLOW REC SLIP ;**
	1	CP fc DRW trailing foot free wait 2 beats (Night And) plus 1 measure starting on Day ;
SQQ	2	Bk R trng LF, -, sd & fwd L, fwd R CBJO DW(W fwd L, sd & bk R, bk L);
SS	3	Fwd on L to CP, -, lower on L lunge fwd & sd R on soft knee DW, -(W bk R, -, lunge L keep head to L, -);
SS	4	Rec L, -, slip R bk past L trng LF CP DC, -(W rec R, - fwd L trng LF to CP);

5 - 8		**REV FALLAWAY SWAY ; FWD DBLE OUTSD SWIVEL ; FWD HOVER BJO ; OUTSD CHANGE SCP ;**
QQS	5	Fwd L trng LF, sd R, XLIB, slight sway to LOD(W bk R trng LF, sd & bk L, XRIB, slight sway LOD);
SS	6	Rec fwd R, trn body LF, rec bk L, trn body RF(W fwd L, swiv LF BJO, fwd R, swiv RF SCP);
SQQ	7	Fwd R, -, fwd L with hover action trng body LF, bk R BJO RLOD(W fwd L, -, fwd R trng LF brush L to R, fwd L);
SQQ	8	Bk L, -, bk R to CP trng LF, sd & fwd L SCP DW(W fwd R, -, fwd L CP, trng slight RF fwd R);

9 - 12		**IN & OUT RUNS ; ; PROMENADE WEAVE ; ;**
SQQ	9	Fwd R trng RF across W, -, bk & sd L, bk R CBJO RLOD(W fwd L, -, fwd R, fwd L);
SQQ	10	Bk L trng RF, -, fwd R btwn W's feet, fwd L SCP DC(W fwd R trng RF, -, sd & bk L cont trn, fwd R SCP);
SQQ	11	Thru R, -, fwd L trng LF, sd & bk R(W thru L comm LF trn, -, sd & bk R to CP trn LF, sd & fwd L);
QQQQ	12	XLIB, trng LF bk R, trng LF sd & fwd L, fwd R CBJO DW(W XRIF, fwd L, trng LF sd & bk R, bk L);

13 - 16		**3 STEP ; NATURAL TURN ½ ; CLOSED IMPETUS ; FEATHER FINISH ;**
SQQ	13	Fwd L, -, fwd R heel to toe slight trn LF, fwd L LOD(W bk R, -, bk L, bk R);
SQQ	14	Fwd R trng body RF, -, sd & fwd L in front of W to fc RLOD, bk R(W bk L trng on L heel, -, cl R, fwd L);
SQQ	15	Bk L draw R to L trng RF on L heel, -,cl R to L, bk L fc DW(W fwd R trng RF, -, sd & fwd L, fwd R DRC);
SQQ	16	Bk R to CP trng LF, -, sd & fwd L, fwd R CBJO DC(W fwd L, sd & bk R, bk L);

PART A

1 - 4		**REVERSE TURN ; ; FWD SLOW RT LUNGE ; SLOW REC SLIP ;**
SQQ	1	Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L(W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R CP);
SQQ	2	Bk R tng LF, -, sd & fwd L, fwd R CBJO DW(W fwd L trng LF, -, sd & bk R, bk L);
5 - 8		**REV FALLAWAY SWAY ; FWD DBLE OUTSD SWIVEL ; FWD HOVER BJO ; OUTSD CHANGE SCP ;**
9 - 12		**IN & OUT RUNS ; ; PROMENADE WEAVE ; ;**
13 - 16		**3 STEP ; NATURAL TURN ½ ; CLOSED IMPETUS ; FEATHER FINISH ;**
		Repeat Part A Mod measures 3 – 16 ; ; ; ; ; ; ; ; ; ; ; ; ; ;

PART B

1 - 4		**TRN LEFT & RT CHASSE ; BK TWIST VINE 4 ; OUTSD CHANGE SCP ; FEATHER CHECK ;**
SQ&Q	1	Fwd L trng LF, -, sd R/cl L, sd R(W bk R trng LF, sd L/cl R, sd L);
QQQQ	2	XLIB BJO, sd R trng RF, XLIF SCAR, sd R trng LF BJO(W XRIF, sd L, XRIB, sd L);
SQQ	3	Bk L, -, bk R to CP trng LF, sd & fwd L SCP DW(W fwd R, -, fwd L CP, trng slight RF fwd R);
SQQ	4	Thru R, -, sd & fwd L, fwd R chk(W thru L, sd & fwd R trng LF, bk L);

5 - 8		**BK TWIST VINE 4 ; OUTSD SWIVEL 2X ; BK WHISK ; CHAIR & SLIP ;**
QQQQ	5	XLIB BJO, sd R trng RF, XLIF SCAR, sd R trng LF BJO(W XRIF, sd L, XRIB, sd L);
SS	6	Bk L, trn body RF, fwd R, trn body LF(W fwd R, swiv RF SCP, fwd L, swiv LF BJO);
SQQ	7	Bk L, -, trng RF sd R, XLIB SCP(W fwd R, -, trng RF sd L, XRIB SCP);
SQQ	8	Lwr on L chk thru R, -, rec L trng LF, drw R past L bk R CP DC(W chk thru L, -,rec R trng LF, fwd L CP);

9 - 12		**DIAMOND TURN ½ ; ; QUICK DIAMOND 4 ; SLOW LEFT WHISK ;**
SQQ	9	Fwd L comm LF turn, - , sd & bk R, bk L CBJO DRC(bk R LF trn, sd & fwd L, fwd R);
SQQ	10	Bk R trng LF, - , sd & fwd L, fwd R CBJO DRW(fwd L trng LF, -, sd & bk R, bk L);
QQQQ	11	Fwd L trng LF, sd & bk R, bk L, bk R CP LOD(W bk R trng LF, sd & fwd L, fwd R, fwd L CP);
SS	12	Sd L trng LF fc COH, - XRIB weight on both fee, -(W sd R tng LF, - XLIB, -);

13 - 16		**UNWIND HOVER SCP ; FEATHER ; OPEN TELEMARK ; CHAIR & SLIP ;**
SQQ	13	Twist RF on both feet, -, take weight on R cont RF trn, fwd L SCP(W fwd R around M, -,sd L trng RF, fwd R SCP);
SQQ	14	Thru R, -, fwd L, fwd R (W thru L, sd & fwd R trng LF, bk L);
SQQ	15	Fwd L, -, trng LF sd & fwd R fc RLOD, cont trng sd & fwd L SCP DW(W bk R, -, trng LF on R heel cl L, fwd R);
SQQ	16	Lwr on L chk thru R, -, rec L trng LF, drw R past L bk R CP DC(W chk thru L, -,rec R trng LF, fwd L CP);

PART C

1 - 4		**REVERSE WAVE ; ; BK FEATHER ; FEATHER FINISH ;**
SQQ	1	Fwd L comm LF trn, -, sd & bk R fc DRC, bk L(W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R);
SQQ	2	Bk R, -, bk L trng LF, bk R CP RLOD(W fwd L, - fwd R, fwd L);
SQQ	3	Bk L, -, bk R strong R sd lead bk, bk L BJO(W fwd R, -, fwd L strong L sd lead, fwd R BJO);
SQQ	4	Bk R to CP trng LF, -, sd & fwd L, fwd R CBJO DW(W fwd L, sd & bk R, bk L);

5 - 8		**WHISK ; PROMENADE WEAVE ; ; CHANGE OF DIRECTION ;**
SQQ	5	Fwd L, -, sd & fwd R, XLIB SCP(W bk R, -, sd & bk L, XRIB SCP);
SQQ	6	Thru R, -, fwd L trng LF, sd & bk R(W thru Lcomm LF trn, -, sd & bk R to CP trn LF, sd & fwd L);
QQQQ	7	XLIB, trng LF bk R, trng LF sd & fwd L, fwd R CBJO DW(W XRIF, fwd L, trng LF sd & bk R, bk L);
SS	8	Fwd L, - fwd R toeing in, drw L to R CP DC(W bk R, - bk & sd L, drw R to L);

9 - 12		**OPEN REV TURN ; HOVER CORTE ; BK CHASSE SCAR ; CHK FWD DEVELOPE ;**
SQQ	9	Fwd L trng LF, - sd R, XLIB BJO(W bk R trng LF, -, sd L, XRIF BJO);
SQQ	10	Bk R CP, -, bk L rise & trn LF, rec R BJO DW(W fwd L, -, fwd R rise & trn LF, fwd L);
SQ&Q	11	Bk L trng RF WALL, -, sd R/cl L, sd R(W fwd R trng RF, -, sd L/cl R, sd L);
S-	12	Blending to SCAR DRW chk fwd L, -, -, -(W bk R, raise L foot to L knee, extend L fwd and down in arc to R foot, -);

13 - 16		**FEATHER FINISH ; HOVER TELEMARK ; OPEN NATURAL ; HESITATION CHANGE ;**
SQQ	13	Bk R to CP trng LF, -, sd & fwd L, fwd R CBJO DW(W fwd L, sd & bk R, bk L);
SQQ	14	Fwd L CP, -, fwd R trng body RF, fwd L SCP DW (W bk R, -, bk L trng RF, fwd R SCP);
SQQ	15	Fwd R trng RF across W, -, bk & sd L, bk R CBJO RLOD(W fwd L, -, fwd R, fwd L);
SS	16	Bk L, -, trng RF sd & fwd R, drw L to R no weight CP DC(W fwd R, -, trn RF sd & bk L, drw R to L);

END

1 - 4		**TELEMARK SCP ; WHIPLASH W/SLOW SWAY BJO ; ; BK TWIST VINE 4 ;**
SQQ	1	Fwd L, -, trng LF sd & fwd R fc RLOD, cont trng sd & fwd L SCP DW(W bk R, -, trng LF on R heel cl L, fwd R);
Q- -	2	Thru R, swiv on R to point L LOD, -, -)
	3	Slow change of sway LF to turn W to BJO, -, -, -;
QQQQ	4	XLIB, sd R trng RF, XLIF SCAR, sd R trng LF BJO(W XRIF, sd L, XRIB, sd L);

5 - 8		**OUTSD SWIVEL STP THRU ; VINE 4 ; PROMENADE SWAY ; OVERSWAY ;**
SS	5	Bk L, trng body RF, thru R, -(W fwd R, swiv RF to SCP,thru L, -);
QQQQ	6	Sd L, XRIB, sd L, XRIF;
S-	7	Fwd L in SCP stretching up, -, -,
	8	**Lowering & trng body LF to oversway line W's head well to left, -, -, -;**