

Ninon

Choreographers: Andrea Hilpert and Alexander Pohl, Pasteurweg 11, 70565 Stuttgart, Germany AndreaHilpert@gmx.net
Music: Götz Alsmann CD: Zirkus available as CD or download from various shops
Rhythm/Phase: **Cha Cha Cha Phase IV**
Footwork: **opposite except where indicated** (W footwork in parentheses)
Sequence: **Intro-A-B-B*-A-C-B-End**

Version: 1.0, July 2011

Intro

1-4 WAIT; WAIT; CIRCLE CHA;;
{Wait; Wait;} OP LOD wait 2 measures;;
{circle cha;;} Circ LF twd COH (W circ RF twd Wall) L,R, L/R, L; Cont LF circ (W RF circ) twd ptr R, L, R/L, R to Bfly Wall;

Part A

1-4 BASIC;; SPOT TRN 2x;;
{Basic} In BFLY fwd L, rec R, sd L/clR, sd L; Bk R, rec L sd R/cl L sd R;
{Spot trn} XliF of R (bth XiF) commencing RF trn (W LF), rec R con trn to fc ptr, sd LOD L/cl R sd L to BFLY Wall;
{Spot trn} XRiF of L (bth XiF) commencing LF trn (W RF), rec L con trn to fc ptr, sd RLOD R/cl L sd R to BFLY Wall

5-8 BRK BK TO OP LOD; AIDA; SWITCH X; CRAB WK ENDING;
{Brk bk to op} Trng LF (W RF) to fc LOD rk bk RLOD L, rec R, fwd LOD L/lk RiB of L, fwd R;
{Aida} thru LOD R, sd L trn RF (W LF) bk LOD R/lk LiF of R (bth lk iF), bk R to in slight bk-to-bk pos;
{Switch X} Swvl LF (W RF) on R ft and rk sd LOD to BFLY WALL, rec R, X L (bth XiF)/sd R, X L (bth XiF); {Crab wk ending} sd R, X L (bth XiF), sd R/cl L, sd R;

9-12 START CHASE-DOUBLE-PEEK-A-BOO;;;:
{Start Chase-double-peek-a-boo} Rk fwd twd Wall L and trn ½ RF to fc COH, rec R, fwd twd COH L/lk RiB of L, fwd L (W rk bk twd WALL R, rec L, fwd twd COH R/lk LiB of R, fwd R); Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L); Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sipL, sip R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/lk LiB of R, fwd R (W rk fwd twd COH L trn ½ RF to fc WALL, rec R, fwd twd WALL L/lk RiB of L, fwd L);

13-16 FINISH CHASE-DOUBLE-PEEK-A-BOO;;;:
{Finish Chase-double-peek-a-boo}Rk sd RLOD , L rec R, cl L/sip R, sip L (W rk sd LOD R, rec L, cl R/sip L, sip R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd RLOD L, rec R, cl L/sip R, sip L); Rk fwd twd COH L and trn ½ RF to fc COH, rec R, fwd twd COH L/lk RiB of L,R, fwd L; (W rk fwd twd WALL R trn ½ LF to fc COH, rec L, fwd twd COH R R/lk LiB of R, fwd R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/lk LiB of R, fwd R (W rk fwd twd COH L, rec R, bk twd WALL L/lk RiF L, bk L);

Part B

1-4 FENCE LINE; WHIP; SAND STEP TWICE;;
{Fence Line} in Bfly Wall XliF of R (bth XiF), rec R, sd LOD L/cl R, sd L; XriF of L (bth XiF), rec L sd RLOD R/cl L, sd R;
{Whip} Bk R trng LF, rec L to fc COH, sd LOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R COH cont LF trn to fc Wall, sd LOD L/cl R, sd L) to BFLY COH;
{Sand Step} in Bfly tch L toe to the instep of R, tch the L heel to the instep of R, x LiF (both XiF) /sd R, X LiF;
{Sand Step} touch R toe to the instep of L, tch the R heel to the instep of L, X RiF (bth XiF) /sd L, X LiF;

- 5-8 ½ BASIC; UNDERARM TURN; LARIAT;;**
{½ Basic} in Bfly COH rk fwd L, rec R, sd L/cl R, sd L;
{Underarm Turn} Xrib of L raising jnd ld hnds, rec L, sip R/L, R (W XliF of R trng ½ RF undr jnd ld hnds, rec R cont RF trn to fc M, sd LOD L/cl R, sd L to M's R sd) to end w/ ld hnds still jnd and ready to pass ovr M's hd w/ W to R of M;
{Lariat} Rk sd RLOD L, rec R, in place L/R, L (W circ RF around the M, fwd R/L, R; Rk sd LOD R, rec L, in place R/L, R (W cont circ around M L, R, L/R L to Bfly COH);
- 9-12 FENCE LINE; WHIP; TIME STEP TWICE;;**
{Fence Line} in Bfly COH XliF of R (bth XiF), rec R, sd RLOD L/cl R, sd L; XriF of L (bth XiF), rec L sd LOD R/cl L, sd R;
{Whip} Bk R trng LF, rec L to fc WALL, sd RLOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R WALL cont LF trn to fc COH, sd RLOD L/cl R, sd L) to BFLY WALL;
{Time step} X LiB of R (bth XiB) while extending bth arms out to sds, rec R, sd LOD bringing bht arms in front of chest/cl R, sd L;
{Time step} X RiB (bth XiB) while extending bht arms out sdx, rec L, sd LOD R bringing bth arms in frnt of chest/cl L, sd R;
- 13-16 ½ BASIC; SPOT TRN; HAND TO HAND TWICE;;**
{½ Basic} in Bfly WALL rk fwd L, rec R, sd L/cl R, sd L;
{Spot Turn} X LiF (bth XiF) trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L;
{Hand To Hand} X LiB to RLOD, rec L to fc, sd R/cl L, sd R to Bfly Wall;
{Hand To Hand} X RiB to LOD, rec R to fc, sd L/cl R, sd L to Bfly Wall;

Part B (1-14)

Part A

Part C

- 1-4 ½ BASIC; WHIP INTO TRIPLE CHA BACK;; SLIDE THE DOOR;**
{½ Basic} Repeat Measure 13 of B
{Whip Into Triple Cha Back}(1,2,3&4;1&2,3&4;)Bk R trng LF, rec L to fc COH, (W fwd L stepping outsd M on his L sd commencing LF trn, sd R WALL cont LF trn to fc WALL, sd RLOD blending to semi step bk RLOD R/lk LiF R (bth LiF) bk R; trng upper body to R shldr lead bk L/lk RiF L (bth LiF), bk L; trng upper body to L shld lead bk R/lk LiF R (bth LiF), bk R;
{Slide the door} Rk apt R, rec L slide beh W X RiF of L releasing jnd hnds/sd L, X RiF of L (W rk apt L, rec R, slid in front of M X LiF of R/sd R, X LiF of R) to OP LOD w/ no hnds jnd; of L/sd L, X RiF of L) to LOP LOD;
- 5-8 SLIDE THE DOOR; CIRCLE CHA;; ½ BASIC;;**
{Slide the Door} Rk apt L, rec R, slid beh W X LiF of R releasing jnd hnds/sd R, X LiF of R (W rk apt R, rec L, slide in front of M X RiF of L/sd L, X RiF of L) to LOP LOD;
{Circle Cha} Circ LF twd WALL (W circ RF twd COH) L,R, L/R, L; Cont LF circ (W RF circ) twd ptr R, L, R/L, R to Bfly COH;
{½ Basic} Repeat Meas 5 of B
- 9-12 WHIP INTO TRIPLE CHA BACK;; SLIDE THE DOOR; SLIDE THE DOOR;**
{Whip into Triple Cha Back}(1,2,3&4;1&2,3&4;) Bk R trng LF, rec L to fc WALL, (W fwd L stepping outsd M on his L sd commencing LF trn, sd R WALL cont LF trn to fc COH, sd LOD blending to semi step bk LOD R/lk LiF R (bth LiF) bk R; trng upper body to R shldr lead bk L/lk RiF L (bth LiF), bk L; trng upper body to L shld lead bk R/lk LiF R (bth LiF), bk R; ;
{Slide the Door} Rk apt R, rec L slide beh W X RiF of L releasing jnd hnds/sd L, X RiF of L (W rk apt L, rec R, slid in front of M X LiF of R/sd R, X LiF of R) to OP RLOD;
{Slide the Door} Rk apt L, rec R, slid beh W X LiF of R releasing jnd hnds/sd R, X LiF of R (W rk apt R, rec L, slide in front of M X RiF of L/sd L, X RiF of L) to LOP RLOD;
- 13-14 CIRCLE CHA;;**
{Circle cha} Repeat Measures 3 and 4 of Intro

Part B

End

1-4 START CHASE-DOUBLE-PEEK-A-BOO

{Start Chase-double-peek-a-boo} Rk fwd twd Wall L and trn ½ RF to fc COH, rec R, fwd twd COH L/lk RiB of L, fwd L (W rk bk twd WALL R, rec L, fwd twd COH R/lk LiB of R, fwd R); Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L); Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sipL, sip R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/lk LiB of R, fwd R (W rk fwd twd COH L trn ½ RF to fc WALL, rec R, fwd twd WALL L/lk RiB of L, fwd L);

5-8 FINISH CHASE-DOUBLE-PEEK-A-BOO;;; POINT & ARMS UP;

{Finish Chase-double-peek-a-boo}Rk sd RLOD , L rec R, cl L/sip R, sip L (W rk sd LOD R, rec L, cl R/sip L, sip R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd RLOD L, rec R, cl L/sip R, sip L); Rk fwd twd COH L and trn ½ RF to fc COH, rec R, fwd twd COH L/lk RiB of L,R, fwd L; (W rk fwd twd WALL R trn ½ LF to fc COH, rec L, fwd twd COH R R/lk LiB of R, fwd R);
{Point & Arms UP} Point R foot down LOD and point L arm high in the air;