

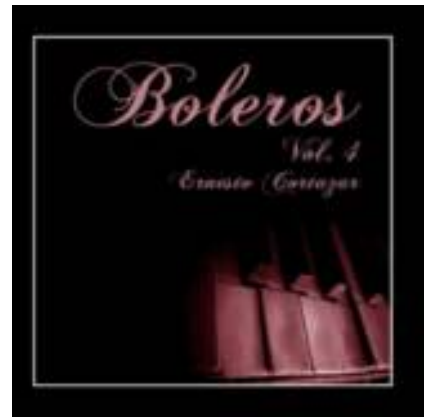
# NOCHECITA

**Music:** Ernesto Cortazar  
[www.amazon.com/ Boleros Vol. 4](http://www.amazon.com/Boleros-Vol.4)  
Track # Time 2:47  
Available from choreographer

**Rhythm:** Slow Two Step Phase: V + Several U

**Footwork:** Opposite except where (Noted)

Release Date: Sept 18  
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium  
**Email:** [jos.dierickx@telenet.be](mailto:jos.dierickx@telenet.be)  
**Sequence:** INTRO AB A C B A END



## INTRO

### 01-04 HALF OP LOD LEAD FOOT FREE WAIT 2 MEASURES ; ; 2 SWITCHES ; ;

{Wait} ½ OP LOD ld ft free wt 2 meas ; ; {2 Switches} Sd L Xg in frt of W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R); Fwd R, -, fwd L to ½ OP LOD, fwd R (W sd L Xg in frt of M, fwd R to ½ OP, fwd L) to ½ OP LOD ;

### 05-08 THE SQUARE to Picking-Up ; ; ; ;

{The Square to Pickg-Up} [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLif (W fwd R, -, sd L twd COH, XRif starting to Xif of M) ; Fwd R, -, sd L twd RLOD, XRif starting to Xif of W (W [like a switch] Xif of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif) ; [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLif (W fwd R, -, sd L twd WALL, XRif starting to Xif of M) ; Fwd R, -, sd L twd LOD, XRif (W [like a switch] Xif of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif) to ½ OP LOD & Pickg-Up in Low Bfly ;

## PART A

### 01-04 TRAVELING X-CHASSE ; PASSING X-CHASSE ; W PASSING X-CHASSE ; TRAVELING X-CHASSE to WALL ;

{Trav Cross Chasse} Joining both hands low trng LF fwd L, -, sd & fwd R, XLif (W bk R LF trn, -, bk & sd L, XRif) to DLC ; {Passing Cross Chasse} Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRif in front of W fc DRW (W bk L trng RF, -, small sd R fc COH, XLif) ; {W Passing Cross Chasse} Bk L trng RF, -, small sd R fc COH, XLif (W fwd R trng RF, -, fwd & sd L cont RF trng, XRif of M fwd DRW) ; {Trav Cross Chasse to WALL} Fwd R trng RF, -, sd & fwd L to fcg WALL, XRif (W bk R trng Lf, -, bk & sd L to fcg COH, XRif) to BFLY WALL ;

### 05-08 LUNGE BASIC TWICE w/ ARMS to Maneuver ; ; TRAVELING RIGHT TURN w/ OUTSIDE ROLL to BFLY ; ; 2<sup>de</sup> Time: P.U.

{Lunge Basic w/ Arms x 2 to Manvr} Sd L lower into knee & extg lead arm sd, -, rec R, XLif (W XRif) ; Sd R lower into knee & extg trail arm sd, -, rec L, XRif (W XLif) to Maneuver ; {Traveling Right Turn w/ Outsd Roll} Cont trn RF crossing ifo W sd & bk L to fc RLOD, -, XRib, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (W fwd R btwn M's ft, -, fwd L, R around M RF) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L) end BFLY WALL ; 2<sup>de</sup> Time: To Picking Up

## PART B

### 01-04 DBL HAND UNDERARM TURN to Stacked Hnds ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ; BASIC ENDING ;

{Dbl Handhold Underarm Trn to Stacked Hnds} [With both hnds jnd above lady's head] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L Stacked Lft over Rt hnds (W fwd R, -, fwd L rf trn under dbl hd hold, fwd R stacked hnds L over R) fcg ptr & WALL ; {Open Break to Fc} With stacked hnds sd R, -, rk apt L, rec R to r-sd of W ; {Change Sides / W Underarm} Fwd L to WALL chg sds CW lead W trn under stacked hnds, -, sd R, XLif (W fwd R to COH LF trn under stacked hnds chg sds, -, sd L, XRif) to BFLY COH ; {Basic Ending} Sd R, -, XLib, rec R to BFLY COH ;

### 05-08 AIDA PREPARATION ; AIDA LINE w/ 2 HIP ROCKS ; SWIVEL to FACE & WHIP to WALL ; BASIC ENDING to Pickg-Up ;

{Aida Preparation} Fwd L to OP RLOD, -, thru R, trng RF sd L fcg ptr ; {Aida Line w/ 2 Hip Rocks} Trng RF bk R to V-BK-TO-BK LOD, -, xfer wgt to L, xfer wgt to R ; {Swivel to Face & Whip to WALL} Fwd L swivel to Fc, -, bk R trn LF ¼, rec L cont LF trn (W fwd R swivel to Fc & Pt L to sd, fwd L comm LF turn, cont LF turn bk R) to BFLY WALL ; {Basic Ending to Pickg-Up} Repeat meas 4 Part B & Pickg-Up ;

## PART C

### 01-04 TRIPPLE TRAVELER ; ; ; BASIC ENDING to Maneuver ;

**{Tripple Traveler}** Fwd L trng LF & raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (*W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld hnds, sd & fwd R contg trn to LOP LOD*) ; Fwd R spiral LF undr jnd hnds, - fwd L, fwd R (*W fwd L, -, fwd R, fwdL*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr*) ; **{Basic Ending to Manvr}** Repeat meas 4 Part B to BFLY COH & Maneuver ;

### 05-08 RIGHT TURN/W OUTSIDE ROLL ; BASIC ENDING to Pickg-Up ; LEFT TURN w/ INSIDE ROLL ; BASIC ENDING to Pickg-Up ;

**{Right Turn w/ Outside Roll}** Sd & bk L in frt of W, -, raisg jnd ld hnds sd & bk R trng ¼ RF, XLif to fc ptr (*W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr*) to BFLY WALL ; **{Basic Ending to Pickg-Up}** Repeat meas 4 Part B to BFLY WALL & Pickg-Up ; **{Left Trn w/ Insd Roll}** Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R*) to BFLY COH ; **{Basic Ending to Pickg-Up}** Repeat meas 4 Part B BFLY COH & Pickg-Up ;

### 09-12 TO RLOD TRIPPLE TRAVELER ; ; ; BASIC ENDING to Manvr ;

**{To RLOD Tripple Traveler}** Repeat meas 1-3 Part C in opp dir ; ; ; **{Basic Ending to Manvr}** Repeat meas 4 Part B to BFLY WALL & Maneuver ;

### 13-16 RIGHT TURN/W OUTSIDE ROLL ; BASIC ENDING to Pickg-Up ; LEFT TURN w/ INSIDE ROLL ; BASIC ENDING to BFLY ;

**{Right Turn w/ Outside Roll}** Repeat meas 5 Part C to COH WALL ; **{Basic Ending}** Repeat meas 4 Part B BFLY COH to Pickg Up ; **{Left Trn w/ Insd Roll}** Repeat meas 7 Part C to BFLY WALL ; **{Basic Ending}** Repeat meas 4 Part B to BFLY WALL ;

## ENDING

### 01-04 OP BASICS ; ; 2 SWITCHES ; ;

**{OP Basic x 2}** Sd L trng to ½ RF rlsng trail hnds LOP RLOD, -, XRib (*W XLib*), rec L trng to fc ; Sd R trng to ½ LF rlsng lead hnds OP LOD, -, XLib (*XRib*) rec R to ½ OP LOD ; **{2 Switches}** Repeat meas 3,4 Intro ; ;

### 05-08 RIFF TURNS TWICE ; ; ROMANTIC SWAY's ; ; VINE 3 ; THRU to a OP HINGE & EXTEND ; ;

**{Riff Turns x 2}** [Q&Q&] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin, cl L compg full RF spin, fwd R com RF spin, cl L compg 2 nd full spin undr jnd hnds*) to BFLY WALL ; **{Romantic Sways}** Release ld hnds Sd L & swiv LF (*W RF*) to bk-to-bk sweep lead hnds up & around to end stretched out to sd at shoulder level, -, hip rk sd R, hip rk rec L ; Sd R and swiv RF (*W LF*) to fc bring lead hds btwn partners to lead hip, -, hip rk sd L, hip rk cl R to BFLY WALL ; **{Vine 3}** Sd L, -, XRib (*W XLib*), sd L ; **{Thru to a OP Hinge}** [SS]Thru R, -, sd & fwd L, hold left sd stretch leading W XLib (*W[SQQ] thru L, sd & fwd R, swivel LF on R XLib r-hand on M's l-shoulder*) ; Relaxing L knee and veering R knee to sway R extend l-arm (*W relaxing L knee head to L extend l-arm*) ;