



## Nocturne

**Choreographer:** Peter & Chama Gomez Frederick, CO 80530 **Date:** 04/30/2014 v.1  
**Web Site:** <http://www.InSyncDancers.org> **E-mail:** [peterandchama@insyncdancers.org](mailto:peterandchama@insyncdancers.org)  
**Artist:** Secret Garden **Record:** Songs from a Secret Garden **Track:** 1  
**Merchant:** 1. Find it at [Amazon.com](http://Amazon.com) **Time:** 3:14  
 2. Find it at iTunes **Time:** 3:14  
**Footwork:** Opposite unless noted (Woman's footwork in parenthesis)  
**Rhythm:** Waltz Roundalab Phase 3+2 (Drg Hes & Weve)  
**Sequence:** Intro - A - A - B - Ending

### Meas

### Intro

#### 1-11 **SLO X LUNGES ;;; CIRC WALTZ ;; LDY CARESS & AWAY ;; OP X HVRS to BJO ;;;**

[OP FCG DLOD/WALL wait on the word "Now" & begin dancing on the word "Let". Both dancers have the L foot free.]

1-11 **[Slo X Lunges]** Slo XLIF R, -, rec R ; -, sd L, - ; Slo XRIF L, -, rec L ; -, sd R, - ; **[Circ Waltz]** Fwd L, pass left shldrs, XRIF of L with a sml flair action, sd L passing bk-to-bk ; Bk R, pass right shldrs, XLIF of R with a sml flair action, sd R fcg DLOD/WALL ; **[Ldy Caress & Away]** M holds with L ft free (Fwd L caress M, -, rec R) ; (Hold) -, fwd L, fwd R (Bk L, bk R, bk L) DLOD/WALL ; **[OP X Hhrs to BJO]** Fwd L with slight X-ing action beg a ¼ LF trn, sd & slightly fwd R comp trn, diag fwd L to BJO sd ; Fwd R with slight X-ing action beg a ¼ RF trn, sd & slightly fwd L comp trn, diag fwd R to SDCAR sd ; Fwd L with slight X-ing action DLOD/WALL, sd & slightly fwd R with sml LF trn, fwd L to BJO sd (BK R with slight X-ing action, sd & slightly bk L with sml LF trn, bk R) ;

### Part A

#### 1-8 **MANUV ; SPN TRN ; BOX FIN ; DRG HES ; BK LKS ; IMP to SCP ; WEV to BJO ;;**

1-4 **[Manuv]** Fwd R comm RF trn, cont RF trn to fc ptr sd L, cl R to CP/ROD (Bk L comm RF trn, cont RF trn to fc ptr sd R, cl L) ; **[Spn Trn]** Comm RF trn with toe lead bk L, fwd R btwn W's ft with slight rise cont trn, comp RF trn bk L to fc DLOD/Wall ; **[Box Fin]** Bk R comm LF trn, sd L cont. trn to fc DLOD/COH, cl R ; **[Drg Hes]** Fwd L comm LF trn, cont. trn sd R LOD, sd draw L to R cont rotation to BJO fcg DRLD/COH ;

5-8 **[Bk Lks]** Bkg DLOD/WALL in BJO bk L, bk R/lk L in frt of R, bk R ; **[Imp to SCP]** Comm RF trn bk L, cl R [heel trn] cont RF trn, comp trn fwd L to SCP fcg DLOD/COH (Comm RF trn fwd R otsd ptr piv RF, sd & fwd L cont RF trn arnd M brush R to L, comp trn fwd R) ; **[Wev to BJO]** Fwd R, fwd L comm LF trn, cont trn sd & slightly bk R to fc DRLD/COH ; Cont trn bk L lead W to step otsd to CBMP, bk R cont LF trn, sd & fwd L DLOD/WALL to BJO ;

#### 9-16 **MANUV ; SPN TRN ; BOX FIN ; DRG HES ; BK LKS ; IMP to SCP ; WEV to BJO ;;**

9-16 Repeat meas. 1 through 8 ;;;;

#### 17-24 **MANUV ; IMP to SCP ; WING to FC DLOD/WALL ; X HVR to SCP ; SYNC VN ; CHR REC PNT ; MANUV ; IMP to SCP ;**

17-20 **[Manuv]** Repeat meas. 1 ; **[Imp to SCP]** Comm RF trn bk L, cl R [heel trn] cont trn to fc DLOD/WALL, sd & fwd L to SCP fcg DLOD/COH (Comm RF trn fwd R piv RF, sd & fwd L cont trn arnd M brush R to L, fwd R) ; **[Wing]** Fwd R, draw L twd R, tch L to R trng upper part of body LF to fc DLOD/WALL (Fwd L beg to XIF of M comm trng LF, fwd R arnd M cont trn, fwd L arnd M comp trn to tight SDCAR) ; **[X Hvr to SCP]** Fwd L with slight X-ing action comm lead W to CP, fwd R btwn W feet to CP, trn LF fwd L to SCP (BK R with slight X-ing action, bk L to CP, trn LF fwd R to SCP) ;

21-24 **[Sync Vn]** Thru R trn RF to fc ptr, sd L/XIB R, sd L to SCP DLOD/COH ; **[Chr Rec Tch]** Fwd R lun, rec L, tch R twd RLOD in SCP ; **[Manuv]** Fwd R beg RF trn (Fwd L), cont trn to fc ptr sd L, cl R to CP DRLD/WALL ; **[Imp to SCP]** Repeat meas. 18 ;

#### 25-30 **SYNC VN ; THRU & SLO FLAIR/LDY CLS ; LDY AWAY ; OP X HVRS to BJO ;;;**

25-28 Repeat meas. 21; **[Thru & Slo Flair/Ldy Cls]** Fwd R DLOD/COH, flair fwd L, pt to LOD (W cls R) trn RF to CP ; **[Lady Away]** (Hold) -, Fwd L, fwd R (Bk L, bk R, bk L) DLOD/WALL ; **[OP X Hhrs to BJO]** Repeat meas. 9-11 of Intro ;



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### **Part B**

1-8 **MANUV ; SPN TRN ; BOX FIN ; DRG HES ; BK LKS ; IMP to SCP ; SYNC VN ; THRU & SLO FLAIR/LDY CLS ;**

1-8 Repeat meas. 1 through 6 of Part A ;;;;; Repeat meas. 21 of Part A ; Repeat meas. 26 of Part A ;

### **Ending**

1-2 **LDY AWAY ; M CHK ;**

1 **[Lady Away]** (Hold) -, Fwd L, fwd R (Bk L, bk R, bk L) DLOD/WALL ;

2 **[M Chk]** Cross chk fwd L, -, - ;