

# O Mio Babbino Caro

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CD: Trip Through Tuscany, Track 9 Artist: Eric Tingstad MP3: iTunes, etc, CD: Amazon, CD Baby

Rhythm: Waltz RAL Phase V Difficulty Level - Moderate

Footwork: Opposite unless noted (Woman's Footwork in parentheses)

Timing: Standard RAL Waltz unless noted. Time @ 45 RPM: 3:34

Sequence: Intro-A-B-C-Int1-D-A-Int2-End

Released: September 1, 2010

## Meas

### INTRODUCTION

#### 1 - - 4 CP WALL WAIT 2;; STP SD TO HINGE; HOLD & EXTEND;

1 - 2 CP Fng Wall Wait 2 Meas;;

1,-,-; 3 - 4 [Sd to Hinge] Stp sd & slightly fwd L w 1/4 trn comm lft sd stretch, cont lft sd stretch leading W to cross her L beh R keeping lft sd in to ptr relaxing lft knee & trng rt knee to sway rt & look at W, - (sd R 1/4 trn comm rt sd stretch & cont rt sd stretch swivel LF, XLIB of R keeping lft sd in to ptr relaxing lft knee [head to lft with shldr almost parallel to ptr] w/no weight on R, -); [Hold & Extend] Hold in Hinge Line & extend ld arm out continuing lft sd stretch.(W lower rt arm to M's lft shldr & stretch upper body & extend trailing arm out & up;

#### 5 - - 8 REC, HOVER SCP; THRU TO PROM SWAY; CHG SWAY; REC, HOVER SCP;

-2,3; 5 - 6 [Rec, Hover SCP] Commence Rt Fc Rotation to fc wall on count 1, sd R rising to ball of ft, rec L to tight SCP (Fwd R trng RF to CP, sd & bk L rising to ball of ft, rec R to tight SCP); [Thru to Prom Sway] Thru R, sd & fwd L stretching lft sd of body slightly upward to look over joined ld hnds, relax lft knee, - (Thru L, sd & fwd R stretching rt sd of body slightly upward to look over joined ld hnds, relax rt knee, -);  
1,2,-; 7 - 8 [Chg Sway] Cont relaxing lft knee extending rt leg & stretching lft sd of body & looking at ptr, -, - (Cont relaxing rt knee extending lft leg & stretching rt sd looking well to the lft, -, -); [Rec, Hover SCP] Commence Rt Fc Rotation to fc wall on count 1, sd R rising to ball of ft, rec L to tight SCP (Commence RF rotation to CP on count 1, sd & bk L rising to ball of ft, rec R to tight SCP);

### PART A

#### 1 - - 4 \_NAT TRN; OVER SPIN TRN; BK, CHASSE BJO; OP NAT;

1 - 2 [1/2 Nat Trn] Commence RF upper body trn fwd R heel to toe, sd L across LOD, bk R (Comm RF upper body trn fwd L, fwd R cont trn, fwd L); to CP; [Over Spin Trn] Commence RF upper body trn bk L pivoting \_ RF to fc DLW, fwd R between W's feet heel to toe continue trn leaving lft leg extended bk & sd, complete trn recover sd & bk L fc Wall (Commence RF upper body trn fwd rt between man's feet heel to toe pivoting \_ RF, bk L toe continue Trn brush R to L, complete trn sd & fwd R);

1,2&,3; 3 - 4 [Bk & Chasse Bjo] Bk R, sd L/cl R to L, sd R to Bjo; [Op Nat] Comm RF upper body trn fwd R heel to toe, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M with rt sd leading to BJO DRC (Comm RF upper body trn bk L, -, sd R across LOD cont trn, fwd L outside ptr with lft sd leading to BJO);

#### 5 - - 8 OUTSD SPIN; LFT TRNG LK; OP NAT TRN; BK PASSING CHG;

5 - 6 [Outside Spin] In BJO preparing to lead W outsd ptr commence RF body trn toeing in with rt sd lead bk L in BJO small step 3/8 trn to rt on stp 1, fwd R in BJO heel to toe cont RF trn, [3/8 RF trn bet stps 2 & 3] sd & bk L to end in CP 1/4 RF trn on 3 (Commence RF body trn with lft sd lead staying well in the man's rt arm fwd R in BJO outsd ptr heel to toe, cl L to R on toes of both feet 5/8 turn bet stps 1 & 2, cont RF trn 1/4 bet steps 2 & 3 fwd R bet M's feet to end in CP 1/8 RF trn on stp 3); [Lft Trng Lock] Bk R with rt sd lead & rt sd stretch/XLIF of R, bk & slightly sd R starting to trn LF, sd & slightly fwd L to BJO making 1/4 LF trn betwn stps 3 & 4 as body trns less (Fwd L with lft sd lead & lft sd stretch/XRIB of L, fwd & slightly sd L starting LF trn, sd & slightly bk R to BJO making 1/4 LF trn betwn stps 3 & 4 as body turns less;) to fc DLW;

7 - 8 [Op Nat Trn] Repeat Meas 4, Part A; [Bk Passing Chg] In Bjo Bk L, Bk R, Bk L;

#### 9 - - 12 OUTSD CK; OP IMP; THRU CHASSE BJO; FWD, FC, CL;

9 - 10 [Outside Ck] Bk R trng LF, sd & fwd L, ck fwd R outside ptr to BJO (Fwd L trng LF, sd & bk R, ck bk L outside ptr to BJO); [Op Imp] comm RF upper body trn bk L, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R);

1,2&,3; 11-12 [Thru, Chasse Bjo] Thru R trng RF to fc ptr, sd L/cl R to L, sd R to Bjo; [Fwd, Fc, Cl] Fwd R trng RF to fc ptr & wall. sd L. cl R to L to CP/Wall:

**13 – 16 WHISK; WING; CL TELE; \_ NAT TRN;**

**13-14** [Whisk] Fwd L to CP, fwd & sd R commencing rise to ball of ft, XLIB of R continuing to full rise on ball of ft ending in a tight SCP (bk R to CP, bk & sd L commencing to rise to ball of ft, XRIB of L continuing to full rise on ball of ft ending in a tight SCP); [Wing] Fwd R, draw L twd R, tch L to R trng upper part of body LF with lft sd stretch (Fwd L beginning to XIF of M comm trn slightly LF, fwd R arnd M cont to trn slightly LF, fwd L arnd M complete slight LF trn to end in a tight SCAR);

**15-16** [Cl Tele] Fwd L to CP comm LF trn, sd R cont trn, sd & fwd L (W bk R comm Lf trn, cl L to R for heel trn, bk & sd R) to BJO/ DLW; [1/2 Nat Trn] Repeat Meas 1, Part A;

**PART B****1 - - 4 OP IMP; IN & OUT RUNS;; SLOW SD LK;**

**1 – 2** [Op Imp] comm RF upper body trn bk L, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R); [Start In & Out Runs] Fwd R starting RF trn, sd & bk DLW on L to CP, bk R with rt sd leading to BJO (Fwd L, fwd R bet M's feet, fwd L outside ptr with lft sd leading to BJO);

**3 – 4** [Finish In & Out Runs] Bk L trng RF, sd & fwd R bet W's feet continuing RF trn, fwd L to SCP (fwd R starting RF trn, fwd & sd L continuing trn, fwd R to SCP); [Slow Sd Lk] Thru R, sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;) to CP/DLC;

**5 - - 8 DIAMOND TRN;;;;**

**5 – 8** [Diamond Trn] Fwd L trng LF DLC, continuing LF trn sd R, bk L with the ptr outside the man in BJO DRC; staying in BJO & trng LF stp R, sd L, fwd R outside ptr in BJO DRW (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO DLW; staying in BJO & trng LF stp R, sd L, fwd R outside ptr in BJO DLC (Bk R trng LF on the diag, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L);

**9 - - 12 OP TELE; NAT HOVER FALLAWAY; BK, BK/LK, BK; OUTSIDE CHG SCP;**

**9 – 10** [Op Tele] Fwd L comm LF trn, sd R cont trn, sd & fwd L (W bk R comm Lf trn, cl L to R for heel trn, sd & fwd R) to SCP/DLW; [Nat Hov Fallaway] Fwd R with RF trn, fwd L trng RF w/ rise, rec bk R DRW;

1,2&,3; **11-12** [Bk, Bk/Lk, Bk] Bk L, bk R/XLIF, bk R; [Outside Chg] Bk L, bk R trng LF, sd & fwd L outside ptr to SCP (Bk Rt, bk L trng LF, fwd R to SCP;) DLW;

**13 – 16 THRU, FC, CL; HOVER; NAT HOVER CROSS;;;**

**13-14** [Thru, Fc, Cl] Thru R, fwd L trng to fc Ptr, cl R to L CP Wall; [Hover] Fwd L to CP, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, bk & sd L rising to ball of ft, rec R to tight SCP);

1,2,3; 1&,2,3; **15-16** [Nat Hover Cross] Fwd R DLW commence RF trn, sd L with lft sd stretch [1/4 RF trn bet stps 1 & 2], cont RF trn sd R [1/2 RF trn bet stps 2 & 3 body trns less feng DLC]; With rt sd stretch fwd L outsd ptr in SCAR on toes/rec R with slight lft sd lead, sd & fwd L, with lft sd stretch fwd R outsd ptr in BJO on toes (Bk L commence RF trn, R foot closes to L heel trn with a rt sd stretch trng RF 3/8 bet stps 1 & 2, cont RF trn sd L [3/8 RF trn bet stps 2 & 3] to CP; With left sd stretch bk R in SCAR on toe/rec L with slight rt sd lead, sd & bk R, with rt sd stretch bk L in BJO);

**PART C****1 - - 4 OP TELE; NATURAL WEAVE;; \_ NAT TRN;**

**1 – 2** [Op Tele] Repeat Meas 9, Part B; [Commence Natural Weave] Fwd R comm to trn RF, sd L with lft sd stretch [under 1/4 RF trn betwn steps 1 & 2], with rt sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2 & 3] (Bk L comm to trn RF, R foot closes to L heel trn with rt sd stretch trng 1/4 RF betwn steps 1 & 2, with lft sd lead fwd L preparing to step outsd ptr);

**3 – 4** [Finish Natural Weave] With rt sd stretch bk L in BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 & 6 body trns less (with left sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6;) DLW; [1/2 Nat Trn] Repeat Meas 1, Part A;

**5 - - 8 OP IMP; WEAVE TO BJO;; OP NAT;**

**5 – 6** [Op Imp] Repeat Meas 1, Part B; [Commence Weave to BJO] Fwd R DLC, fwd L commence LF trn, continue trn sd & slightly bk R to fc DRC (Fwd L DLC commence LF trn, continue trn sd & slightly bk R to fc DRW, continue trn sd & fwd L LOD);

- 9 – 10 **[Finish Weave to BJO]** Bk L LOD leading W to stp outsd to BJO, bk R continue LF trn, sd & fwd L DLW to banjo position preparing to step outsd ptr (fwd R LOD outside ptr to BJO, fwd L LOD continue trn, sd & slightly bk R DLW to banjo position.); **[Op Nat]** Comm RF upper body trn fwd R heel to toe, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M with rt sd leading to BJO DRC (Comm RF upper body trn bk L, -, sd R across LOD cont trn, fwd L outside ptr with lft sd leading to BJO.);
- 9 - - 12 **SLOW OUTSD SWIVELS;; OUTSD SPIN; BK, FC, CL CP/WALL;**
- 1,-,-; 9 – 10 **[Slow Outside Swivels]** Bk L in BJO, XRIF of L with no weight, - (Fwd R in BJO, swivel RF on ball of rt foot ending in SCP, -); Fwd R, -, - (Fwd L in SCP, swivel LF on ball of lft foot ending in BJO,-);
- 1,-,-; 11-12 Repeat Meas 5, Part A; **[Bk, Fc, Cl CP/Wall]** Bk R trng LF to fc ptr, sd L, cl R to L to CP/Wall;

**INT 1****1 - - 4 WHISK; PU SCAR; PROG X HOVERS;;**

- 1 – 2 **[Whisk]** Repeat Meas 13, Part A; **[PU SCAR]** Thru R, small fwd L, fwd R to SCAR DLW (thru L commencing LF trn, sd & bk R across LOD, bk L to SCAR DLW.);
- 3 – 4 **[Prog Cross Hovers]**In SCAR fwd L with slight crossing action commencing to rise & beginning a 1/4 LF trn, sd & slightly fwd R continuing to rise & completing the 1/4 LF trn, diagonally fwd L to BJO lowering at end of stp (In SCAR bk R with slight crossing action commencing to rise in body & beginning a 1/4 LF trn, sd & slightly bk L continuing to rise & completing the 1/4 LF trn, diagonally bk R to BJO lowering at end of stp.); In BJO fwd R with slight crossing action commencing to rise & beginning a 1/4 RF trn, sd & slightly fwd L continuing to rise & completing the 1/4 RF trn, diagonally fwd R to SCAR lowering at end of stp (In BJO bk L with slight crossing action commencing to rise in body & beginning a 1/4 RF trn, sd & slightly bk R continuing to rise & completing the 1/4 RF trn, diagonally bk L to SCAR lowering at end of stp.);
- 5 - - 8 **FINISH X HOVER TO BJO; MANUV; SPIN TRN; BOX FINISH DLC;**
- 5 – 6 **[X Hover to BJO]** In SCAR fwd L with slight crossing action commencing to rise & beginning a 1/4 LF trn, sd & slightly fwd R continuing to rise & completing the 1/4 LF trn, diagonally fwd L to BJO lowering at end of stp (In SCAR bk R with slight crossing action commencing to rise in body & beginning a 1/4 LF trn, sd & slightly bk L continuing to rise & completing the 1/4 LF trn, diagonally bk R to BJO lowering at end of stp.); **[Manuv]** In BJO fwd right commence RF upper body trn, continue RF trn to fc ptr sd L, cl R to L CP/RLOD (In BJO bk L commence RF upper body trn, continue RF trn to fc ptr sd R, cl IL to R CP/RLOD.);
- 7 – 8 **[Spin Trn]** Commence RF upper body trn bk L pivoting \_ RF to fc DLW, fwd R betwn W's feet heel to toe cont trn leaving lft leg extended bk & sd, complete trn rec sd & bk L (Commence RF upper body trn fwd R betwn M's feet heel to toe pivoting \_ RF, bk lft toe cont trn brush R to L, complete sd & fwd R;) fc DLW; **[Box Finish]** Bk R commence \_ LF trn, sd L, cl R to L (Fwd L commence \_ LF trn, sd R, cl L to R;) DLC;

**PART D****1 - - 4 DIAMOND TRN;;;**

- 1 – 4 Repeat Meas 5-8, Part B

**5 - - 8 TRN L & RT CHASSE; BK, BK/LK, BK; OP IMP; THRU, FC, CL;**

- 1,2&,3; 5 – 6 **[Trn Lft & Rt Chasse]** Fwd L DLC with LF trn to fc COH, sd R/cl L to R, sd R to BJO DRC; **[Bk, Bk/Lk, Bk]** In BJO bk L, bk R/XLIF of R, Bk R;

- 7 – 8 **[Op Imp]** Repeat Meas 1, Part B; **[Thru, Fc, Cl]** Thru R commencing RF trn to fc Ptr, sd L, cl R to L to CP/Wall;

**9 - - 12 HOVER; SLOW SD LK; OP REV TRN; BK PASSING CHG;**

- 9 – 10 Repeat Meas 14, Part B; **[Slow Sd Lk]** Repeat Meas 4, Part B;

- 11-12 **[Op Rev Trn]** In CP fwd L trng LF 1/4, cont LF trn sd R, bk L to BJO/DLC (In CP bk R trng lft 1/4, cont LF trn sd L, fwd R to BJO/DRC.); **[Bk Passing Chg]** Repeat Meas 8, Part A;

**13 – 16 CL IMP; OP FINISH; 1 LEFT TRN; BK & LEFT CHASSE;**

- 13-14 **[Cl Imp]** Bk L trng RF, cont trn cl R to L, bk & sd L to CP DLW (W fwd R btwn M's ft, fwd L trng RF, brush R to L then fwd on R betwn M's feet); **[Op Finish]** Bk R trng LF, sd & fwd L, fwd R outside ptr to BJO (Fwd L trng LF, sd & bk R, bk L to BJO.);

- 15-16 **[Left Trn]** Fwd L commence \_ LF trn, cont trn sd R diagonally across LOD trng \_ LF, cl L to R fc RLOD;

1,2&,3; [Bk & Left Chasse] Bk R trng LF to fc ptr & Wall, sd L/cl R, sd L to BJO DLW;

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**REPEAT PART A**

**INT 2**

**1 - - 5 OP IMP; PU SCAR; PROG X HOVERS TO SCP;;;**

1 - 2 [Op Imp] Repeat Meas 1, Part B; [PU SCAR] Repeat Meas 2, Int 1;

3 - 4 [Prog X Hovers] Repeat Meas 3 & 4, Int1;;

5 [Cross Hover to SCP] In SCAR fwd L with slight crossing action commencing to rise & beginning a slight RF upper body trn, sd & slightly fwd R continuing to rise & completing the 1/4 LF trn, diagonally fwd L to SCP lowering at end of stp (In SCAR bk R with slight crossing action commencing to rise in body & beginning a strong RF upper body trn, sd & slightly bk L continuing to rise & completing the 1/4 LF trn, diagonally thru to SCP lowering at end of stp);

**6 - - 8 THRU CHASSE BJO; MANUV; OP IMP;**

6 - 7 [Thru Chasse Bjo] Thru R to fc, sd L/cl R, sd L trng slightly LF to BJO; [Manuv] Repeat Meas 6, Int 1;

8 [Op Imp] Repeat Meas 1, Part B;

**END**

**1 - - 4 \_ NAT TRN; OVER SPIN TRN; BK, CHASSE BJO; OP NAT;**

1 - 4 Repeat Meas 1-4, Part A

**5 - - 8 OUTSD SPIN; LFT TRNG LK; MANUV; BK PASSING CHG;**

5 - 8 Repeat Meas 5-8, Part A

**9 - - 11 OUTSD CK; OP IMP; THRU TO HINGE;**

9 - 10 Repeat Meas 9-10, Part A

11 [Thru to Hinge] Thru R, sd & slightly fwd L with LF upper body rotation betwn steps 1 & 2 comm lft sd stretch, cont lft sd stretch leading W to cross her L beh R keeping lft sd in to ptr relaxing lft knee & trng rt knee to sway rt & look at W, - (Thru Lt comm to turn LF, sd R with LF upper body rotation betwn steps 1 & 2 comm rt sd stretch & cont rt sd stretch swivel LF, XLIB of R keeping lft sd in to ptr relaxing lft knee [head to lft with shldr almost parallel to ptr] w/no weight on R);

## Quick Cues

### O Mio Babbino Caro

(Phase V – Waltz)

(Weiss)

**Intro** CP Wall Wait 2;; Stp Sd to Hinge; Hold & Extend;  
Rec, Hover SCP; Thru to Prom Sway; Chg Sway; Rec, Hover SCP;

**A** \_ Nat; Over Spin Trn; Bk, Chasse Bjo; Op Nat;  
Outsd Spin; Lft Trn Lk; Op Nat; Bk Passing Chg;  
Outsd Ck; Op Imp; Thru, Chasse Bjo; Fwd, Fc, Cl;  
Whisk; Wing; Cl Tele; \_ Nat;

**B** Op Imp; In & Out Runs;; Slow Sd Lk;  
Diamond Trn;;;  
Op Tele; Nat Hover Fallaway; Bk, Bk/Lk, Bk; Outsd Chg Semi;  
Thru, Fc, Cl; Hover; Nat Hover Cross;;

**C** Op Tele; Nat Weave;; \_ Nat;  
Op Imp; Weave to Bjo;; Op Nat;  
Slow Outsd Swivels;; Outsd Spin; Bk, Fc, Cl Wall;

**Int1** Whisk; PU SCAR; Prog X Hovers;;  
Manuv; Spin Trn; Box Finish DLC;

**D** Diamond Trn;;;  
Trn L & Rt Chasse; Bk, Bk/Lk, Bk; Op Imp; Thru, Fc, Cl;  
Hover; Slow Sd Lk; Op Rev Trn; Bk Passing Chg;  
Cl Imp; Op Finish; 1 Lft Trn; Bk & Lft Chasse Bjo;

**A** \_ Nat; Over Spin Trn; Bk, Chasse Bjo; Op Nat;  
Outsd Spin; Lft Trn Lk; Op Nat; Bk Passing Chg;  
Outsd Ck; Op Imp; Thru, Chasse Bjo; Fwd, Fc, Cl;  
Whisk; Wing; Cl Tele; \_ Nat;

**Int2** Op Imp; PU SCAR; Prog X Hovers;; to SCP;  
Thru, Chasse Bjo; Manuv; Op Imp;

**End** \_ Nat; Over Spin Trn; Bk, Chasse Bjo; Op Nat;  
Outsd Spin; Lft Trn Lk; Op Nat; Bk Passing Chg;  
Outsd Ck; Op Imp; Thru to Hinge;