

# ONE MOMENT IN TIME

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Music: One Moment In Time (Rumba) by Tony Evans & His Orchestra  
From the CD album Dancebeat 13: Latin Intensity  
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase IV

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B Brg 1 B Brg 2 B Ending

## ..... INTRODUCTION (4 Measures) .....

BJO BOLERO POS FCNG WALL W/ LEAD FEET FREE WAIT 2 MEAS;; WHEEL 6 BFLY WALL;;

[1 & 2] In bjo bolero pos fcng wall with lead feet free wait 2 measures;; [3 & 4] With the center point between the man and the lady being the axis of your rotation wheel rf fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R blind bfly pos fcng wall, -;

## ..... PART A (16 Measures) .....

ALEMANA;; LARIAT 6 BFLY;; FENCE LINE RLOD; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN BFLY; BREAK BACK TO OP FC LOD; PROGRESSIVE WALK 6;; NEW YKR TO FC; FULL CHASE BLND BFLY;;;

[1 & 2] Fwd L, rec R, cl L leading W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L, -;) [3 & 4] Step in place L, R, L, -; Step in place R, L, R, -; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, sd L end fcng M bfly pos, -;) [5] In bfly pos cross lunge thru L with bent knee looking direction of lunge, rec R trng to fc ptrn, step sd L, -; [6] Toward LOD fwd R trng rf, sd L continue rf turn, bk R ending in a "V" back-to-back pos fcng RLOD, -; [7] Turning lf to fc ptrn step sd L chkg bringing joined hands thru, rec R, sd L toward LOD, -; [8] XRIF of left commence 1/2 turn on crossing foot, rec L complete turn to fc ptrn, step sd R bfly pos, -; [9] Commence lf turn bhnd L to opn pos fcng LOD, rec fwd R, fwd L, -; [10 & 11] Fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd L, -; [12] Step fwd R with straight leg to side by side pos, rec L trng to fc ptrn, sd R, -; [13 - 16] Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; (W bk R with no turn, rec L, fwd R, -; Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L with no turn, rec R, bk L, -;)

## ..... PART B (16 Measures) .....

OPEN BREAK; THRU SERPIENTE;; FENCE LINE LOD; CHNG SIDES FC LOD; ON ARND TO FC BFLY COH; 1 HAND TO HAND; THRU FC CL BFLY; 1/2 BASIC; WHIP TO WALL; NEW YKR RLOD; CRAB WALK 6;; SPOT TURN BFLY; CUCARACHA L & R;;

[1] Rock apart strongly on L while extending free arm up with palm out, rec R lowering free arm, sd L, -; [2 & 3] Toward LOD thru R, sd L, bhnd R, fan L counter-clockwise; Bhnd L, sd R, thru L, fan R counter-clockwise; [4] In bfly pos cross lunge thru R toward LOD with bent knee looking direction of lunge, rec L trng to fc ptrn, step sd R, -; [5] Under joined lead hands change sides to fc LOD in left open position fwd L, fwd R, fwd L, -; [6] Continue on around with 1/4 lf turn to fc ptrn & COH in bfly pos fwd R, fwd L, fwd R, -; [7] Commence lf turn to side by side pos bhnd L, rec R to fc ptrn, sd L, -; [8] Toward RLOD thru R, sd L to fc ptrn, cl R blind bfly pos, -; [9] Fwd L, rec R, sd L, -; [10] Bk R commence 1/4 lf turn, rec fwd L trng 1/4 to complete turn, sd R ending bfly pos fcng wall, -; (W fwd L outside M on his left side, fwd R commence 1/2 lf turn, sd L, -;) [11] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc ptrn, sd L blind bfly pos, -; [12 & 13] Toward LOD XRIF of left, sd L, XRIF of left, -; Sd L, XRIF of left, sd L, -; [14] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc ptrn, step sd R, -; [15 & 16] In bfly pos sd L, rec R, cl L, -; Sd R, rec L, cl R, -;

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## ..... BRIDGE 1 (10 Measures) .....

1/2 BASIC; TO A FAN; HOCKEY STICK;; NEW YKR RLOD; SPOT TURN BFLY;  
CHASE W/ PEEK-A-BOO BLND BFLY;;;;

[1] Fwd L, rec R, sd L, -; [2] Bk R, rec L, sd R, -; (W fwd L, trng lf step sd & bk R making 1/4 turn to left, bk L leaving right foot extended fwd with no weight, -;) [3 & 4] Fwd L, rec R, cl L, -; Bk R, rec L, fwd R following W, -; (W cl R, fwd L, fwd R, -; Fwd L, fwd R trng lf to fc ptrn, sd & bk L, -;) [5] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc ptrn, sd L, -; [6] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc ptrn, step sd R, -; [7 - 10] Fwd L commence 1/2 rf turn, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R commence 1/2 lf turn, rec L, cl R blnd bfly pos, -; (W bk R, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec R, cl L, -;)

## ..... BRIDGE 2 (6 1/2 Measures) .....

FULL BASIC;; NEW YKR RLOD; SPOT TURN BFLY; SHLDR TO SHLDR TWICE;;  
OK ROCK 2,

[1 & 2] Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -; [3] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc ptrn, sd L, -; [4] Toward LOD XRIF of left commence 1/2 turn on crossing foot, rec L completing turn to fc ptrn, step sd R bfly pos, -; [5 & 6] From bfly pos fwd L to bfly sdcap pos, rec R to fc, sd L, -; Fwd R to bfly bjo pos, rec L to fc, sd R, -; [1/2 Meas] Rk sd L, rec R,

## ..... ENDING (4 Measures) .....

1/2 BASIC; BOTH UNDERARM TURN BFLY; FENCE LINE RLOD; (SLOWING DOWN)  
AIDA LOD & EXTEND THE ARMS;

[1] Fwd L, rec R, sd L, -; [2] Under joined lead hands XRIF of left commence 1/2 rf turn, rec L completing turn to fc ptrn, sd R blnd bfly pos, -; [3] In bfly pos cross lunge thru L toward RLOD with bent knee looking direction of lunge, rec R trng to fc ptrn, step sd L, -; [4] As music begins to slow step fwd R toward LOD trng rf, sd L continue rf turn, bk R to "V" back-to-back pos & extend trailing arms up & out, -;