### **OPEN ARMS**

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Open Arms by Easy Listening Music:

From the CD album Easy Listening Vol 2, Music For Quiet Moments

Available from iTunes Music Downloads

Phase III + 1 (Diamond Turn) Rhythm/Phase: Waltz

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B C Interlude A B C Ending

For Jerry and Sandy - - Wishing you many happy memories!

### ..... INTRODUCTION (8 Measures) .....

BFLY POS FCNG PARTNER & WALL W/ LEAD FEET FREE WAIT 2 MEAS;; TWIRL VINE 3; PKUP SD CL; FWD WALTZ; MANUV; 2 RT TURNS CP WALL;;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3] Sd L, XRIB, sd L; (W sd & fwd R turning 1/2 rf under joined lead hands, sd & bk L turning 1/2 rf, sd R;)

[4] Toward LOD thru R small step picking up W clsd pos, sd L, cl R end clsd pos LOD;

[5] Fwd L, fwd & slightly sd R, cl L to right; [6] Fwd R commence rf upper body turn, continue rf turn to fc partner sd L, cl R; [7 & 8] Bk L commence up to 1/4 rf turn, continue turn sd R toward line of progression turning up to 1/4 rf, cl L; Fwd R commence up to 1/4 rf turn, continue turn sd L diag across line of progression to fc DLW or wall, cl R clsd pos;

#### ..... PART A (16 Measures) .....

HOVER SEMI; THRU & CHASSE BJO; FWD FWD/LK FWD; MANUV; SPIN TURN; BOX FINISH; 2 LT TURNS BFLY WALL;; WALTZ AWAY & TOG BFLY;; TWIRL VINE 3; THRU FC CL BFLY; SOLO TURN 6 CP WALL;; HOVER SEMI; PKUP SD CL;

- [1] In clsd pos fwd L, fwd & sd R rising to ball of foot, rec L to tight semi-clsd pos;
- [2] Toward LOD step thru R commence rf turn to fc partner, sd L/cl R, sd L ending in bjo pos;
- [3] In bjo pos fwd R, fwd L/lock R in back of left, fwd L; [4] Fwd R commence rf upper body turn, continue rf turn to fc partner sd L, cl R fc RLOD; [5] Commence rf upper body turn bk L pivoting 1/2 rf to fc line of progression, fwd R between W's feet heel to toe continue turn leaving left leg extended back & side, complete turn recover sd & bk L; (W commence rf upper body turn fwd R between M's feet heel to toe pivoting 1/2 rf, bk L continue turn brush right to left, complete turn sd & fwd R;) [6] Bk R start slight If body turn, sd L fc DLC, cl R; [7 & 8] Fwd L commence up to 1/4 If turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning to fc wall, cl R blnd bfly pos; [9 & 10] Opening up to progress down LOD fwd L, fwd R, cl L; Fwd R turning to fc partner, sd L, cl R blnd back to bfly pos; [11] With M's left and W's right hands joined sd L, XRIB, sd L; (W sd & fwd R turning 1/2 rf under joined hands, sd & bk L turning 1/2 rf, sd R;) [12] Toward LOD thru R, sd L turning to fc partner, cl R blnd bfly pos; [13 & 14] Fwd L toward LOD commence If turn away from partner, continue turn sd R, cl L to complete 3/4 turn; Bk R commence If turn, continue turn sd L, cl R blending clsd pos wall; [15] Fwd L, fwd & sd R rising to ball of foot, rec L to tight semiclsd pos; [16] Toward LOD step thru R small step picking up W clsd pos, sd L, cl R;

#### ..... PART B (10 Measures) .....

LEFT TURNING BOX;;;; PROGRESSIVE BOX;; 2 LT TURNS WALL;; HOVER SEMI; PKUP SD CL;

[1 - 4] Fwd L commence 1/4 If turn, complete turn sd R, cl L; Bk R commence 1/4 If turn, complete turn sd L, cl R; Fwd L commence 1/4 If turn, complete turn sd R, cl L; Bk R commence 1/4 If turn, complete turn sd L, cl R ending in clsd pos LOD; [5 & 6] Fwd L, sd R,

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cl L; Fwd R, sd L, cl R; [7 & 8] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning to fc wall, cl R; [9] Fwd L, fwd & sd R rising to ball of foot, rec L to tight semi-clsd pos; [10] Toward LOD step thru R small step picking up W clsd pos, sd L, cl R;

### ..... PART C (16 Measures) .....

<u>DIAMOND TURN;;;; 2 LT TURNS WALL;; HOVER SEMI; PKUP SD CL; DIAMOND TURN;;;; 2 LT TURNS WALL;; HOVER SEMI; PKUP SD CL;</u>

[1 - 4] Fwd L turning If on diag, continue If turn sd R, bk L with partner outside M in CBMP; Staying in CBMP and turning If step R, sd L, fwd R outside partner in CBMP; Fwd L turning If on diag, sd R, bk L with W outside M in CBMP; Bk R continue If turn, sd L, fwd R DLC; (W bk R turning If on diag, continue If turn sd L, fwd R outside partner; Fwd L turning If, sd R, bk L; Bk R turning If, sd L, fwd R outside partner; Fwd L turning If, sd R, bk L;) [5 & 6] Same as measures 7 & 8 of Part B;; [7] Same as measure 9 of Part B; [8] Same as measure 10 of Part B; [9 - 16] Repeat measures 1 thru 8 above;;;;;;;

# ..... INTERLUDE (8 Measures) .....

<u>2 FWD WALTZES;;</u> <u>2 LT TURNS WALL;</u>; <u>HOVER SEMI; THRU & SEMI CHASSE TWICE;</u>; THRU FC CL CP WALL;

[1 & 2] In clsd pos LOD fwd L, fwd & slightly sd R, cl L; Fwd R, fwd & slightly sd L, cl R; [3 & 4] Same as measures 7 & 8 of Part B;; [5] Fwd L, fwd & sd R rising to ball of foot, rec L to tight semi-clsd pos; [6 & 7] Toward LOD thru R, fwd L/cl R, fwd L; Thru R, fwd L/cl R, fwd L; [8] Toward LOD thru R, sd L turning to fc partner, cl R ending clsd pos wall;

# ..... ENDING (8 Measures) .....

<u>2 FWD WALTZES;;</u> <u>2 LT TURNS WALL;</u> HOVER SEMI; THRU & SEMI CHASSE; THRU FC CL; STEP APART & POINT;

[1 & 2] Same as measures 1 & 2 of Interlude;; [3 & 4] Same as measures 7 & 8 of Part B;; [5] Fwd L, fwd & sd R rising to ball of foot, rec L to tight semi-clsd pos; [6] Toward LOD thru R, fwd L/cl R, fwd L; [7] Toward LOD thru R, sd L turning to fc partner, cl R; [8] Step apart L, point R toward partner, -;