

OUR PRAYER

Choreography by: Howard & Anna Hoffman, 305 Williams Drive, Schaumburg,
Illinois, 60193 Phone 1-847-891-2383 Release Date 10-18-11
E-mail to Hofdance@aol.com

Music: The Prayer by Vio Friedmann
From the CD album The Most Beautiful Songs For Dancing 2000
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase V

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B Brg1 A B Brg2 C Ending

..... INTRODUCTION (10 Measures)

BFLY POS FCNG PARTNER & WALL W/ LEAD FEET FREE WAIT 2 MEAS;; ROLL 3;
PKUP IN 3; DIAMOND TURN CP LOD;;; DIP & HOLD; REC & TCH;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3] Roll
lf one full turn down line of dance L, R, L; [4] Small step fwd R picking up W clsd
pos, sd L, cl R; [5 - 8] Fwd L turning lf on diag, continue lf turn sd R, bk L with
partner outside M in CBMP; Staying in CBMP and turning lf step bk R, sd L, fwd R
outside partner in CBMP; Repeat measures 5 & 6 except end blndng to clsd pos fcng
LOD;; [9] Dip bk L, hold, hold; [10] Rec fwd R, draw left to right, tch L to right;

..... PART A (16 Measures)

DOUBLE REVERSE SPIN TWICE;; DRAG HESITATION; BK, BK/LK, BK; BK HOVER
TELEMARK; WEAVE 6 BJO;; MANUV; OPN IMPETUS; RIPPLE CHASSE; CURVED
FEATHER CHKNG; TIPPLE CHASSE PIVOT; BK PASSING CHNG; STEP BK & CHASSE
BJO; FWD, FWD/LK, FWD; FWD FC CL WALL;

[1 & 2] Fwd L commence lf turn up to 3/8, sd R spin up to 1/2 lf on ball of right,
bring L under body beside right no weight flexed knees; (W bk R commence to turn
lf, cl L to right heel turn turning 1/2 lf/sd & slightly bk R continue lf turn, XLIF of
right;) Repeat measure 1; [3] Fwd L commence lf turn, sd R continue lf turn,
draw L toward right ending in bjo pos; [4] Bk L, bk R/lock L in front of right, bk R;
[5] Commence rf upper body turn bk L, continue turn sd & fwd R rising or hovering
slightly with body turning 1/8 to 1/4 rf, fwd L small step on toe to semi-clsd pos;
(W commence rf upper body turn on R between M's feet pivoting 1/2 rf, sd & fwd L
continue rf turn rising or hovering slightly with body turning 1/8 to 1/4 rf, fwd R step
on toe to semi-clsd pos;) [6 & 7] Fwd R to fc DLC, fwd L commence lf turn,
continue turn sd & slightly bk R to fc DRC; Bk L lead W to step outside M to CBMP,
bk R continue lf turn, sd & fwd L to fc DLW ending bjo pos; [8] Fwd R commence rf
upper body turn, continue rf turn to fc partner sd L, cl R; [9] Commence rf upper
body turn bk L, cl R heel turn continue rf turn usually about 3/8, complete turn fwd L
tight semi-clsd pos; [10] Thru R, sd & slightly fwd L with slight left side
stretch/continue left side stretch into right sway as you cl R to left looking to right
holding sway, sd & fwd L losing sway blnd semi-clsd pos; [11] Fwd R in CBMP
commence to turn rf, with left side stretch continue rf turn sd & fwd L, continue
upper body turn to right with left side stretch fwd R outside partner in CBMP to fc
DRW; [12] Commence rf upper body turn bk L turning rf, sd R with slight left side
stretch/cl L, sd & slightly fwd R pivoting rf on ball of foot to end fcng RLOD bjo pos;
[13] Bk L, bk R, bk L; [14] Stepping bk R slightly in front of partner and across line
of progression commence lf turn, sd L/cl R, sd L end bjo pos DLW; [15] Fwd R,
fwd L/lock R in back of left, fwd L; [16] Fwd R, turning rf to begin fcng partner sd &
slightly fwd L, cl R ending clsd pos wall;

OUR PRAYER

Page 2 of 3

..... PART B (16 Measures)

WHISK; WING; OPN TELEMARK; SYNCOPATED NATURAL HOVER CROSS;; CLSD TELEMARK; FWD, FWD/LK, FWD; FWD CHK/LADY DEVELOPE; SLOW OUTSIDE SWIVEL SEMI; NATURAL WEAVE;; FWD FC CL WALL; HOVER SEMI; IN & OUT RUNS;; PKUP IN 3;

[1] Fwd L, fwd & sd R commence rise to ball of foot, XLIB of right continue to full rise on ball of foot ending tight semi-clsd pos; [2] Fwd R, draw L toward right, tch L to right turning upper part of body lf with left side stretch; (W fwd L begin to cross in front of M turning slightly lf, fwd R around M continue lf turn, fwd L around M completing turn to end tight sdcar pos;) [3] Fwd L commence lf turn, sd R continue lf turn, sd & slightly fwd L to end loose semi-clsd pos; [4 & 5] Fwd R DLW commence rf turn, sd L with left side stretch, continue rf turn sd R toward DLW; With right side stretch fwd L outside partner in CBMP on toes, rec R with slight left side lead/sd & fwd L, with left side stretch fwd R outside partner in CBMP on toes fcng DLC; (W bk L commence rf turn, cl R to left heel turn with right side stretch, continue rf turn sd L to clsd pos; With left side stretch bk R in CBMP on toe, rec L with slight right side lead/sd & bk R, with right side stretch bk L in CBMP;) [6] Fwd L commence lf turn, fwd & sd R around W close to W's feet turning lf, fwd & sd L end tight bjo pos DLW; [7] Fwd R, fwd L/lock R in back of left, fwd L; [8] Fwd R chng any further forward movement, hold, hold; (W bk R chng, bring L up right leg to inside of right knee, extend L forward;) [9] Bk L in CBMP, XRIF of left with no weight, hold; (W fwd L swiveling rf on ball of left foot to end semi-clsd pos, hold, hold;) [10 & 11] Fwd R commence rf turn, sd L with left side stretch, with right side lead bk R DLC preparing to lead W outside partner; With right side stretch bk L in CBMP, bk R start lf turn passing thru clsd pos, with left side stretch sd & fwd L in CBMP; (W fwd L, fwd R, fwd L; With left side stretch fwd R in CBMP outside partner, fwd L start lf turn passing thru clsd pos, with right side stretch sd R in CBMP;) [12] Fwd R, turning rf to begin fcng partner sd & slightly fwd L, cl R ending clsd pos wall; [13] Fwd L, fwd & sd R rising to ball of foot, rec L tight semi-clsd pos; [14 & 15] Fwd R start rf turn, sd & bk L toward DLW to clsd pos, bk R with right side leading to bjo pos; Bk L turning rf, sd & fwd R between W's feet continue rf turn, fwd L to semi-clsd pos; [16] Small step fwd R picking up W clsd pos, sd L, cl R;

..... BRIDGE 1 (1 Measure)

CHNG OF DIRECTION;

[1] Fwd L, fwd R DLW with right shoulder lead and slight lf turn, draw L to right & brush;

..... BRIDGE 2 (2 Measures)

WALTZ BOX;;

[1 & 2] In clsd pos fcng LOD fwd L, sd R, cl L; Bk R, sd L, cl R;

..... PART C (16 Measures)

VIENNESE TURNS TWICE;;; DIAMOND 1/2;; OK DIAMOND 4 CP LOD; DIP & REC; FWD WALTZ; NATURAL TELEMARK; FWD HOVER SEMI; THRU & SEMI CHASSE TWICE;; PKUP IN 3; 2 LEFT TURNS BFLY WALL;;

[1 - 4] Fwd L commence lf turn, sd R continue lf turn, XLIF of right; Bk R continue lf turn, sd L continue lf turn, cl R to left; (W bk R commence lf turn, sd L continue lf turn, cl R to left; Fwd L continue lf turn, sd R continue lf turn, XLIF of right;) Repeat

OUR PRAYER

Page 3 of 3

measures 1 & 2;; [5 & 6] Fwd L turning lf on diag, continuing lf turn sd R, bk L with partner outside M in CBMP; Staying in CBMP and turning lf bk R, sd L, fwd R outside partner in CBMP; [7] Fwd L on diag commence lf turn, continue lf turn sd R/bk L, bk R blnd clsd pos LOD; [8] Dip bk L, hold, rec fwd R; [9] Fwd L, fwd R, fwd L; [10] Fwd R commence to turn rf, sd L with left side stretch, continue rf turn sd & fwd R to end sdcar pos DLW; (W bk L commence rf turn, cl R to left heel turn with right side stretch, staying well in M's right arm continue rf turn sd & slightly bk L;) [11] Fwd L, sd & fwd R with slight rise, rec fwd L semi-clsd pos; [12 & 13] In semi-clsd pos thru R, fwd L/cl R, fwd L; Thru R, fwd L/cl R, fwd L; [14] Small step fwd R picking up W clsd pos, sd L, cl R; [15 & 16] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning up to 1/4 lf ending bfly pos fcng wall, cl R;

..... ENDING (13 Measures)

ROLL 3; PKUP IN 3; DIAMOND TURN CP LOD;;; DIP & HOLD; REC & TCH; LEFT TURNING BOX 3/4 FC WALL;;; SD DRAW TCH; LUNGE LOD & HOLD;

[1] Same as measure 3 of Introduction; [2] Same as measure 4 of Introduction; [3 - 6] Same as measures 5 thru 8 of Introduction;;; [7] Same as measure 9 of Introduction; [8] Same as measure 10 of Introduction; [9 - 11] Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; Fwd L commence 1/4 lf turn, complete turn sd R to end clsd pos fcng wall, cl L; [12] Step sd R, draw L to right, tch L to right; [13] Toward LOD lunge sd L, hold, hold;