

OUT OF YOUR SHOES

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com "Out Of Your Shoes" Artist: Lorrie Morgan
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: RUMBA
DANCE LEVEL: Phase V
SPEED: 48 RPM
RELEASED: FEB 2011

SEQUENCE: INTRO – A – B – INT – A – B (MOD) - END

INTRO

- 1 – 4 **IN BTFY FCNG WALL WAIT;; ALEMANA – LFT HND STAR;;**
(Alemana – Lft Hnd Star) Fwd L, rcvr R, sd L-; rlsng trail hnds cross R bhnd, rcvr L, trng ¼ rt fc fwd R to LFT HND STAR; (**Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, trng ¼ rt fc bk L-;**)
- 5 – 8 **UMBRELLA TRNS – HND SHK;;;**
(Umbrella Trns) Fwd L, rcvr R, bk L-; (**Woman bk R, trng ½ lft fc undr arched hnds fwd L, bk R-;**) bk R, trng ½ lft fc undr arched hnds fwd L, bk R to fc LOD-; (**Woman bk L, trng ½ rt fc undr arched hnds fwd R, bk L-;**) bk L, trng ½ rt fc undr arched hnds fwd R, bk L to fc RLOD; (**Woman bk R, trng ½ lft fc undr arched hnds rcvr L, bk R-;**) bk R, trng ¼ lft fc fwd L to HND SHK/WALL, sd R-; (**Woman bk L, trng ¼ rt fc fwd R, sd L-;**)

PART A

- 1 – 10 **OPN HIP TWST; FAN; HCKYSTIK;; HND TO HND – TWICE;; OPN BRK; WHIP – CTR; FNCLINE – TWICE;;**
(Opn Hip Twst) Fwd L, rcvr R, bk L-; (**Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD;**)
(Fan) Bk R, rcvr L, clo R to FAN POSITION-; (**Woman fwd L, chgng to lead hnds & trng ½ lft fc sd & bk R, bk L-;**)
(Hckystik) Fwd L, rcvr R, clo L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R-; (**Woman clo R to L, fwd L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, L-;**) (**Hnd To Hnd – Twice**) Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-; (**Opn Brk**) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; (**Whip – Ctr**) Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R-; (**Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;**) (**Fncline – Twice**) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; thru-lunge R, rcvr L, sd R-;
- 11 – 16 **ALEMANA TO HIS RT SD;; LARIAT – BTFY;; OPN BRK; WHIP – WALL;**
(Alemana To His Rt Sd) Fwd L, rcvr R, sd L-; rlsng trail hnds cross R bhnd, rcvr L, sd R to LOPN/WALL-; (**Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, fwd L to His Rt Sd-;**)
(Lariat) Sd L, rcvr R, clo L-; sd R, rcvr L, clo R to BTFY/WALL-; (**Woman with lead hnds jn'd work arnd Man's rt sd fwd R, fwd L, fwd R-; fwd L, fwd R, fwd L-;**) (**Opn Brk**) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; (**Whip – Wall**) Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/WALL, sd R-;

PART B

- 1 – 7 **SHLDR TO SHLDR; SPT TRN; ½ BASIC – BJO; TORNILLO WHL;; BK ½ BASIC – BTFY; FNCLINE;**
(Shldr To Shldr) Staying in BTFY/WALL cross L in frnt (**Woman cross R bhnd**), rcvr R, sd L-; (**Spt Trn**) Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R-; (**½ Basic - Bjo**) Fwd L, rcvr R, bk L to BJO/WALL-; (**Tornillo Whl**) Staying in BJO (**Woman with lft ft up to rt knee wgt on toe of R**) trng ½ rt fc curve fwd R, fwd L, fwd R-; trng ½ rt fc curve fwd L, fwd R, fwd L-; (**Bk ½ Basic - Btfy**) Bk R, rcvr L, fwd R to BTFY/WALL-; (**Fncline**) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-;
- 8 – 14 **SPT TRN – HND SHK; OPN HIP TWST; FAN; STOP N' GO HCKY STIK;; ALEMANA FRM FAN;;**
(Spt Trn – Hnd Shk) Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to HND SHK/WALL, sd R-; (**Open Hip Twst**) Fwd L, rcvr R, bk L-; (**Woman trng ½ rt fc bk R, trng ½ lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD;**) (**Fan**) Bk R, rcvr L, clo R to FAN POSITION-; (**Woman fwd L, chgng to lead hnds & trng ½ lft fc sd & bk R, bk L-;**)
(Stop N' Go Hckystik) Fwd L, rcvr R, clo L-; catch Woman on her back with rt hnd cross R in frnt, rcvr L, clo R to FAN POSITION-; (**Woman clo R, fwd L, trng ½ lft fc undr lead hnds bk R; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L-;**) (**Alemana Frm Fan**) Fwd L, rcvr R, sd L-; rlsng trail hnds cross R bhnd, rcvr L, sd R to BTFY/WALL-; (**Woman clo R to L, fwd L, trng ½ rt fc fwd R to fc Man-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;**)

INT

1 – 4

TO RVS AIDA; SWITCH; CIR AWY -3; BK TOG -3 – HND SHK;

(To Rvs Aida) Cross lead hnds ovr trail hnds trng ½ ft fc thru L, rlsng lead hnds & trng 5/8 lft fc bk R to “V” bk to bk position, bk L to fc LOD-; **(Switch)** Arcing trail hnds up & twds RLOD trng 5/8 lft fc to fc Ptnr sd R to BTFY/WALL, rcvr L, twds LOD thru R-; **(Cir Awy -3)** Rlsng hnds trng 3/8 lft fc fwd L, clo R, fwd L-; **(Bk Tog -3 – Hnd Shk)** Trng 3/8 lft fc fwd R, clo L, fwd R to HND SHK/WALL-;

REPEAT PART “A”**PART B (MOD)**

1 – 7

SHLDR TO SHLDR; SPT TRN; ½ BASIC – BJO; TORNILLO WHL;; BK ½ BASIC – BTFY; FNCLINE;

(Shldr To Shldr) Staying in BTFY/WALL cross L in frnt (**Woman cross R bhnd**), rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R-; **(½ Basic - Bjo)** Fwd L, rcvr R, bk L to BJO/WALL-; **(Tornillo Whl)** Staying in BJO (**Woman with lft ft up to rt knee wgt on toe of R**) trng ½ rt fc curve fwd R, fwd L, fwd R-; trng ½ rt fc curve fwd L, fwd R, fwd L-; **(Bk ½ Basic - Btfy)** Bk R, rcvr L, fwd R to BTFY/WALL-; **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-;

8 – 14

SPT TRN – HND SHK; OPN HIP TWST; FAN; STOP N’ GO HCKY STIK;; ALEMANA FRM FAN;;

(Spt Trn – Hnd Shk) Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to HND SHK/WALL, sd R-; **(Opn Hip Twst)** Fwd L, rcvr R, bk L-; **(Woman trng ½ rt fc bk R, trng ½ lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, clo R to FAN POSITION-; **(Woman fwd L, chgng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Stop N’ Go Hckystik)** Fwd L, rcvr R, clo L-; catch Woman on her back with rt hnd cross R in frnt, rcvr L, clo R to FAN POSITION-; **(Woman clo R, fwd L, trng ½ lft fc undr lead hnds bk R; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L-;)** **(Alemana Frm Fan)** Fwd L, rcvr R, sd L-; rlsng trail hnds cross R bhnd, rcvr L, sd R to BTFY/WALL-; **(Woman clo R to L, fwd L, trng ½ rt fc fwd R to fc Man-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)**

15 - 17

HND TO HND – TWICE;; ½ BASIC;

(Hnd To Hnd – Twice) Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ½ rt fc bk R, trng ½ lft fc rcvr L to BTFY, sd R-; **(½ Basic)** Fwd L, rcvr R, bk L-;

END

1 – 5

TO RVS ONE SLO MERENGUE; OPN BRK; WHIP – CTR; TO LOD AIDA & HOLD;;

(To Rvs One Slo Merengue) Swiv R-, drw-clo L-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Whip – Ctr)** Cross trail hnds ovr lead hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(To Lod Aida & Hold)** Cross lead hnds ovr trail hnds trng ½ lft fc thru L, rlsng lead hnds & trng 5/8 lft fc bk R to “V” bk to bk position, bk L to fc RLOD & Hold-;-;