

# OVER THE RAINBOW

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Music: The Jive Aces – Album: King Of The Swingers, Track 7 Available as a download from Amazon.com [2:47 as downloaded]  
Footwork: Opposite, directions for man except as noted (W's in parentheses)  
Rhythm: Jive Phase: III+ 2 [Triple Wheel; Pretzel Wrap] + 1 unph [Glide To The Side]  
Speed: 40 or speed to suit  
Sequence: INTRO A, B, C, B, B, END Difficulty level: Intermediate

## INTRODUCTION

### **1 – 4 WAIT;; PROG RK 4; THROWAWAY;**

1-4 [BFLY M fc ptnt & WALL – lead ft free] Wait;; Bk L, XR IFO L, bk L, LR IFO L; Sd L start lead W to throwaway pos/cl R, sd L, sd R/cl L sd R end trng LF ¼ to OP M fc LOD;

### **5 – 8 LINK RK to WALL;; FALLAWAY RK;; RK REC SD CL;**

5-8 Rk bk L, rec R, small chasse fwd L/R, L lead W to CP WALL; Sd R/L, R, Rk bk L to SCP; Rec R to fc, sd L/cl R sd L, sd R/cl L, sd R; Rk bk L to SCP, rec R to fc, sd L, cl R;

## PART A

### **1 – 4 SD TCH & RT CHASSE; CHG R to L;; CHG HNDS BHD BK;;**

1-4 Sd L, tch R to L, sd R/L, R; Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk L to SCP, rec L, sd R/cl L fwd R trng RF ¾ under jnd lead hnds); Sd & fwd R/cl L, sd R end OP M fc LOD, rk bk L, rec R; Slightly fwd L/cl R, fwd L trng ¼ LF, slightly sd & bk R/cl L, sd R cont trng ¼ LF to OP M fc RLOD;

### **5 – 9 CHG L to R [COH];; CHG HNDS BHD BK;; START A RT TRNG FALLAWAY & GLIDE to the SD;;**

5-9 Rk bk L, rec R, sd L/cl R, sd L trng ¼ RF; Sd R/cl L, sd R end OP M fc COH, rk bk L, rec R; Repeat Part A meas 5; Rk apt L, rec R to CP, trng RF ½ sd L/cl R, sd L; Sd R, XL IFO R, sd L/cl R, sd L;

### **10 – 13 START A RT TRNG FALLAWAY & GLIDE to the SD;; RK REC & CIRC AWAY 2 TRPLS to FC & RK REC;;**

10-13 [Start from CP rk bk L, rec R to fc] & repeat Part A meas 8 & 9;; Rk bk L to SCP, rec R, start LF circ (W RF) fwd L/cl R, fwd L; Fwd R/cl L fwd R end fc ptnr & WALL, rk bk L, rec R;

### **14 – 16 4 POINT STEPS to BFLY;; CHASSE L & R;**

14-16 Fwd L, pnt R, fwd R, pnt L; Repeat Part A meas 14 to end BFLY; Sd L/cl R, sd L, sd R/cl L, sd R;

## PART B

### **1 – 4 PROG RK 8;; RT TRNG TRIPLE; RK REC – SD CL to BFLY;**

1-4 Repeat Intro meas 3; Repeat Intro meas 3; Trng RF ¼ sd L/cl R, sd L, trng RF ¼ sd R/cl L, sd R; Rk bk L, rec R to BFLY, sd L, cl R;

### **5 – 9 PROG RK 8;; RT TRNG TRIPLE; RK REC – SD CL to BFLY; CHASSE L & R to HNDCHK;**

5-9 Repeat Part B meas 1 – 4;;; Repeat Part A meas 16 to end R to R hnds jnd;

- 10 – 13** **TRIPLE WHEEL 3 [COH];,, LINK RK to WALL;,,**  
10-13 Rk apt L, rec R to R hnds jnd in mod OF pos, commence RF wheel sd L/cl R, sd L trng in twd ptrn & tch her bk with M's L hnd; Continue RF wheel sd R/cl L, sd R trng away from ptrn, continue RF wheel sd L/cl R, sd L trng in twd ptrn & tch her bk with M's L hnd; Lead W to spin RF sd R/cl L, sd R (W spin RF), Repeat Intro meas 5 start fc COH & end CP M fc WALL,,;
- 14 – 16** **CHG R to L;,, CHG L to R;,,**  
14-16 Repeat Part A meas 2-3.5);,, Repeat Part A meas 5-6.5 start fc LOD & end fc ptrn & WALL,,;

**PART C**

- 1 – 5** **RK REC – K-BALL CHG [2];,, into PRETZEL TRN; DBL RK FWD; UNWRAP PRETZEL & RK REC;,,**  
1-5 Rk bk L, rec R, kick L ft fwd/take wt on ball of L, replace wt on R; Kick L ft fwd/take wt on ball of L, replace wt on R, sd L/cl R, sd L trng ½ RF keep M's L & W's R hnds jnd; Sd R/cl L, sd R trng RF to bk to bk "V" pos with M's L & W's R hnds jnd bhd bks , rk fwd L XIF twd LOD with R hnd extended fwd, rec R; Rk fwd L, rec R trng LF, sd L/cl R, sd L trng ½ LF to fc ptrn still retain M's L & W's R hnds; Sd R/cl L, sd R, rk bk L to SCP, rec R;
- 6 – 9** **JIVE WALKS; 4 POINT STEPS;; JIVE WALKS into;**  
6-9 In SCP fwd L/R, L, fwd R/L, R; Point L, SIP L, point R, SIP R; Point L, SIP L, point R, SIP R; Repeat Part C meas 5;
- 10 – 13** **PRETZEL TRN; DOUB RK FWD; UNWRAP PREZTEL; RK REC & K-BALL CHG;**  
10-13 Fwd & sd L/cl R, sd L trng ½ RF keep M's L & W's R hnds jnd, sd R/cl L sd R trng RF to bk to bk "V" pos with M's L & W's R hnds jnd bhd bks; Rk fwd L XIF twd LOD with R hnd extended fwd, rec R, rk fwd L, rec R trng LF; Sd L/cl R, sd L trng ½ LF to fc ptrn still retain M's L & W's R hnds, sd R/cl L, sd R; Rk bk L to SCP, rec R, kick L ft fwd/take wt on ball of L, replace wt on R;
- 14 – 17** **THROWAWAY; CHG L to R;,, BASIC RK to BFLY;,,**  
14-17 Repeat Intro meas 4; Repeat Part B meas 14.5 – 16);,, Rk apt L, rec R; Sd L/cl R, sd L, sd R, cl L, sd R to end BFLY M fc WALL;

**REPEAT PART B**

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**ENDING**

- 1 – 4** **LINK RK;,, JIVE WALKS;,, SWIVEL WALK 4;**  
1-4 Repeat Intro meas 5 – 6.5);,, Rk bk L to SCP, rec R; Fwd L/R,L, fwd R/L, R; With swivel action fwd L, R, L, R;
- 5 – 7** **JIVE WALKS; 4 POINT STEPS & FREEZE;;**  
5-7 Repeat Part C meas 5; Repeat part C meas 6 & 7 & freeze on last step;;