

"Oh Donna"

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Music: "Oh Donna" by Richard Valens from the Pop album "A Mixed Bag of Hits, Vol. 2", released January 21st, 2013, Purchased from I-Tunes as a single for \$.99
Time: 2:38 Slowed 17 seconds or approx. 12% - As downloaded 2:21
Footwork: SQQ Opposite unless noted (Women's footwork in parentheses)
Rhythm/Phase: Slow Two Step/Phase IV + 0 + 0 Degree of Difficulty: Average
Sequence: Intro, A, B, C, A, End

INTRO:

1-4 WAIT;; HIP ROCKS L AND R;;

- 1-2 Wt 2 meas low BFLY/WALL w/ 1d ft free;;
3-4 Hip rks [S,Q,Q] L and R;;

5-8 LUNGE BASIC; BASIC ENDING; SIDE BASIC; LUNGE BASIC;

- 5 {Lun Bas} in BFLY sd L w/ slight lunge action, -, rec R, XLif;
6 {Bas Ending} sd R, -, XLib, rec R;
7 {Sd Bas} sd L, -, XRib, rec L;
8 {Lun Bas} sd R w/ slight lunge action, -, rec L, XRif;

PART A

1-4 OPEN BASIC TO A HANDSHAKE; BREAK BACK W/ LADY'S HEAD LOOP TO VARS LOD; WHEEL 3 TO RLOD; WHEEL 3 TO LOD;

- 1 {Op Bas} stp sd L trng RF (W stp sd R trng LF) to LOP fcg RLOD, -, XR bhd/sd L (W XL bhd/sd R), rec to a hndshk;
2 {Brk Bk to W's Head Loop} stp sd R trng LF (W sd L trng RF) looping jnd R hds over W's hd while jning L hnds and positioning M's and W's arms slightly in front and above W's shoulder w/ M bhd the W and to her L, -, bk L (W bk R), rec to LOD;
3 {Whl 3 to RLOD} bth trn RF to RLOD fwd L (W fwd R), fwd R (W fwd L), fwd L (W fwd R);
4 {Whl 3 to LOD} bth trn RF to LOD contg the same footwork pattern;

5-8 PROGRESSIVE CROSS HOVERS 4 IN VARSOUVIENNE;;;;

- 5 {While maintaining VARS} XLif (W XRif), -, sd R w/ slight LF trn to fc ptr (W sd L w/ slight RF trn to fc ptr), rec L (W rec R);
6 XRif (W XLif), -, sd L w/ slight RF trn to fc ptr (W sd R w/ slight LF trn to fc ptr), rec R (W rec L);
7 Rpt meas 5;
8 Rpt meas 6 but end in Skater's Position [M's R hnd on W's upper bk (W's R hnd extended to the sd) w/ bth angled slightly LF];

NOTE: (W's hvr ends in 2 stps only. XLIF, -, sd R/tch L).

9-12 LEFT TURNING BOX IN SKATER'S POSITION (WOMAN'S LAST 1/4 TURN IN 2 STEPS)

- 9 In Skater's stp sd/fwd L trng LF to COH, fwd R, cl L;
10 sd/bk R contg LF trn to RLOD, fwd L, cl R;
11 sd/fwd L contg LF trn to the WALL, fwd R, cl L;
12 sd/bk R contg LF trn to LOD, fwd L, cl R (W touch R);

13-16 BASIC TO FACE PARTNER AND WALL;; LUNGE BASICS;;

- 13 {Sd Bas} fwd L swvlg RF to BFLY/WALL (W fwd R swvlg LF twd ptr), -, XRib (W XLib), rec;
- 14 {Bas Ending} sd R, -, XLib, rec R;
- 15 {Lun Bas} in BFLY sd L w/ slight lunge action, -, rec R, XLif;
- 16 {Lun Bas} sd R w/ slight lunge action, -, rec L, XRif;

PART B

1-4 OPEN BASICS 2;; R TURN W/ OUTSIDE ROLL; BASIC ENDING;

- 1-2 {Op Bas} stp sd L trng RF (W stp sd R trng LF) to LOP fcg RLOD, -, XR bhd/sd L (W XL bhd/sd R), rec; stp sd R trng LF (W stp sd L trng RF) to OP fcg LOD, -, XR bhd/sd L (W XL bhd/sd R), rec;
- 3 {R Trn w/ Outsd Roll} Xif of W sd and bk L to fc RLOD (W fwd R comm RF twrl undr ld hnds), sd and bk R trng 1/4 RF ldg W undr jnd ld hnds (W fwd L), XLif (W fwd and sd R) to fc ptr/COH;
- 4 {Bas Ending} sd R, -, XLib, rec R to PU;

5-8 L TURN W/ INSD ROLL; BASIC ENDING; UNDERARM TURN; M'S UNDERARM TURN;

- 5 {L Trn w/ Insd Roll} fwd L comm 1/4 LF trn (W bk R comm 1/4 LF trn), -, sd R (W sd L trng LF undr ld hnds), XLif (W cont trng LF sd R) to fc ptr/WALL;
- 6 {Bas Ending} sd R, -, XLib, rec R (W rec L) [PU to RLOD];
- 7 {Undrm Trn} sd L to jn ld hnds (W sd R comm to trn RF undr jnd ld hnds), -, XRib (W XL ovr R twd LOD contg to trn RF 1/2), -, rec L (W rec fwd on R to fc ptr);
- 8 {M's Undrm Trn} sd R comm to trn RF undr jnd trl hnds (W sd L to jn trl hnds), -, XL ovr R twd RLOD contg to trn RF 1/2 (W XRib), rec fwd on R (W rec L) to fc ptr/WALL;

9-12 BASIC;; R TURN W/ OUTSIDE ROLL; BASIC ENDING;

- 9-10 {Basic} sd L, -, XRib, rec L; sd R, -, XLib, rec R;
- 11 {R Trn w/ Outsd Roll} Xif of W sd and bk L to fc RLOD (W fwd R comm RF twrl undr ld hnds), sd and bk R trng 1/4 RF ldg W undr jnd ld hnds (W fwd L), XLif (W fwd and sd R) to fc ptr/COH;
- 12 {Bas Ending} sd R, -, XLib, rec R to PU ;

13-16 L TURN W/ INSD ROLL; BASIC ENDING; UNDERARM TURN; M'S UNDERARM TURN;

- 13 {L Trn w/ Insd Roll} fwd L comm 1/4 LF trn (W bk R comm 1/4 LF trn), -, sd R (W sd L trng LF undr ld hnds), XLif (W cont trng LF sd R) to fc ptr/WALL;
- 14 {Bas Ending} sd R, -, XLib, rec R (W rec L);
- 15 {Undrm Trn} sd L to jn ld hnds (W sd R comm to trn RF undr jnd ld hnds), -, XRib (W XL ovr R twd LOD contg to trn RF 1/2), -, rec L (W rec fwd on R to fc ptr);
- 16 {M's Undrm Trn} sd R comm to trn RF undr jnd trl hnds (W sd L to jn trl hnds), -, XL ovr R twd RLOD contg to trn RF 1/2 (W XRib), rec fwd on R (W rec L) to OP fcg LOD;

PART C

1-4 ROLL 6 TOWARD LOD;; LUNGE BASIC W/ ARMS 2;;

- 1-2 {Roll 6} fwd and sd L trng LF (W fwd and sd R trng RF) prog twd LOD; bk R contg LF trn (W bk L contg RF trn), bk L contg LF trn (W bk R contg RF trn) to fc RLOD; bk R contg LF trn (W bk L contg RF trn), sd L (W sd R), cl R (W cl L) to BFLY/WALL;

3-4 {Lun Bas} sd L (W sd R) w/ slight lunge action, -, rec R (W rec R), XLif (W XRif); sd R (W sd L) w/ slight lunge action, -, rec L (W rec R), cl R (W cl L) to fc LOD in 1/2 OP;

5-8 SWITCHES IN 4 MEASURES (W ENDING FACING M/RL0D);;;;

5 {Switch} Trn RF and stp fwd and sd L Xif of W to her R sd (W sm stp fwd R), -, stp sd and R trng to 1/2 LOP (W sm stp fwd L), fwd L (W fwd R);
fwd
6 Sm stp fwd R (W trn RF and stp fwd and sd L Xif of M to his R sd), sm stp fwd L (W stp sd and fwd R trng to 1/2 LOP), fwd R (W fwd L);
7 Repeat #5;
8 Sm stp fwd R (W trn RF and stp fwd and sd L **to fc M/RL0D**) in low BFLY, sm stp fwd L (W stp bk R), fwd R (W fwd L);

9-12 TRAVELING CROSS CHASSES 4;;;;

9 {Traveling X chs} stp sd and fwd L trng DLC w/ L ft blendg to R shldr ld (W bk and sd R blendg to L shldr ld) w/ bth hnds jnd in low BFLY, -, sd and fwd R to DLW (W bk and sd L), XLif (W XRif);
10 sd and fwd R trng DLW w/ R ft blendg to L shldr ld (W bk and sd L blendg to R shldr ld), -, sd and fwd L to DLC (W bk and sd R), XRif (W XLif);
11 Repeat #1;
12 Repeat #2 [end fcg ptr/WALL];

13-18 SLOW TWIST VINE 8;;;; BASIC;;

13 {Slow Twst Vin 8} [SS; SS; SS; SS;] stp sd L trng RF (W sd R trng LF), XRib (W XLif);
14 sd L trng LF (W sd R trng RF), XRif (W XLib);
15 Repeat #13;
16 Repeat #14;
17-18 {Bas} sd L, -, XRib, rec L; sd R, -, XLib, rec R;

REPEAT PART A

END

1-4 OPEN BASICS;; CIRCLE AWAY AND TOGETHER;;

1-2 {Op Bas} stp sd L trng RF (W stp sd R trng LF) to LOP fcg RL0D, -, XR bhd/sd L (W XL bhd/sd R), rec; stp sd R trng LF (W stp sd L trng RF) to OP fcg LOD, -, XR bhd/sd L (W XL bhd/sd R), rec;
3-4 {Circle Away and Together} trn awy from each other [M LF (W RF) stpg fwd L (W fwd R), -, fwd R (W fwd L), cl L (W cl R); trn twd each other [M contg LF (W RF) stpg fwd R (W fwd L), -, fwd L (W fwd R), cl R (W cl L) to low BFLY/WALL;

5-7 HIP ROCKS L AND R;; DIP W/ LEG CRAWL;

5-6 Hip rks [S,Q,Q] L and R;;
7 {Leg Crawl} In CP stp bk and sd L lowering into L knee while xtndg the R leg (W stps fwd R & lifts L leg up M's outer thigh, her L toe pointed down;

Head Cues "OH DONNA" SLOW 2 STEP - PH IV

NOTE: THIS MUSIC IS 12/8 TIME. THERE ARE 12 BEATS PER MEASURE. SINCE TIMING FOR STS IS SQQ, EACH SLOW GETS 3 BEATS, AND EACH QUICK GETS 1 1/2 FOR A TOTAL OF 6 BEATS PER FIGURE/12 PER MEASURE. IN GENERAL, THERE ARE 2 FIGURES PER MEASURE. HOWEVER, FOR EASE OF CUING, EACH FIGURE HAS BEEN TREATED AS A FULL MEASURE, RATHER THAN ½ MEASURE.

INTRO: Wt in low BFLY w/lid ft free;; hip rks [S,Q,Q] L and R;; lun bas; bas ending; sd bas; lun bas;

A: op bas to a hndshk; brk bk w/ lady's hd loop to VARS LOD; whl 3 to fc RLOD; whl 3 to fc LOD; X hvrs 4 in VARS (W's last hvr in 2) end in SKTRS;;; L trng box (W's last 1/4 trn in 2);;; bas to fc ptr/WALL;; lun bas 2;;

B: op bas 2;; R trn w/ outsd roll; bas ending to PU; L trn w/insd roll; bas ending; undrm trn; M's undrm trn; bas;; R trn w/ outsd roll; bas ending; L trn w/ insd roll; bas ending; undrm trn; M's undrm trn;

C: roll 6;; lun bas w/ arms 2;; swchs in 4 meas (W undr trn last to fc ptr/Rev Line);;; trav X chs 4 to fc WALL;;; slo twist vin 8;;; bas;;

A: op bas to a hndshk; brk bk w/ lady's hd loop to VARS LOD; whl 3 to fc RLOD; whl 3 to fc LOD; X hvrs 4 in VARS (W's last hvr in 2) end in SKTRS;;; L trng box (W's last 1/4 trn in 2);;; bas to fc ptr/WALL;; lun bas 2;;

END: op bas;; circ awy and tog;; hip rks [S,Q,Q] L and R;; dip bk w/leg crawl;