

# Old Time Rock & Roll III

**Dance By:** Bev Oren, 1909 Lobo Court, Riverside, CA 92501, (951) 264-7320, BevQsRnds@aol.com  
**CD Music:** "Greatest Hits" by Bob Segar & The Silver Bullet Band, Track 7 "Old Time Rock & Roll"  
"Ultimate Hits: Rock and Roll Never Forgets" by Bob Segar & The Silver Bullet Band, Track 1  
**MP3 Download:** Available through Amazon.com  
**Rhythm/Phase:** Jive, ROUNDALAB Phase III+2 [Amer Spin, Span Arms] +2 Unph [Glide to Side, Trade Places]  
**Difficulty:** Above Average  
**Footwork:** Opposite, directions for M (except where noted)  
**Sequence:** Intro, A, B, C, A, B, C, B, D, B, End

**Released:** June 2013  
**Time:** 3:22 @ MINUS 3% [43.5 rpm]

## INTRO

[CP WALL] WAIT; WAIT; WAIT; WAIT;

1-4 Wait four measures in CP WALL;;;

## PART A

[CP WALL] SD, TCH, RT CHASSE; CHG PLCS R to L ~ CHG HDS BEH BK;;

1 {Sd, Tch, R Chasse} Sd L, tch R to L, sd R/cl L, sd R;

2-4 {Chg Plcs R-L} Rk bk L to SCP LOD, rec R, sd L/cl R, sd L comm 1/4 LF trn to LOP LOD; Sd & fwd R/cl L, sd R  
(W rk bk R to SCP LOD, rec L, sd R/cl L, fwd R comm 3/4 RF trn under joined lead hnds; Sd & slightly bk L/cl R, sd & bk L),

{Chg Hnds Beh Bk} Rk apt L, rec R; Fwd L starting 1/4 LF trn and placing right hnd over W's right hnd/cl R, fwd L releasing left hnd and completing 1/4 LF trn to TANDEM POS in front of W, sd & bk R starting 1/4 LF trn and placing left hnd beh M's back/cl L transferring W's right hnd to M's left hnd behind his back, sd & bk R completing 1/4 LF trn (W rk apt R, rec L; Fwd R starting 1/4 RF trn/cl L, fwd R completing 1/4 RF trn to TANDEM POS beh M, sd & bk L starting 1/4 RF trn/cl R, sd & bk L completing 1/4 RF trn) to LOP RLOD;

[LOP RLOD] Start CHG PLCS L to R and GLIDE to SIDE;; CHG HDS BEH BK ~ RK, REC to BFLY;;

5 123a4 {Chg Plcs L-R} Rk apt L, rec R, sd L/cl R, sd L comm 1/4 RF trn (W rk apt R, rec L, fwd R/cl L, fwd R comm 3/4 LF trn under joined lead hnds) to LOP COH;

6 123a4 {Glide to Sd} Keeping lead hnds joined extend trail hnds out to side and parallel to the floor sd R, XLIF, sd R/cl L, sd R;

7-8 123a4 {Chg Hnds Beh Bk} Repeat Meas 2.5-4 PART A to LOP WALL;;,

5a678 {Rk, Rec} Rk apt L, rec R to BFLY WALL;

[BFLY WALL] SAND STEPS w/TRIPLES;; SD, TCH, RT CHASSE;

9-10 123a4 {Sand Steps} Tch L toe to R instep, tch L heel to R instep, XLIF/sd R, XLIF; Tch R toe to L instep, tch R heel to L instep, XRIF/sd L, XRIF;

11 {Sd, Tch, R Chasse} Sd L to CP, tch R to L, sd R/cl L, sd R;

[CP WALL] CHG PLCS R to L ~ KICK BALL CHG;; CHG PLC L to R ~ LINK RK to CP;;

12-13 123a4 {Chg Plcs R-L} Repeat Meas 2-2.5;;,

5a67a8 {Kick Ball Chg} Kick L/sip with ball of L foot, cl R;

14-16 {Chg Plcs L-R} Rk apt L, rec R, sd L/cl R, sd L comm 1/4 RF trn to LOP WALL; Sd R/cl L, sd R (W rk apt R, rec L, fwd R/cl L, fwd R comm 3/4 LF trn under joined lead hnds; Sd L/cl R, sd L completing LF trn),  
{Link Rk} Rk apt L, rec R; Fwd L/fwd R, fwd L to CP WALL, sd R/cl L, sd R;

## PART B

[CP WALL] FALLAWAY RK ~ FALLAWAY THROWAWAY [LOP LOD];; TRADE PLACES TWICE to LOP LOD;;

1-5 {Falwy Rk} Rk bk L to SCP LOD, rec R to CP WALL, sd L/cl R, sd L; Sd R/cl L, sd R,

{Falwy Thrwy} Rk bk L to SCP LOD, rec R; Sd L/cl R, sd L, sd R/cl L, sd R comm 1/4 LF trn (W fwd R trng 1/2 LF in front of M/sd L, cl R, sd & bk L/cl R, sd L) to LOP LOD;

123a4 {Trade Plcs} Rk apt L, rec R releasing hnds comm 1/4 RF trn beh W to temporarily be TANDEM WALL, cont 1/4

123a4 RF trn sd L/cl R, sd & bk L to L HNDSHK RLOD; Rk apt R, rec L releasing hnds comm 1/4 LF trn beh W to temporarily be TANDEM WALL, cont 1/4 LF trn sd R/cl L, sd & bk R (W rk apt R, rec L releasing hnds comm 1/4 LF trn in front of M to temporarily be TANDEM WALL, cont 1/4 LF trn sd R/cl L, sd & bk R to L HNDSHK; Rk apt L, rec R releasing hnds comm 1/4 RF trn in front of M to temporarily be TANDEM WALL, cont 1/4 RF trn sd L/cl R, sd & bk L) to LOP LOD;

[LOP LOD] AMER SPIN ~ CHG PLCS L to R to BFLY\*\*;;

6-8 {Amer Spin} Rk apt L, rec R, sd L/cl R, sd L; Sd R/cl L, sd R (W rk apt R, rec L, sd R/cl L, sd R spinning RF one full trn; Sd L/cl R, sd L) to LOP LOD,

{Chg Plcs L-R} Repeat Meas 14-14.5 PART A to BFLY WALL;;

**\*\*Note: Change 3rd & 4th time thru PART B, Meas 6.5-8, blend to CP WALL,;**

# Old Time Rock & Roll III

Page 2

## PART C

### [BFLY WALL] SPANISH ARMS ~ LINK RK to CP WALL;;;

1-3 {**Span Arms**} Rk apt L, rec R trng RF, sd L/cl R, sd L cont RF trn; Sd R/cl L, sd R (*W rk apt R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF; Sd L/cl R, sd L*) to BFLY COH,  
{**Link Rk**} Rk apt L, rec R; Fwd L/fwd R, fwd L trng 1/2 to CP WALL, sd R/cl L, sd R;

### [CP WALL] DBL RK; 2 RT TRNG TRIPLES; AMER SPIN ~ LEFT TRNG FALLAWAY;;;

4-8 1234 {**DbL Rk**} Rk bk L to SCP LOD, rec R, rk bk L, rec R;  
1a23a4 {**R Trng Trpl**} Blend to CP comm 1/4 RF trn sd L/cl R, sd L, comm 1/4 RF trn sd R/cl L sd R completing trn to CP COH;  
{**Amer Spin**} Repeat Meas 6-6.5 PART C to LOP COH;;  
{**L Trng Falwy**} Rk bk L to SCP RLOD, rec R to fc; Comm 1/4 LF trn sd L/cl R, complete trn sd L, comm 1/4 LF trn sd R/cl L, sd R completing trn to CP WALL;

## PART D

### [BFLY WALL] Start RIGHT TRNG FALLAWAY and GLIDE to SIDE;;

1 123a4 {**R Trng Falwy**} Rk bk L to SCP LOD, rec R to fc, comm 1/4 RF trn sd L/cl R, sd L completing trn fc COH;  
2 123a4 {**Glide to Sd**} Repeat Meas 6 PART A;

### [LOP WALL] SPANISH ARMS TWICE;;; CHG PLCS L to R to LOP WALL ~ RK, REC to CP;; STEP, KICK, RIGHT CHASSE;

3-8 {**Span Arms 2X**} Rk apt L, rec R to BFLY COH trng RF; Sd L/cl R, sd L cont RF trn, sd R/cl L, sd R (*W rk apt R, rec L to BFLY COH trng 1/4 LF; Sd R/cl L, sd R trng 3/4 RF, sd L/cl R, sd L*) to BFLY WALL; Rk apt L, rec R trng RF, sd L/cl R, sd L cont RF trn; Sd R/cl L, sd R (*W rk apt R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF; Sd L/cl R, sd L*) to BFLY COH,  
123a4 {**Chg Plcs L-R**} Rk apt L, rec R, sd L/cl R, sd L comm 1/2 RF trn to LOP WALL; Sd R/cl L, sd R (*W fwd R/cl L, fwd R comm 1/2 LF trn under joined lead hnds; Sd L/cl R, sd L completing LF trn*),  
5a678 {**Rk, Rec**} Rk apt L, rec R to CP WALL;  
123a4 {**Stp, Kick, R Chasse**} Step L, kick R outside ptr, sd R/cl L, sd R twd RLOD;

## END

### [CP WALL] Start RIGHT TRNG FALLAWAY and GLIDE to SIDE;; CHG PLCS L to R to LOP WALL ~ LINK RK to CP;;;

1 123a4 {**R Trng Falwy**} Repeat Meas 1 PART D;  
2 123a4 {**Glide to Sd**} Repeat Meas 6 PART A;  
3-5 {**Chg Plcs L-R**} Repeat Meas 3-3.5 PART D ending LOP WALL;;  
{**Link Rk**} Repeat Meas 14.5-16 PART A,;

### [CP WALL] RK BK, REC, SWIVEL 2; PT to SD & HOLD;

6-7 1234 {**Rk Bk, Rec, Swvl**} Rk bk L to SCP LOD, rec R, placing each foot directly in front of the other fwd L, fwd R; Point  
1 L twd COH (*W point R twd WALL*),-,-,-;

# Old Time Rock & Roll III

Page 3

## Head Cues

Intro, A, B, C, A, B, C, B, D, B, End

### **INTRO**

[CP WALL] WAIT; WAIT; WAIT; WAIT;

### **PART A**

[CP LOD] SD, TCH, RT CHASSE; CHG PLCS R to L ~ CHG HNDS BEH BK fc REV;;; START CHG PLCS L to R & GLIDE to SD;;

[LOP COH] CHG HNDS BEH BK ~ RK, REC to BFLY;; SAND STEPS w/ TRIPLES;; *close up* SD, TCH, RT CHASSE;

[CP LOD] CHG PLCS R to L ~ KICK BALL CHG;; CHG PLCS L to R ~ LINK RK to CP;;

### **PART B**

[CP WALL] FALLAWAY RK ~ FALLAWAY THROWAWAY;;; TRADE PLACES *TWICE* to LOP LOD;;

[LOP LOD] AMER SPIN ~ CHG PLCS L to R to BFLY WALL;;

### **PART C**

[BFLY WALL] SPAN ARMS ~ LINK RK to WALL;;; *scp* DBL RK; 2 RT TRNG TRIPLES; AMER SPIN ~ LT TRNG FALLAWAY;;;

### **PART A**

[CP LOD] SD, TCH, RT CHASSE; CHG PLCS R to L ~ CHG HNDS BEH BK fc REV;;; START CHG PLCS L to R & GLIDE to SD;;

[LOP COH] CHG HNDS BEH BK ~ RK, REC to BFLY;; SAND STEPS w/ TRIPLES;; *close up* SD, TCH, RT CHASSE;

[CP LOD] CHG PLCS R to L ~ KICK BALL CHG;; CHG PLCS L to R ~ LINK RK to CP;;

### **PART B**

[CP WALL] FALLAWAY RK ~ FALLAWAY THROWAWAY;;; TRADE PLACES *TWICE* to LOP LOD;;

[LOP LOD] AMER SPIN ~ CHG PLCS L to R to BFLY WALL;;

### **PART C**

[BFLY WALL] SPAN ARMS ~ LINK RK to WALL;;; *scp* DBL RK; 2 RT TRNG TRIPLES; AMER SPIN ~ LT TRNG FALLAWAY;;;

### **PART B**

[CP WALL] FALLAWAY RK ~ FALLAWAY THROWAWAY;;; TRADE PLACES *TWICE* to LOP LOD;;

[LOP LOD] AMER SPIN ~ CHG PLCS L to R to CP WALL;;

### **PART D**

[CP WALL] START RT TRNG FALLAWAY & GLIDE to SD;; SPAN ARMS *TWICE*;;; CHG PLCS L to R fc WALL ~ RK, REC to CP;;

[CP WALL] STEP KICK, RT CHASSE;

### **PART B**

[CP WALL] FALLAWAY RK ~ FALLAWAY THROWAWAY;;; TRADE PLACES *TWICE* to LOP LOD;;

[LOP LOD] AMER SPIN ~ CHG PLCS L to R to CP WALL;;

### **END**

[CP WALL] START RT TRNG FALLAWAY & GLIDE to SD;; CHG PLCS L to R to WALL ~ LINK RK to CP;;; RK BK, REC, SWIVEL 2;

[SCP LOD] PT to SD & HOLD;