

ON MY OWN

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363

Record: MCA S7-55100, "On My Own", Reba McIntyre

Footwork: Opposite, Except as noted

Time: 4:37

Phase: IV

Speed: 45-46 rpm

Rhythm: Cha-Cha

Sequence: INTRO AABC ABC ENDING

INTRODUCTION

- 1----4 WAIT 2 MEAS;; BASIC;;
1-2 In BFLY/WALL wait 2 meas;;
3-4 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;
- 5----8 SPOT TURN;; CUCARACHAS;;
5-6 XLif of R start RF trn fwd R completing RF trn to fc ptr in BFLY, sd L/cl R, sd L;XRif of L start LF trn fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R
7-8 Rk sd L, rec R, sd L/cl R, sd L; Rk sd R, rec L, sd R/cl L, sd R;

PART A

- 1----4 1/2 BASIC; FAN; HOCKEY STICK;;
1-2 Fwd L, rec R, sd L/cl R, sd L; Bk R ldng W twd LOD, rec L, changing W's R to M's L hnd, sd R/cl L, sd R(W fwd L comm LF trn, fwd R cont RF trn to fc ptr, sd L/cl R, bk L leaving R extended);
3-4 Fwd L, rec R, sd L/cl R, sd L (W cl R, fwd L, fwd R,-);bkR, rec L, sd R/cl L, sd R(W fwd L, fwd R trn LF undr jnd hnds to fc ptr, sd L/cl R, sd L);
- 5----8 CRABWALKS(REV);; NEW YORKER; SPOT TURN;
5-6 XLif of R, sd R, XLif of R/sd L, XLif of R; Sd R, XLif of R, sd R/XLif of R, sd R;
7-8 Rk thru L twd RLOD to LOP, rec R to BFLY, sd L/cl R, sd L; XRif start LF turn, fwd L completing LF turn to fc ptr in BFLY, sd R/cl L, sd R
- 9----12 HAND TO HAND;; BREAK BK TO OP/LOD; SWIVEL 2,CHA;
9-10 Trailing hnds jnd trn LF to fc LOD rk bk L, rec R to fc ptr, sd L/cl R, sd L; Ld hnds jnd trn RF to fc RLOD rk bk R, rec L, sd R/cl L, sd R;
11-12 Trailing hnds jnd trn LF to fc LOD rk bk L, rec R to OP/LOD, fwd L/cl R, fwd L;Swvl fwd R,L, fwd R/cl L, fwd R;
- 13----16 SLIDE THE DOOR;; CIRCLE CHA;;
13-14 Rk sd L, rec R, XLif of R/sd R, XRif(W Xif of M);Rk sd R, rec L, XRif of L/sd L, XRif (W Xif of M);
15-16 Fwd L trn LF 1/4, fwd R, fwd L/cl R,fwd L trn to fc/ptr; Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;
- 17----18 BASIC;;
17-18 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;

PART B

- 1----4 PEEK-A-BOO CHASE;.....;
1-2 Fwd L trng 1/2 RF, rec & fwd R,fwd L/cl R, fwd L,-;Rk sd R peek over L shdr, rec L,R/L,R;
- 5----8 SHOULDER TO SHOULDER;; 1/2 BASIC;WHIP ;
3-4 Rk sd L, peek over R shdr, rec R, L/R,L; Fwd R trng 1/2 LF, rec & fwd Lfwd R/cl L, fwd R;
5-6 Rk fwd L to SDCAR, rec R, sd L/cl R, sd L; Rk fwd R to BJO, rec L, sd L/cl L, sd R;
7-8 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng LF, rec & fwd L cont LF trn to fc COH, sd R/cl L, sd R;
- 9----12 FENCE LINE;;(TWICE) 1/2 BASIC; WHIP;
9-10 Retain BFLY hold XLif of R, rec R to fc ptr, sd L/cl R, sd L; Retain BFLY hold XRif of L, rec L to fc ptr Sd R/cl L, sd R;
11-12 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng LF, rec & fwd L cont LF trn to fc COH, sd R/cl L, sd R;

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PART C

1----4

ALEMANA;; LARIAT;;

1-2 Rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R(W trn RF undr jnd ld hnds XLif, fwd R to complete trn to M's R sd, sd L/cl R, sd L);

3-4 In place L,R, L/R,L raise ld hnds release trling hnds (W circ RF ib of M R,L, R/L,R); In place R,L, R/L,R(W cont RF circ L,R, L/R,L to BFLY/WALL);

5----8

SHOULDER TO SHOULDER;;ROLL 2,CHA; REVERSE ROLL 2,CHA;

5-6 Rk fwd L to SDCAR, rec R, sd L/cl R, sd L; Rk fwd R to BJO, rec L, sd L/cl L, sd R;

7-8 Sd L & trn LF 1/2 Fwd R & cont trn to BFLY/WALL, L/R,L; Sd R & trn RF 1/2 Fwd L & cont trn to BFLY/WALL, R/L,R;

ENDING

1----

SIDE CORTE'

1- Sd L, flexing L knee trng RF to RSCP/ROD with R leg extended & R toe pnted to the floor;