

# On The Inside

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RECORD: Song Name: On The Inside  
Artist: Hamilton Movie Show Musical Orchestra & Singers  
CD: Burning Floor Track: 5  
Download Casa Musica (Casa-Musica-Store.de) Time: 1:56

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)

RHYTHM: Rumba Roundalab PHASE: 3 DIFFICULTY: Average

SEQUENCE: Intro, A, B, A, C, A, C (mod) RELEASED: October 1, 2018

## Intro

### 1 Wait Pickup Notes,,

(1) LOW BFLY WALL - Wait,, Begin Part A on the Word "Roses"

## Part A

### 1-4 Basic ; ; Shoulder to Shoulder ; Crab Walk ;

(1-2) fwd L , rec R , sd L , - ; bk R , rec L , sd R , - ;

(3-4) fwd L trng to BFLY/SDCAR , rec R to fc ptr , sd L,-; XRif , sd L , XRif , - ;

### 5-7 Crab Walk ; Spot Turn ; Cucaracha in 4 ;

(5-6) sd L , XRif , sd L , - ; thru L trn RF to fc LOD , fwd R trn to fc ptr in BFLY , sd L , - ;

(7) sd L , rec R , in pl L , in pl R ;

## Part B

### 1-4 Chase with Peek-A-Boos to BFLY WALL ; ; ; ;

(1-2) Rk fwd L trng RF 1/2 , rec fwd R , fwd L , - (rk bk R , rec L , fwd R , - ) ; sd R peek at W over L shoulder , rec L , in plc R , - (sd L , rec R , in plc L , - ) ;

(3-4) sd L peek at W over R shouldr , rec R , in plc L , - (sd R , rec L , in plc R , - ) ; fwd R trng LF 1/2 , rec L , fwd R , - (fwd L , rec R , fwd L , - ) to BFLY WALL ;

### 5-8 Half Basic ; Through to a Serpiente ; ; Fence Line ;

(5-6) fwd L , rec R , sd L , - ; XLif , sd R , XLib , Fan R ;

(7-8) XRib , sd L , XRif , fan L ; XRif , rec L to fc ptr , sd R , - ;

### **Part C**

#### **1-4 Chase With an Underarm Pass to BFLY COH ; ; New Yorker ; Whip to BFLY WALL ;**

(1-2) fwd L comm 1/2 RF trn keeping ld hnds jnd , rec fwd R , fwd L , - (bk R , rec L , fwd R) ; bk R raising jnd ld hnds , rec L , sd R (fwd L , fwd R trn 1/2 LF under jnd ld hnds to fc ptr , sd L ) to BFLY COH;

(3-4) ck thru L to RLOD , rec R fc ptr , sd L , - ; bk R trn 1/4 LF , rec & fwd L trn 1/4 LF , sd R , - (fwd L to ptr's L sd , fwd R trn 1/2 LF , sd L , - ) to BFLY WALL ;

#### **5-8 Half Basic ; Underarm Turn ; Lariat to BFLY WALL ; ;**

(5-6) fwd L , rec R , sd L , - ; raising jnd ld hnds bk R , rec L , sd R , - (swivel 1/4 RF on ball of supporting foot fwd L trn 1/2 RF , rec R trn 1/4 RF to fc ptr , sd L , - ) ;

(7-8) in plc L , R , L , - (circ RF around ptr R , L , R , - ) ; In plc R , L , R , - (cont RF around ptr L , R , L , - ) to BFLY WALL ;

### **Part C Mod**

#### **1-4 Chase With an Underarm Pass to BFLY COH ; ; New Yorker ; Whip to BFLY WALL ;**

(1-2) fwd L comm 1/2 RF trn keeping ld hnds jnd , rec fwd R , fwd L , - (bk R , rec L , fwd R) ; bk R raising jnd ld hnds , rec L , sd R (fwd L , fwd R trn 1/2 LF under jnd ld hnds to fc ptr , sd L ) to BFLY COH ;

(3-4) ck thru L to RLOD , rec R fc ptr , sd L , - ; bk R trn 1/4 LF , rec & fwd L trn 1/4 LF , sd R , - (fwd L to ptr's L sd , fwd R trn 1/2 LF , sd L , - ) to BFLY WALL ;

#### **5-8 Half Basic ; Underarm Turn ; Lariat 3 Man Turn to Face to Cuddle COH ; Cuddle Corte and Hold ;**

(5-6) fwd L , rec R , sd L , - ; raising jnd ld hnds bk R , rec L , sd R , - (swivel 1/4 RF on ball of supporting foot fwd L trn 1/2 RF , rec R trn 1/4 RF to fc ptr , sd L , - ) ;

(7-8) in plc L , R , trn 1/2 LF L , - (circ RF around ptr R , L , R , - ) to CUDDLE COH ; bk & sd L with lowering action relaxed L leg (fwd and R with lowering action relaxed R leg) , - , - , - ;

## On the Inside (Head Cues)

Rumba Phase 3

Intro LOW BFLY WALL - Wait Pickup Notes,,

A (7) Basic;; Shoulder to Shoulder; Crab Walk Twice;; Spot Turn; Cucaracha in 4;

B (8) Chase with Peek-A-Boos;;; Half Basic; Through to a Serpiente;; Fence Line;

A (7) Basic;; Shoulder to Shoulder; Crab Walk Twice;; Spot Turn; Cucaracha in 4;

C (8) Chase with an Underarm Pass;; New Yorker; Whip to; Half Basic; Underarm Turn; Lariat to BFLY WALL;;

A (7) Basic;; Shoulder to Shoulder; Crab Walk Twice;; Spot Turn; Cucaracha in 4;

C Mod (8) Chase with an Underarm Pass;; New Yorker; Whip; Half Basic; Underarm Turn; Lariat Half Man Turn to face to Cuddle COH ; Cuddle Corte and Hold;