

# On My Own

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RECORD: Star 207 – 45 rpm & CD available TIME: 3:31 @ 45 RPM / 0% tempo change

(Artist: Ross Mitchell Orchestra, Flipside: Since I Met You Baby)

FOOTWORK: Opposite unless noted (W in parentheses)

PHASE: RAL PHASE III+1 [aida]

RHYTHM: RB

SEQUENCE: **INTRO—A—B—C—B—C—END**

## INTRODUCTION

**1-4 WAIT 2 MEAS. IN TAMARA DLW; ; WHEEL 3; UNWIND BFLY WALL;**

1-2 in TAMARA position DLW wait 2 measures; ;

3-4 wheel around ptr fwd L, R, L to end facing COH, - (W fwd R, L, R, - ); continuing wheel around ptr leading W to unwind fwd R, L, R to end BFLY WALL, - (W trng LF step in place L, R, L, - );

## PART A

**1-4 BASIC; ; NEW YORKER; SPOT TURN;**

1-2 fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ;

3-4 trng RF step thru L to LOPEN, rec R to face ptr, sd L, - ; XRIF commencing LF turn, continuing turn rec L to face ptr, sd R, - ;

**5-8 HAND TO HAND; CRABWALK 6; ; FENCING LINE;**

5-6 trng 1/4 LF to OPEN step behind L, rec R to face ptr, sd L, - ; XRIF, sd L, XRIF, - ;

7-8 sd L, XRIF, sd L, - ; cross lunge thru R with bent knee looking LOD, rec L to face ptr, sd R, - ;

**9-12 NEW YORKER; UNDERARM TURN; HAND TO HAND; AIDA (CHECKING);**

9-10 trng RF step thru L to LOPEN, rec R to face ptr, sd L, - ; small XRIB, rec L, sd R, - (W XLIF commencing RF turn under joined lead hands, continuing turn rec R to face ptr, sd L, - );

11-12 trng 1/4 LF to OPEN step behind L, rec R to face ptr, sd L, - ; thru R commencing turn RF to face ptr, sd L continuing turn RF, bk R completing turn to end in a "V" position & checking backward motion; **\*Choreographers' request:** Please spurn the temptation to execute a "hand to hand to OPEN" prior to the aida. We purposely chose the styling of the hand to hand.

**13-16 FWD, SERPIENTE; ; FENCING LINE; CUCARACHA R;**

13-14 fwd L trng to face ptr, sd R, XLIB, flare R out and back in preparation for next measure; XRIB, sd L, XRIF, flare L out and fwd in preparation for next measure; 15-16 cross lunge thru L with bent knee looking RLOD, rec R to face ptr, sd L, - ; sd R taking partial weight, rec L, cl R, - ;

## PART B

**1-4 BASIC; ; OPEN BREAK; WHIP;**

1-2 fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ;

3-4 strongly rock apart L while retaining hold of joined lead hands and extending trail hand up with palm out, rec R lowering trail arm and going to BFLY, sd L, - ; bk R trng 1/4 LF, rec fwd R continuing turn LF to face ptr BFLY COH, sd R, - ;

**5-8 FENCING LINE TWICE; ; OPEN BREAK; WHIP;**

5-6 cross lunge thru L with bent knee looking LOD, rec R to face ptr, sd L, - ; cross lunge thru R with bent knee looking RLOD, rec L to face ptr, sd R, - ;

7-8 strongly rock apart L while retaining hold of joined lead hands and extending trail hand up with palm out, rec R lowering trail arm and going to BFLY, sd L, - ; bk R trng 1/4 LF, rec fwd R continuing turn LF to face ptr BFLY WALL, sd R, - ;.

**9-12 1/2 BASIC; UNDERARM TURN; LARIAT; ;**

9-10 fwd L, rec R, sd L, - ; small XRIB, rec L, cl R leading W to right side, - (W XLIF commencing RF turn under joined lead hands, continuing turn rec R to face ptr, sd L, - );

11-12 keeping lead hands joined sd L taking partial weight, rec R, cl L, - (W commencing circle around M fwd R, L, R, - ); keeping lead hands joined sd R taking partial weight, rec L, cl R, - (W continuing circle around M fwd L, R, L to end facing ptr, - );

**13-16 REV UNDERARM TURN; UNDERARM TURN; CUCARACHA L & R; ;**

13-14 XLIF, rec R, sd L, - (W XRIF commencing LF turn under joined lead hands, continuing turn rec L to face ptr, sd R, - ); small XRIB, rec L, cl R leading W to right side, - (W XLIF commencing RF turn under joined lead hands, continuing turn rec R to face ptr, sd L, - );

15-16 sd L taking partial weight, rec R, cl L, - ; sd R taking partial weight, rec L, cl R, - ;

## PART C

**1-4 1/2 BASIC; SPOT TURN, W OVERTURN TANDEM WALL; W'S PEEK-A-BOO; ;**

1-2 fwd L, rec R, sd L, - ; XRIF commencing LF turn, continuing turn rec L to face WALL, sd R, - (W XLIF commencing RF turn 1/2, continuing RF turn 1/2 rec R, continuing turn RF 1/2 cl L to end facing WALL in TANDEM, - );

3-4 sd L taking partial weight, rec R, cl L, - (W sd & slightly diagonal fwd R looking over L shldr, rec L, cl R, - ); sd R taking partial weight, rec L, cl R, - (W sd & slightly diagonal fwd L looking over R shldr, rec R, cl L, - );

**5-8 BOTH TURN TANDEM COH; M'S PEEK-A-BOO; ; M TURN BACK;**

5-6 fwd L trng RF 1/2, rec R, cl L, - (W fwd R trng LF 1/2, rec L, cl R, - ); sd & slightly diagonal fwd R looking over L shldr, rec L, cl R, - (W sd L taking partial weight, rec R, cl L, - );

7-8 sd & slightly diagonal fwd L looking over R shldr, rec R, cl L, - (W sd R taking partial weight, rec L, cl R, - ); fwd R trng LF 1/2, rec L, cl R, - (W fwd L, rec R, cl L, - );

**9-12 1/2 BASIC; TWIRL TAMARA; WHEEL 3; UNWIND TO A WRAP;**

9-10 fwd L, rec R, sd L, - ; keeping lead hands joined high and trail hands joined low step in place R, L, R, - (W turn RF under lead hands L, R, L ending in TAMARA facing COH, - );

11-12 retaining TAMARA wheel around ptr fwd L, R, L to end facing COH, - (W fwd R, L, R, - ); continuing wheel around ptr leading W to unwind fwd R, L, R bringing joined lead hands down in front to end facing WALL in wrapped position, - (W trng LF from TAMARA into wrap step L, R, L, - );

**13-16 WHEEL 3; UNWRAP BFLY WALL; CUCARACHA L & R; ;**

13-14 retaining wrapped position trng RF wheel fwd L, R, L, - (W bk R, L, R, - ); continuing wheel leading W to unwrap fwd R, L, R to end in BFLY WALL, - (W trng RF from wrap into BFLY step L, R, L, - );

15-16 sd L taking partial weight, rec R, cl L, - ; sd R taking partial weight, rec L, cl R, - ;

## END

### **1-4 BASIC; ; NEW YORKER; TWIRL TAMARA;**

1-2 fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ;

3-4 trng RF step thru L to LOPEN, rec R to face ptr, sd L, - ; keeping lead hands joined high and trail hands joined low step in place R, L, R, - (W turn RF under lead hands L, R, L ending in TAMARA facing COH, - );

### **5-7 WHEEL 6; ; UNWIND TO A WRAP;**

5-6 retaining TAMARA wheel around ptr fwd L, R, L to end facing COH, - (W fwd R, L, R, - );

continuing wheel fwd R, L, R to end facing WALL, - (W fwd L, R, L, - );

7 continuing wheel around ptr leading W to unwind fwd L, R, L bringing joined lead hands down in front to end facing COH in wrapped position, - (W trng LF from TAMARA into wrap step R, L, R, - );