

ONCE THE HEART IS IN LOVE (Einmal von Herzen verliebt sein)

Music : Hugo Strasser
www.amazon.de/ Tanz ! Tanz ! Tanz !
Track # 6 Time 3:12
Available from Choreographer

Rhythm : **Waltz** Phase : **IV+1** (*Tipple Chasse*)

Footwork : Opposite except where (Noted)

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Sequence : **INTRO ABC AB END**



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT TWO MEASURES ; ; TELEMARK to SCP ; SLOW SIDE LOCK ;

{Wait} CP DLC ld ft free wt 2 meas ; ; **{Telemark to SCP}** Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{Slow Sd Lk}** Thru R, fwd & sd L rising trng LF, cl R (*W Thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

PART A

01-04 FORWARD WALTZ ; OP NATURAL ; SPIN TURN ; BACK & CHASSE to SCP ;

{Fwd Waltz} Fwd L, fwd R, cl L ; **{OP Natural}** Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (*W bk L trng RF, fwd R between man's feet, fwd L*) to BJO DRC ; **{Spin Turn}** Stg RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R between M's ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M's ft*) to CP DLW ; **{Bk & Chasse to SCP}** [1, 2&3] Bk R trng LF, sd L/cl R, sd & fwd L to SCP LOD ;

05-08 WEAVE 6 to BJO ; ; FWD FWD/LOCK FWD ; CROSS PIVOT to SCAR ;

{Weave 6 to BJO} Thru R, trng ¼ lft fc fwd L to CP COH, sd & bk R (*W thru L, trng ½ lft fc sd & bk R to CP, sd & fwd L*) to BJO RDC ; Trng ¼ lft fc sd & bk L to CP DRW, trng ¼ lft fc sd & fwd R to CP DLW, fwd L (*W Sd & fwd R to CP, trng ¼ lft fc sd & fwd L, bk R*) to BJO DLW ; **{Fwd fwd/Lk Fwd}** [1,2&3] Fwd R, fwd L/lk Rib, fwd L ; **{Cross Pivot to SCAR}** Fwd R comm RF trn, sd L cont RF trn, fwd R (*W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

09-12 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; SLOW SIDE LOCK ;

{Cross Hover to BJO} XLif, sd R hvrg, rec L to BJO ; **{Cross Hover to SCAR}** XRif, sd L hvrg, rec R to SCAR ; **{Cross Hover to SCP}** XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Slow Sd Lk}** Repeat meas 4 Intro ;

13-16 VIENNESE TURNS ; ; HOVER TELE ; CHAIR & SLIP ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; **{Hover Tele}** Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; **{Chair & Slip}** Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

PART B

01-04 DIAMOND TURN ; ; ;

{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

05-08 OP REVERSE TURN ; HOVER CORTE ; BACK BACK/LOCK BACK ; SLOW OUTSIDE SWIVEL ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; **{Bk Bk/Lk Bk}** (12&3) Bk L, bk R/lk Lif, bk R to BJO ; **{Slow Outsd Swivel }** [S,S] Bk L, brush R across L (*W fwd R, swivel RF on R*) to SCP LOD, -;

09-12 THRU CHASSE to BJO ; OP NATURAL ; BACK & TIPPLE CHASSE PIVOT ; PIVOT 2 to DLW ;

{Thru Chasse to BJO} [1,2&3] Thru R, sd to fc prt L/cl R, sd & fwd L (*W thru L trng LF, sd R/cl L, sd & bk R*) to BJO LOD ; **{OP Natural}** Repeat meas 2 Part A ; **{Bk & Tipple Chasse Pivot}** [1,2&3] Bk L comm RF trn, cont RF trn sd R/cl L, cont slight RF trn fwd R between W's ft and pvt ½ RF to CP almost LOD ; **{Pivot 2 to DLW}** [S,S,-] Bk L pivot RF, fwd R heel to ball cont trn to CP DLW, -;

13-16 WHISK to 1/2 OP ; OP IN & OUT RUNS ; ; THRU FACE CLOSE ;

{Whisk to ½ OP} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise & ½ OP ; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to 1/2 LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; **{Thru Fc Cl}** Thru R, sd L turn to fc, cl R to CP WALL ;

PART C

01-04 HOVER ; THRU SIDE BEHIND ; ROLL 3 to SCP ; THRU CHASSE to SCP ;

{Hover} Fwd L, sd & fwd R rising, sd & fwd L (*Bk R, sd & bk L rising, sd & fwd R*) to SCP DLC ; **{Thru Sd Behind}** Thru R, sd L to fc prtn, XRib (*W XLib*) ; **{Roll 3 to SCP}** Rollg LF (*W RF*) down LOD fwd L to fc RLOD, cl R spinning on toe to fc LOD, fwd L to SCP LOD ; **{Thru Chasse to SCP}** [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

05-08 IN & OUT RUNS TWICE ; ; ;

{In & Out Runs} Trng RF fwd R, sd & bk L, bk R (*W fwd L, fwd R between M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, contg trn fwd R between W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L in frt of M, cont trn fwd & sd R*) to SCP DLC ; Repeat meas 5,6 Part C ; ;

09-12 THRU CHASSE to BJO ; FORWARD FACE CLOSE to BFLY ; TWIRL VINE ; SLOW SIDE LOCK ;

{Thru Chasse to BJO} Repeat meas 9 Part B ; **{Fwd Fc Cl}** Fwd R, fwd & sd L to fc ptr, cl R to BFLY ; **{Twirl Vine}** Sd L, XRib, sd L (*W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R*) to SCP LOD ; **{Slow Sd Lk}** Repeat meas 4 Intro ;

13-16 REVERSE WAVE ; ; SPIN TURN ; ½ BACK BOX to LOD ;

{Reverse Wave} Fwd L starting LF bdy trn 1/4, sd R LOD, back L (*W Bk R starting LF bdy trn 1/4, cl L to R [heel trn], fwd R*) CP M fcg COH ; Bk R to WALL comm curving left face, bk L curving LF, bk R to end fcg RLOD (*W fwd L comm curving LF, fwd R curving LF, fwd L to end fcg LOD*) CP RLOD ; **{Spin Turn}** Repeat meas 3 Part A ; **{1/2 Bk Box to LOD}** Bk R, sd L trng LF to LOD, cl R ;

REPEAT PART A

REPEAT PART B

ENDING

01-04 HOVER ; THRU SIDE BEHIND ; ROLL 3 to SCP ; SLOW SIDE LOCK ;

{Hover} Repeat meas 1 Part C ; **{Thru Sd Behind}** Repeat meas 2 Part C ; **{Roll 3 to SCP}** Repeat meas 3 Part C ; **{Slow Sd Lk}** Repeat meas 4 Intro ;

05-08 DIAMOND TURN 1/2 ; ; QUICK DIAMOND 4 ; DIP BACK & HOLD ;

{Diamond Turn ½} Repeat meas 1,2 Part B ; ; **{Qk Diamond 4}** [1,2&3] Fwd L stg to trn LF, sd R contg LF trn/bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; **{Dip Bk & Hold}** [S,-,-] Bk L with soft L knee keeping R leg extended & trn bdy sltly LF, -, -;