



ONCE YOU HAD GOLD IV

By: Sandi & Dan Finch, 12082 Red Hill Avenue, North Tustin, CA 92705, 714-838-8192 Email: sandi@sandance.us

Music: "Ballroom Magic Premium Standard" Track 5

(Note: This CD has music for many other round dances: "The Inner Light," "Beale Street Blues," "A Wink and a Smile")

Footwork: Described for Man—Lady opposite (or as noted)

Timing: 123 or as specified (Lady's if different)

Rhythm: Waltz Phase IV+2 (Outside spin, Change of Sway)

Difficulty Level: Strong IV

Sequence: Intro AA B CC Bridge A BMod End

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INTRO

- 1-6 WAIT:: CROSS HOVER; CROSS HOVER; CROSS CHECK SWIVEL LADY TO BJO; CHECK RECOVER SLIP LADY SYNCOPATE TO CP;
1-2 [Wait] Skaters pos with L hands jnd fcg DLW, both L feet free;;
3 [Cross hover] Fwd L in skaters pos comm ¼ LF trn, sd R with hvrg action to fc DLC, fwd L;
4 [Cross hover] Fwd R in skaters pos comm ¼ RF trn, sd L with hvrg action to fc DLW, fwd R;
5 [Cross chk man hold Lady swvl to BJO 1- -] Cross LIF of R ckg DLW, rising on L gently fling Lady's L hnd up as she trns to BJO,-; (Cross LIF of R, swvl LF on L to fc DRC in loose BJO,-;)
6 [Ck rec slip Lady sync CP 123 (12&3)] In loose BJO ck fwd R outside ptrn, rec L, slip R trng LF blending to CP DLC (Ck fwd R outside ptr, rec L/sd R, cl L to R CP;) {Note: It feels like you're wrapping around your ptrn as you check in BJO}

PART A

- 1-4 OPEN REVERSE TURN; HOVER CORTE; BACK WHISK; THRU CHASSE TO BJO;
1 [Open reverse turn] Fwd L comm. LF trn , cont trn sd R to fc RLOD, bk L to BJO fc RLOD;
2 [Hover corte] Bk R comm. LF trn, sd & fwd L trng LF with hvrg action, rec bk R BJO fcg LOD;
3 [Back whisk] Bk L, bk & sd R, XLIB of R to SCP LOD;
4 [Thru chasse to BJO 12&3] Thru R trng to fc, sd L/cl R, sd L blending to BJO DLW;
- 5-8 MANEUVER: IMPETUS TO SCP; WEAWE TO SCP::
5 [Maneuver] Fwd R comm RF trn, cont trn to fc RLOD sd L, cl R to L CP RLOD;
6 [Impetus to SCP] Comm upper body RF trn bk L, cont trn cl R to L (heel trn) to fc DLC, fwd L SCP (Fwd R comm. RF trn, cont trn fwd & sd L to SCP, fwd R DLC);
7-8 [Weave to SCP 123 456] Thru R, fwd L trng LF briefly to CP, sd & bk R; Bk L, bk R trng body LF, sd & fwd L to SCP DLW (Thru L, sd R trng LF, cont trng fwd L; Fwd R, fwd L trng LF briefly to CP, sd & fwd R to SCP DLW;)
- 9-12 OPEN NATURAL; OUTSIDE CHANGE TO SCP; OPEN NATURAL; BACK TO RIGHT LUNGE;
9 [Open natural] Thru R comm RF upper body trn, sd L across LOD, cont RF upper body trn leading ptrn to step outsd bk R bkg LOD (Fwd L comm RF trn, fwd R, fwd L to BJO;)
10 [Outside chg to SCP] Bk L, bk R trng LF, sd & fwd L to SCP DLW; (Fwd R, fwd L trng LF, sd & fwd R to SCP;)
11 [Open natural] Repeat meas. 9;
12 [Back to R lunge 12-] Bk L comm RF trn flexing L knee, sd & fwd R on flexed knee twd DLC to look over ptrn's head, hold; (Fwd R comm RF trn, sd & bk on L keeping R sd twd ptrn, hold ;)
- 13-17 RECOVER & SLIP FC RLOD; TURN LEFT SIDE BEHIND; SIDE HOVER TO SCP DLC; SYNCOPATED FRONT VINE; THRU WING DLC;
13 [Rec & slip fc RLOD -23] Comm RF upper body roll no wt chg, rec L, slip R bk trng to fc RLOD CP;
14 [Turn left side behind] Trng LF fwd L twd DRW, sd R twd DRW, bk L BJO DRW; (Bk R trng LF, sd L, fwd R BJO;)
15 [Side hover to SCP DLC 1-3] Back R, hvr brushing L to R, rec L to SCP DLC;
16 [Sync vine 1&23] Thru R, sd L/XRIB of L, sd L to SCP DLC;
17 [Thru wing DLC 1—(123)] Thru R, draw L twd R, tch L to R trng upper body LF with R sd stretch fcg DLC (Thru L comm crossing in front of man trng slightly LF, fwd R compactly to his R sd with slight LF trn, fwd L to tight SCAR bkg DLC);

REPEAT PART A

PART B

1-4 TELEMARK TO SCP; THRU TO PROMENADE SWAY & SLOWLY CHANGE SWAY;; RECOVER HOVER TO BJO;

- 1 [Telemark to SCP] From SCAR fwd L comm LF trn, sd R cont trn, sd & fwd L to SCP DLW (Bk R comm LF trn bringing L twd R [heel trn], cont trn chging wt to L ft, sd & fwd R to SCP);
2-3 [Thru to prom sway & slowly chg sway 12-; ---:] Thru R, sd & fwd L stretching R sd relaxing L knee SCP DLW,-;
Slowly chg shape stretching L sd fcg wall,-,-;
4 [Rec hvr to BJO 1-3] Rec R, rise and hvr on R, fwd L to BJO DLW;

5-7 MANEUVER; OVERTURNED SPIN TURN; BOX FINISH DLW;

- 5 [Maneuver] Repeat Part A meas 5; CP RLOD
6 [O'trn spin trn] Comm RF upper body trn bk L pivoting RF, trng RF fwd R btw Lady's feet to fc DRW, sd & bk L in CP DRW (Fwd R btw Man's feet pivoting RF, bk & sd L cont trn, brush R to L then sd & fwd R);
7 [Box fin DLW] Bk R trng LF, sd L, cl R; CP DLW

PART C

1-4 CROSS HOVER TO BJO; CROSS HOVER TO BUTTERFLY SCAR; FORWARD LADY DEVELOPÉ; OPEN FINISH DLC;

- 1 [X hvr to BJO] Fwd L, comm LF trn ¼ sd R hvrg., blending to BJO fwd L DLC; (Bk R comm. LF trn, sd L hvrg, blending to BJO bk R);
2 [X hvr to BFLY SCAR] Fwd R in BJO, comm RF trn ¼ sd L hvrg, fwd R blending to BFLY SCAR DLW;
3 [Fwd lady developé 1--] Fwd L ckg stretching R sd looking over ptrn's head,-,-; (Bk R, bring L foot up R leg to inside of R knee, extend L foot fwd to full leg extension and lower without wt);
4 [Open finish] Bk R, sd & bk L trng LF, small fwd R bringing lady to BJO DLC; (Fwd L, sd & fwd R trng LF to BJO, bk L;)

5-8 TELEMARK TO SCP; OPEN NATURAL; OUTSIDE SPIN; BOX FINISH DLW;

- 5- [Telemark to SCP] Repeat Part B meas 1; SCP DLW
6- [Open natural] Repeat Part A meas. 9; BJO bkg LOD
7- [Outside spin] Comm RF body trn toeing in rt sd lead small step bk L in CBMP, fwd R cont trng, cont trn sd & bk L in CP fcg DRW (Comm RF body trn fwd R in CBMP outside ptrn, L ft closes to R on toes of both feet cont trn , fwd R btw Man's feet in CP fcg DLC;)
8- [Box finish DLW] Repeat Part B meas 7; CP DLW

REPEAT PART C

BRIDGE

1-3 HOVER TELEMARK LOD; SEMI CHASSE; CHAIR RECOVER & SLIP;

- 1 [Hover telemark LOD] Fwd L, fwd R rising & trng RF twd LOD blending to SCP, fwd L;
2 [Semi chasse 12&3] Thru R trng to fc, sd L/cls R, sd L SCP LOD;
3 [Chair rec & slip] Thru R lunge step, rec L, slip R back past L with LF body trn to CP DLC;

REPEAT PART A

PART B Modified

1-4 TELEMARK TO SCP; THRU TO PROMENADE SWAY & SLOWLY CHANGE TO OVERSWAY;; RECOVER & HOVER TO BJO;

1-4 Repeat meas. 1-4, Part B;;;;

5-7 MANEUVER; OVERTURNED SPIN TURN; BOX FINISH TO SCAR LADY TOUCH AND DROP HANDS;

- 5-6 Repeat meas. 5-6, Part B;;
7 [Box finish to SCAR Lady in 2] Bk R turn LF, sd L bringing ptrn to SCAR, cl R and drop hands; (Fwd L trng LF, sd R, tch L drop hands;)

ENDING

- 1-4+ SOLO CROSS HOVER TO FACE 2 TIMES;; SOLO CROSS HOVER TO FACE HANDS HIGH; HOLD & BRING HANDS DOWN LOOK AT PARTNER.;
- 1 **[Solo cross hover to fc]** Fwd L passing L shldrs, sd R with slt rise trng LF, fwd L DRC to fc ptnr 2-3 feet apart; (Fwd L passing L shldrs, sd R with slt rise trng LF, fwd L DLW to fc ptnr 2-3 feet apart;)
- 2 **[Solo cross hover to fc]** Fwd R passing R shldrs, sd L with slt rise trng RF, fwd R DLW to fc ptnr 2-3 feet apart; (Fwd R passing R shldrs, sd L with slt rise trng RF, fwd R to fc ptnr 2-3 feet apart fc DRC;)
- 3 **[Solo cross hover to fc Hands high]** Fwd L passing L shldrs, sd R with slt rise trng LF to fc ptnr fcg DRC, fwd L stretch R shldr twd ptnr raising R arm & tchg R palms high above heads looking at ptnr (Fwd L passing L shldrs, sd R with slt rise trng LF to fc ptnr and DLW, fwd L stretch R shldr twd ptnr touching R palms high;)
- 4+ **[Hold & draw hands down slowly]** Lower touching palms slowly to shldr ht as music fades & look lovingly at ptnr,;