

# ONCE THE HEART IS IN LOVE ( Einmal von herzen verliebt sein)

**Music :** Arno Flor Cd.: Zärtliche Music und Du Track# 2 Time 3:19  
Available "Chomikuj.pl" or contact the Choreographer  
**Rhythm :** Waltz **Phase : V + 2** (Ckd Reverse Slip + Spin & Twist)  
**Footwork :** Opposite , except where (Noted)  
Release Date: Sept.2012  
Choreo : Jos Dierickx Beverlosestwg 14B2 3583 Paal Belgium  
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**Sequence :** **INTRO ABC AB END**



## INTRO

- 01-04** SCP LOD TRL FT FREE WAIT 1 MEASURE ; THRU to a PROM SWAY ; OVERSWAY ; HOVER EXIT to SCP :  
{Wait} SCP LOD trl ft free wt 1 meas ; {Thru to a Prom Sway} Thru R, Sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; {Over Sway} [1, -, -] W/o chg wgt relax L knee keepg R leg extended w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (W relax R knee & trn upper bdy slowly LF usg full meas) ; {Hover Exit to SCP} [1, -, 3] Rec R risg & brushg L to R, fwd L to SCP LOD
- 05-08** IN & OUT RUNS ; ; THRU CHASSE to SCP ; SLOW CHAIR & SLIP :  
{In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ; {Thru Chasse to SCP} [1, 2&3] Thru R, sd L to fc ptr /cl R, fwd L to SCP LOD ; {Slow Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

## PART A

- 01-04** CHECKED REVERSE SLIP ; CURVED FEATHER ; BK BK/LK BK ; OUTSIDE SPIN :  
{Ckd Rev Slip} Fwd L, fwd R trng LF rising strongly & chkg (W heel trn), trng RF slip L bk sml step to end CP DLW ; {Crvd Feather} Staying in BJO thruout fwd R stg to trn RF, contg RF trn sd & fwd L, contg upper bdy trn fwd R (W bk L stg to trn RF, bk R bhd L contg to trn RF w/strong R sd ld, bk L) ckg to BJO RLOD ; {Bk Bk/Lk Bk} [1, 2&3] Bk L, bk R/lk Lif, bk R ; {Outsd Spin} Trng bdy strongly RF bk L, trng strongly RF fwd R heel to toe, contg trn on R toe sd & bk L (W trng RF fwd R heel to toe outsd M, contg trn cl L & pvt on toes of both ft, compg trn fwd R btw M's ft) to CP DRW ;
- 05-08** TURNING LOCK to BJO ; HOV CROSS w/ SYNCOPATED ENDING ; ; DOUBLE REVERSE SPIN :  
{Trng Lk to BJO} Bk R with right sd lead lk Lif, bk & slightly sd R trn 1/4 LF, sd & fwd L compg trn (W fwd L with left sd lead lk Rib, fwd & slightly sd L trn 1/4 LF, sd & bk R compg trn) to BJO DLW ; {Hov Cross w/ Syncop End} Fwd right beg RF trn, sd L cont RF trn, fwd R (W sm bk L com RF trn, fwd R btw M's ft heel to toe pvtg 1/2 RF, sd & bk L) to SCAR DLW ; Fwd L small step high on toes in SCAR, rec R, blending briefly to CP sd L, XRif to BJO DLC ; {Double Rev Spin} [1, 2-/W1&2, 3] Fwd L compg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, lk Lif) to CP DLW ;
- 09-12** HOVER TELEMAR ; NATURAL WEAVE ; ; OP NATURAL :  
{Hov Telemark} Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {Nat Weave} Fwd R trng RF, sd L, bk R to BJO DRW ; Bk L, bk R inCP trng LF, cont LF trn fwd L to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (W bk L trng RF, fwd R between man's feet, fwd L) to BJO DRC ;
- 13-16** TIPPLE CHASSE PIVOT to SPIN & TWIST ; ; ; BOX FINISH :  
{Tipple Chasse Pivot to Spin & Twist} Bk L comm RF trn, cont RF trn sd R/cl L, cont slight RF trn fwd R between W's ft and pvt 1/2 RF to CP almost LOD ; Bk L pivot RF, fwd R heel to ball cont turn, sd L twds DLW (W fwd R between M's ft pvtg RF, bk L cont trn, cl R) ; XRib w/partial wgt/unwind RF ch wgt to R, cont turn, stp sd L DLW (W fwd L/R around M, fwd L turn RF, cl R) to CP DLW ; {Box Finish} Bk R, sd & bk L trng 1/4 LF, cl R to CP DLC ;

## PART B

- 01-04 **DIAMOND TURN  $\frac{3}{4}$  ; ; ; BACK  $\frac{1}{2}$  BOX TO SCAR :**  
{Diamond Trn 3/4} Fwd L trng LF, compg  $\frac{1}{4}$  LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg  $\frac{1}{4}$  LF trn sd L, fwd R to BJO DRW ; Staying in BJO & trng LF fwd L, compg  $\frac{1}{4}$  LF trn sd R, bk L to BJO DLW ; {Bk  $\frac{1}{2}$  Box to SCAR} Bk R, sd L, cl R to SCAR DLW ;
- 05-08 **CROSS CHECK RECOVER SIDE TWICE ; ; CROSS HOVER to SCP ; THRU FACE CLOSE;**  
{Cross Ck Rec Sd x 2} XLif chkg, rec R, sd L to BJO DLC ; XRif chkg, rec L, sd R to SCAR DLW ; {Cross Hover to SCP} XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; {Thru Fc Cl} Thru R, sd L to fc, cl R to CP WALL ;
- 09-12 **HOVER ; THRU to a PROM SWAY ; OVER SWAY ; HOVER EXIT to SCP :**  
{Hover} Fwd L, sd & fwd R w/ rise, rec to SCP LOD ; {Thru to a Prom Sway} Repeat meas 2 INTRO ; {Over Sway} Repeat meas 3 INTRO ; {Hover Exit to SCP} Repeat meas 4 INTRO ;
- 13-16 **IN & OUT RUNS ; ; THRU CHASSE to SCP ; CHAIR & SLIP :**  
{In & Out Runs} Repeat meas 5,6 INTRO ; {Thru Chasse to SCP} Repeat meas 7 INTRO ; {Chair & Slip} Repeat meas 8 INTRO ;

## PART C

- 01-04 **OP REVERSE TURN ; HOVER CORTE ; BACK WHISK ; SYNCOPATED WHISK :**  
{OP Rev Trn} Fwd L com LF trn, trng LF sd R, bk L compg  $\frac{3}{8}$  LF trn (*W bk R stg LF trn, cont trn sd L, fwd R outsd ptr*) to BJO RLOD ; {Hov Corte} Bk R, trng LF sd & fwd L LOD leav R leg in pl, compg  $\frac{1}{2}$  LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; {Bk Whisk} Bk L, bk & sd R, XLib to SCP LOD ; {Syncop Whisk} [1&2,3] Thru R / L hip trng twd ptr cl L to CP, sd R, XLib (*W thru L/ R hip trng twd ptr cl R/sd L, XRib*) to SCP LOD ;
- 05-08 **THRU SIDE BEHIND ; ROLL 3 to SCP ; THRU CHASSE to SCP ; WING ;**  
{Thru Sd Behind} Thru R, sd L to fc ptr, XRib (*W XLib*) ; {Roll 3 to SCP} Rollg LF (*W RF*) down LOD fwd L to fc RLOD, cl R spinning on toe to fc LOD, fwd L to SCP LOD ; {Thru Chasse to SCP} Repeat Meas 7 INTRO ; {Wing} Fwd R twd DLC, draw L, trn upper body LF (*W Xing in frnt of M fwd L, fwd R, fwd L trng upper body LF*) to SCAR DLC ;
- 09-12 **VIENNESE TURNS ; ; TURN LEFT & R CHASSE to BJO ; IMPETUS to SCP ;**  
{Viennese Trns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP LOD ; {Trn Left & R Chasse to BJO} [1,2&3] Trng LF bk L, cont trn chasse sd R/cl L, sd & fwd R to BJO DLW ; {Impetus to SCP} Bk L w/ RF bdy trn, cont trng on L heel & cl R rising to toe, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn & brush R to L, fwd R*) to SCP DLC ;
- 13-16 **WEAVE SIX to BJO ; ; OP NATURAL ; HESITATION CHANGE ;**  
{Weave 6 to BJO} Fwd R, fwd L begin LF trn, sd R DRC ; Bk L twd LOD in BJO, bk R trng LF in mom CP, sd & fwd L to BJO DLW ; {OP Natural} Repeat meas 12 Part A ; {Hes Chng}[1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

REPEAT PART A

REPEAT PART B

## ENDING

- 01-04 **OP REVERSE TURN ; HOVER CORTE ; BACK TWO FLARE & HOOK ; ;**  
{OP Rev Trn} Repeat meas 1 Part C ; {Hov Corte} Repeat meas 2 Part C ; {Bk 2 Flare & Hook} Bk L, bk R to SCP LOD, flare CCW L (*W fwd R, fwd L trng  $\frac{1}{2}$  RF, flare CW R*) ; XLib, (*W XRib*) & Hold ;