

Once You Had Gold

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Record: Casa Musica, Casapfon, Premium Standard, Ballroom Magic, track 5

Footwork: Opposite except where noted

Sequence : **INTRO - A, A – INTERLUDE – B, B – A – INTERLUDE – END**

Rhythm: **Slow Waltz (28) - Phase : V + 2** (Spin & Twist, Check.Rev.& Slip)

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INTRO

(Man Facing Wall & Partner, no hands joined)

01-06: WAIT ; - ; SWAY L & R ; - ; ROLL 3 to SEMI ; CHAIR & SLIP ;

01-02 : Wait ; - Man facing wall & partner, no hands joined)

03---- : Sd L, incline body to L, tch R to L ;

04---- : Sd R, incline body to R, tch L to R ;

05---- : Sd L comm LF roll, sd R Cont roll, sd L cont LF turn to semi line ;

06---- : Lowering on L, step thru R with flexed knee, rec.bk L, bk R slipping W to CP turning LF ¼ to DC ;

PART A

01-04: CHK REV & SLIP ; NAT HOVER FALLAWAY ; SLIP-PIVOT ; MANUEVER ;

01---- : Fwd L comm LF turn rising strongly fwd & around R checking (W cl), turning RF slip L bk sml stp to end CP DW ;

02---- : Forw.R, fwd L with rise & turn RF, rec.bk R in fallaway backing DLC ;

(W bk L, bk R with rise & turn Rf to semi, rec.bk L in fallaway backing DLC) ;

03---- : XLIB, bk R turn LF, fwd L contra/bjo/DLW (W XRIB, slip L fwd, sd & bk R) ;

04---- : Comm RF turn fwd R, cont RF trn sd L to CP/RLOD, cl R ;

05-08: SPIN & TWIST ; - ; BOX FINISH ; DBL REVERSE SPIN ;

05---- : M bk L pivot RF, fwd R heel to ball cont turn, sd L, twds DW

(W fwd R betw. M's feet pivot RF, bk L cont trn, cl R to L fcg DC) ;

06---- : M Rib of L w/partial wgt/unwind RF ch wgt to R, cont turn, stp sd L DW

(W fwd L/R around M, fwd L turn RF to fc DC, cl R to L) ;

07---- : Bk R comm.LF turn, sd L cont turn, cl R to L in CP DC ;

08---- : Fwd L DW turn LF, sd R DW, draw L to R in CP fcg DLW ;

09-12 : WHISK ; SYNCOPATED VINE ; WEAVE 6 TO BJO ; - ;

09---- : fwd L, fwr & sd R comm rise, XLIB of R cont to full rise end in tight SCP ;

10---- : Thru R, sd L/XRib, sd L, sd & fwd L to SCP(thru L/sd R, XLIB of R, sd & fwd R to SCP) ;

11-12 : Fwd R, fwd L comm.LF turn, sd R DC ; Bk L LOD, bk R comm. LF turn to contra bjo, sd & fwd DW ;

13-16 : OPEN NAT ; OUTSD SPIN TO R TRNG LOCK ; - ; THRU CHASSE to SEMI ;

13---- : M fwd R, fwd & sd L turn RF, cont sd & bk R to contra bjo backing DW w/rt shoulder lead (W heel turn) ;

14---- : Cl L to R heel comm.strong RF turn, fwd R on heel to CP rise to toe cont turn, cont ; trn bk L to CP DRW

(W turn RF fwd R in contra bjo, fwd & sd L, on toe brush R to L, fwd R) ;

15---- : Bk R with R sd lead comm. RF trn/XLIF of R fc COH, cont R turn sd & fwd R between W's ft, fwd L to SCP

(W fwd L with L sd lead comm. RF turn/RIB of L, sd bk L cont RF turn, fwd R toSCP) ;

16---- : (Semi chassé 12&3) Thru R, sd & fwd L/cl R ; sd & fwd L, in semi DLC ;

17---- : PICK UP SD CL ;

17---- : Fwd R, sd & fwd L, cl R – leading W in front to end CP/LOD

(W frw L, fwd R turn ½ LF to fc M in CP/LOD, cl L) ;

PART B

01-04 : CLOSED TELEMARCK ; MANUVER ; BK, BK/LOCK.BK ; OP IMPETUS ;

- 01---- : Fwd L start LF turn, fwd & sd R, cont.turn. LF bring L to R to Bjo/DW
(W bk R, bring L to R no wgt turng. LF on R heel trans wgt to L ; bk & sd R) ;
- 02---- : Repeat Meas. 4 Part A ;
- 03---- : Bk L, bk R/XLIF, bk R (1, 2&3) ;
- 04---- : Bk turng. RF, cl R to L heel turng. RF, sd & fwd L to semi
(W fwd R beside M, sd & fwd L, around M turng. RF brush R to L, cont. RF turn twd LOD fwd R to semi) ;

05-06 : THRU CHASSE to SEMI ; IN & OUT RUNS ; - ; THRU CHASSE to Half Open ;

- 05---- : Repeat Meas. 16 Part A ;
- 06-07: M thru R comm. RF turn, sd & bk L cont.turn to CP, bk R to contra Bjo fcg RLOD
(W fwd L, R betw.M's feet, fwd L in contra Bjo) ;
Bk L urn RF, sd & fwd R betw. W's feet cont RF turn, fwd L to SCP DC
(W fwd R turn RF, fwd & sdL cont. Turn, fwd R to SCP) ;
- 08---- : Repeat Meas. 16 Part A ;

09-11 : OPEN I/O RUN ; - ; SLOW SIDE LOCK ;

- 09---- : Fwd R comm. RF turn, sd & fwd L XIF of W cont turn, sd & fwd R to left half open
with M's R & W's L arms out to sd ;
- 10---- : M fwd L, R, L short stps adj to W's action
(W fwd R comm. RF turn, sd & fwd L XIF of M cont. Turn, fwd & sd R) in half open
with M's L & W's R arms out to sd fcg DC) ;
- 11---- : Thru R, fwd & sd L rising turning LF, XRIB of L
(W Thru L, sd R turning LF, XLIF of R to CP DC) ;

INTERLUDE

01-04 : DIAMOND TURN ; - ; - ; - ;

- 01-04 : Fwd L to Bjo DLC, sd R turng LF, bk L to Bjo DRC ; Bk R turng. LF, sd L cont. turn, fwd R to Bjo DRW ;
Fwd L turng. LF, sd R cont.turn., bk L to Bjo DLW ; Bk R turn. LF, sd L cont.turn., fwd R to Bjo DLC ;

ENDING

01-04 : CLOSED TELEMARCK ; MANUVER ; BK.BK/LOCK.BK ; OPEN IMPETUS ;

- 01-04 : Repeat Meas.1-4 Part B ; - ; - ; - ;

05-06 : THRU CHASSE to SEMI ; CHAIR & HOLD ;

- 05---- : Repeat Meas. 16 Part A ;
- 06---- : Thru R relax R knee both Fwd poise, hold as Music fades
(W Thru L relax L knee, fwd poise, hold as Music fades) ;