

# ONE FINE DAY

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**Website:** www.dancingchadds.com

**Music:** "One Fine Day" by Bette Midler

**CD:** "It's The Girls" or single download from Amazon.com

**Release Date:** May 2015

**Rhythm:** 2-Step

**Phase:** II

**Degree of Difficulty:** Average

**Original Length of Music:** 2:54

**Music Modification:** Slow to 42.5rpm or (5.6%)

**Sequence:** Intro ABC BC A End

**Footwork:** Opposite for Woman unless otherwise noted in ( )

## INTRO [8 Measures]

### BFLY POSITION ~ MAN FCING WALL AND LADY FCING PARTNER

1-8

**WAIT; WAIT; APT PT; TOG SCP LOD;**

**SCOOT; WK & FC CPW; QK SIDE CLOSE 2X; SD DRAW CLOSE;**

1-2 {Wait; Wait} Bfly fcing the Wall - Lead ft free - Hold intro position 2 measures;;

3 {Apt Pt} Apt L, -, pt R twd ptr, -;

4 {Tog SCP LOD} Tog R to SCP fcing LOD, -, tch L to R, -;

5 {Scoot} Fwd L, close R, fwd L, close R;

6 {Wk & Fc CPW} Fwd L, -, fwd R turning to fc Wall & partner in CP, -;

7 {Qk Side Close 2X} Sd L, close R, sd L, close R;

8 {Sd Draw Close} Sd L, draw R to L, close R, -;

## PART A [16 Measures]

1-8

**BROKEN BOX;:::**

**HITCH FWD 3; SCIS THRU TO 1/2 OP LOD; FWD/LK FWD; FWD 2-STEP;**

1-4 {Broken Box} Sd L, close R, fwd L, -; Rk fwd R, -, rec L, -; Sd R, close L, bk R, -; Rk bk L, -, rec R, -;

5 {Hitch Fwd 3} To the WALL ~ Fwd L, close R, bk L, -;

6 {Scis Thru to 1/2 OP LOD} Sd R, clo L, XRIF to fc LOD in 1/2 OP, -;

7 {Fwd/Lk Fwd} Fwd L, XRIB of L, fwd L, -;

8 {Fwd 2-Step} Fwd R, close L, fwd R, -;

9-16

**BASKETBALL TURN BFLY;; FC TO FC; BK TO BK TO OP LOD;**

**SCOOT; WK 2; OPEN VN 4 CPW;;**

9-10 {Basketball Turn Bfly Wall} Fwd L twd LOD and check turning 1/4 RF, -, rec R continuing RF turn to end fcing RLOD, -; Fwd L and check turning 1/4 RF -, rec on R continuing RF turn to end fcing the WALL in BFLY, -;

11 {Fc to Fc} Sd L, close R, sd L turning 1/2 LF to a BK to BK Position, -;

12 {Bk to Bk to OP LOD} Sd R, close L, sd R turning 1/2 RF to OP LOD, -;

13 {Scoot} In OP fcing LOD ~ Fwd L, close R, fwd L, close R;

14 {Wk 2} Fwd L, -, fwd R, -;

15-16 {Open Vn 4 to CPW} Sd L, -, XRIB opening up to fc RLOD, -; Sd L to fc partner continuing to move twd LOD, -, XRIF to CPW, -;

## PART B [16 Measures]

1-8

### LEFT TURNING BOX;:::

#### **QK SD CLOSE 2X; WK 2 SCP; CUT BK 2X; RK BK & REC;**

- 1-4 {Left Turning Box} Sd L, clo R, fwd L trning 1/4 LF to fc LOD, -; Sd R, clo L, bk R trning 1/4 LF to fc COH, -; Sd L, clo R, fwd L trning 1/4 LF to fc RLOD, -; Sd R, clo L, bk R trning 1/4 LF to fc the WALL, -;  
 5 {Qk Sd Close 2X} Sd L, close R, sd L, close R;  
 6 {Wk 2 SCP} Turning to SCP fcng LOD ~ Fwd L, -, fwd R, -;  
 7 {Cut Bk 2X} Taking all step on the balls of the ft ~ XLIF of and beyond R taking weight, bk R, XLIF of and beyond R taking weight, bk L;  
 8 {Rk Bk & Rec} Bk L, -, rec R, -;

9-16

### LACE ACROSS; WK 2; DBL HITCH;::

#### **LACE BK; WK & FC CPW; 2 TURNING 2-STEPS TO LOD;::**

- 9 {Lace Across} Passing behind the Lady with lead hands joined and moving diagonally across LOD ~ Fwd L, close R, fwd L to LOP fcng LOD, -;  
 10 {Wk 2} Fwd R, -, fwd L, -;  
 11-12 {Dbl Hitch} Fwd R, close L, bk R, -; Bk L, close R, fwd L, -;  
 13 {Lace Bk} Passing behind the Lady with trailing hands joined and moving diagonally across LOD ~ Fwd R, close L, fwd R to OP LOD, -;  
 14 {Wk & Fc CPW} Fwd L, -, fwd R turning to CPW, -;  
 15-16 {2 Turning 2-Steps to LOD} Sd L, close R commencing a RF turn, sd & bk L across LOD completing 1/2 RF turn, -; Sd R, close L commencing a RF turn, fwd R completing 1/4 RF turn to CP LOD, -;

## PART C [16 Measures]

1-8

### HITCH FWD 3; WK BK 2; HITCH BK 3; WK 2;::

#### **PROG SCIS 2X;:: HITCH 4; WK & FC CPW;**

- 1 {Hitch Fwd 3} In CP fcng LOD ~ Fwd L, close R, bk L, -;  
 2 {Wk Bk 2} Bk R, -, bk L, -;  
 3 {Hitch Bk 3} Bk R, close L, fwd R, -;  
 4 {Wk 2} Fwd L, -, fwd R, -;  
 5-6 {Progressive Scissors 2X} Sd L, with slight right body rotation close R, fwd L XIF to SDCAR, -; Sd R, with slight left body rotation close L, fwd R XIF to BJO, -;  
 7 {Hitch 4} In BJO position fcng DLC ~ Fwd L, close R, bk L, close R;  
 8 {Wk & Fc CPW} Fwd L, -, fwd R turning to fc the WALL in CP, -;

9-16

### TRAVELING BOX TO SCP LOD;:::

#### **2 FWD 2-STEPS BFLY; VN 4; SD DRAW CLOSE CPW;**

- 9-12 {Traveling Box to SCP LOD} Sd L, close R, fwd L, -; Turning to LOP fcng RLOD walk fwd R, -, fwd L, -; Blending to CP sd R, close L, bk R, -; Blending to SCP fcng LOD walk fwd L, -, fwd R, -;  
 13-14 {2 Fwd 2-Steps to Fc WALL in Bfly} In SCP fcng LOD ~ Fwd L, close R, fwd L, -; Fwd R, close L, fwd R turning to fc the WALL in BFLY, -;  
 15 {Vine 4} From Bfly fcng WALL ~ Sd L, XRIB, sd L, Xrif;  
 16 {Sd Draw Close CPW} Sd L, draw R to L, close R blending to CPW, -;

## REPEAT PART B [16 Measures]

## REPEAT PART C [16 Measures]

## REPEAT PART A [16 Measures]

## END [9 Measures]

1-9

### LEFT TURNING BOX;:::

#### **1/2 BOX; SCIS THRU TO FC; BASKETBALL TURN BFLY; APT PT;::**

- 1-4 {Left Turning Box} Sd L, clo R, fwd L trning 1/4 LF to fc LOD, -; Sd R, clo L, bk R trning 1/4 LF to fc COH, -; Sd L, clo R, fwd L trning 1/4 LF to fc RLOD, -; Sd R, clo L, bk R trning 1/4 LF to fc the WALL, -;  
 5 {1/2 Box} Sd L, close R, fwd L, -;  
 6 {Scis Thru To Fc} Sd R, clo L, Xrif [thru] to fc the WALL, -;  
 7-8 {Basketball Turn Bfly Wall} Fwd L twd LOD and check turning 1/4 RF, -, rec R continuing RF turn to end fcng RLOD, -; Fwd L and check turning 1/4 RF, -, rec on R continuing RF turn to end fcng the WALL in BFLY, -;  
 9 {Apt Pt} Apt L, -, pt R twd ptr, -;