

ONE WAY STREET 4

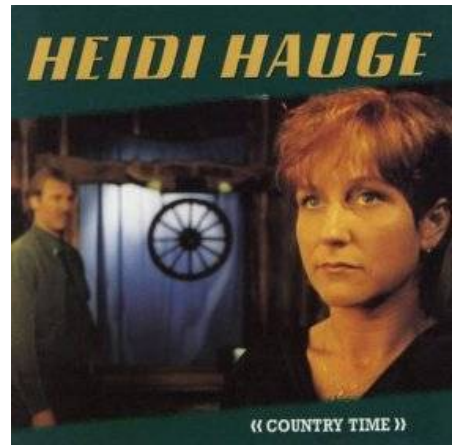
Music: Heidi Hauge
www.amazon.co.uk/Country Time
Track # 9 Time 3:14
Available from choreographer

Rhythm: **Rumba Phase: IV+1+2U** (*Sweetheart+ Chase w/ Full Turns+ Circle Box*)

Footwork: **Opposite except where (Noted)**

Release Date: May 2016
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: **INTRO ABC AB(1-13) END**



INTRO

01 BFLY POS WALL LEAD FOOT FREE WAIT 1 MEASURE ;

{Wait} BFLY POS WALL Id ft free wt 1 meas ;

02-05 BOTH HANDS ALEMANA to TAMARA ; ; WHEEL ; WHEEL/W UNWRAP to WALL ;

{Both Hands Alemana to Tamara} [Keepg both hnds jnd] Fwd L, rec R, sd L, -; XRib, rec L, cl R (*W XLif under raised Id hnds begin full RF trn, rec R compg RF trn to fc ptr, sd L*) to TAMARA POS WALL, -; {Wheel ½} Both wheel CW fwd L, R, L to TAMARA pos COH, -; {Wheel 3 / W Unwrap to BFLY WALL} Cont wheeling R, L, R (*W releases Id hnd & unwraps LF L, R, L*) to BFLY WALL, -;

PART A

01-04 BASIC 1/2 INTO A FAN ; ; HOCKEY STICK ; ;

{Basic ½ Into a Fan} Fwd L, rec R, sd L, -; Bk R, rec L, sd R (*W fwd L, fwd R startg LF trn, bk L to FAN pos*), -; {Hockey Stick} Fwd L, rec R, cl L (*W cl R, fwd L, fwd R*), -; Sm bk R, rec L, long fwd R (*W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L*) to LOP-FCG DRW, -;

05-08 NEW YORKER ; UNDERARM TURN & r-hndshk ; FLIRT to VARS ; ;

{New Yorker} XLif (*W XRif*) to LOP, rec R to fc ptr, sd L, -; {Underarm Turn & r-hndshk} Raisg Id hnds palm to palm XRib, rec L, sd R (*W XLif comm RF trn under Id hnd, cont RF trn rec R fc COH, sd L*) to r-hndshk WALL, -; {Flirt to VARS} Fwd L, rec R, sd L (*W bk R, rec L, fwd R swvl 1/2 LF*) to VARS WALL, -; Bk R, rec L, sd R (*W bk L, rec R, sd L slidg if of M*) to L-VARS WALL, -;

09-12 SWEETHEART TWICE ; ; SWEETHEART/W SWIVEL to FACE & INTO a AIDA ; ;

{Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, sd L (*W Bk R w/ LF bdy trn & look at ptr xtndg both arms to sd, rec L, sd R*), -; Chk Fwd R w/ RF bdy trn & look at ptr, rec L, sd R (*W Bk L w/ RF bdy trn & look at ptr, rec R, sd L*), -; {Sweetheart/W Swivel to Fc & Into a Aida} XLif shaping twd ptr, rec R, sd L (*W XRib shaping twd ptr, rec L, sd & fwd R swvlng ½ RF to fc ptr*), -; Thru R (*W thru L*), sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -;

13-17 SWITCH ROCK ; SPOT TURN TWICE ; ; FRONT VINE 4 ; NEW YORKER ;

{Switch Rock} Sd & bk L trng LF to fc ptr, hip rk R, hip rk L, -; {Spot Turn x 2} Relg hnds XRif (*W XLif*) trng LF, rec L compg full trn, sd R to fc & BFLY WALL, -; Relg hnds XLif (*W XRif*) trng RF, rec R compg full trn, sd L to BFLY WALL, -; {Front Vine 4} [QQQQ] XRif (*W XLif*), sd L, XRib (*W XLif*), Sd L; {New Yorker} XRif (*W XLif*) to OP LOD, rec L to fc ptr, sd R, cl L;

PART B

01-03 ALEMANA INTO A LARIAT / M SWIVEL to FACE ; ; ;

{Alemana Into a Lariat/M Swivel to Fc} Fwd L, rec R, cl L to R (*W bk R, rec L, fwd & sd R to I-sd of M*), -; Bk R, rec L, sd R (*W fwd XLif turn RF, fwd R cont turn, sd L to bjo M*), -; Rk bk L, rec R, sd L trng ½ LF on last stp to fc W and COH (*W circ CW arnd M passing R shldr stepping fwd R,L, w/ jnd Id hnds passing ovr M's hd to fc LOD then swvl ¼ RF on R to fc M and WALL*) to COH, -;

04-07 SIDE WALK 3 ; THRU SERPIENTE ; ; FENCE LINE in 4 to LEFT HAND STAR RLOD ;

{Sd Walk 3} Sd R, cl L, sd R, -; **{Thru Serpiente}** Thru L, sd R, XLib (*W XRib*), flare R CW ; XRib (*W XLib*), sd L, thru R, flare L CW ; **{Fence Line in 4 to L-Hnd STAR}** XLif (*W XRif*) w/ bent knee, rec R, sd L trng ¼ RF, cl R (*W sd R trng ¼ RF, cl L*) to L-Hnd STAR LOD, -;

08-11 UMBRELLA TURN ; ; ; ;

{Umbrella Turn} Fwd L, rec R, bk L,-; keepg jnd hnds high bk R, rec L, fwd R (*W trng ½ RF undr jnd hnds bk L, rec R, fwd L*), -; Fwd L, rec R, bk L (*W trng ½ LF undr jnd hnds bk R, rec L, fwd R*), -; Bk R, rec L, fwd & sd R to fc ptr (*W trng ½ RF undr jnd hnds bk L, rec R, fwd & sd L*) to LOP-FCG COH, -;
[RAL's current version of UMBRELLA TURNS may be used instead if preferred]

12-15 OPEN BREAK ; WHIP to WALL ; CHASE w/ FULL TURN M & W ; ;

{OP Break} Apt L raisg trl arm straight up, rec R, sd L to BFLY, -; **{Whip to Wall}** Bk R trng 1/4 LF, rec L, sd R (*W fwd L outside M on his left side, fwd R turning ½ LF, sd L*) to BFLY WALL, -; **{Chase w/Full Trn M & W}**
[Releasing both hnds] Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (*W bk R, rec L, sd & fwd R*), -; Bk R, rec L, sd & fwd R (*W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L*) to BFLY WALL, -;

PART C

01-04 BASIC 1/2 ; WHIP to LOP LOD ; KIKI WALK 3 ; SLIDING DOOR to OP LOD ;

{Basic ½} Repeat meas 1 Part A ; **{Whip to LOP LOD}** Bk R trng 1/4 LF, rec L, fwd R (*W fwd L outside M on his left side, fwd R trng ½ LF, fwd L cont trn*) to LOP LOD, -; **{Kiki Walk 3}** Placg each ft in frt of the other fwd L, R, L, -; **{Sliding Door}** Rk sd R, rec L, XRif crossg bhd W to OP LOD, -;

05-08 DO-SA-DO to OP LOD ; ; TURNING CUCARACHA's to LOP RLOD & to FACE ;

{Do-Sa-Do to OP LOD} Fwd L, sd R ifo W, cl L (*W bk R, sd L, cl*), -; Bk R, sd L, cl R (*W fwd L, sd R ifo M, cl L*) to OP LOD, -; **{Turng Cucaracha's to LOP RLOD & to Fc}** Sd L w/ partial wgt [extendg lead arms to sd], rec R trng ½ RF to OP RLOD, cl L, -; Sd R w/partial wgt [extendg trail arms to sd], rec L trng ¼ LF to fc ptr, cl R, -;

09-10 CIRCLE BOX ; ;

{Circle Box} Raisg jnd ld hnds sd L, cl R, fwd L, -; Sd R, cl L, bk R (*W under jnd hnds circ CW ½ R, L, R, -; cont circ CW L, R, L to end fcg ptr*) to BFLY WALL, -;

ENDING

01-04 NEW YORKER in 4 ; OPEN BREAK ; UNDERARM TURN ; AIDA to RLOD ; SWITCH LUNGE & EXTEND ARMS ;

{New Yorker in 4} [QQQQ] XLif (*W XRif*) to LOP, rec R to fc ptr, sd L, cl R ; **{OP Break}** Repeat meas 12 Part B ; **{Underarm Turn}** Repeat meas 6 Part A to BFLY ; **{Aida to RLOD}** Thru L (*W thru R*), sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; **{Switch & Lunge}** [SS] Trn RF (*W Trn LF*) to fc ptr sd & bk R, -, lunge with soft R knee keeping L leg extended & trng bdy sltly LF & extend both arms to sd, -;