

ONLY A WOMAN

Choreography: Barbara Morgan bjmalaska@yahoo.com (907) 277-3269
 Music: *Only a Woman* Michael Bolton from his album, *Only a Woman*, Track 3
 Rhythm: Slow Two Step Phase: IV Timing: SQQ except as noted
 Footwork: Woman opposite except as noted
 Sequence: **Intro A B A B Interlude C Interlude B(Mod) Ending**

1-4 INTRO

1-3 1 M WAIT [SHADOW] [WALL]; SHADOW CRAB WALKS RIGHT; LEFT;

oos Facing the wall shadow position right foot free for both;

oos Wait; Sd R, xLif, sd R, -; Sd L, xRif, sd L, -;

4 W TURN TO FACE [CP WALL];

s (ss) Sd R, -, hold, -; (W xRif trng RF to face partner, -, sd L, -;)

1-12 PART A

1-4 [CP WALL] UNDERARM TURN; REV UNDERARM TURN; UNDERARM TRN; LARIOT 3;

[1] CP Wall Sd L, -, xRib of L, recover L;

(W sd R, -, xLif of R trng RF under joined ld hds, fwd R finishing RF trn to face partner;)

[2] Sd R, -, xLib of R, recover R;

(W sd L, -, xRif of L trng LF under joined ld hds, fwd L finishing LF trn to face partner;)

[3] Sd L, -, xRib of L, recover L; (W sd R, -, xLif of R trng RF under joined ld hds, fwd L facing RLOD, fwd R;)

[4] Sd R, -, xLib of R, recover R; (W fwd L, -, R, L circling cw around M;)

5-8 TURN TO FACE [COH] IN 3; CRAB WALK ; ROCK APART REC CL; CROSS BODY;

[5] M trn L under his own arm in 3 small steps to fc partner L, -, R, L [COH];

(W fwd 3 to fc partner R, -, L, R;)

[6] Sd R, -, xLif of R, sd R [COH];

[7] Bk L, -, rec R, cl L; (W bk R, -, rec L, fwd R;)

[8] Bk R, - & trng left, fwd L, side R; (W Fwd L, - trng left, R fwd trng L, sd L;)

9-12 BASIC; OPEN BASICS; ; BASIC TO SCP [HOLD];

[9] Sd L, -, xRib of L, recover L;

[10] Sd R, -, to _ OP, rk bk L, rec R; (W sd L, -, to _ OP, rk bk R, rec L;)

[11] Sd L, -, to _ OP, rk bk R, rec L; (W sd R, -, to _ OP, rk bk L, rec R;)

[12] Sd R, -, xLib of R, recover R to SCP hold;

1-8 PART B 4 CORNERS; ; ; ; ; ; ; ;

1-4 [SCP] RUN 3 [DLW] TO FC; M HOOK-W UNWIND 3;

[SCP] RUN 3 [DLC] TO FC; M HOOK-W UNWIND 3;

oos [1] In SCP-DLW Fwd L, R, L trng to face ptr in BJO;

oos [2] In BJO-DRW xRib of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);

oos [3] In SCP-DLC Fwd L, R, L trng to face ptr in BJO;

oos [4] In BJO-DLW xRib of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);

5-8 [SCP] RUN 3 [DRC] TO FC; M HOOK-W UNWIND 3;

[SCP] RUN 3 [DRW] TO FC; M HOOK-W UNWIND 3;

- QOS [5] In SCP-DRC Fwd L, R, L trng to face ptr in BJO;
- QOS [6] In BJO-DLC xRib of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into SCP, -);
- QOS [7] In SCP-DRW Fwd L, R, L trng to face ptr in BJO;
- QOS [8] In BJO-DRC xRib of L, rec L trng RF, rec R trng RF, - (W fwd L curving RF around man, fwd R continue RF around man, fwd L trng RF into CP, -);

1-12 PART A [CP WALL]

1-8 PART B 4 CORNERS; ; ; ; ; ; ;

1-3 INTERLUDE

1-3 [SCP] RUN 3 [DLW] ; MANUEVER; PIVOT 2 [DRIFT APART][LOD];

- QOS [1] In SCP-DLW Fwd L, R, L trng to fc ptr in BJO;
- [2] Maneuver R, sd L, cl R, - , to RLOD;
- ss [3] In CP Pivoting R fc to LOD Bac R, -, fwd L, - to LOD drift apart;
(W fwd R, -, heel to ball bet/ M's feet pivoting RF on ball, bk L, -);

1-10 PART C

1-4 [OP FCG] [LOD] TRAVELING CROSS CHASSES[4]; ; ; ; [CP WALL]

- [1] Drift apart to OP facing M LOD Fwd & sd L trng to fc DLC,-, sd R, xLif;
- [2] Sd R trng to fc DLW, -, sd L, xRif;
- (W RLOD arms in & out styling, may use rise hover action like in waltz)
- [3] M fwd & sd L trng to fc DLC,-, sd R, xLif;
- [4] Sd R trng to fc LOD, -, sd L, xRif to CP WALL;

5-6 [CP-WALL]OPEN BASICS; ;

- [5] Sd L, -, to _ OP, rk bk R, rec L ; (W sd R, -, to _ OP, rk bk L, rec R;)
- [6] Sd R, -, to _ OP, rk bk L, rec R; (W sd L, -, to _ OP, rk bk R, rec L;)

7-10 SLOW SWAY LEFT; SLOW SWAY RIGHT; HIP LIFT L; HIP LIFT R [HOLD];

- ss [7-8] [CP-LOD] Sd L,-, Hold, - ; Sd R,-, Hold, - ; [MUSIC SLOWS DOWN]
- [9-10] Sd L, -, hip lift, , ; Sd R, -, hip lift HOLD;

1M INTERLUDE

1 SLOW HEAD FLICKS:

- [1] Trn head right (W left) away fr/ partner & look at partner on striking beats to SCP DLC HOLD;

1-8 PART B Modified with Rondes

1-4 [SCP] RUN 3 [DLC]TO FACE; HE RONDE[DCR]; WALK 3; HE RONDE[DLW];

- QOS [1-2] In SCP DLC fwd L, R, L, - to CP; xRib of L with Ronde, rec L, rec R, - ;
- QOS (W fwd curving R, L, R, - ; L, R, L, -;)
- QOS [3-4] Fwd L, R, L, - trng R; xRib of L with Ronde, rec L, rec R, -, turning R in CP;
- QOS (W xRib of L with Ronde, rec L, rec R, - ; walk fwd curving R small steps L, R, L, - ;)
- 5-8 SHE RONDE; HE RONDE; SWAY L [DLW]; HOLD[LOD][CP] ;**
- QOS [5-6] Fwd L, R, L, - trng R; xRib of L with Ronde, rec L, rec R, -, turning R in CP;
- QOS (W xRib of L with Ronde, rec L, rec R, - ; walk fwd curving R small steps L, R, L, - ;)
- ss [7-8] In CP LOD Sd L, -, Hold, - ; Hold, -, - , - ;

1-8 ENDING

1-4 2 SWITCHES; ; MANUEVER [RLOD]; SLOW SWAY TCH LEFT;

[1] Fwd R trng RF in frt of W, bk L cont RF trn, bk & sd R to 1/2-LOP; (W Fwd L, -, R, L;)

[2] Fwd L, -, R, L; (W Fwd R trng RF in frt of man, bk L cont RF trn, bk & sd R to 1/2-OP;)

[3] Fwd R trng RF in front of W to CP-RLOD, -, Sd L, Cl R;

ss [4] Sd L with sway, -, tch R, -; (W Sd R, -, tch L, -;)

5-6 SLOW SWAY TCH RIGHT; STEP BACK TO HANDSHAKE HOLD [RLOD];

ss [5] Sd R with sway, -, tch L; (W Sd L, -, tch R, -;)

ss [6] Bk L and join R hands, -, Hold, -; (W Fwd R, -, -, -;)

7-8 WOMAN SOLO ROLL LEFT; INTO CORTE [HOLD] [CP];

[7] Man walks back 3 stps R, -, L, R, still facing RLOD; (W rolls LF twd LOD L, -, R, L;)

ss [8] Back L and lower, -, hold; (W fwd R and lower look at partner, -, -;)