

ONLY YOU #4

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Music "Only You" CD:-Beautiful Dance VOL.9 Movie Standard 3/Casa Musica
Track 15 time 2:31

Rhythm : Foxtrot ph IV+2(Double Rev Spin, Ck & Weave)
Speed : As on CD Date : May 2015 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence : Intro - A - A - B - A - Ending



Meas INTRO

1~ 4 Fcing Partner & DW no hands joined lead foot free
Wait 1 meas; Sway L & R; Solo Roll 3; Feather fc DC;

- SS
- 1 Fcing partner and Wall no hands joined lead foot free for both 1 meas wait;
 - 2 (Sway L & R) Sd L sway to left,-, rec R sway to right,-;
 - 3 (Roll 3) Sd & fwd L twd LOD commence LF trn,-, cont LF trn sd R, cont trn sd L;
 - 4 (Feather) Thru R,-, sd & fwd L, fwd R(W thru L,-, sd & bk R, bk L) Bjo/DC;

Meas PART A

1~ 8 Rev Trn; (Bjo/DW); Three Step; 1/2 Nat Trn; Cl Impetus;
Feather Finish; OP Telemark; Chair & Slip(CP/DC);

- 1- 2 (Rev Trn) Fwd L commence LF trn,-, sd R cont LF trn fc RLOD, bk L(W bk R commence LF trn,-, cl L to R heel trn, fwd R); Bk R cont LF trn,-, sd L cont LF trn, fwd R(W fwd L cont LF trn,-, sd R cont LF trn, bk L) to BJO/DW;
- 3 (Three Step) Fwd L blending CP,-, fwd R, fwd L;
- 4 (1/2 Nat Trn) Fwd R commence RF trn,-, cont trn sd L fc RLOD, bk R(W bk L commence RF trn,-, cl R cont RF trn, fwd L);
- 5 (Closed Impetus) Bk L commence RF trn,-, cl R cont trn, sd & bk L CP/DW(W fwd R between M's feet commence RF trn,-, cont trn sd L brush R to L, fwd R between M's feet);
- 6 (Feather Finish) Bk R commence LF trn,-, sd L contra Bjo fc DC, fwd R;
- 7 (OP Telemark) Fwd L commence LF trn,-, sd R cont LF trn, sd & slightly fwd L to end SCP/DW(W bk R commence LF trn bring L beside R with no weight,-, cont LF trn on R heel and change weight to L, sd & fwd R);
- 8 (Chair & Slip) Ck thru R with lunge action,-, rec L, slight LF upper body trn slip bk R(W ck thru L with lunge action,-, rec R, swivel LF on R and stp fwd L)CP/DC;

9~16 1/2 Diamond Trn;; Q Diamond Trn 4; Dip Bk & Rec;
Hover Telemark; OP Nat; OP Impetus; Feather(Bjo/DC);

- QQQQ
- 9-10 (1/2 Diamond Trn) Fwd L commence LF trn,-, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn,-, sd L cont LF trn, fwd R to Bjo/RDW;
 - 11 (Q Diamond Trn 4) Fwd L cont LF trn, sd R cont LF trn, bk L to Bjo/LOD, sd & bk R blend CP fc LOD;
 - 12 (Dip Bk & Rec) Bk L flex knee,-, Rec R,-;
 - 13 (Hover Telemark) Fwd L,-, sd & fwd R 1/8 RF trn, fwd L(W bk R,-, sd & bk L 3/8 RF Trn, fwd R)SCP/LOD;
 - 14 (OP Nat) Fwd R commence RF trn,-, cont RF trn sd L fc RDC, bk R;
 - 15 (OP Impetus) Bk L commence RF trn,-, cl R cont RF trn(heel trn), fwd L (W fwd R feet heel to toe pivot 1/2 RF,-, sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DC;
 - 16 (Feather) Thru R,-, fwd L, fwd R(W thru L LF trn, sd & bk R to Bjo, bk L);

Meas PART B

1~ 8 Rev Wave;; Bk Feather; Bk Three Step; OP Impetus;
Prom Weave fc LOD;; Double Rev Spin(CP/DW)

- 1- 2 (Rev Wave) Fwd L commence LF trn,-, sd R cont LF trn fc RDC, bk L twd DW(W bk R commence LF trn,-, cl L to R heel trn, fwd R); Bk R,-, bk L, bk R curving LF to end fc RLOD;
- 3 (Bk Feather) Bk L,-, bk R with right shoulder leading, bk L Bjo/RLOD;
- 4 (Bk Three Step) Bk R blending CP,-, bk L, bk R;

- 5 (OP Impetus) Bk L commence RF trn, -, cl R cont RF trn(heel trn), fwd L (W fwd R feet heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DC;
- SQQ
QQQQ
QQ-
(QQQQ) 6- 7 (Prom Weave) Fwd R, -, fwd L commence LF trn to CP, sd & bk R (W fwd L, -, commence LF Trn sd & bk R to CP, cont LF trn on R fwd L) to end Bjo/RDW;
bk L twd DC, bk R cont LF trn, sd L cont trn, fwd R outsd partner Bjo/LOD;
- 8 (Double Rev Spin) Fwd L blend CP commence LF trn, cont trn sd R, spin LF on ball of R bring L foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R);

9~16 Hover Telemark; Cross Pivot Scar; Cross Hover SCP; Feather; Rev Trn; Ck & Weave;; Chg Of Direction(CP/DC);

- 9 (Hover Telemark) Fwd L, -, sd & fwd R 1/8 RF trn, fwd L(W bk R, -, sd & bk L 3/8 RF Trn, fwd R) SCP/DW;
- 10 (Cross Pivot Scar) Fwd R commence RF trn, -, sd L cont RF trn, cont trn sd R fc DC(W fwd L, -, fwd R commence RF trn with right sd stretch, cont RF trn sd L) Scar/DC;
- 11 (Cross Hover SCP) XLIF of R, -, sd R lead W RF trn, sd & fwd L SCP/DC;
- 12 (Feather) Thru R, -, fwd L, fwd R(W thru L LF trn, sd & bk R to Bjo, bk L);
- 13 (Rev Trn) Fwd L commence LF trn, -, sd R cont LF trn fc RLOD, bk L(W bk R commence LF trn, -, cl L to R heel trn, fwd R);
- SQQ 14-15 (Ck & Weave) Slip bk R slight contra ck action, -, rec L, sd R Bjo/RDW;
QQQQ Bk L commence LF trn, bk R cont LF trn, sd L cont trn, fwd R outsd partner Bjo/DW;
- SS 16 (Chg of Direction) Fwd L, -, fwd R right shoulder leading and LF trn, draw L to R(CP/DC);

Meas

ENDING

1~ 4 Rev Wave;; OP Impetus; Chair & Sway Chg;

- 1- 2 (Rev Wave) Fwd L commence LF trn, -, sd R cont LF trn fc RDC, bk L twd DW(W bk R commence LF trn, -, cl L to R heel trn, fwd R);
Bk R, -, bk L, bk R curving LF to end fc RLOD;
- 3 (OP Impetus) Bk L commence RF trn, -, cl R cont RF trn(heel trn), fwd L (W fwd R feet heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DC;
- 4 (Chair & Sway Chg) Ck thru R with lunge action, -, chg sway twd RLOD, -;