

## OPEN ARMS

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**MUSIC:** Columbia CD-CK-44493 (Journey) Downloads Available  
**RHYTHM:** Waltz **PHASE:** IV **SPEED:** 44 RPM Time 3:19  
**FOOTWORK:** Opposite, directions for man except where noted.  
**SEQUENCE:** Intro, A, B, C, D, A, B, C, End Revised Date March 2008

### INTRO

- 1-4** **[LOF DLW] WAIT ; ; TOGETHER DRAW TOUCH [CP WALL] ; BOX FINISH ;**  
 1-4 in LOP-FCG DLW with lead hands joined wait 2 meas ; ; step to L to CP, tch R, - ; bk R trng LF, sd L twd DLC, cl R ;
- 5-8** **DIAMOND TURN ; ; ; ;**  
 5-8 fwd L, sd R, bk L ; bk R, sd L, fwd R ; fwd L, sd R, bk L ; bk R, sd L, fwd R ;

### PART A

- 1-4** **TWO LEFT TURNS ; ; HOVER TELEMARK ; MANUVER ;**  
 1-2 fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R ;  
 3 fwd L, fwd & sd R w/ rise & 1/8 RF trn, sm fwd L on w/ toe ld to tight SCP ;  
 4 fwd R trng RF in frnt of W, sd L, cl R to CP RLOD ;
- 5-8** **SPIN TURN ; BOX FINISH ; TWO LEFT TURNS ; ;**  
 5-6 bk L pvtg RF 1/2, fwd R w/ rise, sd & bk L ; bk R, sd & bk L trng 1/8 LF, cl R to DC ;  
 7-8 fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R ;
- 9-12** **WHISK ; WING ; TELEMARK TO SCP ; NATURAL HOVER FALLAWAY ;**  
 9-10 fwd L, sd & fwd R w/ rise, bk L beh R (W bk R beh L) ; fwd R leading W in frnt to SCAR LOD, draw L, tch L ;  
 11 fwd L, trn LF sd & fwd R (W bk L w/ heel trn), fwd L to tight SCP ;  
 12 in SCP fwd R trng RF 1/8, fwd L ckg w/ rise, rec R ;
- 13-16** **SLIP PIVOT ; MANUVER ; IMPETUS TO SCP ; SLOW SIDE LOCK ;**  
 13-14 bk L (W bk R), bk R trng LF 1/4 (W trns LF fwd L), fwd L ; fwd R trng RF in frnt of W, sd L, cl R to CP RLOD ;  
 15-16 bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP ; thru R, sd & fwd L, XRIB (W thru trn, sd & bk trn, XIF) ;

### PART B

- 1-3** **OPEN REVERSE TURN ; OUTSIDE CHECK ; OUTSIDE CHANGE TO SCP ;**  
 1-2 CP fwd L trng LF, cont trn sd R, bk L to BJO ; bk R trng LF, sd & fwd L, ck fwd R to BJO ;  
 3 bk L, bk R trng LF, sd & fwd L to SCP ;
- 4-7** **IN AND OUT RUNS ; ; WEAWE TO SCP ; ;**  
 4-5 fwd R trng RF in frnt of W, sd & bk L to BJO, bk R in BJO ; bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP ;  
 6-7 fwd R ldg W in frnt, fwd L to CP trng L, sd & bk R to BJO ; bk L, sd & bk R to CP trng LF, sd & fwd L to SCP (W trns RF fwd R to SCP) ; fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R ;
- 8-10** **PICK UP ; TWO LEFT TURNS ; ;**  
 8-10 fwd R ldg W in frnt, sd L, cl R in CP LOD ; fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R ;

### PART C

- 1-4** **WHISK ; SLOW SIDE LOCK ; VIENESE TURNS ; ;**  
 1-2 fwd L, sd & fwd R w/ rise, hk L beh R (W hk R beh L) ; ; thru R, sd & fwd L, XRIB (W thru trn, sd & bk trn, XIF) ;  
 3-4 fwd L trng LF, cont trn sd R, hk LIFR (W cl R) ; bk R trng LF, sd L, cl R (W hk LIFR) ;
- 5-8** **DIAMOND TURN ; ; ; ;**  
 5-8 fwd L, sd R, bk L ; bk R, sd L, fwd R ; fwd L, sd R, bk L ; bk R, sd L, fwd R ;
- 9-12** **REVERSE WAVE ; ; SPIN TURN ; BOX FINISH ;**  
 9-10 fwd L trng LF 3/8, sd R, bk L ; curvg LF 1/8 bk R, L, R ;  
 11-12 bk L pvtg RF 1/2, fwd R w/ rise, sd & bk L ; bk R, sd & bk L trng 1/8 LF, cl R to DC ;
- 13-16** **TWO LEFT TURNS ; ; HOVER ; THRU FACE CLOSED ;**  
 13-14 fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R ;  
 15-16 fwd L, sd & fwd R w/ rise, rec L ; XRIFL (W XLIFR), fwd L to fc ptr, cl R ;

**PART D****1-2 WHISK ; THRU CHASSE TO BJO ;**

- 1 fwd L, sd & fwd R w/ rise, hk L beh R (W hk R beh L) ;
- 2 XRIFL (W XLIFR), fc ptr sd L/cl R, sd & fwd L to BJO (W sd & bk to BJO) ;

**3-4 FORWARD, FORWARD LOCK FORWARD ; MANUEVER ;**

- 3-4 in BJO fwd R, fwd R/lk LIBR, fwd L ; fwd R trng RF in frnt of W, sd L, cl R to CP RLOD ;

**5-8 IMPETUS TO SCP ; IN AND OUT RUNS ; ; PICK UP ;**

- 5 bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP ;
- 6 fwd R trng RF in frnt of W, sd & bk L to BJO, bk R in BJO ;
- 7 bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP ;
- 8 trng LF fwd R Idg W to CP LOD, -, tch L ;

**END****1-2 WHISK ; THRU CHASSE TO BJO ;**

- 1 fwd L, sd & fwd R w/ rise, hk L beh R (W hk R beh L) ;
- 2 XRIFL (W XLIFR), fc ptr sd L/cl R, sd & fwd L to BJO (W sd & bk to BJO) ;

**3-4 FORWARD, FORWARD LOCK FORWARD ; MANUEVER ;**

- 3-4 in BJO fwd R, fwd R/lk LIBR, fwd L ; fwd R trng RF in frnt of W, sd L, cl R to CP RLOD ;

**5-7 IMPETUS TO SCP ; THRU TO PROMANADE SWAY ; CHANGE TO OVERSWAY ;**

- 5 bk L trng RF, heel trn bk R (W sd & fwd L arnd M), fwd L in tight SCP ;
- 6-7 sd & fwd L r sd stretch, extend to strong pro pos, slow lower ; chg to L sd stretch with slight if extended rlod, cont lower on L leave R extended rlod extend oversway line (W fwd R head rt extend prom sway, lower ; chg head L, slow lower on R leave it extended rlod, line) ;

**OPEN ARMS QUICK CUES****Intro**

[OP/FCG] Wait ; ; Tog Drw Tch [CP/WALL] ; Box Fin ; Diamond Trn ; ; ; ;

**Part A**

Two Lft Trns ; ; Hover Telemark ; Manuv ; Spin Trn ; Box Fin ; Two Lft Trns ; ;  
Whisk ; Wing ; Telemark to SCP ; Nat Hover Fallaway ; Slip Pivot ; Manuv ; Impetus to SCP ; SLOW SD LOCK ;

**Part B**

Op Rev Trn ; Outside Chk ; Outside Chg [SCP] ;  
In & Out Runs ; ; Weave [SCP] ; ; PU ; Two Lft Trns ; ;

**Part C**

Whisk ; Slow Sd Lk ; Vienese Trns ; ; Diamond Trn ; ; ; ;  
Reverse Wave ; ; Spin Trn ; Box Fin ; Two Lft Trns ; ; Hover ; Thru Fc Cl ;

**Part D**

Whisk ; Thru Chasse to BJO ; Fwd, Fwd Lk Fwd ; Manuv ;  
Impetus to SCP ; In & Out Runs ; ; PU ;

**Part A**

Two Lft Trns ; ; Hover Telemark ; Manuv ; Spin Trn ; Box Fin ; Two Lft Trns ; ;  
Whisk ; Wing ; Telemark to SCP ; Nat Hover Fallaway ; Slip Pivot ; Manuv ; Impetus to SCP ; SLOW SD LOCK ;

**Part B**

Op Rev Trn ; Outside Chk ; Outside Chg [SCP] ;  
In & Out Runs ; ; Weave [SCP] ; ; PU ; Two Lft Trns ; ;

**Part C**

Whisk ; Slow Sd Lk ; Vienese Trns ; ; Diamond Trn ; ; ; ;  
Reverse Wave ; ; Spin Trn ; Box Fin ; Two Lft Trns ; ; Hover ; Thru Fc Cl ;

**End**

Whisk ; Thru Chasse to BJO ; Fwd, Fwd Lk Fwd ; Manuv ;  
Impetus to SCP ; Thru to Promanade Sway ; Oversway ;