

PERFECT

Music:	Ed Sheeran Perfect Available via Itunes downloaded 4:23 speed – 7%
Rhythm :	Slow 2-Step Phase IV + 1 (Triple Traveler) + 2 unphased (Tunnel Exit, The Square)
Footwork :	Opposite except where (Noted)
Release date :	January 2018
Choreo :	Loet Polak, Egelveen 238, Spijkenisse NL
Email :	LoetPolak@Gmail.Com
SEQUENCE :	INTRO, A, B, C, A, B, INTERL, END.

INTRO:

BFLY/WALL WAIT INTRO NOTES;

- 1-4 LUNGE BASIC; TWICE; Manuvering RGHT TRN w/OUTSD ROLL; BASIC ENDING; Pickingup**
{LUNGE BASIC TWICE;;} Sd L, -, rec R, XLif (W XRif) ; Sd R, -, rec L, XRif (W XLif) to manuver ;
{RGHT TRN w/OUTSD ROLL} XIF of W sd & bk L to fc RLOD;;, sd & bk R almost XIB trn ¼ RF lead W
und jnd lead hnds, XLIF (W fwd R beg RF twirl und lead hnds,-, fwd L, fwd & sd R) to fc ptr;
{BASIC ENDING;} sd R,-, XLIB, rec R to picking-up;
- 5-8 TRIPLE TRAVELER;;; TUNNEL EXIT;**
{TRIPLE TRAVELER;;;} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn,
XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOP RLOD ; Fwd R spiral
LF undr jnd hnds, - fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont
circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R comm roll RF under jnd lead
hnds, -, bk L cont roll, fwd R comp Roll to fc ptr) to BFLY WALL ;
{TUNNEL EXIT;} Fwd R chkng leadng W around in front to coh, -, rec L, Fwd R trng LF fc LOD joined
hnds over M's head (Fwd l around M, -, fwd R, fwd l) to LOP fc LOD;
- 9-12 OUTSD ROLL; LUNGE BASIC; BASICS;; Manuvering**
{OUTSD ROLL;} Fwd L bringing jnd hnds down & bk, -, Fwd R, Fwd L bringing hnds up & around
leadng W to roll RF (Fwd R comm RF trn, -, sd& bk L trn RF under jnd hnds, cont RF trn Fwd R);
{LUNGE BASIC;} Sd R, -, rec L, XRif (W XLif)
{BASICS;;} Sd L, -, XRib (W XLib), rec L; sd R,-, XLIB, rec R to manuver;
- 13-16 RGHT TRN w/OUTSD ROLL; BASIC ENDING; TWISTY BASICS;;**
{RGHT TRN w/OUTSD ROLL;} repeat meas 3 of intro;
{BASIC ENDING;} sd R,-, XLIB, rec R;
{TWISTY BASICS;;} Sd L, -, XRIB (XLIF), rec L to SCAR; Sd R to fc ptr, -, XLIB (XRIF), rec R to BJO;

PART A:

- 1-4 OP.BASIC; TWICE; ARM TO ARM; OP.BASIC;**
{OP.BASIC; TWICE;} Sd L trng to ½ LOP RLOD, -, XRib (W XLib), rec L trng to fc; Sd R trng to ½ OP
LOD, -, XLib (XRib), rec R starting to fold in frt of W;
{ARM TO ARM;} Turning 1/8 LF small sd & fwd L leading W to X in front,-, turning 1/8 LF sd & fwd R
V-Pos ld arms/LOD, fwd & aX L; (Turning 3/8 LF X in front of M sd & bk R,-, turning 3/8 LF sd & fwd L
V-Pos ld arms/LOD, fwd & aX R;)
{OPEN BASIC;} Repeat meas 2 of part A;
- 5-8 TO REV ARM TO ARM 3 X;;; OP.BASIC;**
{ARM TO ARM 3X;;;} Turning 1/8 LF small sd & fwd L leading W to X in front,-, turning 1/8 LF
sd & fwd R V-Pos ld arms/RLOD, fwd & aX L; Turning 1/8 RF small sd & fwd R leading W to X in front,-
, turning 1/8 RF sd & fwd L V-Pos trl arms/RLOD, fwd & aX R; Turning 1/8 LF small sd & fwd L
leading W to X in front,-, turning 1/8 LF sd & fwd R V-Pos ld arms/RLOD, fwd & aX L;
(Turning 3/8 LF X in front of M sd & bk R,-, turning 3/8 LF sd & fwd L V-Pos ld arms/RLOD,

PERFECT

fwd & aX R; Turning 3/8 RF X in front of M sd & bk L,-, turning 3/8 RF sd & fwd R V-Pos trl arms/
RLOD, fwd & aX L; Turning 3/8 LF X in front of M sd & bk R,-, turning 3/8 LF sd & fwd L
V-Pos ld arms/RLOD, fwd & aX R;)
{OPEN BASIC;} Repeat meas 2 of part A;

- 9-12 LUNGE BASIC; BASIC ENDING; Pickingup LFT TRN w/INSD ROLL; BASIC ENDING;**
{LUNGE BASIC;} repeat meas 1 of intro;
{BASIC ENDING;} sd R,-, XLIB, rec R to picking-up;
{LEFT TURN W/ INSD ROLL;} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg
¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to loose
CP COH ;
{BASIC ENDING;} sd R,-, XLIB, rec R ;
- 13-16 BASICS;; Manuvering RGHT TRN w/OUTSD ROLL; OP.BASIC;**
{BASICS;} Repeat meas 9-10 of intro ;;
{RGHT TRN w/OUTSD ROLL;} repeat meas 3 of intro;
{OPEN BASIC;} Repeat meas 2 of part A;

PART B:

- 1-4 SD BASIC; OP.BREAK; BOLERO WHEEL 6;;**
{SD BASIC;} Sd L, -, XRib (W XLib), rec L;
{OPEN BREAK;} Sd R, -, rk apt L, rec R ;
{BOLERO WHEEL 6;;} Wheel RF outsd ptr fwd L, -, R, L; Cont wheel fwd R, -, L, R to BFLY WALL
compl 1 full trn;
- 5-8 MAN CHNG SD UNDERARM TRN; BASIC ENDING; SD BASIC; SWEETHEART WRAP LADY
TRANS;**
{MAN CHANGE SD UNDERARM TRN;} Fwd L turning left face under joined lead hands, -, sd R, XLIF
[COH] (fwd R, -, sd L, XRIF);
{BASIC ENDING;} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);
{SIDE BASIC;} Sd L, -, XRIB, rec L;
{SWEETHEART WRAP LADY TRANS;} Sd R, -, XLIB bringing lead hands around W head to wrap,
rec R [RLOD] (W sd L, -, XRIF turning LF under joined lead hands to wrap position, -);
- 9-12 TO REV.SWEETHEART RUN 6;; SWEETHEART SWITCH; LADY X;**
{SWEETHEART RUNS;;} wrap position same foot fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R;
{SWEETHEART SWITCH;} Continuing in loose wrapped position fwd & sd L across W turning RF
face,-, continuing turn to RLOD moving W to left side fwd R, fwd L;
{LADY ACROSS;} Fwd R small step moving W across body, -, fwd L, fwd R (W fwd R across M, -,
fwd L, fwd R) end wrap position;
- 13-16 SHADOW LUNGE BASIC TWICE; LADY TURN & TCH TO FC; BASICS;; pickingup LOW BFLY**
{SHADOW LUNGE BASIC;} Releasing hands both turn right to face COH lunge sd L extend left
arms, -, rec R bringing arms in, XLIF;
{SHADOW LUNGE LADY TRANSITION TO FACE;} Lunge sd R extend R arms, -, rec L, cl R (W
Lunge sd R, -, rec L turning LF to face M, -) to CP face COH;
{BASICS;;} Sd L, -, XRib (W XLib), rec L; sd R,-, XLIB, rec R to pickup;
- 17-20 TRAVEL X CHASSE 2 X TO FC COH;; OP.BASIC; TWICE;**
{TRAVELING CROSS CHASSE;;} fwd L turning slightly LF, -, sd & fwd R, XLIF (W bk R slight LF turn,
-, bk & sd L,XRIF); turning RF fwd R, -, sd & fwd L to face center, XRIF (W bk L turning RF, -, bk & sd
R, XLIF);
{OP.BASIC; TWICE;} Repeat meas 1-2 of part A

PERFECT

PART C:

- 1-4 BASICS;; Manuvering RGHT TRN w/OUTSD ROLL; BASIC ENDING; Pickingup**
 {BASICS;;} Repeat meas 9-10 of intro ;;
 {RGHT TRN w/OUTSD ROLL;} repeat meas 3 of intro;
 {BASIC ENDING;} sd R,-, XLIB, rec R to picking-up;
- 5-8 TRIPLE TRAVELER;;; BASIC ENDING;**
 {TRIPLE TRAVELER;;;} Repeat meas 5-7 of Intro;;;
 {BASIC ENDING;} sd R,-, XLIB, rec R ;
- 9-12 LUNGE BASIC; TWICE; BASICS;; Manuvering**
 {LUNGE BASICS;;} Sd L blending to BFLY, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF (XLIF);
 {BASICS;;} Repeat meas 9-10 of intro ;;
- 13-16 RGHT TRN w/OUTSD ROLL; BASIC ENDING; TWISTY BASICS;;**
 {RGHT TRN w/OUTSD ROLL;} repeat meas 3 of intro;
 {BASIC ENDING;} sd R,-, XLIB, rec R ;
 {TWISTY BASICS;;} Sd L, -, XRIB, rec L (sd R, -, XLIF, rec R); sd R, -, XLIB, rec R
 (sd L, -, XRIF, rec L);

INTERL:

- 1-4 COH THE SQUARE;;;;**
 {THE SQUARE} In ½ OP RLOD Fwd L trng RF moving in front of W, -, sd R twd WALL, XLif
 (W fwd R, -, sd L twd WALL, XRif) to end in left ½ OP fcg WALL; Fwd R, -, sd L twd LOD, XRif
 (W fwd L trng RF moving in front of M, -, sd R twd LOD, XLif) to end in ½ OP fcg LOD;
 Fwd L trng RF moving in front of W, -, sd R twd COH, XLif (W fwd R, -, sd L twd COH, XRif)
 To end in left ½ OP fcg COH; Fwd R, -, sd L twd RLOD, XRif
 (W fwd L trng RF moving in front of M, -, sd R twd RLOD, XLif) to ½ OP COH;

ENDING:

- 1-4 COH 3 ALTERN UNDERARM TRNS L – M – L ;;; OP.BASIC; Pickingup**
 {UNDERARM TURN;} Sd L, -, XRIB of L, rec L (Sd R commence to turn RF under lead arms, -,
 XLIF turning to face RLOD, fwd R commence to face M);
 {MAN UNDERARM;} Sd R commence to turn RF under trail arms, -, XLIF turning to face
 LOD, fwd R to face Lady (W offering left palm face upward Sd L, -, XRIB of L, rec L);
 {UNDERARM TURN;} Sd L, -, XRIB of L, rec L (Sd R commence to turn RF under lead arms, -,
 XLIF turning to face RLOD, fwd R commence to face M);
 {BASIC ENDING;} sd R,-, XLIB, rec R to picking-up;
- 5-8 TRIPLE TRAVELER;;; BASIC ENDING; WALL**
 {TRIPLE TRAVELER;;;} Repeat meas 5-7 of Intro;;;
 {BASIC ENDING;} sd R,-, XLIB, rec R ;
- 9-12 LUNGE BASIC; TWICE; BASICS;; Manuvering**
 {LUNGE BASICS} Sd L blending to BFLY, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF (XLIF);
 {BASICS;;} Repeat meas 9-10 of intro ;;

PERFECT

- 13-16 RGHT TRN w/OUTSD ROLL; BASIC ENDING; Pickingup LFT TRN w/INSD ROLL; BASIC ENDING;**
 {RGHT TRN w/OUTSD ROLL;} repeat meas 3 of intro;
 {BASIC ENDING;} sd R,-, XLIB, rec R to pickup ;
 {LFT TRN w/INSD ROLL;} Repeat meas 11 of part A;
 {BASIC ENDING;} sd R,-, XLIB, rec R ;
- 17-20 SWITCHES;; TWISTY BASICS;;**
 {SWITCHES;;} fwd L changing sides & sharply turning RF to left ½ OP, -, fwd R, fwd L (W fwd R,-, fwd L, fwd R) to end in left ½ OP/LOD; fwd R, -, fwd L, fwd R (W fwd L changing sides & sharply turning RF to ½ OP, -, fwd R, fwd L) to end in ½ OP;
 {TWISTY BASICS;;} Sd L, -, XRIB, rec L (sd R, -, XLIF, rec R); sd R, -, XLIB, rec R (sd L, -, XRIF, rec L);
- 21-24 UNDERARM TRN; BASIC ENDING; STEP SD TO HINGE; EXTEND;.**
 {UNDERARM TRN;} Sd L raise ld hnds, -, XRIB of L, rec L;(W Sd R comm to trn RF undr jnd ld hnds, -, XLif of R cont RF trn, rec fwd R to fc);
 {BASIC ENDING;} sd R,-, XLIB, rec R ;
 {HINGE; & EXTEND;} Blending to CP fc Wall side L, -, continue slight LF turning to lower on R, - (W side R turning LF, -, close L to R, continue LF body turn commence to lower on R extend R to RLOD look well to left); continue slight lowering release lead hands W place R hand on M's L shoulder both extend L arms out to side, -, -, -;