

POINCIANA

Choreography by: Howard & Anna Hoffman, 305 Williams Drive, Schaumburg,
Illinois, 60193 Phone 1-847-891-2383 Release Date 1-22-18
E-mail to Hofdance@aol.com

Music: Poinciana by The 50 Guitars of Tommy Garrett
From the CD album Maria Elena
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase IV + 1 (Open Hip Twist)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B Bridge B A Ending

..... INTRODUCTION (4 Measures)

BFLY WALL W/ LEAD FEET FREE WAIT 2 MEAS;; ALEMANA BFLY;;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3 & 4] Fwd L, rec R, cl L lead W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R begin rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L end bfly pos, -;)

..... PART A (16 Measures)

SD ROCK 3; CRAB WALK 3; SD ROCK 3; SPOT TURN LOD TO HNDSHAKE; OPEN HIP TWIST; TO A FAN; HOCKEY STICK LOP FC RLOD;; TO REV, PROGRESSIVE WALK 6;; NEW YKR REV TO FC; SPOT TURN LOD; FULL CHASE BFLY;;;

[1] In bfly pos rk sd L, rk sd R, rk sd L, -; [2] XRIF of left, sd L, XRIF of left, -; [3] Rk sd L, rk sd R, rk sd L, -; [4] Swiveling 1/4 on ball of supporting foot step fwd R to LOD trng 1/2 lf, rec L continuing turn approx 1/4 to fc partner, sd R finish to a handshake, -; [5] Check fwd L, rec R, cl L to right, -; (W bk R, rec L, fwd R toward M with tension in right arm which causes W to swivel 1/4 rf on right on count of "and". -;) [6] Bk R, rec L, sd R, -; (W fwd L, trng lf step sd & bk R making 1/4 turn to left, bk L leaving right extended forward with no weight, -;) [7 & 8] Fwd L, rec R, cl L, -; Bk R, rec L, fwd R following W and start blnd to LOP fcng RLOD, -; (W cl R, fwd L, fwd R, -; Fwd L, fwd R trng lf to fc partner, sd & bk L start blnd to LOP fcng RLOD, -;) [9 & 10] Toward RLOD fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R, -; [11] Toward RLOD step thru L with straight leg to a side by side pos, rec R swiveling to fc partner, sd L, -; [12] Swiveling 1/4 on ball of supporting foot step fwd R to LOD trng 1/2 lf, rec L continuing turn approx 1/4 to fc partner, sd R, -; [13 - 16] Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; (W bk R with no turn, rec L, fwd R, -; Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L with no turn, rec R, bk L, -;)

..... PART B (16 Measures)

1/2 BASIC; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN BFLY; TO REV, CRAB WALKS;; AIDA REV; ROCK 3 TO FC; THRU SERPIENTE;; SPOT TURN TWICE BFLY;; SHLDR TO SHLDR TWICE;; CUCARACHA L & R;;

[1] Fwd L, rec R, sd L, -; [2] Toward LOD thru R, sd L with rf turn to look RLOD, bk R ending in a "V" bk-to-bk pos, -; [3] Trng lf to fc partner step sd L chng bringing joined hands thru, rec R, sd L, -; [4] Swiveling 1/4 on ball of supporting foot step fwd R toward LOD trng 1/2, rec L trng 1/4 to fc partner, sd R blnd bfly pos, -; [5 & 6] Toward RLOD XLIF of right, sd R, XLIF of right, -; Sd R, XLIF of right, sd R, -; [7] Toward RLOD thru L, sd R with lf turn to look LOD, bk L ending in a "V" bk-to-bk pos, -; [8] Rk fwd R, rec L, rk fwd R trng rf to fc partner & wall bfly pos, -; [9 & 10] Toward RLOD thru L, sd R, bhnd L, fan R clockwise; Bhnd R, sd L, thru R, fan L clockwise; [11 & 12] Swiveling 1/4 on ball of supporting foot step fwd L toward RLOD trng 1/2, rec R trng 1/4 to fc partner, sd L blnd bfly pos, -; Swiveling 1/4 on ball of supporting foot step fwd R toward LOD trng 1/2, rec L trng 1/4 to fc partner, sd R blnd bfly pos, -; [13 & 14] Fwd L to bfly sdcar pos, rec R to fc, sd L, -; Fwd R to bfly bjo pos, rec L to fc, sd R, -; [15 & 16] Step sd L, rec R, cl L, -; Step sd R, rec L, cl R, -;

..... BRIDGE (8 Measures)

CHASE W/ DBL PEEK-A-BOO BLND BFLY;;;

[1 - 8] Fwd L trng 1/2 rf, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R trng 1/2 lf, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec R, bk L, -; Bk R, rec L, cl R blnd bfly wall, -; (W bk R, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L trng 1/2 rf, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R trng 1/2 lf, rec L, cl R, -; Fwd L, rec R, cl L blnd bfly pos, -;)

POINCIANA

Page 2 of 2

..... **ENDING (5 Measures)**

SD ROCK 3; CRAB WALK 3; SD ROCK 3; CRAB WALK 3; LUNGE LOD & HOLD;

[1] In bfly pos rk sd L, rk sd R, rk sd L, -; [2] XRIF of left, sd L, XRIF of left, -; [3] Rk sd L, rk sd R, rk sd L, -;

[4] XRIF of left, sd L, XRIF of left, -; [5] Toward LOD step sd L with lunging action & flexed knee, -, -, -;