

PASTORALE

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With Michael Mead

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CD: Songs from a Secret Garden

Sequence: INTRO, A, B, C, INTER 1, B, C, INTER 2, B 1-12

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Champion Ballroom Academy

Pastorale by Secret Garden Track 2

Phase VI Waltz Released 8/6/11

INTRO

1-4 WAIT;;; HOVER UP TO BJO;

- 1-3 {Wait} In OP trail ft free fc DC wait 3 meas;;;
123 4 {Hover Up to BJO} Fwd R, fwd L with L sd stretch (W fwd R
trning LF), recov bk R to BJO;

5-8 SYNCO RUNAROUND;;; LADY SYNCO TWIRL TO SCAR; CHK DEVELOPE;

12&3& 5-6 {Synco Runaround} Start like an outside spin trning RF bk L,
1&2&3 run arnd in BJO R/L, R/L; R/L, R/L, R end fcng DC;
12&3 7-8 {Synco Twirl to SCAR} Bk L cont trn RF lifting lead hnds to
1-- cause W to twirl RF, sd R/ cl L, fwd R to SCAR (W fwd R cont
RF trn, trning under lead hnds bk L/ fwd R, bk L) fc DRW;
{Chk & Develope} Chk fwd L and hold (W chk bk R, develope
L.);

PART A

1-4 BK FEATH FIN; OPEN REV; BK CHASSE LADY TRN TRANS TO SKATERS; CURVED FEATHER;

123 1-2 {Bk Feath Fin} Bk R, trn LF sd & fwd L, cont LF trn fwd R to
123 BJO pos fc DC; {Open Rev} Fwd L start LF trn, cont LF trn sd &
bk R, bk L in BJO fc DRC;
12&3 3-4 {Bk Chasse Lady Trn Trans to Skaters} Bk R trn LF keep R
(W123) hnd connected to lady low on her waist sd L/ cl R, sd L to skaters
123 DW (W fwd L trn LF, bk R cont LF trn, sd L to skaters);
{Curved Feather} Both fwd R start RF curve, fwd L with RF
curve, chk fwd R DRW;

5-8 TWO NATURAL TRNS;;; BK CHASSE SHE DBL ROLL TO BFLY SCAR; CHK LADY FLICK;

123 5-6 {Two Nat Trns} Both bk L start RF trn, sd R cont trn, fwd L in
123 CBMP fc DC; cont RF trn fwd R LOD, fwd & sd L cont RF trn,
bk R fc DRW;
12&3 7-8 {Chasse Lady Dbl Roll BFLY SCAR} Bk L trn RF, sd R/ cl L,
(W12&3&) sd R to BFLY SCAR (W bk L start RF trn, free roll R/L, R/L
making two revolutions);
1-- {Chk Lady Flick} Chk fwd L, and hold (W chk bk R, flick L in
front of R and hold),-;

9-12 BK SWVL TO BJO; BK TO RT HINGE; HOVER CORTE TRANS; BK TO SYNCO TUMBLE TRN;

- 1-- 9-10 {**Bk Swvl to BJO**} Still in BFLY bk R, swvl LF pt L to fc DRC,-;
 12- {**Bk to Rt Hinge**} Bk L, bk & sd R, cont upper body rotation to
 (W123) put lady bck into hinge line (W fwd R, trn RF sd L, cont trn to
 step bk R in hinge line);
- 23 11-12 {**Hover Corte Trans**} Trn body LF to cause W to step fwd, fwd
 (W123) L with strong LF stretch trning to fc DRW, recov bk R to BJO (W
 1&2&3 fwd L, fwd R trn LF with hover action, recov L); {**Bk to Synco
 Tumble Trn**} Bk L start LF trn/ bk R cont trn, sd & fwd L/ cont
 trn fwd R to BJO, trning sharply LF fwd L lowering to BJO fc
 DRC;

PART B

1-4 CONT REV WAVE BFLY SCAR; BJO; SCAR; SYNCO REV TWIRL TO LOP LOD;

- 123 1-3 {**Cont Rev Wave**} Blending to BFLY bk R, bk L, bk R trning
 123 body to fc DRW W now in BFLY SCAR; bk L, bk R, bk L trning
 body to fc DRC W now in BFLY BJO; bk R, bk L, bk R trning
 body to fc DRW W now in BFLY SCAR;
- 123 4 {**Synco Rev Twirl to LOP LOD**} Bk L trning RF to bring lady
 12&3 under lead hnds in synco rev twirl, sd R/ cl L, sd & fwd R to LOP
 LOD (W fwd R, trning LF under lead hnds fwd L/ bk R, fwd L);

5-8 VINE 3 WITH ARMS; ROLL 3; SYNCO VINE; SYNCO TWIRL ACROSS TO SCAR;

- 123 5-6 {**Vine 3 with arms**} Thru L, sd R, bring trail hnds up and over
 123 twd RLOD behind L;
 {**Roll 3**} Free roll RF fwd R, bk L, fwd R to LOP LOD;
- 1&23 7-8 {**Synco Vine**} Fwd L to fc ptr in BFLY/ sd R, XLIB of R, fwd R
 12&3 to LOP LOD;
 {**Synco Twirl Across to SCAR**} Fwd L, sd R/ cl L, sd R leading
 W to RF twirl to SCAR fc DW (W fwd R to twirl under lead
 hnds, bk L/ fwd R, bk L);

9-12 HOVER TELE; RUNNING OPEN NAT; BK CHASSE TRANS TO ESCORT; CROSS CHK WITH ARMS & HOLD;

- 123 9-10 {**Hover Tele**} Fwd L in SCAR, fwd R trning ¼ RF, fwd L in SCP
 1&23 DW; {**Running Open Nat**} Fwd R trning RF/ sd & fwd L to BJO
 DRW, bk R, bk L in BJO (W fwd L/fwd R, fwd L, fwd R);
- 12&3 11-12 {**Bk Chasse Trans to Escort**} Bk R off the track lower lead hnd
 (W123) straight down by sd trn RF, sd L chg hnds to put her L hnd in
 1-- your R/ cl R bring L elbow up, sd L to escort putting her R hnd
 thru your left arm (W fwd L start LF trn, fwd R cont trn, sd L to
 escort); {**Cross Chk With Arms & Hold**} Both lunge thru R and
 develop the L arms up and out;

**13-16 COME OUT TO SHADOW NECK WRAP; RT LUNGE & HOLD;
CANTER TRANS TO BJO CHK; LADY TWIRL TRANS;**

- 1-- 13-14 {**Come Out to Shadow Neck Wrap**} Recov on L and present R
(W123) hnd twd W high, join R hnds, trn W under the joined hnds (W
1-- recov L, trn RF to step fwd R connecting R hnds, cont RF trn sd
& fwd L to shadow); {**Rt Lunge & Hold**} Both sd R trn body to
fc DRW as loop the R hnds over W's head to fin neck wrap into rt
lunge;
- 1-3 15-16 {**Canter Trans to BJO Chk**} Sending her out to DW trn body
(W123) slgtly LF and lead her out strongly with the L hnd sd & fwd L,
12- hold, fwd R checking in BJO DW (W recov fwd L, fwd R trning
(W123) LF, chk bk L);
{**Lady Twirl Trans**} Recov L, twirl the lady RF as step sd R (W
twirl RF fwd R, bk L, fwd R fc DRC);

**17-18 LADY STEP RONDE BEHIND; LADY REV UNDERARM TRN TRANS
TO LOP DW;**

- 17-18 {**Lady Step Ronde Behind**} Hold chg R to her L hnd (W steps
(W1-3) strongly fwd on L and rondes R to OP., XRIB of L;
-23 {**Lady Rev Underarm Trn Trans to LOP DW**} Hold chng bk to
(W123) lead hnds joined, fwd L twd RLOD trning RF, recov R to LOP
DW (W fwd L to start LF underarm trn, bk R, fwd L to LOP);

PART C

**1-4 LADY ACROSS TO SEMI; SYNCO MANUV & PIVOT; FALLAWAY
RONDE 2 & BK TO; SLIP REV UNDERARM TRN TO CP;**

- 123 1-2 {**Lady Across to Semi**} Fwd L, R, L (W XIF of M to SCP fwd R,
1&23 fwd & sd L across the M, fwd R to SCP);
{**Synco Manuv & Pivot**} Fwd R folding to CP fc RLOD (W fwd
L)/ bk L pivot ½ RF, fwd R pivot ½ RF, bk L cont RF pivot to fc
COH blending to SCP;
- 1-3 3-4 {**Fallaway Ronde & Bk**} Bk R in fallaway, ronde L CCW, XLIB
123 of R;
{**Slip Rev Underarm Trn**} Start slip bk R leading W to rev
underarm trn trning LF, sd L, cl R to CP fc DW (W slip fwd L,
trning LF under lead hnds sd & bk R, cont LF trn fwd L to CP);

**5-8 CONTRA CHK & SWITCH; RUDOLPH TO CHEST PUSH; BK CHASSE
SHE SYNCO ROLL TO SCAR; HOVER TELE;**

- 123 5-6 {**Contra Chk & Switch**} Using rotation of twirl lower and chk
123 fwd L in contra chk, recov R start RF trn, switch bk to L as rotate
strongly RF to fc DRC;
{**Rudolph to Chest Push**} Step strongly fwd btwn W's legs with
R lowering and causing her to ronde rotating upper body RF, bk
L, bk R trning slgtly LF to place lady's R hnd on M's chest in
BJO fcng DRC (W fwd arnd M L ronde R CW, XRIB of L, trn
LF to step fwd L in BJO put R hnd on his chest and left arm out

- to sd);
- 12&3 7-8 **{Bk Chasse She Synco Roll to SCAR}** Bk L trning RF, sd R/ cl
123 L, sd R to SCAR (W roll RF fwd R, bk L/ fwd R, bk L to SCAR);
{Hover Telemark} Fwd L in SCAR, fwd R trning ¼ RF, fwd L
in ½ OP DW;
- 9-12 OPEN IN AND OUT RUNS;;;;**
- 123 9-10 **{Open In & Out Runs}** Fwd R start to XIF of W, trn RF to step
123 fwd & sd L across W, trn RF to step fwd R in ½ LOP fc LOD (W
fwd L, R, L); Fwd L, R, L to ½ OP (W fwd R start to XIF of M,
trn RF to step fwd & sd L across M, trn RF to step fwd R in ½ OP
LOD);
- 123123 11-12 **{Open In & Out Runs}** Repeat meas 9-10 part C;;
- 13-16 MAN CHK TO GRAND CIRCLE VARIATION;; TELESPIN ENDING
TO BJO; MANUV;**
- 1-3 13-14 **{Man Chk to Grand Circle Variation}** Cross chk twd DC R trn
(W123) LF lead W in ½ OP circle arnd you, cont LF trn, recov onto L (W
1-- circle M L, R, L); Cont to trn LF as step fwd R again to spin and
(W123) ronde the L fwd & arnd to tch fc DC (W cont circle R, L, R);
-&23 15-16 **{Telespin ending to BJO}** Hold picking up W/ fwd L start LF
(W1&23) trn, fwd & sd R arnd W, fwd L to BJO DW (W fwd L/ fwd R start
123 LF trn, cl L to R toe pivot, bk R in BJO);
{Manuv} Fwd R trn RF, sd L, cl R to fc RLOD in CP;

INTER 1

- 1-3 HESIT CHG; DBL REV; CURVING 3-STEP;**
- 12- 1-2 **{Hesit Chg}** Bk L trn RF, sd & bk R to fc DC, draw L to R;
12- **{Dbl Rev}** Fwd L start LF trn, fwd & sd R arnd W, spin on R to
(W12&3) tch L to R CP LOD (W bk R start LF trn, cl L to R heel trn/ sd &
fwd R arnd M, XLIF of R to CP);
- 123 3 **{Curving 3-Step}** Fwd L start LF trn, fwd R cont curve LF, chk
fwd L sharply trning LF to fc DRC;

REPEAT B

REPEAT C

INTER 2

- 1-4 HESIT CHG; DBL REV; DBL REV; CURVING 3-STEP;**
- 12- 1-2 **{Hesit Chg Dbl Rev}** Repeat meas 1-2 Inter 1;;
12-
(W12&3)
- 12- 3-4 **{Dbl Rev}** Repeat meas 2 from Inter 2; **{Curving 3-Step}** Repeat
(W12&3) meas 3 from Inter 1;
123

REPEAT B 1-12 Hold the Fence Line