

### PICTURES, THROUGH THE DARK

#### (A Study in Picture Figures)

Choreography by: Marzena Stachura in collaboration with Dan and Sandi Finch

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Rhythm: Waltz Phase: V + 2 (throw

**Phase:** V + 2 (throwaway oversway, same foot lunge) + 1 (X-line)

RAL Difficulty Rating: Average

Music: "Through the Dark," Helen Jane Long, Porcelain CD, track 5, Amazon.com download

Note: Music should be slowed and shortened: Original speed of music is approx 32 mpm, suggest 29 mpm,

approx -8%. Slow, then cut at 3:21 mpm

Time/MPM: 3:23 @ 29 mpm

Sequence: A, B, C, B Mod, D, End

**Footwork**: Described for man—woman opposite (or as noted)

**Timing:** 123 unless otherwise noted

#### PART A

### 1-8 WAIT;; 2 LEFT TURNS;; PROMENADE SWAY SLOWLY CHANGE TO OVERSWAY;; SIDE HOVER TO SCP; THRU CHASSE TO BJO;

- 1-2 [Wait 2 meas] CP DLC lead ft free;;
- 3-4 [2 left turns] Fwd L comm LF trn, cont trn sd R, cl L; Bk R comm LF trn, cont trn sd L, cl R CP wall; (Bk R comm LF trn, cont trn sd L, cl R; fwd L comm LF trn, cont trn sd R, cl L;)
- [Prom sway chg to oversway 1 --; ---] Sd & fwd L trng to SCP stretching rt sd upward & leftward to look ovr jnd lead hnds, relax left knee, cont stretch; Maintain wt on L comm changing sway stretching lf sd & cont stretch over full meas,-,-; (Sd R trng to SCP relax R knee, cont stretch; Comm changing sway by stretching rt sd matching man's shape,-,-;)
- 7 [Sd hover to SCP 1 3] Sd R, brush L to R w/hvrg action, fwd L to SCP LOD;
- 8 [Thru chasse to BJO 12&3] Thru R, sd & fwd L/cl R trng ptr to BJO, fwd & sd L BJO DLW; (Thru L, comm. LF turn sd R/cl L compl trn to BJO, bk & sd R BJO;)

# 9-16 MANUV; SPIN TURN; BOX FIN DLC; DBL REV SPIN; CHG OF DIR W/SHAPE & CHG SWAY RISE & CL;; OVERSWAY RISE & CL ON 3; TO BIG OUTSD SPIN;

- 9 [Manuv] Fwd R comm RF trn, cont trn blending to CP sd L, cl R fcg RLOD; (Bk L comm RF trn, cont trn sd R, cl L;)
- [Spin trn] Comm RF upper bdy trn bk L pvtg RF, fwd R between ptr's feet heel to toe cont RF trn, compl trn sd & bk L in CP DLW; (Comm RF trn fwd R heel to toe pvtg RF, bk L cont trn brush R to L, compl trn sd & fwd R;)
- [Box fin] Bk R comm LF trn, sd L cont trn, cl R CP DLC; (Fwd L comm LF trn, sd R, cl L;)
- 12 [Dbl rev spin 123 (12&3)] Fwd L comm LF trn, sd R [3/8 LF trn between steps 1 & 2], spin LF btw steps 2 & 3 on ball of R bringing L foot under body beside R no weight flexed knees CP DLW; (Bk R comm LF trn, cl L to R [heel trn] trng LF between steps 1 & 2/sd & slightly bk R cont LF trn, XLIFR;)
- [Chg of dir w/shape 12 ] Fwd L, comm LF trn sd R, cont LF upper body rotation w/R sd stretch over remainder of meas ending in CP LOD, ~; (Bk R, comm LF trn sd L, cont upper body trn over remainder of meas, ~;)
- 14 [Chg sway rise & close - ] Without wt chg comm RF upper body rotation, -, & rise;
- 15 [Oversway line rise & close 1 3] Shift wt to L (R) stretch If sd, rise on L(R), cl R shaping ptr to BJO LOD;
- [Outsd spin] Comm RF bdy trn by bringing toe of L to instep of R, fwd R heel to toe cont trn RF, sd & bk L to end in CP LOD; (Comm RF trn fwd R outside ptr heel to toe, cl L on toes of both feet trng, fwd R between man's feet CP;)

#### **PART B**

# 1-8 MANUV; IMP TO SCP; WEAVE 6 TO SCP;; CHAIR & SLIP CP DLW; LONG CONTRA CHECK RECOVER ON 5 OUT ON 6 TO SCP;; THRU CHASSE SCP;

- [Manuv] Repeat PART A Meas 9 to CP RLOD;
- [Imp to SCP] Comm RF upper bdy trn bk L, cl R [heel trn] cont RF trn, comp trn fwd L in SCP DLC; (Comm RF upper bdy trn fwd R between man's feet heel to toe pivoting RF, sd & fwd Ltrng RF trn arnd man brush R to L, comp trn fwd R SCP;)
- 3-4 [Weave to SCP] Thru R, fwd L comm LF trn, cont trn sd & slightly bk R to fc DRC; Bk L leading ptr to step outsd, bk R cont LF trn, sd & fwd L in SCP DLW; (Thru L comm LF trn, cont trn sd & slightly bk R, cont trn sd & fwd L; Fwd R outsid ptr, fwd L cont trn, sd & fwd R;)
- 5 [Chair & slip to CP DLW] Ck thru R w/lunge action, rec L, w/no trn slip R past L fcg DLW in CP; (Ck thru L w/lunge action, rec R swvlg RF on R, fwd L to CP;)
- 6-7 [Long c'ck rec on 5 out on 6 to SCP 1--; -56] Comm LF upper bdy trn flexing knees w/rt sd lead ck fwd L in CBMP, -, -; -, rec R on ct 5 rising slightly, fwd L on ct 6 blending to SCP LOD; (Comm LF upper bdy trn flexing knees w/lf sd lead bk R in CBMP looking L, -, -; -, rec L on ct 5 swvlg to SCP,. fwd R SCP LOD;)
- 8 [Thru chasse SCP 12&3] Thru R in SCP, sd & fwd L in SCP/cl R to L in SCP, fwd & sd L SCP LOD;

# 9-14 OP NAT TRN; TIPPLE CHASSE PVTG TO SPIN OVERTURN;; L TRNG LK TO SCP LOD; THRU TO LONG HVR CORTE;;

- 9 [Op nat] Comm RF trn thru R, sd L across ptr, cont slight RF upper bdy trn bk R bkg LOD w/R sd lead to BJO; (Thru L, fwd R to momentary CP, fwd L BJO fcg LOD;)
- [Tipple chasse pivoting 12&3] Comm RF upper bdy trn bk L, cont trn sd R w/ slight lf sd stretch btw steps 1 and 2/cl L, sd & slightly fwd R pivoting to CP RLOD; (Comm RF upper bdy trn fwd R, cont trn sd L w/slight rt sd stretch/cl R, sd & slightly bk L pivoting;)
- [Spin overturn] Comm RF upper bdy trn bk L pivoting RF, fwd R between ptr's feet heel to toe pivoting to fc DRW, sd & bk L in CP DRW; (Comm RF trn fwd R between man's feet heel to toe pivoting RF, bk L on toe cont trn brush R to L, compl trn sd & fwd R;)
- 12 [Left trng lk to SCP LOD 1&23] Bk R w/rt sd lead & rt sd stretch/XLIFR, bk & slightly sd R trng LF, sd & fwd L in SCP LOD; (Fwd L w/lf sd lead & lf sd stretch/XRIBL, fwd & slightly sd L trng RF, sd & fwd R;)
- 13-14 [Thru to long hvr corte 1 --; -- 6 (12---6)] Thru R in SCP w/relaxed knees, fwd L blending to BJO comm slo rise, cont rise as a hovering action; -, -, bk R lowering on ct 6 BJO bkg RLOD; (Thru L, fwd R trng to BJO w/hovering action; cont rise, cont rise, fwd L BJO;)

### PART C

# 1-8 BK WHSK; SYNCO WHSK; LFT WHSK; UNWIND & HOVER TO SCP LOD; SLOW SD LK; FWD TO RT LUNGE & EXTEND;; REC TO HIGH LINE & SLIP DLC;

- 1 [Bk whisk] Bk L, bk & sd R trng RF, XLIBR finishing in SCP LOD; (Fwd R, fwd & sd L trng. XRIB;)
- 2 [Sync whisk 1&23] Thru R/cl L with If hip trn toward ptr in CP, sd R w/slight R sd stretch, w/R sd stretch & RF bdy trn XLIBR to SCP LOD; (Thru L/cl R keeping rt hip trn to ptr in CP, sd L w/slight L sd stretch, w/L sd stretch XRIB;)
- 3 [Left whisk] Thru R to momentary SCP, sd & fwd L to CP, XRIBL to RSCP fcg wall; (Thru L, sd & bk R to CP, XLIBR:)
- 4 [Unwind to SCP DLC 123(1&2&3)] Comm RF trn untwisting on heel of L & ball of R to end in SCP DLC,,-; (Comm RF run arnd ptr fwd R, L, R, L swvlg RF to SCP, thru R;)
- 5 [Slow sd lk] Thru R, sd & fwd L to CP, XRIBL trng slightly LF; (Thru L comm LF trn, sd & bk R cont trn CP, XLIF;)
- 6-7 [Fwd to R lunge & extend 12 -; ---] Fwd L twd LOD, flex If knee sd & slightly fwd R with slight LF bdy trn looking over ptr's head, extend shape; -, -, ; (Bk R, flex rt knee sd & slightly bk L with slight LF bdy trn, extend; -, -, -;)
- Rec hi line & slip pvt DLC 1-3] Rec bk L stretching rt sd to a hi line pose in CP, pull R past L, bk R pvtg to CP DLC; (Fwd R, pull L past R, fwd L pvtg;)

# 9-16 <u>TURN L & R CHASSE BJO; BK BK LK BK; OUTSID CHG TO SCP; THRU TO PROMENADE SWAY CHG TO THROWAWAY OVERSWAY;; SIDE TO SAME FOOT LUNGE; TELE TO SCP; THRU CHASSE BJO;</u>

- 9 [Trn L & R chasse 12&3] Fwd L comm LF trn, sd R cont trn/cl L, sd R compl trn to BJO bkg LOD; (Bk R comm LF trn, sd L cont trn/cl R, sd L comp trn to BJO;)
- 10 [Bk bk lk bk 12&3] Bk L, bk R/lk LIFR, bk R BJO pos bkg LOD; (Fwd R, fwd L/lk RIB, fwd L;)
- [Outsd chg to SCP] Bk L, bk R trng LF, sd & fwd L to SCP DLW; Fwd R, fwd L trng LF, sd & fwd R to SCP;)
- 12-13 [Thru to prom sway chg to throwaway o'sway 12 -; ---] Thru R, sd & fwd L in SCP stretching R sd of bdy upward & leftward to look ovr jnd lead hnds, relax left knee & cont stretch; No wt chg rotate upper bdy slightly leftward relaxing L knee further keeping R sid to ptr using a L sd stretch over 3 cts,-,-; (Thru L, sd & fwd R in SCP stretching L sd of bdy matching man's stretch, cont stretch; Comm trng LF relaxing R knee sliding L foot bk under bdy past R foot to pt bk and look L keeping L sd to man all over 3 cts,-,-;)
- 14 [Rise & lower to same foot lunge line -2 (---)] Rise on L to upright pos fcg wall trng W to "L" pos, cl R to L, lower on R extending L leg w/R sd stretch; (Rise on R swvlg RF to "L" pos w/L sd to man over 2 cts,-, lower on R extending L fwd looking to L;)
- [Telemark to SCP 123(&123)] Maintain wt on R use P/U action moving ptr leftward & across on "&" ct to CP fcg DLC/fwd L comm LF trn, sd R cont trn, sd & slightly fwd L to SCP DLW; (Fwd L trng LF to CP {like a P/U} bkg DLC/bk R comm LF trn bringing L beside R w/no wt, trn LF on R heel [heel turn] & chg wt to L, sd & slightly fwd R to SCP;)
- 16 [Thru chasse to BJO 12&3] Repeat PART A, meas. 8 to BJO DLW;

#### PART B Mod

- 1-12 REPEAT PART B MEASURES 1-12;;;;;;;;
- 13-16 THRU TO LONG HVR CORTE LADY DEVELOP;;; BK & HOVER TO SCP;
- 13-14 [Thru to long hvr corte 1 --; --6 (12--6)] Thru R in SCP w/relaxed knees, fwd L blending to BJO comm slo rise, cont rise as a hovering action; -, -, bk R lowering on ct 6 BJO bkg RLOD; (Thru L, fwd R trng to BJO w/hovering action; cont rise, cont rise, fwd L BJO;)
- [Lady develop ---] Man hold (Bring L up to insid of R knee, extend L fwd to a straight leg, lwr L down to standing foot no wt chg;)
- 16 [Bk hvr out to SCP 1-3] Bk R, brush L past R hvrg, fwd L to SCP LOD; (Fwd L trng RF, cont trn brush R to L, fwd R in SCP;)

### PART D

- 1-8 WING; FWD TO OK THROWAWAY OVERSWAY; CROSS BEHIND & UNWIND TO SCP LOD; OPN NAT TRN; BK RT TRNG WHISK DLC; THRU & CL TO QK OVERSWAY; SD HOVER TELEMARK LOD; THRU CHASSE TO BJO;
- [Wing 1 - (123)] Fwd R, draw L twd R comm upper bdy LF trn, tch L to R cont trn to SCAR LOD; (Fwd L comm to XIF of ptr trng LF, fwd R cont trn, fwd L to SCAR;)
- [Fwd to quick throwaway oversway & ---] Fwd L/swvlg LF trn upper bdy slightly leftward relaxing L knee keeping R sd to ptr extending R leg sd & bk, cont slight bdy mvmt thru cts 2 & 3 fcg DLC,-; (Bk R/swvlg LF on R to BJO pos relax R knee, slide L foot bk under bdy past R foot to pt bk & look L keeping L sd to ptr over 2 cts,-;)
- [Cross behind & unwind to SCP 123(1&23)] XRIBL, comm unwind heel of L & ball of R rising & shifting wt to R, w/slight hvr action fwd L in SCP LOD; (Fwd L/R, L, R trng CW arnd ptr to SCP;)
- 4 [Opn nat] Repeat PART B meas 9 BJO bkg LOD;
- [Bk right trng whisk DLW] Bk L comm RF trn, cont trn sd R, XLIB cont trn to SCP DLC; (Fwd R comm. RF trn, sd L cont trn, XFIB to SCP;)
- 6 [Thru cl to drop o'sway 12 ] Thru R, w/RF trn cl L to R to CP fcg wall, lower on L stretching If sd & extending R to sd; (Thru L, cl R to L trng to CP, lower on R stretching rt sd extending L leg to sd;)
- 7 [Sd hvr telemark 1-3] Sd R in CP comm rise, cont rise blending to SCP w/slight LF trn, fwd L SCP LOD; (Sd L comm rise, cont rise blending to SCP w/LF trn, fwd R;)
- 8 [Thru chasse to BJO 12&3] Repeat PART A Meas 8 BJO DLW;

# 9-16 MANUV; HES CHG; SYNCO CRVD FTHR CKG; OUTSIDE CHG TO SCP; THRU HOVER BLENDING TO HINGE;; SD TO SAME FOOT LUNGE; TELE TO BJO;

- 9 [Manuv] Repeat PART A Meas 9 CP RLOD;
- [Hesitation change] Comm RF upper body turn bk L, sd R cont trn drawng L to R over remainder of measure, -; (Comm RF upper body trn fwd R, sd L cont trn drawng right to left over remainder of measure, -;
- 11 [Synco erv fthr ekg 12&3] Fwd L comm to trn RF/fwd R cont R trn sd & fwd L, cont trn to R fwd R outsid ptr in BJO DRW; (Bk R comm to trn RF, staying well in man's rt arm/bk & sd L cont trn, bk R, bk L;)
- 12 [Outside chg to SCP] Bk L, bk R trng LF, sd & fwd L to SCP DLW; (Fwd R, fwd L trng RF, sd & fwd R;)
- 13-14 [Thru hover to hinge 12-; ---] Thru R, fwd & sd L w/slight RF trn comm L sd stretch hovering and extend,-,-, relaxing L knee with shape to lead ptr to rise and cross beh; (Thru L, fwd & sd R slowly swvlg LF with rt sd stretch,-,-;-, XLIB keeping If sd to ptr relaxing L knee extending R leg;)
- 15 [Sd to lower to same foot lunge 2 ] Sd L to upright pos fcg wall trng W to "L" pos, cl R to L, lower on R extending L leg w/R sd stretch; (Fwd L swvlg RF to "L" pos, cl R to L w/L sd to man, lower on R extending L fwd looking to L;)
- [Telemark to BJO 123(&123)] Maintain wt on R use P/U action moving ptr leftward & across on "&" ct to CP fcg DLC/fwd L comm LF trn, sd R cont trn, fwd & sd L to BJO DLW; (Fwd L trng LF to CP {like a P/U} bkg DLC/bk R comm LF trn bringing L beside R w/no wt, trn LF on R heel [heel turn] & chg wt to L, bk & sd R to BJO;)

#### END

#### 1-12 REPEAT PART B MEASURES 1-12;;;;;;;;

### 13-16 L WHSK; SLOW UNWIND TO CP DRC; LOWER TO "X" LINE & EXTEND;;

- 13 [Left whisk] Repeat PART C measure 3 to RSCP DLW;
- [Slo unwind to CP COH 123 (1&23)] Untwist RF beg w/split wt on ball of R & heel of L, cont trn on ball of R & heel of L, cont trn chg wt to R tch L blend to CP DRC; (Fwd R/fwd L, fwd R arnd Man, fwd L trng to CP;)
- 15-16 [Slowly lower to "X" line & extend- --;- --] Trn ptr to SCP fcg COH slowly lowering on R (L) extending lead feet to sd, --; ,--;